

13

Our Spiritual Garden

Habits to Plant,
Weed Out &
Let Bloom



Sunday Session
Our Spiritual Garden

SS Salma Said to [Everyone](#) 9:09 PM
No plant

NH Nurul Huda to [Everyone](#) 9:09 PM
meee

AA Amina Abdulkadir to [Everyone](#) 9:09 PM
Me

AM Aysha Mahdan to [Everyone](#) 9:09 PM
I do! And yesterday i found out my office succulent was thrown away T.T

NM Nurin Marlisa to [Everyone](#) 9:09 PM
Me! Pokok kari if that counts

HH Hodan Hilmi to [Everyone](#) 9:10 PM
Zoom wallpapper plant counts right HEHE

NA Nur Amirah Tan to [Everyone](#) 9:10 PM
oh my they do zikir , okay now i wanna buy one

SK Syahiza Kahar to [Everyone](#) 9:09 PM
1 plant in office!

MB Medayu Bestari Praja to [Everyone](#) 9:09 PM
my parent's house

AR Afina R. Vinci to [Everyone](#) 9:09 PM
I bought 2 yesterday alhamdulillah ^^

SS suri suhaimi to [Everyone](#) 9:09 PM
Fake plant can tk? 🤔

SH Sahra Heuvel to [Everyone](#) 9:09 PM
Definitely a gardener gal

DS Dania Shakhhan to [Everyone](#) 9:09 PM
Lots of gardeners here in Australia, my husband is more than me 🤔

هَذَا مَا تُوعَدُونَ لِكُلِّ أَوَّابٍ حَفِيظٍ

‘And it will be said to them,’ “This is what you were promised, for whoever
‘constantly’ turned ‘to Allah’ and kept up ‘His commandments’—

مَنْ خَشِيَ الرَّحْمَنَ بِالْغَيْبِ وَجَاءَ بِقَلْبٍ مُنِيبٍ

who were in awe of the Most Compassionate without seeing
‘Him’, and have come with a heart turning ‘only to Him’.

أَدْخُلُوهَا بِسَلَامٍ ۚ ذَٰلِكَ يَوْمُ الْخُلُودِ

Enter it in peace. This is the Day of eternal life!”

Qaf 50:32-34

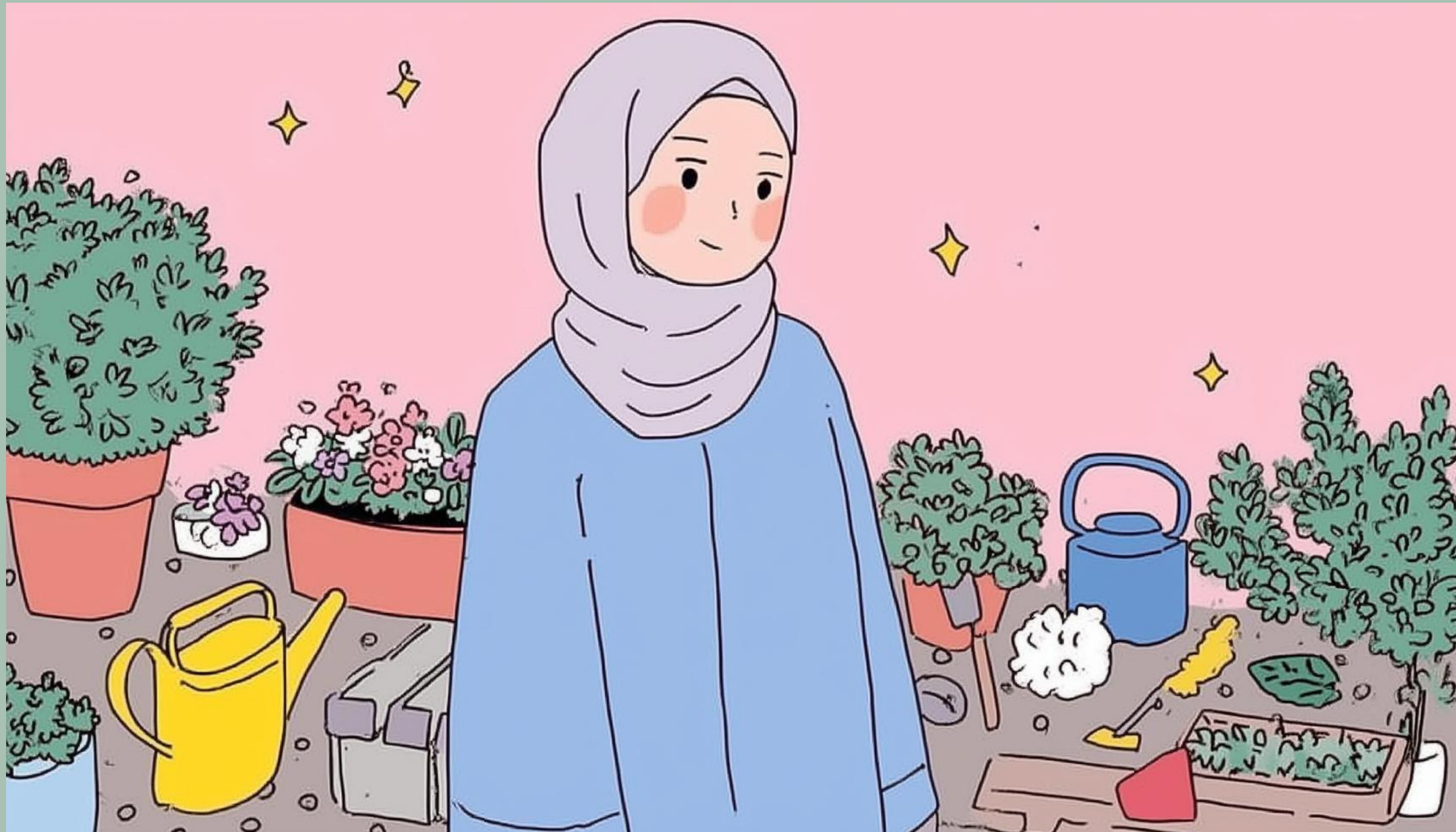
وَأُزْلِفَتِ الْجَنَّةُ لِلْمُتَّقِينَ غَيْرَ بَعِيدٍ

And Paradise will be brought near to the righteous, not far off.

هَٰذَا مَا تُوعَدُونَ لِكُلِّ أَوَّابٍ حَفِيفٍ

**‘And it will be said to them,’ “This is what you were
promised, for whoever ‘constantly’ turned ‘to Allah’ and kept
up ‘His commandments’—**

YOUR HEART IS



YOUR SPIRITUAL GARDEN

**Our gardens will look
different from one
another, but they should
all be beautiful
in their own way.**

**Our hearts are
also different
from one another.**

The intention is not to copy or
desire anyone else's garden.

