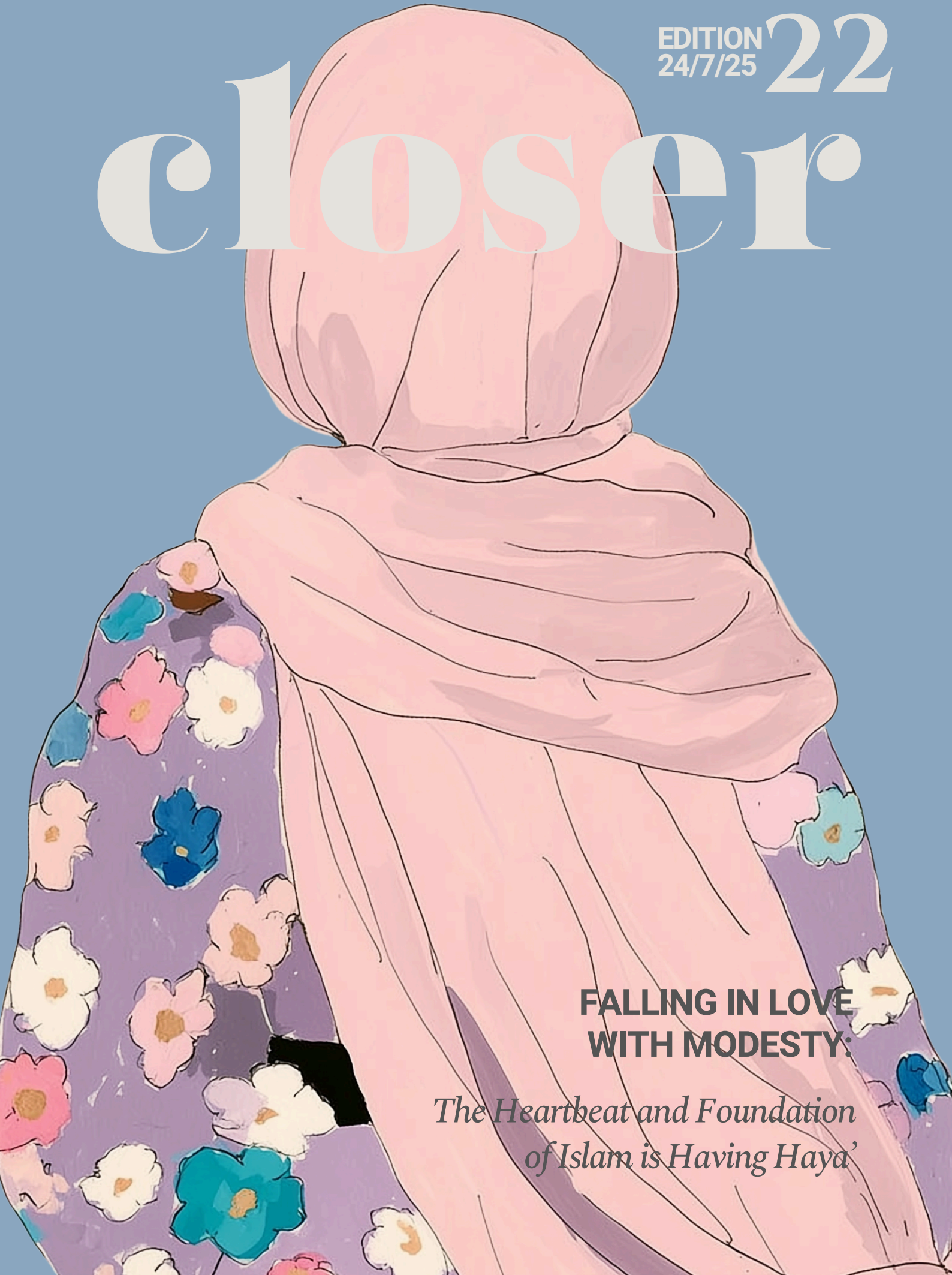


EDITION 24/7/25 22

# closer

**FALLING IN LOVE  
WITH MODESTY:**

*The Heartbeat and Foundation  
of Islam is Having Haya'*



24 July 2025



# Closer

by aa

*your curated weekly spiritual booster delivered straight to your Inbox*

Rasulullah ﷺ said,

*“Every religion has  
an innate character,  
and **the character of  
Islam is Modesty.**”*

Muwatta Malik

Assalammualaikum my Champions,

As we are in the middle of running our Veiled in Virtue Event, I am not surprised that the concept of Modesty has been one of the central focuses in my day-to-day thoughts. I find myself more careful, more mindful, always asking myself, "Would a Lady of Haya' do this? Say this? Think this? See this?".

