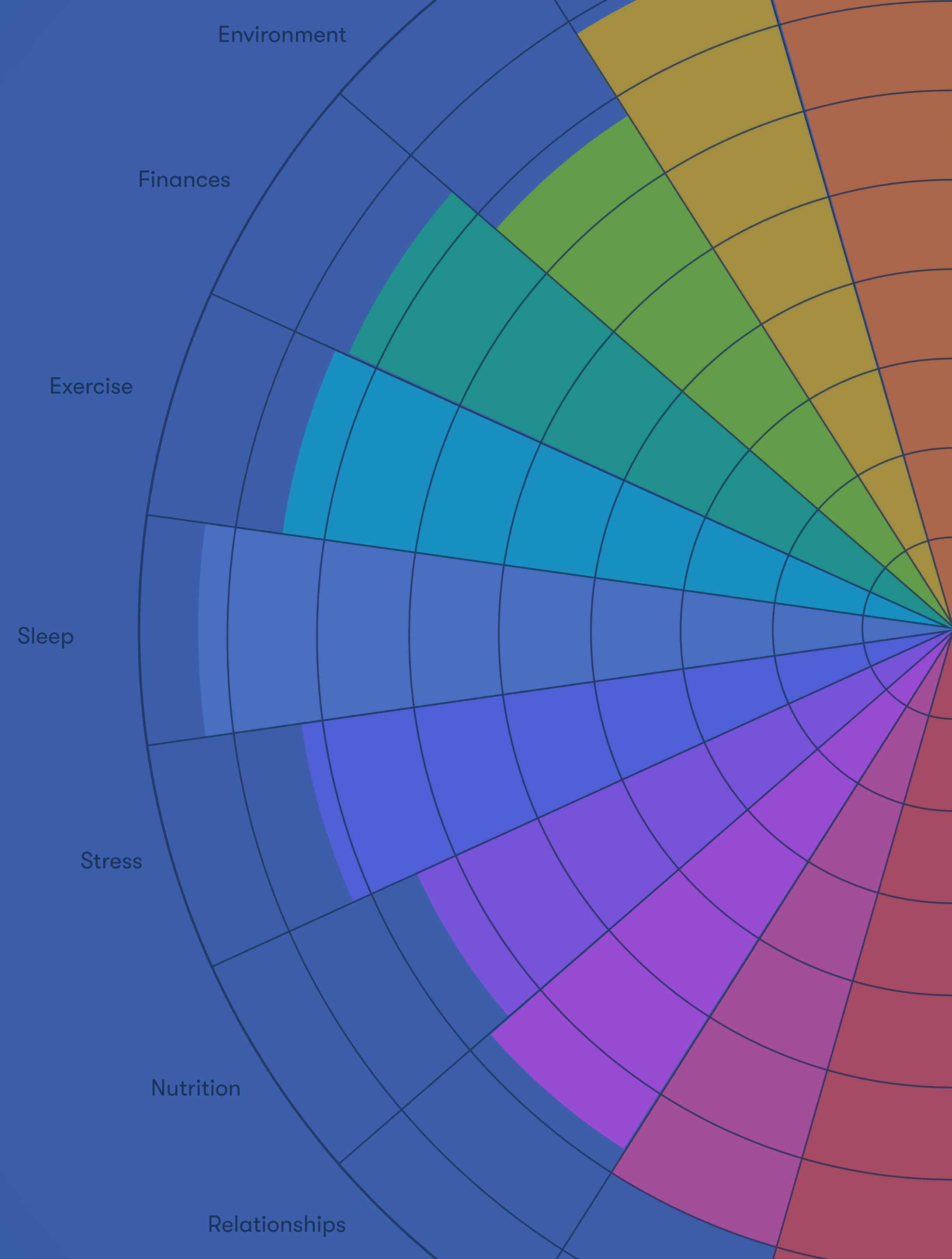


 **impact suite** | workplace series

Customer Stories.



This is impact

What our customers are saying about their Impact experience.

Don't just take our word for it. Here are real-life testimonials from the leaders of the companies we care for. Explore their feedback to understand why our customers trust us as their partner in providing mental health care.

Impact exists to empower people to find greater hope, healing, and happiness. We are a mental wellness company combining preventative technology with professional, human care.

These stories remind us of why hundreds of thousands of individuals in more than 150 countries have used Impact Suite to find long-lasting healing and recovery from depression, anxiety, and compulsive behaviors.



Clay Olsen

CEO and Founder — Impact



“None have impressed me as much as Impact.”