**But to tend to our own,
while helping one
another, & appreciating
the beauty of others'.**

What is the state of your heart



a.k.a your spiritual garden right now?

Sunday Session
Our Spiritual Garden

NH

Nurul Huda to Everyone

9:17 PM

blooming

❤️

3

MM

blooming slowly

NB

Nathira Begum to Everyone

9:17 PM

InshaAllah waiting for my blooms

❤️

1

SA

Shaheen Aman to Everyone

9:17 PM

Patchy

PN

Puteri Norhaziqah Ahmad to Everyone

9:17 PM

Empty

AL

Alfiyatul Laeli to Everyone

9:17 PM

Just start planting plants in the form of adding some sunnah habits

NH

Nisrina Hanifah to Everyone

9:17 PM

Feels like a desert

AA

Asrida Adetry to Everyone

9:17 PM

it's like dessert

NB

Najma Bakri to Everyone

9:17 PM

Mine's full of weeds

AT

Adinda Tiffany to Everyone

9:17 PM

Just start blooming

❤️

3

AH

Admaliza Hasan to Everyone

9:17 PM

i want alapata tree in it...

SS

suri suhaimi to Everyone

9:17 PM

my taugh died on me

LA

Laila Aarab to Everyone

9:17 PM

In need of some water

**We cannot
improve our garden
without tending to our
current garden.**

**We have all been given a plot of land,
and regardless of what season we
are in now, we have to work with the
land that what we have.**

Rasulullah ﷺ said,

**Indeed, in the body there is a piece
of flesh which, if it is sound, the
whole body is sound, and if it is
corrupt, the whole body is corrupt.
And behold, it is the heart.**

Muslim 1599a

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If your heart is good,
you will see only good.

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MAPPING YOUR



SPIRITUAL GARDEN

1. THE SOIL
2. THE WEEDS
3. THE TREES
4. THE FRUITS
5. THE FLOWERS
6. THE GEARS

1.



YOUR SOIL

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Our Spiritual Garden

AL

Alfiyatul Laeli to Everyone 9:20 PM

Iman?

yS

yasmin Saeed khawaja to Everyone 9:20 PM

salah

AA

Anisa Azis to Everyone 9:20 PM

soul?

MH

Mariam Hanani 🌱 to Everyone 9:20 PM

intention ?

IA

Ida Ali to Everyone 9:20 PM

Our belief?

SS

Salma Said to Everyone 9:20 PM

Hearts

SS

Sharina Shahril to Everyone 9:20 PM

Heart

SS

suri suhaimi to Everyone 9:20 PM

Soil is our core belief

IA

Imane Annaque to Everyone 9:20 PM

being muslim

LA

Laila Aarab to Everyone 9:20 PM

Shahada?

NA

Nur Afeeqa to Everyone 9:20 PM

our physical body

HH

Hazirah Hanim to Everyone 9:20 PM

syahadah

AA

Azrena Ariffin to Everyone 9:20 PM

Ruh

NA

Nur Amirah Tan to Everyone 9:20 PM

soil is our foundation

NM

Nurin Marlisa to Everyone 9:20 PM

Quran

RR

Rafidah Razak to Everyone 9:20 PM

Solah

YOUR SOIL IS YOUR ENVIRONMENT.

Are you safeguarding it?
Are you ensuring that it is
always fertile for growth?

Rasulullah ﷺ said,

**Indeed, in the body there is a piece
of flesh which, if it is sound, the
whole body is sound, and if it is
corrupt, the whole body is corrupt.
And behold, it is the heart.**

Muslim 1599a

Do you think
that was the
full Hadith?





Rasulullah ﷺ said,

What is Halal (lawful) is evident and what is Haram (unlawful) is evident, and **in between them are Mushtabihat (the doubtful things) which many people do not know.**

So **he who guards against doubtful things keeps his religion and honour blameless**, and he who indulges in doubtful things, indulges in fact in unlawful things, just as a shepherd who pastures his animals around a preserve will likely pasture them in it. **Beware, every king has a preserve, and the things God has declared unlawful are His preserves.**

Beware, in the body there is a piece of flesh; if it is sound, the whole body is sound and if it is corrupt the whole body is corrupt, and behold, **it is the heart.**

Muslim 1599a



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Muslim 1599a



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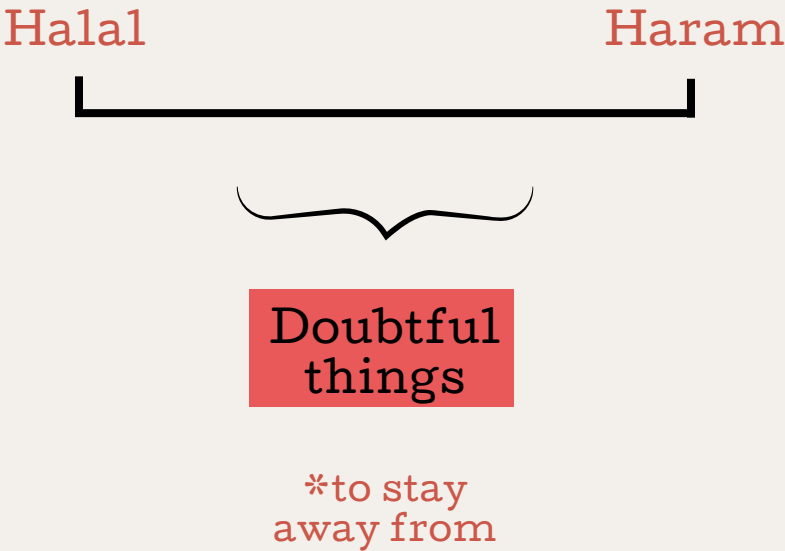
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Indulging in
doubtful things
=
indulge in
unlawful things

Beware, in the body there is a piece of flesh; if it is sound, the whole body is sound and if it is corrupt the whole body is corrupt, and behold, **it is the heart.**

Muslim 1599a



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Beware, in the body there is a piece of flesh; if it is sound, the whole body is sound and if it is corrupt the whole body is corrupt, and behold, **it is the heart.**

Muslim 1599a

**Currently,
how exposed is your soil
to doubtful things?**

“He who indulges in doubtful things, indulges in fact in unlawful things, just as a shepherd who pastures his animals around a preserve will likely pasture them in it.”

Muslim 1599a

Sis, you are
too close!
Don't go near!

Chill dude.
I still have
0.3mm left!!!!

OUT OF
BOUNDS

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AKU DAH
CAKAP.

“Do not even
come close”

EH??
EH???
EHHHH???

OUT OF
BOUNDS

AKU DAH
CAKAP.