But what surprises me is how... I am slowly ***falling in love*** with this beautiful Virtue of Modesty. 🥹 To be honest, Modesty is something I know I lack greatly. But after Ustazah Mardhiyah's session with us last Sunday, where she shared that anyone can work towards acquiring and increasing their level of Haya' (Modesty), I began to have hope!

I am falling in love with Haya' because I now know a little bit ***more*** about this trait. Ustazah Mardhiyah said, "**Haya' is something that always leads someone to do good. When you have Haya', you will naturally want to do good.**" I thought that was absolutely beautiful, and it made perfect sense how Rasulullah ﷺ said that the Character of Islam is Modesty! Subhanallah!

Think about this.

When a believer possesses **Haya'** (modesty and shyness before Allah SWT),

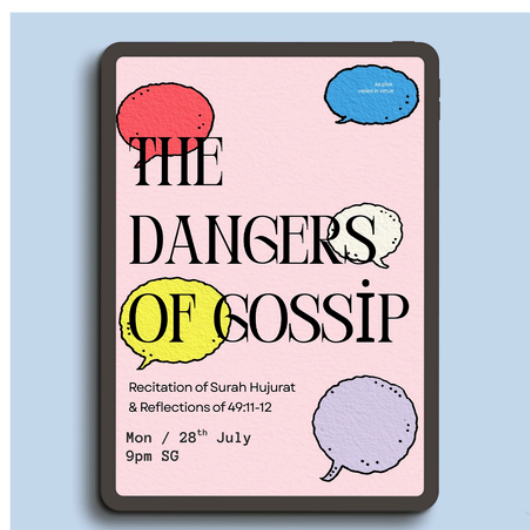
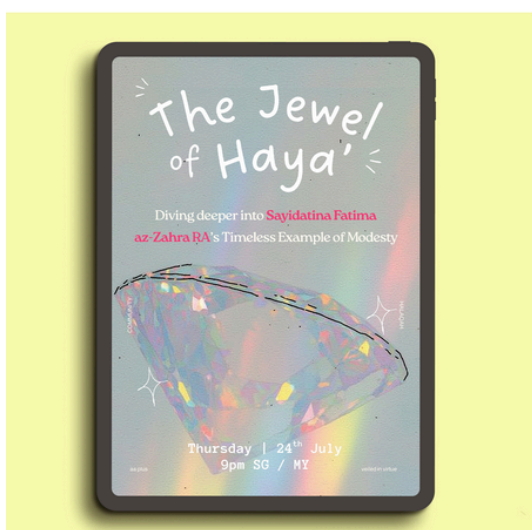
- She embodies **Gentleness**, for she is ever mindful that Allah SWT is watching over her every action.
- She demonstrates **Consistency**, knowing that Allah SWT will reward her steadfastness in faith.
- She cultivates **Patience**, secure in the knowledge that Allah SWT is always with her through trials.
- She embraces **Humility**, recognising that all blessings and provisions come solely from Allah SWT.
- She practices **Self-Restraint**, guarding her tongue and gaze to avoid what displeases Allah SWT.
- She radiates **Purity** of Heart, striving to keep her intentions sincere and free from worldly distractions.
- She shows **Generosity**, sharing with others out of gratitude for Allah SWT's boundless Mercy.
- She fosters **Gratitude**, constantly reflecting on Allah SWT's immense favours and blessings.
- She upholds **Integrity**, remaining truthful and honourable even when no one else is watching.
- (And the list goes on, Ma Sha Allah)

Champs, knowing how Haya' can transform our hearts, how can we **not** fall in love with Modesty? 🥰

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aa plus event!



icymi



## Modesty Beyond the Hijab



*with Ustazah Mardhiyah Yusof*



Oh what a beautiful Session we had with the ever gentle and wise Ustazah Mardhiyah on 'Modesty Beyond the Hijab', Ma Sha Allah! I am immensely grateful that Ustazah covered so many gems and laid the foundation for what Haya' is in our very first session, and excited to share the recording and also the PDF Notes for Champs who were not able to make it! May it be of benefit. ❤️

[Listen to the Recording Here](#)

[Read PDF Notes Here](#)

*a beautiful du'a*

Ya Allah,  
allow me to be  
someone who  
keeps on trying  
for Your sake.