"As a Senior Director of Health and Wellness, I am constantly seeking resources to support our clients and their organizations. Over the years, I've explored numerous wellbeing solutions, but **none have impressed me as much as Impact**. Their profound understanding of what determines the success or failure of a wellness program truly sets them apart. They go beyond mere checkboxes to provide the right tools that genuinely transform lives.

I love that Impact Suite addresses the immediate issue, but more importantly, they address what created the issues in the first place. Impact Suite truly gets it. They help organizations place people at the center of their efforts, and help people find lasting change. Their model is thoughtful and proactive and will profoundly impact your organization, leading to positive outcomes."



Emily Stone

Senior Director of Health and Wellness — Buckner



“Impact has been a game-changer for our company!”

When we were looking for a new EAP for our company, I was introduced to Impact Suite. Right away I was impressed with their innovative and fresh approach to mental health and wellbeing. Almost everything we do nowadays can be done right from our phones. The apps that Impact Suite offers are unlike anything else we have explored. The apps, coaching, teletherapy and 24/7 crisis line, all together add so much more support for our employees and their families, right at their fingertips. **Impact Suite has been a game-changer for our company! I would recommend them to anyone who wants the best!**

Elise Conn

Benefit Manager — PHR

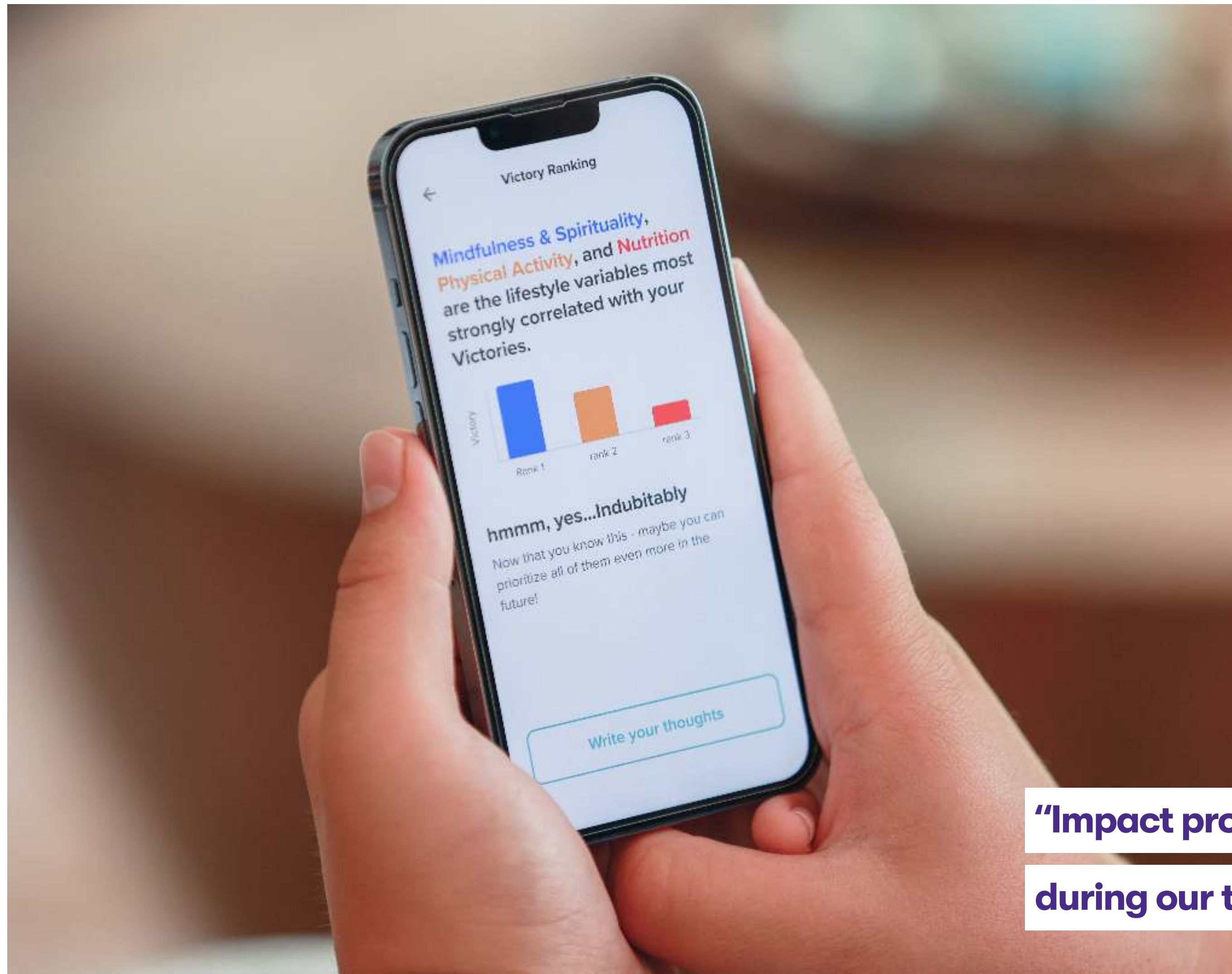


“One of the best decisions my agency has ever made!”

Providing Impact Suite to our employer groups has been one of the best business decisions my agency has ever made! The thanks we have received from our clients has actually been surprising to us, and so gratifying. In our past experience, EAP programs have had very little participation, but in the case of Impact Suite, the participation is extremely high. The ROI on providing this as a benefit has truly set our brokerage apart from others. I especially love presenting this service to potential new groups and they love the idea of having a mental health benefit available to their staff that they will actually use. I am proud to say that we provide Impact Suite to our clients.

Colleen Mellor

President — Smart Solutions



“Impact provided crucial support during our time of need.”

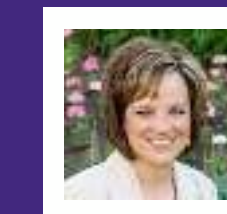


After rolling out Impact to our team, numerous employees have enthusiastically shared the significant benefits they're gaining from the app. One instance, an employee told me he uses it regularly to deal with a difficult personal issue, and the Impact curriculum was helping him navigate it.

Another instance, an employee's family member had been struggling with alcohol abuse and used the Impact app for help. She received therapy that empowered her to manage explosive emotions and excessive drinking triggered by stress. **Impact provided crucial support during our time of need.**