MA

Malyhah Afwa to Everyone 9:25 PM

in indonesian will be like "KAN"

👍 5

AS

Almira Setiadi to Everyone 9:25 PM

Its soo funny and actually easy to understand!

❤️ 2 🙏 1

PN

Puteri Norhaziqah Ahmad to Everyone 9:25 PM

Tak faham lukis boleh? Literally haha

👍 3

OUT OF
BOUNDS



EH??
EH???
EHHHH???

I TOLD
YOU SO



MA Malyah Afwa to Everyone 9:25 PM
in indonesian will be like "KAN"
🤔 5

AS Almira Setiadi to Everyone 9:25 PM
Its soo funny and actually easy to understand!
❤️ 2 🙏 1

PN Puteri Norhaziqah Ahmad to Everyone 9:25 PM
Tak faham lukis boleh? Literally haha
🤔 3

OUT OF
BOUNDS



EH??
EH???
EHHHH???

HOW ARE YOU GUARDING



THE SOIL OF YOUR HEART?

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ARE YOU GUARDING IT FROM THE DOUBTFUL?

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Music

Make Up

TV Shows

A.I

Inter-Mingling

Social Media

Celebrity Culture

Insurance

Investments

Food

Fashion

ETC ETC

**We cannot sweep
this matter under the rug.
We must be honest with
ourselves about how we deal
with the doubtful things.**

وَلَا تَقْرَبُوا الزِّنَىٰ
إِنَّهُ كَانَ فَحِشَةً وَسَاءَ سَبِيلًا

**And do not go anywhere near adultery:
it is an outrage, and an evil path.**

Quran 17:32

**None of us plan to sin. But
when we get too close, it
becomes harder to resist
and we end up slipping.**

It's not just about avoiding the sin itself, but
also avoiding the things that lead to it.

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Beware of

Leniency & Frequency

**“Why do you protect
your phone better than
you protect your heart?”**

**For your Soil:
Stay away and
safeguard it from
the doubtful.**

YOUR SOIL IS YOUR ENVIRONMENT.

It's hard for you to have a blooming garden (blooming heart)
when you don't have good soil (good environment).

**For your Soil:
Stay away and
safeguard it from
the doubtful.**

- ~~1. THE SOIL~~
2. THE WEEDS
3. THE TREES
4. THE FRUITS
5. THE FLOWERS
6. THE GEARS

2.



YOUR WEEDS

WEEDS ARE THE SPIRITUAL DISEASES OF THE HEART.

When left unattended,
it grows and spreads
aggressively.

Shaykh Hamza Yusuf wrote,

“The believer is someone whose heart is alive, while the disbeliever is someone whose heart is spiritually dead. The hypocrite, however, is somebody whose heart is diseased.”

Champ, Dania Shahkhan said:

**“It’s very, very hard to pull
out weeds. I’ve tried. And
one has to keep doing it.”**

FYI:

**A weed is anything you don't
want to be in your garden.
Because it competes with others
for nutrients, light, and space.
It chokes the garden.**

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Truth:

**SOME WEEDS
“LOOK” PRETTY.**

Miserliness
Hatred
Envy
Arrogance
Relying on Other than Allah
Negativity
Vanity
Anger
Ingratitude
Greed
Love of This World

**No garden is free of weeds.
Just like no heart is free from
the diseases of the heart.**

Miserliness
Hatred
Envy
Arrogance
Relying on Other than Allah
Negativity
Vanity
Anger
Ingratitude
Greed
Love of This World

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COMPETES WITH

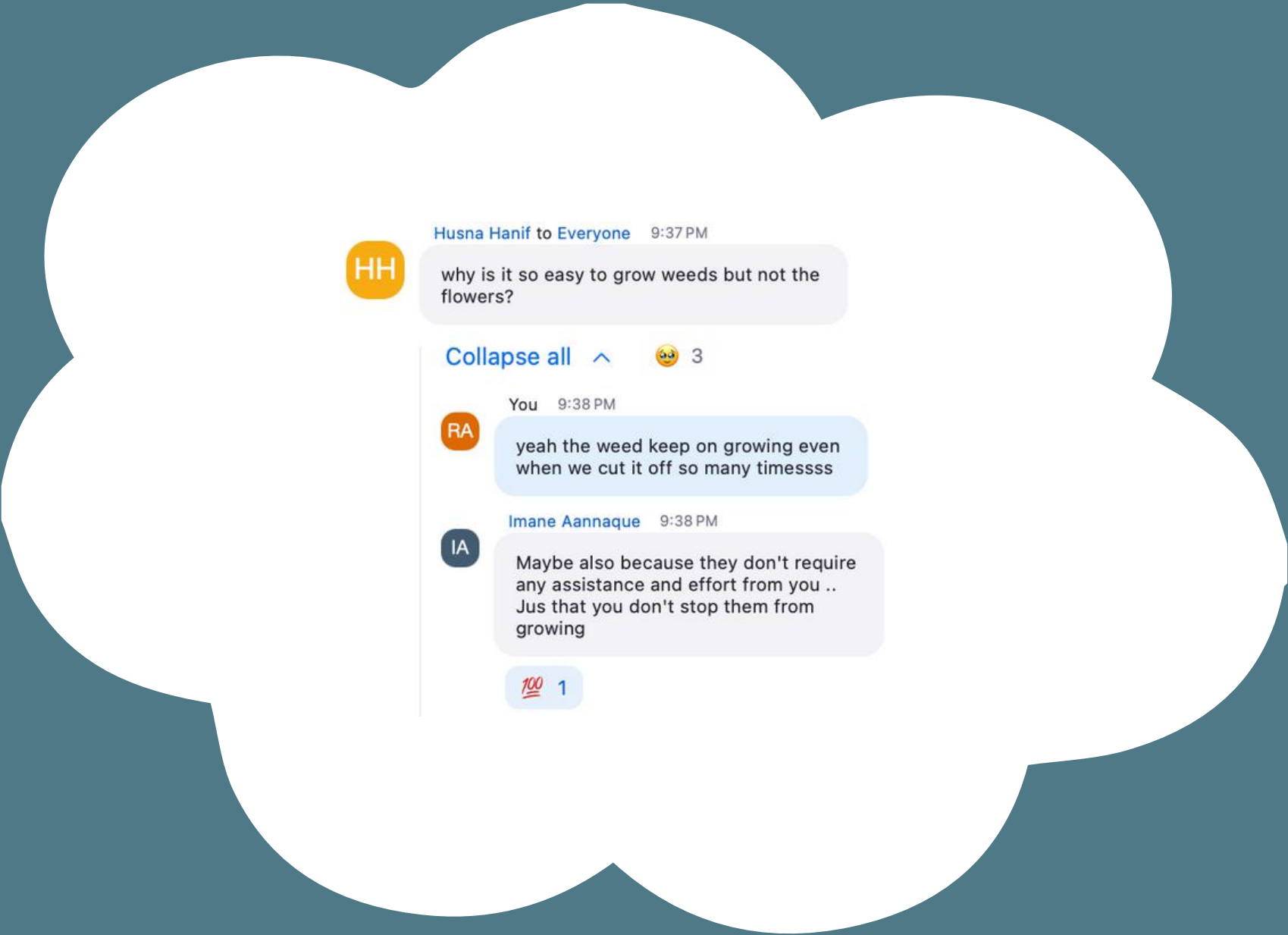
Generosity
Loving for His Sake
Patience
Gentleness
Trust in Allah SWT
Positivity
Humility
Kindness
Gratitude
Modesty
Akhirah-Focused

