

### **WHAT SHOULD I EXPECT AFTER TREATMENT?:**

- You may experience redness and swelling immediately post-treatment along with the possibility of bruising, which can last for 5-7 days.
- Tiny scabs may appear after 1-3 days and stay for several days following the treatment.

### **WHAT SHOULD I DO FOR HOMECARE AFTER MY TREATMENT?:**

- During the first two days following treatment, the treatment area should be kept clean with a gentle cleanser to avoid infection.
- Apply a bland moisturizer regularly after treatment. Examples of a bland moisturizer include CeraVe, Vanicream, or Cetaphil.
- Makeup may be applied only 24-72 hours after each treatment session.
- Avoid retinols, vitamin C, or active ingredients such as AHA/BHA products for the first 48 hours or until skin no longer feels irritated.
- Avoid rubbing or picking at tiny scabs, allow them to fall off naturally.
- **Apply a mineral-based sunscreen daily post-treatment.**

**\*If you purchased the exosomes tier 1 add-on, please apply the Plated Intense Serum first thing after washing your face morning and night starting post-laser day 1.**