I have personally used the Raise Parenting app while talking to my children about the healthy use of technology.

Thank you for this resource that is helping us improve the wellbeing of our employees!



Carol Thacker
Twin D Inc.



“Providing this benefit is a great way to help keep employees healthy and happy!”

I have heard nothing but great things from our staff regarding Impact Suite. We appreciate your follow up and reminders of the wellness articles. Our company definitely values their employees and their wellbeing, **providing this benefit is a great way to help keep employees healthy and happy!**

Kelly Wilde

Director of Relationships — 401GO



“It is a highly utilized resource for them and their families.”

We've been thrilled to offer Impact Suite as a benefit to our team and I've heard great feedback from most everyone that **it is a highly utilized resource for them and their families**. It has been really helpful to get feedback from our Impact Suite Consultant on key topics or areas we should consider focusing on based off of data from everyone's usage of this benefit. By offering this benefit, I feel like we are putting our company values in motion and demonstrate to our amazing team we care about them and their families.

Daniel Beck

Co-founder, CEO — 401GO



“My employees don't have to ask me how to start.”

Everything about Impact Suite has been easy — from the introductory call to implementation to employee support. **My employees don't have to ask me how to start;** they simply scan the QR code and start immediately.

Our company has 100 full time employees, each with different needs across the wellness spectrum which Impact Suite covers far and wide.

I think Impact Suite has a neutral approach that allows employees and organizations to use as much or as little as they want without any pressure. Aside from the ease of the app, the ease of access to support during implementation, onboarding and post-onboarding has been the best part. I ask a lot of questions and everyone involved in our implementation was extremely helpful, seemingly around the clock with our time difference. Ashley and Holley each went over the moon to help me and our employees throughout the process!

Rachel S.

HR Director



“We confidently recommend Impact as an exceptional organization and resource.”

We partnered with Impact in the spring of 2021 amidst the challenges of the COVID-19 pandemic. During this time, we noticed a concerning rise in mental wellness issues among our staff, including instances of depression, frequent absenteeism, and withdrawn behaviors. Impact conducted an initial orientation when we first introduced their services in 2021, and followed up with another session in January 2023.

A pivotal moment came on June 9, 2023, when Holley led a Self-Care Workshop during our comprehensive All-Staff Retreat and Training. We consider ourselves fortunate to have access to the diverse range of services that Impact offers.

