

The missing piece for progress



When a patient is doing the work and progress stalls, the cause can be vaginal tissue that's **estrogen-deficient**. Muscle retraining can't fix that on its own.

Signs a patient may benefit

- Dryness, burning, or irritation
- Pain with sex or with exams
- Recurrent UTIs
- Perimenopause, menopause, or breastfeeding
- Progress stalled despite good adherence

A complicated history isn't a reason to hold back a referral. Dr. Fincher reviews every intake herself and decides whether treatment is appropriate.

How the referral works

Your part is step 1.

- 1 Give the patient your referral link or card.
- 2 They complete a short online intake. Danielle Fincher, MD, MPH, FAAFP, reviews it, **usually within a couple of days**.
- 3 **If appropriate**, a 12-month vaginal estrogen prescription goes to their pharmacy. They pay only if approved.
- 4 With the patient's consent, you receive a short note on what was prescribed.

Video is optional. Patients can book a 20-minute call with Dr. Fincher before or after their prescription, to ask questions or check in on how it's going.

COST

\$125

Charged only if Dr. Fincher approves treatment.
Medication is often covered by insurance or inexpensive without it.

SERVING PATIENTS IN

Virginia and DC



Refer a patient

nairihealth.com/estrogen-access

Patients scan the code or use the link to start the online intake.

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