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aaplus.co

#abeautifuldua

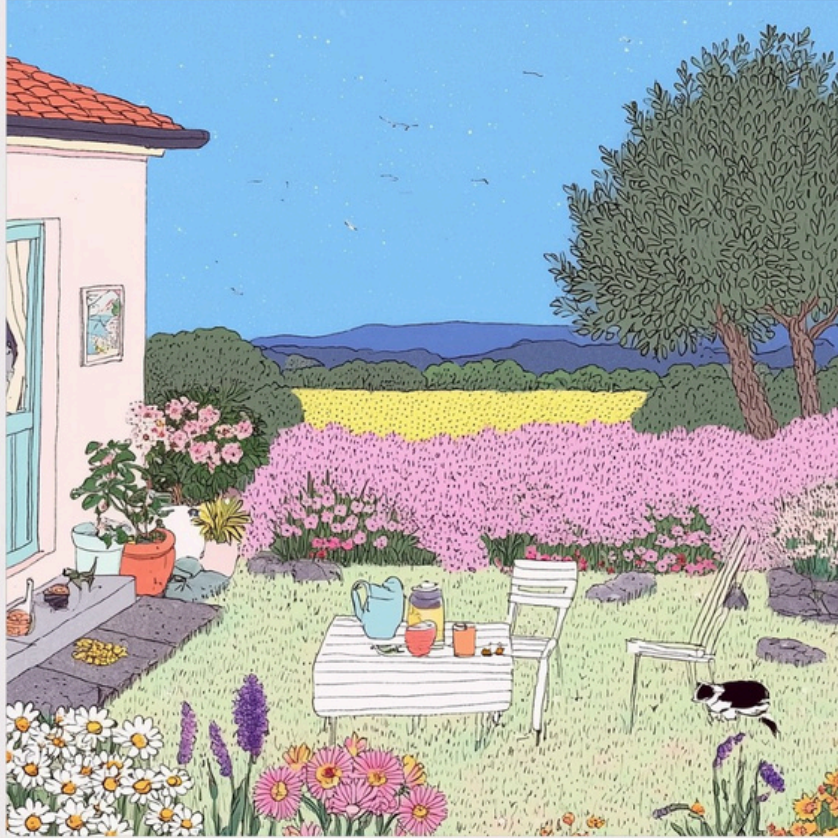
There are some things that are important to me, but they don't necessarily come easily for me. Example: Cooking. 😊 I know how rewarding it is to cook nutritious and delicious food for my family and loved ones, so no matter how difficult it is, I want to always keep trying for His sake. And this motivation (or **Himmah**) to keep trying can only come from Allah SWT, hence this Du'a! Champs, don't give up ok!