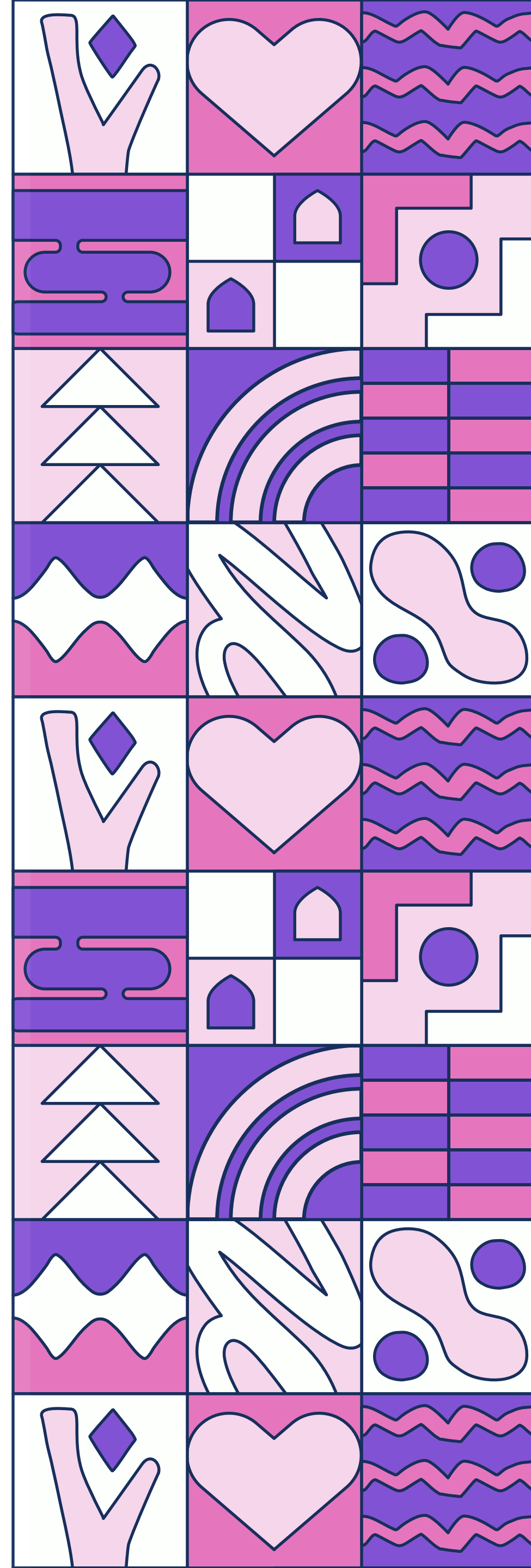
Cathy Boettcher

Executive director — California Young World

The user-friendly app empowers our staff to seek personalized support, tailored to their individual needs. Our employees appreciate that their families are also eligible for these services.

Impact's services encompass a broad spectrum, from counseling and life coaching to nutritional and exercise support. The availability of informative resources proved to be immensely valuable in assisting our team. **Based on our positive experience, we confidently recommend Impact as an exceptional organization and resource.**

Their services have significantly contributed to the well-being of our staff and the overall functioning of our organization.



“Impact has been a great addition to our employee benefits program.”

As a company who has 98% of its workforce working remotely, it was important to launch a program that our employees could feel comfortable with as we all adjust to a new “normal”. **Impact has been a great addition to our employee benefits program.**

Summer Ferguson

HR Manager — Veracity Insurance Solutions



“Impact has helped our employees find support, healing, and personal growth.”

Impact is a powerful resource that has immensely helped our employees with their mental and overall health. The accessibility and quality of their online mental health tools, especially teletherapy, have helped our team feel more confident knowing that resources are available when they need them most. **Impact has helped our employees find support, healing, and personal growth** through teletherapy and the other Impact tools. We've seen incredible staff utilization and appreciate the support and help from the Impact team to ensure success with launching and utilizing their powerful offering.

Collin M.
HR Director





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“Employees have really felt cared for!”

Quinn G.