Miserliness
Hatred
Envy
Arrogance
Relying on Other than Allah
Negativity
Vanity
Anger
Ingratitude
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Love of This World

COMPETES
WITH

Generosity
Loving for His Sake
Patience
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Trust in Allah SWT
Positivity
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Aakhirah-Focused

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Truth:

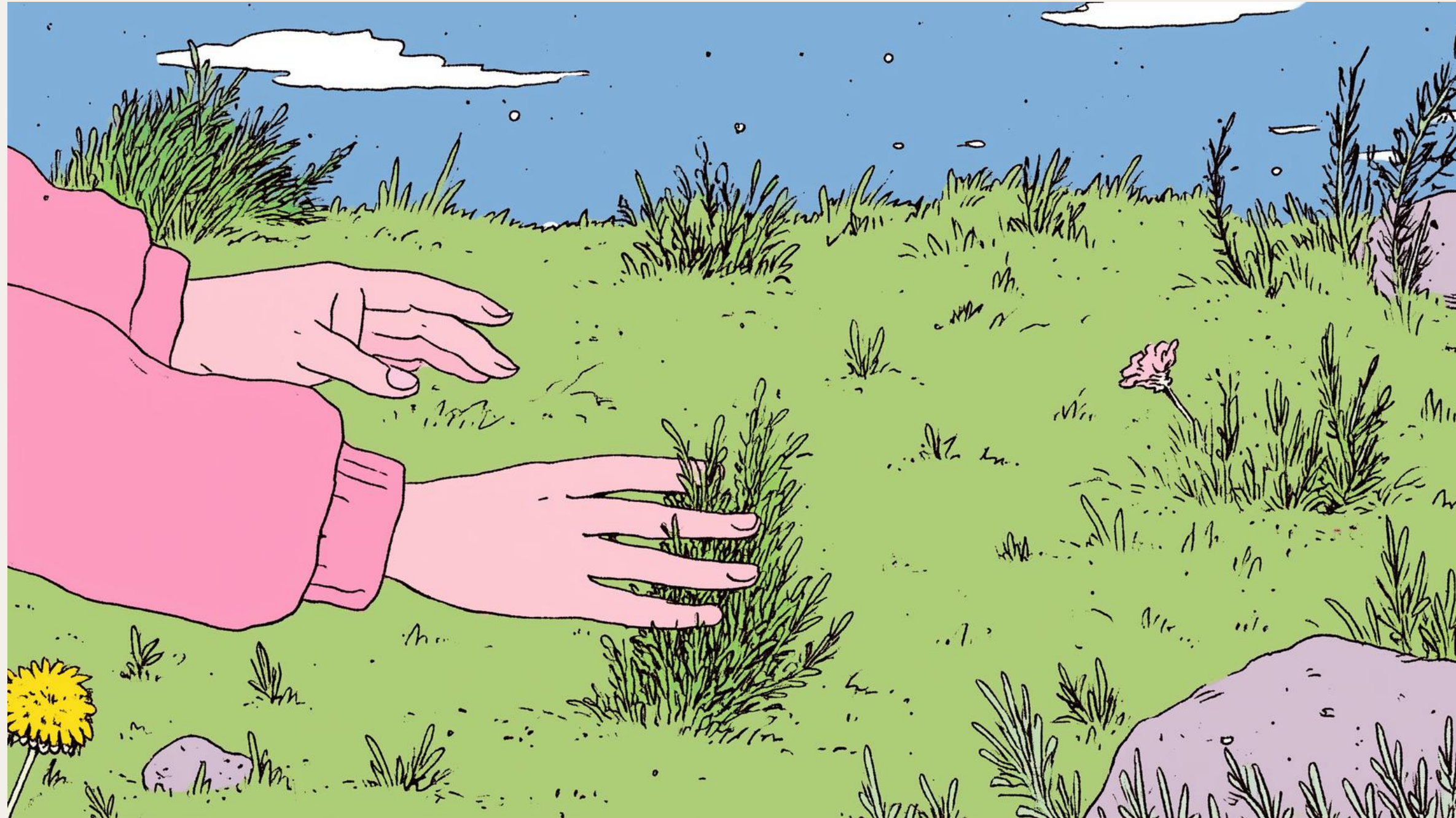
**SOME WEEDS
“LOOK” PRETTY.**

But it is still a weed.

**And it will keep growing,
growing, growing,
growing.**

Until it chokes you.

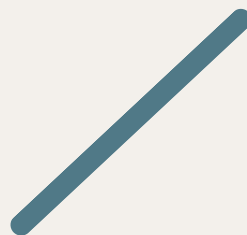
WHAT ARE SOME OF THE



WEEDS IN YOUR GARDEN?

**The process of
Purification of the
Heart is a
life-long one.**

The Treatment:



Theory

understanding the disease itself



Practical

focuses on the prescriptions we must take
in order to restore the heart’s natural purity

Champ, Nurul Huda said:

“These diseases of the hearts are small at first, but if unchecked, they distract and distance the person from their purpose.”

**If we apply the techniques
that have been taught to
us by the Quran
and Sunnah,
we will see results.**

**The teachings are available.
They are clear, and they work.
But it is up to us to learn and
apply them to ourselves .**

**All the answers are already
in the Quran and Sunnah.
But it's the application part
that we are lacking in.**

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**Let's try one
remedy now.**

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SK

Syahiza Kahar to Everyone 9:41 PM

Istighfar

AH

Admaliza Hasan to Everyone 9:41 PM

istigfar

NA

Nur Amalina Samsudin to Everyone 9:41 PM

zikir

NH

Nurul Huda to Everyone 9:41 PM

zikir

NM

Nurin Marlisa to Everyone 9:41 PM

Istighfar

NA

Nur Amirah Tan to Everyone 9:41 PM

read quran

SA

Shaheen Aman to Everyone 9:41 PM

Istighfar

AI

Alya Ijlaili to Everyone 9:41 PM

Istighfar

AA

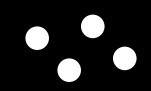
Akhlisa Ainun Nizar to Everyone 9:41 PM

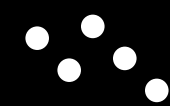
being in majlis

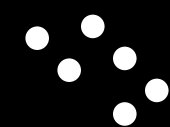
Rasulullah ﷺ said,

“If the son of Adam sins, a black spot appears in the heart. If he repents and gives up that sin and seeks forgiveness, his heart will be polished. But if he does not, it continues to grow until the whole heart becomes pitch black.”