Keep trying! Keep going! Fighting! 💪

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# gratitude garden



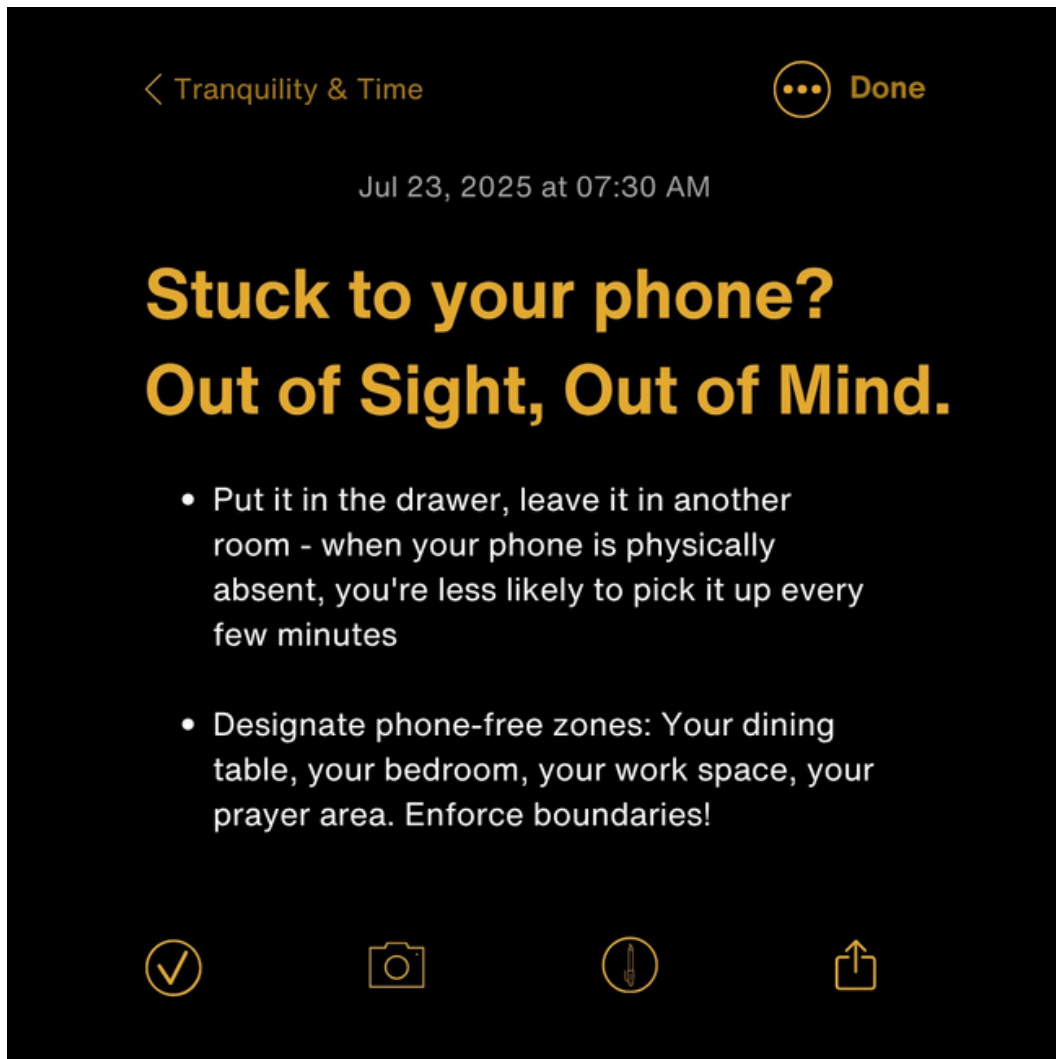
GRATEFUL FOR THE PROTECTION OF NATURE

During one of our Halaqah/Community Sessions, several Champs discussed the importance of gazing at nature to purify our Sense of Sight. Ustazah Maghfirah shared during the Session how Imam Qurtubi wrote that "the Gaze is the pathway to sin and Zina" 😞, and so in order to protect and divert our gaze to something better, we all unanimously agree that taking the time to appreciate the beauty of Nature around and above us could help a lot. Champs, here's a gentle nudge for you to look out of your window right now. ❤️

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# tranquility & time



I'm sure some of you already do this, but here's a reminder for us all to put our phones away as much as possible. When something is not visible or immediately accessible, it's easier to forget about it or resist its pull. This can be powerfully applied to curbing phone addiction, which often stems from constant visual cues like notifications, apps, or simply having the phone sitting nearby. By removing these triggers from our environment, we reduce impulsive checks, reclaim wasted time, and enhance focus - directly boosting our productivity! Champs, share with me, where do you usually leave / hide your phone when you need to focus? I either leave it completely at home and take a walk outside, put it on airplane mode, or simply give it to my husband for "safe-keeping" 😂.