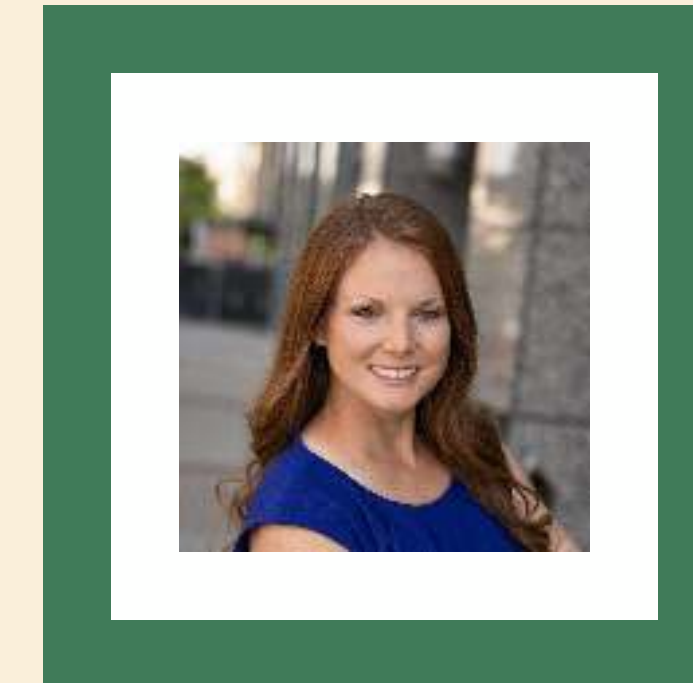
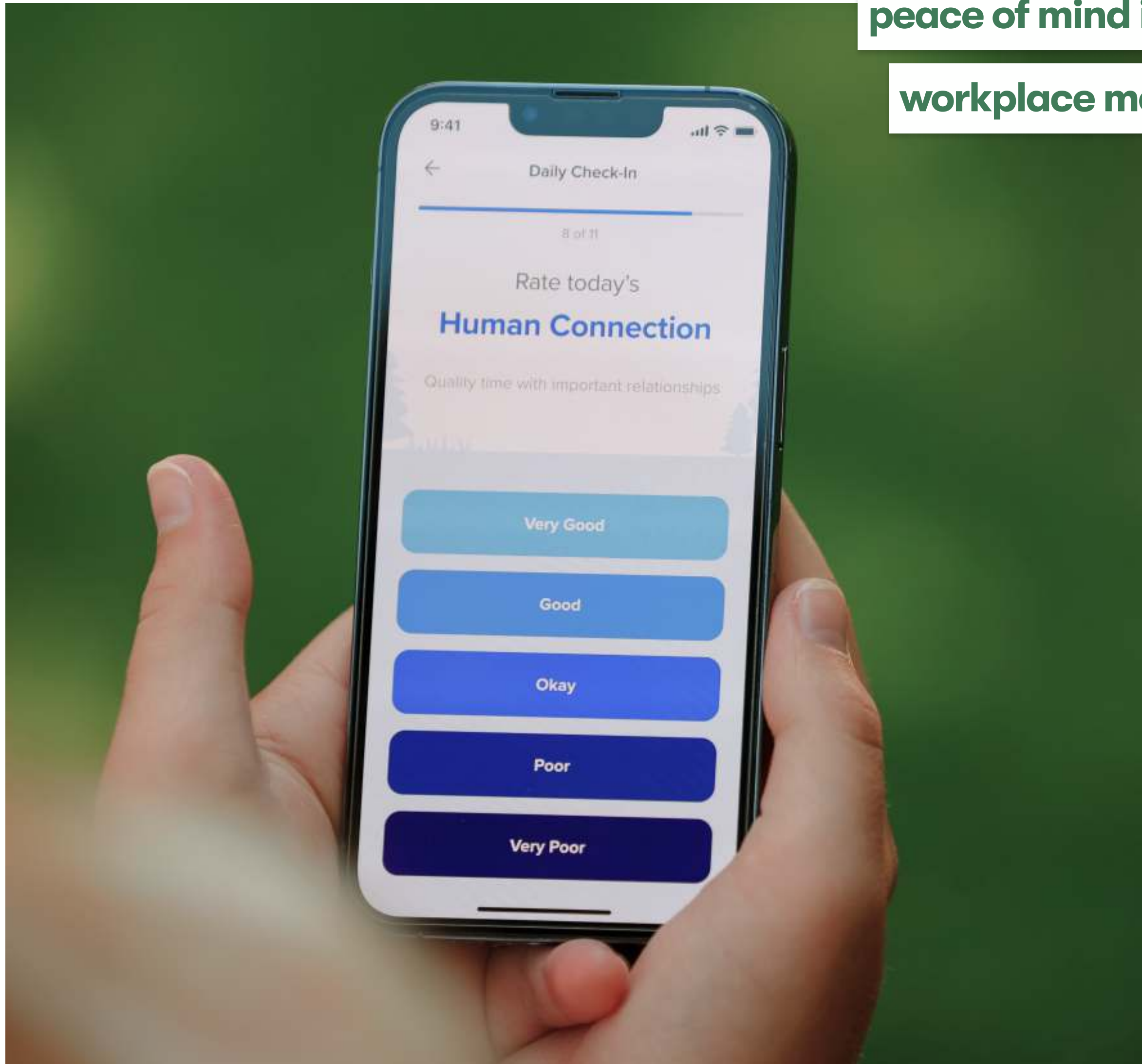
HR Director



“Connecting with a therapist is simple and painless.”