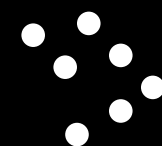
Ibn Majah



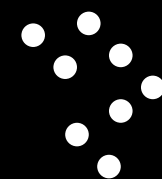




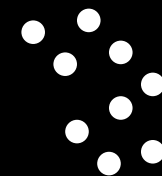
step



**step
by**



**step
by
step**



Rasulullah ﷺ said,

“When the believer commits sin, a black spot appears on his heart. If he repents and gives up that sin and seeks forgiveness, his heart will be polished.”

Ibn Majah

A scholar said:

**If we could smell each other's sins,
we won't even say hi to one another,
and we would be digusted by our
own smell.**

**For the Weeds:
Keep plucking it
out. Don't let it
choke you.**

**I started with the
hardest but most
important
steps. Now it's
time to plant. :)**

~~1. THE SOIL~~

~~2. THE WEEDS~~

3. THE TREES

4. THE FRUITS

5. THE FLOWERS

6. THE GEARS

3.



YOUR TREES

Sunday Session
Our Spiritual Garden

- ES

Emira Sharizan to Everyone 9:46 PM

Ibadah?
- HH

Hazirah Hanim to Everyone 9:46 PM

good deeds
- HS

Hazwani Salehan to Everyone 9:46 PM

Solah
- SA

Shaheen Aman to Everyone 9:46 PM

The obligatory acts
- EA

Eleena Amani to Everyone 9:46 PM

Our amal

- AZ

Ain Zubaidah to Everyone 9:46 PM

amal
- DS

Dania Shahkhan to Everyone 9:46 PM

Serving others
- LE

Loubna El hami to Everyone 9:46 PM

quran
- RM

Rawsheedah Mustapha to Everyone 9:46 PM

Salat
- AM

Aysha Mahdan to Everyone 9:46 PM

Rukun iskam
- LA

Laila Aarab to Everyone 9:46 PM

Arkan al islam

- AN

Anugrah Nur Ihsani to Everyone 9:46 PM

Amal
- AA

Amina Abdulkadir to Everyone 9:46 PM

Dhikr
- IA

Ida Ali to Everyone 9:46 PM

Charity
- MR

Maymunah Riyah to Everyone 9:46 PM

the pillars
- AL

Alfiyatul Laeli to Everyone 9:46 PM

Salah and Quran
- RM

Rawsheedah Mustapha to Everyone 9:48 PM

Good deeds

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YOUR TREES ARE YOUR STRONGEST, BEST TRAITS.

They protect you, they give you
shade and they have solid roots.

When you put in the
effort to plant a tree,
you are planting hope.

Because when different
seasons of your life wilts
your flowers, it is the
roots of your trees that
will anchor you.

- 1) Love for Allah SWT
- 2) Love for Rasulullah SAW
- 3) Love for the Quran

**Just as trees take time
to grow, these love also
will take time to nurture and
take root in your heart.**

BUT ONCE IT DOES,



IT GIVES, AND GIVES, AND GIVES.

“Al-Latif saved me.”

“Quran saved me.”

“Selawat saved me.”

“Tahajjud saved me.”

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What are *your* trees?

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Our Spiritual Garden



Laila Aarab to Everyone 9:50 PM

Can our trees be something we imperfectly do?



Alfiyatul Laeli to Everyone 9:50 PM

Yess, everytime in airport with excess baggage or slim time, selawat always saves me. So does in many helpless occasions



“My servant draws not near to Me with anything more loved by Me than the religious duties I have enjoined upon him, and My servant continues to draw near to Me with supererogatory works so that I shall love him. When I love him I am his hearing with which he hears, his seeing with which he sees, his hand with which he strikes and his foot with which he walks. Were he to ask [something] of Me, I would surely give it to him, and were he to ask Me for refuge, I would surely grant him it. I do not hesitate about anything as much as I hesitate about [seizing] the soul of My faithful servant: he hates death and I hate hurting him.

Bukhari

How Aida practice the hadith:

“...When Allah loves Aida, Allah is Aida’s hearing with which Aida hears, Allah is Aida’s seeing with which Aida sees, Allah is Aida’s hand with which Aida strikes and Allah is Aida’s foot with which Aida walks. Were Aida to ask [something] of Allah, Allah would surely give it to Aida, and were Aida to ask Allah for refuge, Allah would surely grant Aida it...”

Bukhari

“My servant draws not near to Me with anything more loved by Me than the religious duties I have enjoined upon him, and My servant continues to draw near to Me with supererogatory works so that I shall love him. When I love him I am his hearing with which he hears, his seeing with which he sees, his hand with which he strikes and his foot with which he walks. Were he to ask [something] of Me, I would surely give it to him, and were he to ask Me for refuge, I would surely grant him it. I do not hesitate about anything as much as I hesitate about [seizing] the soul of My faithful servant: he hates death and I hate hurting him.

Bukhari

**So, what do you really want
to take root this year?**

**Plant an actual tree, but
plant your spiritual tree as well.**

How is my
Quran
practice?

How is my
Sunnah
practice

How is my
Zikir
practice?

**Some questions
to ask yourself:**

How is my
Selawat
practice?

How is my
Tahajjud
practice?

How is my
Du'a
practice?



suri suhaimi to Everyone 9:53 PM

Afifah tree: zikir queen. Always initiate zikir calls masyaAllah 🤍

❤️ 5 🏆 2 ❤️ 1

You will never
hear a tree grow.
But it does.
Quietly, gratefully,
and consistently.

**For your Trees:
Be patient.
Keep strengthening
your roots.**

~~1. THE SOIL~~

~~2. THE WEEDS~~

~~3. THE TREES~~

4. THE FRUITS

5. THE FLOWERS

6. THE GEARS

4.



YOUR FRUITS

Sunday Session
Our Spiritual Garden

IA Imane Aannaque to Everyone 9:55 PM
baraka

ES Emira Sharizan to Everyone 9:55 PM
Your deeds thta benefit otthers?

