



Part 6, Dearly Loved

Pastor David Mandani

- 1) Mark 12:30 (NIV) says, “Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.” Identify and share a *safe place* and *time* where you can regularly be alone with God, i.e., a beautiful park, in my car at a lake, my bedroom, etc. What barriers keep you from coming to this safe space?
- 2) What approach(es) best suits the way you love God in this sacred space, e.g., journaling, prayer, etc.? How come?
- 3) Mark 12:31 (ESV) says, “The second is this: ‘Love your neighbor as yourself.’” Your neighbor can be anyone who has a need. What need(s) can you meet for people at work, school, or those you may or may not know? What would it look like to meet these needs?
- 4) Healthy biblical self-love is not selfishness, but rather a recognition of your God-given worth and care for your soul (Gen. 1:27, Ps. 139:14, 1 Jn. 4:19). This implies that you can love yourself as Jesus dearly loves you. Understanding our humanity, do you have an inner critic or way of relating to yourself that can be hard on yourself at times? What would you say differently to yourself in a spirit of loving-kindness, as Jesus would?
- 5) What benefits come from loving God, others, or yourself in a healthy way?
- 6) As we wrap up this series, what specific message or insights were most meaningful to you?
- 7) How has your understanding or perspective changed as a result of this series?
- 8) Who do you know could benefit from this series, and what would you share with them?