As a mental health company, selecting an offering to support employees with their own mental and emotional wellness was a critical decision and not one to be made lightly. Impact Suite made it easy by having a curated variety of ways their services help employees. No matter where employees are in their own journey, Impact Suite has made **connecting with a therapist or coach simple and painless**, as well as providing development tracks that offer sustainable practices when someone has needed a gentle push. As the admin, I've been grateful for the support and resources Impact Suite has provided when we've gone through organizational change and in navigating this tough economic climate. **Employees have really felt cared for!**

“Impact gives our leadership team
peace of mind in addressing
workplace mental health.”



With the growing need for mental health assistance, Impact Suite has helped our business in many ways. It provides our employees quick and easy access to licensed therapists when they need it most. If an employee is having a bad day, we can remind them they have the tools at their fingertips to talk with a therapist. In addition to the app and access to therapists, having a local therapist assigned to our leadership team has been such a blessing! We tap into that resource to help us when needing guidance on how to approach a wide array of topics with our employees. **Impact gives our leadership team peace of mind in addressing workplace mental health.** Shout out to Holley at Impact Suite for helping guide us through many difficult times. We could not have done it without you! If looking for a mental health program to provide for your employees and leadership, I cannot recommend Impact Suite enough.

Lauren Staudt

Chief of Operations — Northwest Mutual, Utah

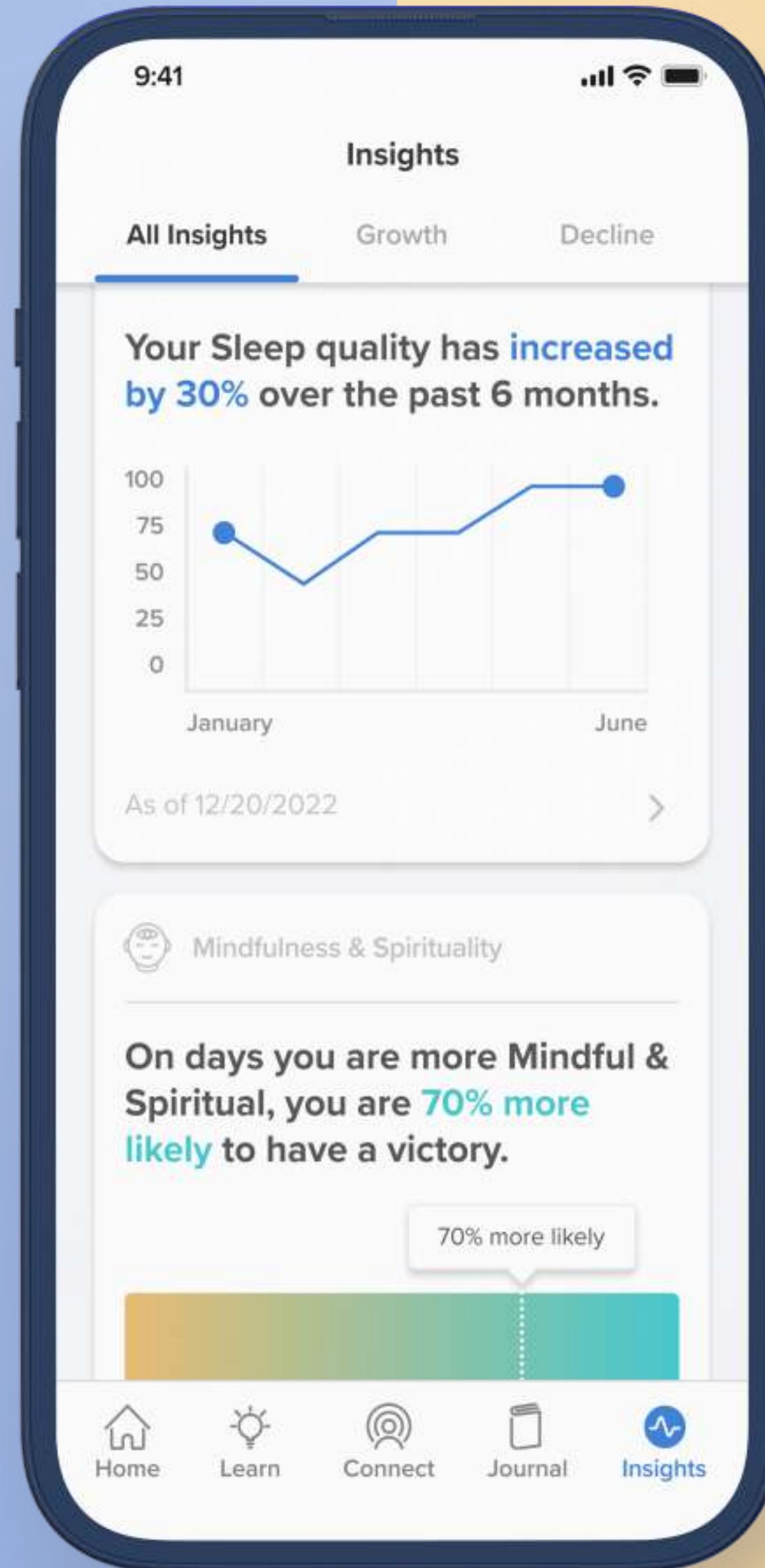


“Impact allows us to honor and meet employees where they are in their mental health journey.”

We launched Impact in May 2021 after our organization had decided to go fully remote during the pandemic. This coincided with Mental Health Awareness Month, and after over a year of missing that in-person connection, we wanted to offer something special and unique to our employees. Many employees were experiencing loneliness and isolation, some had moved to be closer to family and were now learning to navigate a new set of challenges. Every employee's situation was, and continues to be, different from the next. **Impact allows us to honor and meet employees where they are in their mental health journey.**

Hailey Orosco

Chief People Officer — Netrush



“Employees are able to engage and gain access to services quickly and easily.”

