



USE OF CHANGING ROOMS POLICY

PADELHUB

PADELHUB strives to ensure that all children (anyone under 18) are safeguarded from abuse and have an enjoyable padel experience.

This policy applies to all staff, coaches, volunteers, players, parents/carers and any other individuals associated with PADELHUB.

This document sets out the PADELHUB policy for the acceptable use of our changing rooms.

1. There are no circumstances where a child should use the shower.
2. At the discretion of PADELHUB, groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
3. If adults and children need to share our changing rooms, they will do so at different times.
4. Where it is unavoidable that changing rooms are used by both adults and children at the same time, there will be access to separate private changing and toilet areas.
5. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
6. Mixed gender groups of children will have access to separate changing rooms.
7. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs (*n.b. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>*).
8. Mobile phones and other electronic devices must not be used in changing rooms.
9. For younger groups of children, a DBS-checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.

This policy is reviewed every two years (or earlier if there is a change in national legislation).

Signed on behalf of PADELHUB

Name: Elena Pilnikova
Role: Director
Date: 30/09/2026

Welfare Officer

Name: Elena Pilnikova
Date: 30/09/2026

PADELHUB

THE HOME OF  INDOOR PADEL