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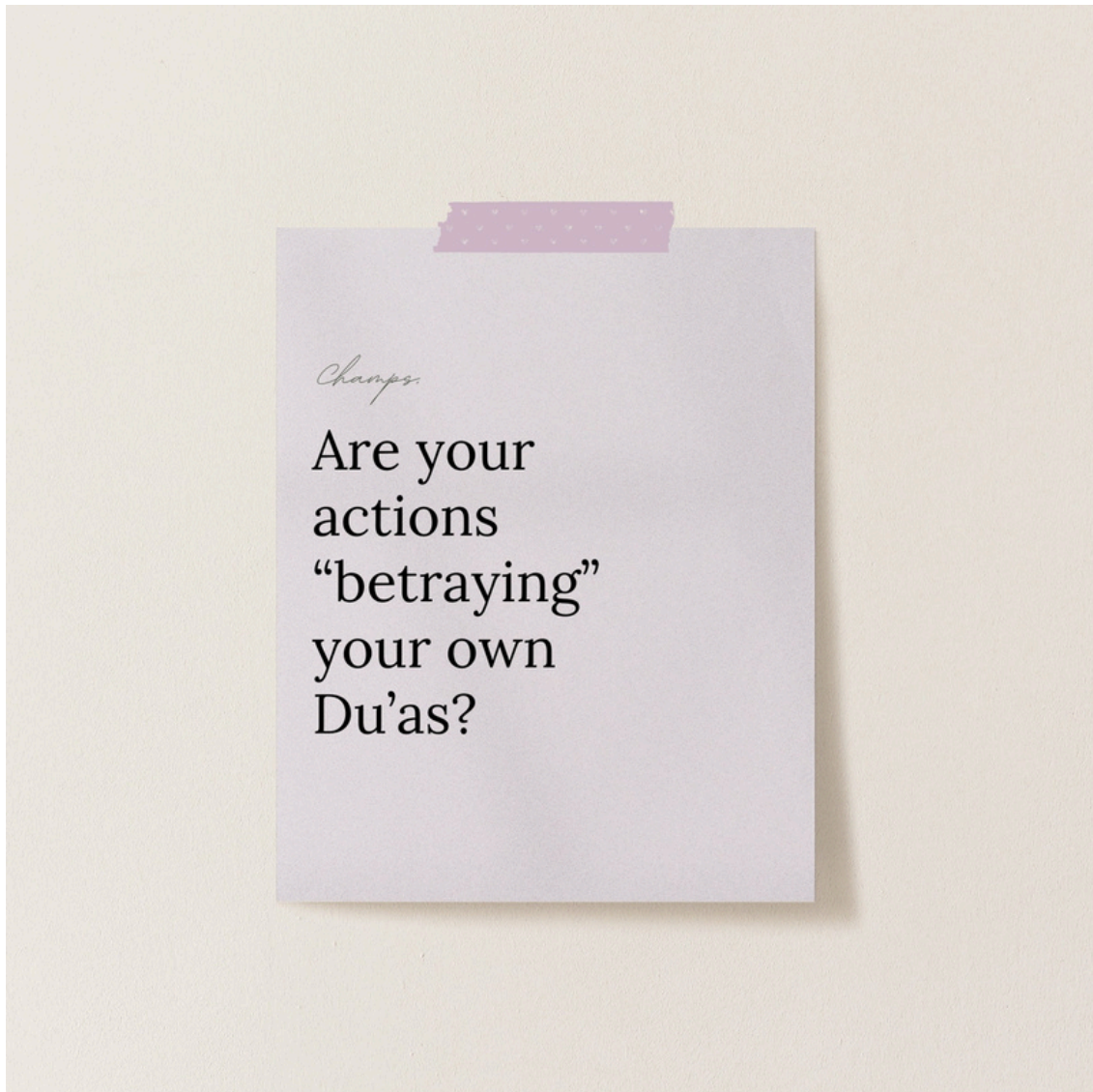
## visual reminder



Alhamdulillah Alhamdulillah Alhamdulillah, we have completed another round of Collective Khatam of the Glorious Quran as a community! May Allah SWT accept it from us! As a little token of gratitude and celebration, here's a wallpaper highlighting our favourite Book. To many more Quran Khatams together, my dearest Champs! ❤️

[Download Wallpaper Here](#)

*to ponder*



One of our beautiful Champs, Admaliza, shared this profound question during our last Community Session, and it hit deeply within my heart.

Let's take the time to think about it sincerely, ladies. Are our actions betraying our own Du'as? For example, if someone has been praying to wake up on time for Tahajjud or Fajr, but stays up every night watching shows till 2 or 3 AM, isn't his action betraying, or, like Adma aptly calls it, "poisoning" his own Du'as? 🥲

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ps:



ROTW (Rest of the World) Champs, I am excited to share with you that we are hosting some Community Sessions that are more ROTW-timezone friendly! So if you currently live OUTSIDE of Asia, but really want to join the intimate and not recorded Halaqah sessions, reply to this email and I'll share more!

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FIN.

x  
a