Impact has been a very beneficial add-on program for Amkor Technology, Inc. The Benefit group had been receiving frequent employee escalation issues/complaints regarding limited access to providers through our traditional programs due to lack of available providers that would accept new patients or had openings within weeks or sometimes even months; especially with children/teens needing access to care. Ever since implementing Impact, the number of issues have dropped way down. **Employees are able to engage and gain access to services quickly and easily.**

Jacqui Carlson

Director of Benefits — Amkor Technology, Inc.



“The level of support and proactive engagement with our employees is second to none.”

Impact Suite is not just another EAP. They are vested in making a difference. **The level of support and proactive engagement with our employees is second to none.** Their responsiveness and resourcefulness is invaluable to us. Our employees like and use Impact Suite more than any EAP we offered in the past. Impact Suite produces a return in the investment. There is no reason to ever consider another EAP.

Gloria Bertram

HR Director — Stephen Wade Auto Center



Nutrition
Learning how to eat better to feel better

Mental Health
Deeper peace, focus and joy

joy

Environment
Fortifying your environment

Exercise
A physical activity journey

Business
More silence and stillness

Stress Relief
A journey toward greater life balance

Financial Wellness
Financial Wellness

Intimacy
Growing Trust, Deeper Love

Trauma
Past hurt

Inner Change
Pursuing a deeper heart shift

Connection
Strengthening our relationships



“Impact has yielded a positive return on our investment.”

Impact is more than just another Employee Assistance Program (EAP). They are committed to making a difference and have provided exceptional support to our employees. Their responsiveness and resourcefulness have been invaluable to us.

Our employees prefer and use Impact more than any previous EAP we have offered in the past. **Impact has yielded a positive return on our investment**, and we see no reason to consider anyone else.

Arjun V.
HR Director



“I have seen a marked improvement in the overall mental health and well-being of my team.”

Since implementing Impact, I have seen a marked improvement in the overall mental health and well-being of my team. The monthly livestreams and individualized resources have been particularly helpful in promoting ongoing mental health education and support.

I highly recommend Impact to any business looking to prioritize the mental health of their employees. It truly has made a positive impact on our team.