BM Bainarih Mindalano to Everyone 9:55 PM
Jannah points :D

AA Anisa Azis to Everyone 9:55 PM
barakah

RM Rawsheedah Mustapha to Everyone 9:55 PM
Answered Dua

MB Medayu Bestari Praja to Everyone 9:55 PM
Allah's rahmah

SS Salma Said to Everyone 9:55 PM
Reward in jannah are the fruits

RA You to Everyone 9:55 PM
sweetness of ibadah

AH Admaliza Hasan to Everyone 9:55 PM
hadiah from Allah!!!!

NA Nur Amirah Tan to Everyone 9:55 PM
our rewards

NH Nisrina Hanifah to Everyone 9:55 PM
Blessings?

HH Hodan Hilmi to Everyone 9:55 PM
The peacefullness the heart feels after doing something that pleases Allah.

❤️ 1 😊

SY Sharifah Yusoff to Everyone 9:55 PM
gratitude towards Allah feels like fruits to me

YOUR FRUITS ARE YOUR GOOD DEEDS.

There are many different kinds,
but all fruits, like all good deeds,
are beneficial and special.

Sunday Session
Our Spiritual Garden

SH

Siti Hilmiati Azyzia to Everyone 9:56 PM

Papaya/sedekah

❤️

1

😊

NH

Nurul Huda to Everyone 9:56 PM

jambu = sedekah

JO

Jamilah Omar to Everyone 9:56 PM

Watermelon/Kindness

AS

Almira Setiadi to Everyone 9:56 PM

Banana sedekah

AA

Azrena Ariffin to Everyone 9:57 PM

Mata kucing

IA

Ismaizzah Aliah to Everyone 9:57 PM

Durian - sedekah

MH

Mariam Hanani 🌿 to Everyone 9:57 PM

avacado/zikir

ME

Marsa Elma to Everyone 9:57 PM

Dzikr : pinapple

SY

Sharifah Yusoff to Everyone 9:57 PM

now I want fruit salad

ON

Oktri Nanda to Everyone 9:57 PM

Grape - salawat

DS

Dania Shahkhan to Everyone

Raspberry/zikr

HH

Hodan Hilmi to Everyone 9:5

Watermelon=Dua

LA

Laila Aarab to Everyone 9:57

Banana - smile

إِنَّ الَّذِينَ ءَامَنُوا وَعَمِلُوا الصَّالِحَاتِ
إِنَّا لَا نُضِيعُ أَجْرَ مَنْ أَحْسَنَ عَمَلًا

“As for those who believe and do
good deeds - We do not let the
reward of anyone who does a good
deed go to waste.”

Quran 18:30

**We will never be on the
losing end with Allah SWT.**

DIFFERENT FRUITS GROW



IN DIFFERENT SEASONS.

**Which good deeds /
fruits do you need in
this Season of your life?**

**The thing about fruits is
that you never know
which ones are the
sweetest.**

**Your good deeds are the
same. You never know
which ones are the ones
He is most pleased with.**

SO KEEP PLANTING FRUITS.



KEEP DOING GOOD.

