

PLANTING TREES OF LIFE

Materials needed:

Sheets of paper
Pencil
Colored pencils, markers, or crayons
Scissors
Glue or tape

Instructions:

Handprint Creation:

Place your hand on a piece of paper and trace the outline of your hand. If needed, ask an adult for help. Draw leaf-like shapes on another piece of paper, and cut them out. These will be the leaves for your tree.

Coloring the Tree:

Color in the handprint to create the trunk of your tree. You can also use colored paper to cut out and glue onto the handprint.

Write the phrase "I WILL NOT FEAR FOR..." on the handprint.

Adding Leaves:

Color in the leaves you cut out or use colored paper to make them vibrant. Stick the leaves onto the fingers of your handprint, creating the branches of your tree.

Scripture Inspiration:

Use the provided Bible verses as inspiration for why you will not fear. Write each verse on a separate leaf. Also take the time to ask Holy Spirit what each of these bible verse means in relation to fear in your life.

Example: "I will not fear for – God walks on water! (Matthew 14:22-33)"

I will not fear for – God lives in me! (1 Corinthians 3:16)

I will not fear for – God protects me! (Psalm 121:7-8)

I will not fear for – God is greater than anyone! (1 John 4:4)

