



Zé Nando

José Fernando da Silva Pinto

Portugal | 12 September 68'

★ A former professional player with a career in Portugal and currently a coach holding a **UEFA Level PRO IV** licence. With experience in senior teams worldwide and youth development, he is recognised for his leadership skills and his ability to develop players.

★ Sports director at the club Académica OAF in 2022

Languages



Sports Qualifications



UEFA PRO level IV

06/2013

Valid until 12/2028

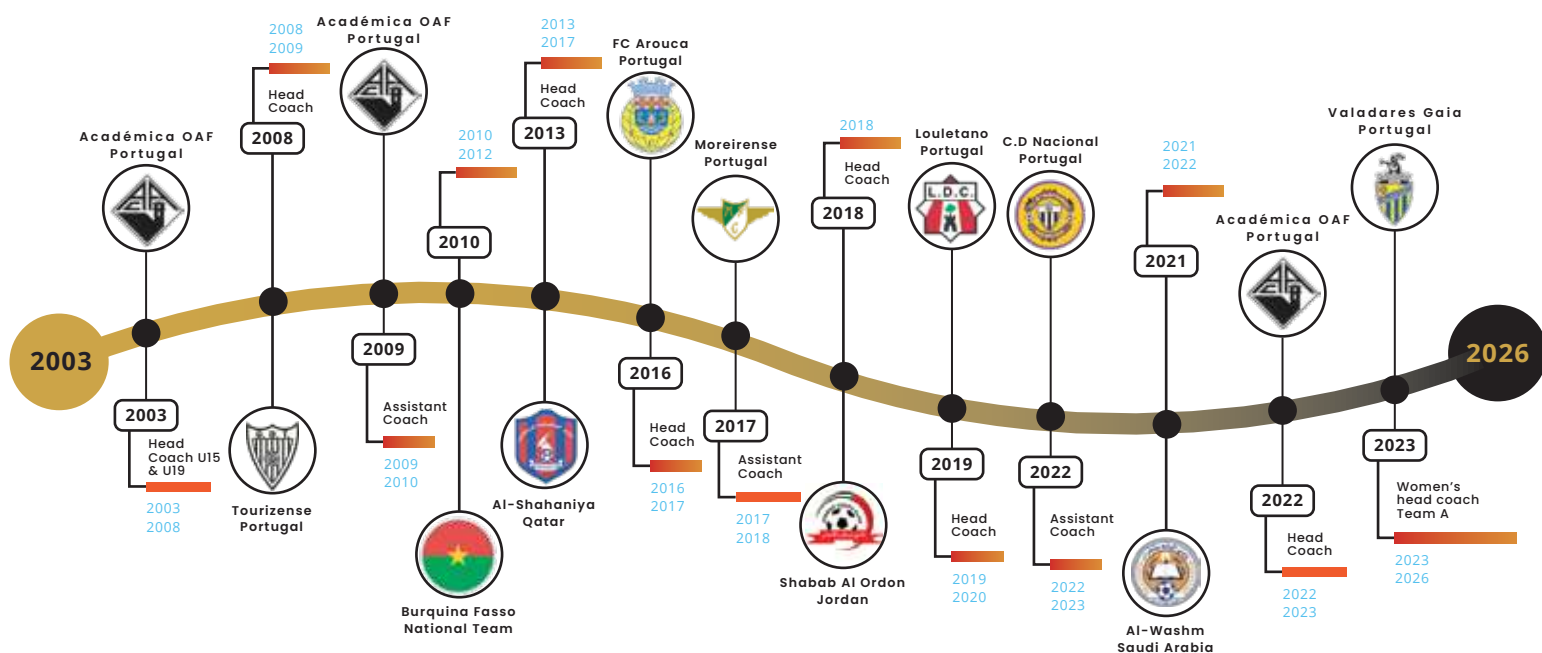
A FORMER PLAYER & **23** YEARS OF EXPERIENCE AS A COACH WITH THE CREATION OF **INNOVATIVE** TRAINING MODELS AND STRATEGIES

✦ Former Player Career

- Académica OAF 1995/2003
- Portimonense 1994/95
- Fc Penafiel 1993/94
- Fc Famalicão 1992/93
- Gil Vicente 1991/92
- Académico Viseu 1990/91
- Varzim 1989/90
- Fc Famalicão 1988/89
- CD aves 1987/88
- FC Porto 1980-1987

Player's Career

Professional Career



★ Technical Skills

Sports sciences: Technique, tactics, physical and mental aspects of sport; injury prevention; methodology and pedagogy (didactics); training theory, periodization and planning.

- ✦ Experience in leading teams
- ✦ Excellent Motivator
- ✦ Prepare, plan & establish training
- ✦ Open to challenges.
- ✦ Goals-oriented, Focus on quality & fulfilling requirements
- ✦ Rapid tactical decision making



Skills

Searching

Plan, Educate & Win

Lead teams

Professional growth

Honors & Awards

As a Coach:

- Liga Fem: 3 times Coach of the month
3/2025 (1º), 2/2025 (1º), 3/2025 (1º)
- AF Porto Women's Cup
2024/25