هَلْ جَزَاءُ الْإِحْسَنِ إِلَّا الْإِحْسَنُ

**Is there any reward
for goodness except goodness?**

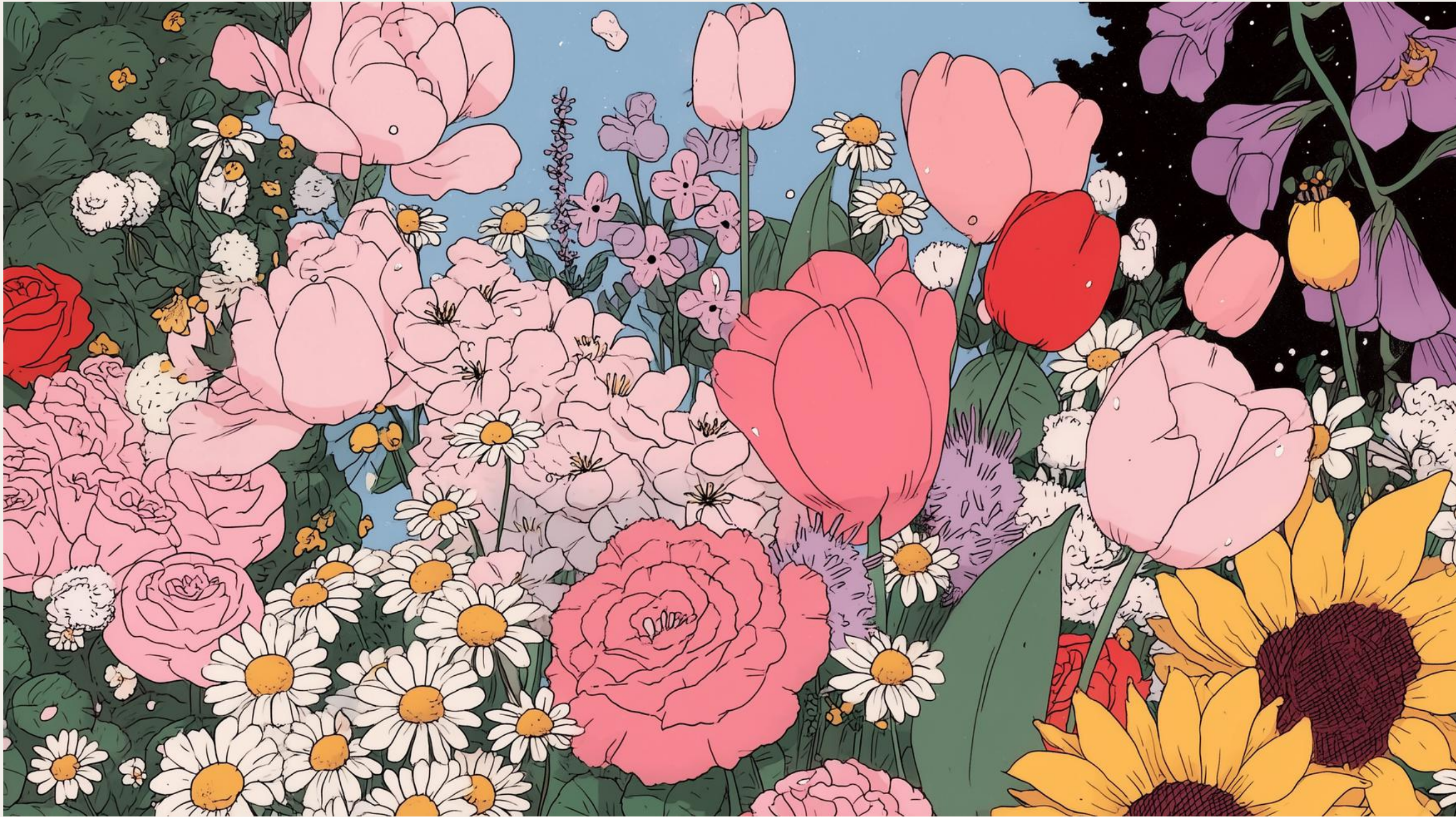
Quran 55:60

Sunday Session
Our Spiritual Garden

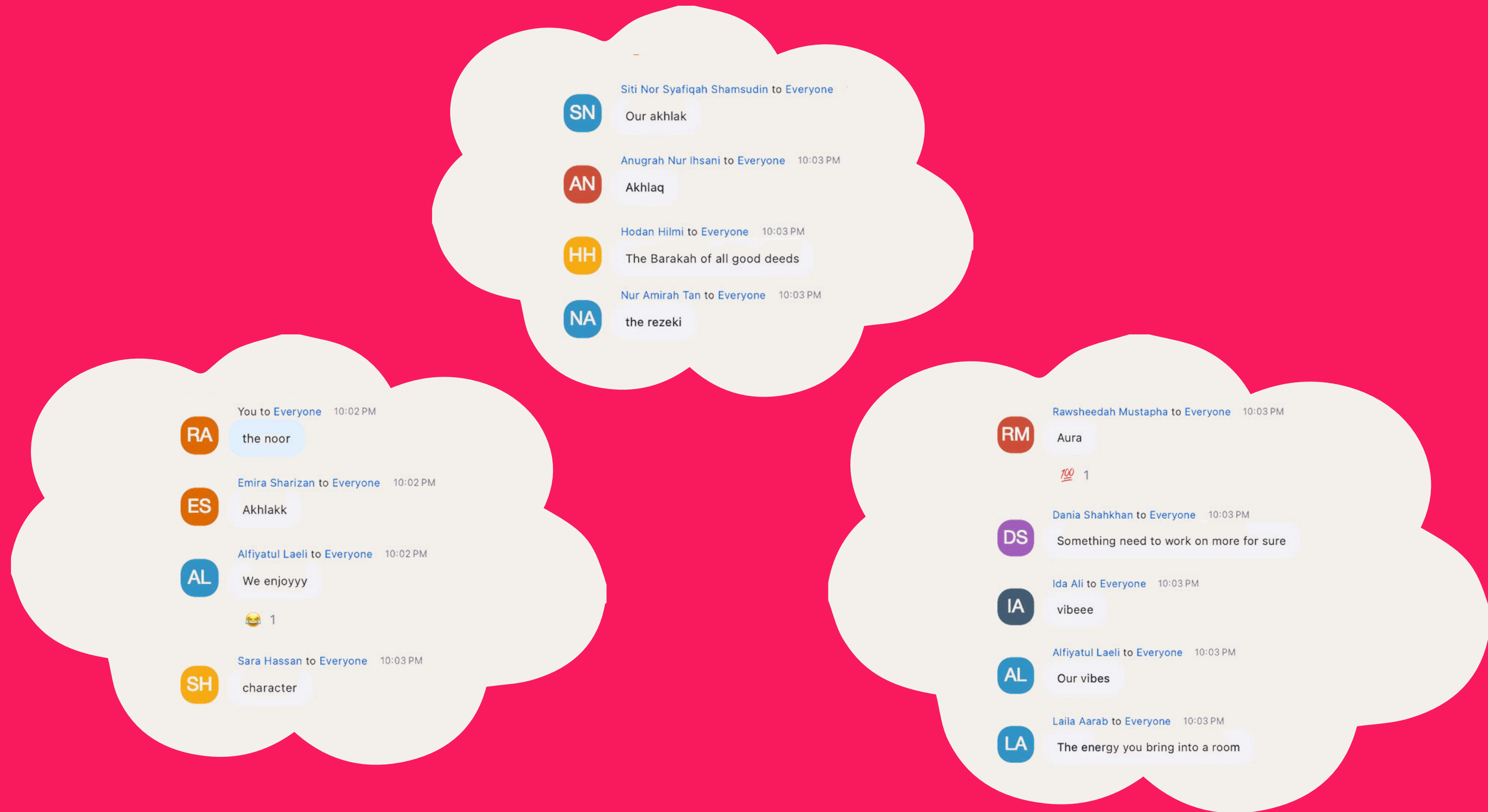
**For your Fruits:
Plant many.**

- ~~1. THE SOIL~~
- ~~2. THE WEEDS~~
- ~~3. THE TREES~~
- ~~4. THE FRUITS~~
5. THE FLOWERS
6. THE GEARS

5.



YOUR FLOWERS



YOUR FLOWERS IS YOUR BEAUTIFUL CHARACTER & MANNERISM.

Do we bring joy and beauty
to the people around us,
just like the florals?

Allah is beautiful. And He loves Beauty.

Muslim

And there is beauty
everywhere to be found when
our hearts are always
connected with Him.

**As women, we like
beautiful things, so why
don't we beautify our
hearts and Akhlaq.**

**As Muslims, we are
supposed to have
beautiful Akhlaq.**

**“And when you are
greeted, respond with a
better greeting or at least
similarly. Surely Allah is a
Reckoner of all things.”**

Quran 4:86

“Good and evil cannot be equal. Repel evil with what is better and your enemy will become as close as an old and valued friend”

Quran 41:34

“The ‘true’ servants of the Most Compassionate are those who walk on the earth humbly, and when the foolish address them ‘improperly’, they only respond with peace.”

Quran 25:63

Rasulullah ﷺ said,

**“The most complete of
the believers in faith,
is the one with the best
character among
them.”**

Tirmidhi

WHO HAS THE MOST



BEAUTIFUL CHARACTER?

**How can our Akhlak
be ugly when we have
Rasulullah ﷺ
as our role-model?**

**For your Flowers:
Follow the Moon
:)**

~~1. THE SOIL~~

~~2. THE WEEDS~~

~~3. THE TREES~~

~~4. THE FRUITS~~

~~5. THE FLOWERS~~

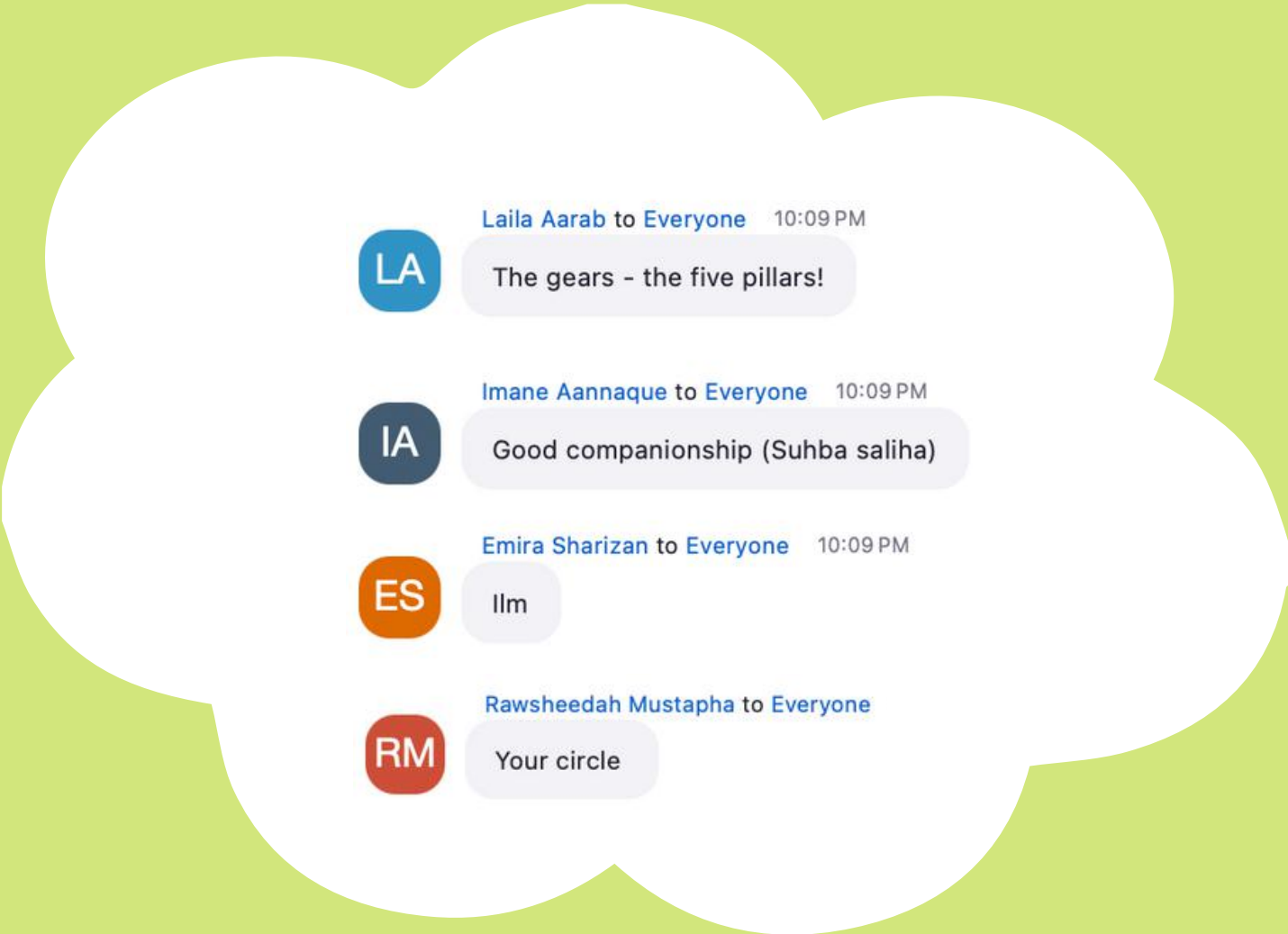
6. THE GEARS

6.



YOUR GEARS

Sunday Session
Our Spiritual Garden



YOUR GEARS ARE YOUR STRUCTURE & ROUTINES.

Having good gears will
help us tend and upkeep
our best gardens.

Sunday Session
Our Spiritual Garden

SA

Safiah Alias to Everyone

10:10 PM

My life improved after mastering google calendar ><

DS

Dania Shahkhan to Everyone

10:10 PM

Hahahaha SAME, getting into it, my 20'uear old self would not believe it

IA

Iman Azman 🍒 to Everyone

10:10 PM

Nothing sexier than a solid routine

NA

Nur Amirah Tan to Everyone

10:10 PM

ouchhhh routunes

BM

Bainarih Mindalano to Everyone

10:12 PM

I keep making a daily routine, I just need to follow it 😊

😂 3

😂 1

ISLAM IS A DEEN
BEAUTIFIED BY
SOLID STRUCTURE
& BLESSED ROUTINES.

How is my
morning
routine?

How is my
Monday
routine?

How is my
Zikir Week
routine?

**Some questions
to ask yourself:**

How is my
family
routine?

How is my
Jumaah
routine?

How is my
night
routine?

Aida's biggest productivity hack:

**Schedule a
make-no-decision day**

Sunday Session
Our Spiritual Garden

AH

Admaliza Hasan to Everyone

10:12 PM

you saving on you decision-making bar

SA

Safiah Alias to Everyone

10:13 PM

Lol what is galau>?>>??

Collapse all

AL

Alfiyatul Laeli

10:13 PM

Feeling blue, indecisive, MEH

BM

Bainarih Mindalano to Everyone

10:13 PM

There's what they call decision fatigue

**I truly rest
in my routines.**

**I truly rest
in my repetition.**

**a quick “did-you-know”
before I go.**

هَذَا مَا تُوعَدُونَ لِكُلِّ أَوَّابٍ حَفِيظٍ

‘And it will be said to them,’ “This is what you were promised, for whoever
‘constantly’ turned ‘to Allah’ and kept up ‘His commandments’—

مَنْ خَشِيَ الرَّحْمَنَ بِالْغَيْبِ وَجَاءَ بِقَلْبٍ مُنِيبٍ

who were in awe of the Most Compassionate without seeing
‘Him’, and have come with a heart turning ‘only to Him’.

أَدْخُلُوهَا بِسَلَامٍ ۚ ذَٰلِكَ يَوْمُ الْخُلُودِ

Enter it in peace. This is the Day of eternal life!”

Qaf 50:32-34

A woman named Umm Hisham bin Harithah, who was a neighbor of Rasulullah SAW, says that she was able to commit Surah Qaf to memory only because she often heard it from Rasulullah SAW in the Friday sermons. According to some other traditions he often recited it in the Fajr Prayer.

Sunday Session
Our Spiritual Garden

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REPETITION IS



PROPHETIC & DIVINE.

**What will you
repeatedly do until
you re-unite with
Him?**

**CLEAN YOUR SOIL.
REPEAT.
PULL OUT YOUR WEED.
REPEAT.
PLANT YOUR TREES.
REPEAT.
GROW YOUR FRUITS.
REPEAT.
HARVEST YOR FRUITS.
REPEAT.
BLOOM YOUR FLOWERS.
REPEAT.**

**For your Gears:
Use the ones that have
been set by the Divine.**

1. THE SOIL
2. THE WEEDS
3. THE TREES
4. THE FRUITS
5. THE FLOWERS
6. THE GEARS

**May we work hard in
tending to our spiritual
garden so that we can be
inhabitants of
The Best of Gardens.**