Jennifer L.
HR Director





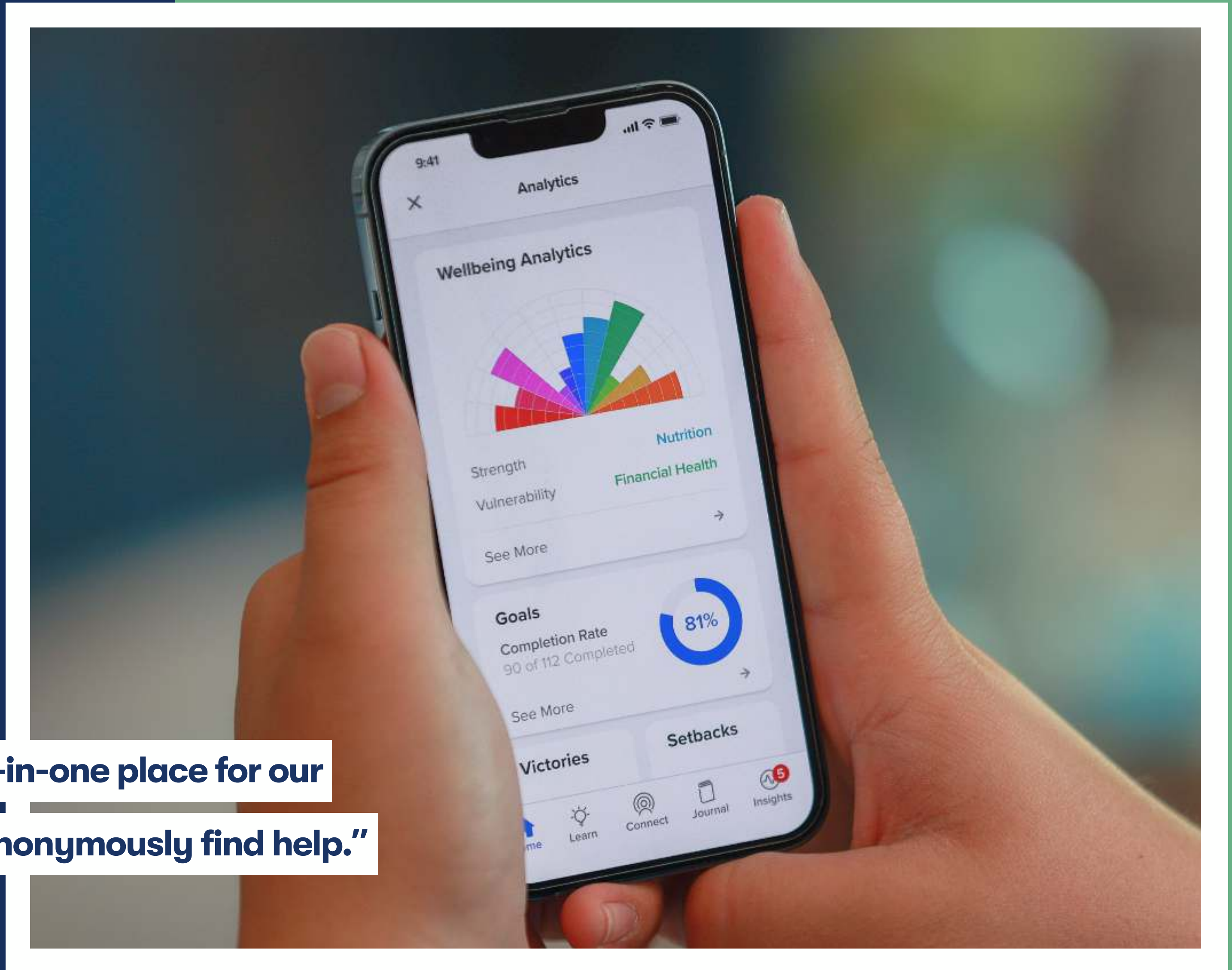
Impact Suite has been **the perfect all-in-one place for our employees to anonymously find help!** Prior to Impact Suite, we dealt with employee needs on a situational level, referring to our EAP or seeking private help in individual cases. When we discovered Impact Suite, it offered an anonymous way for employees to find not only help with issues but proactive help with leading a healthy lifestyle. I believe more employees will utilize free resources when they don't have to come directly to us for information, policy numbers, etc. The app and its universal implementation was a breeze!



Adriana Pratts

HR Director — Matthews Bus Florida

“The perfect all-in-one place for our employees to anonymously find help.”





“Knowing that my employer cares about my mental health has lifted a tremendous weight off my shoulders and has allowed me to perform at my best.”

As an employee who has had the privilege of participating in our company's Employee Wellness Program, I cannot express enough how transformative this experience has been for me both personally and professionally. Impact has truly raised the bar when it comes to prioritizing the well-being and happiness of its customer's employees. Perhaps the most significant impact has been on my mental and emotional well-being.

The program has made mental health a top priority, offering workshops on stress management, mindfulness practices, and access to confidential counseling services. **Knowing that my employer cares about my mental health has lifted a tremendous weight off my shoulders and has allowed me to perform at my best.**

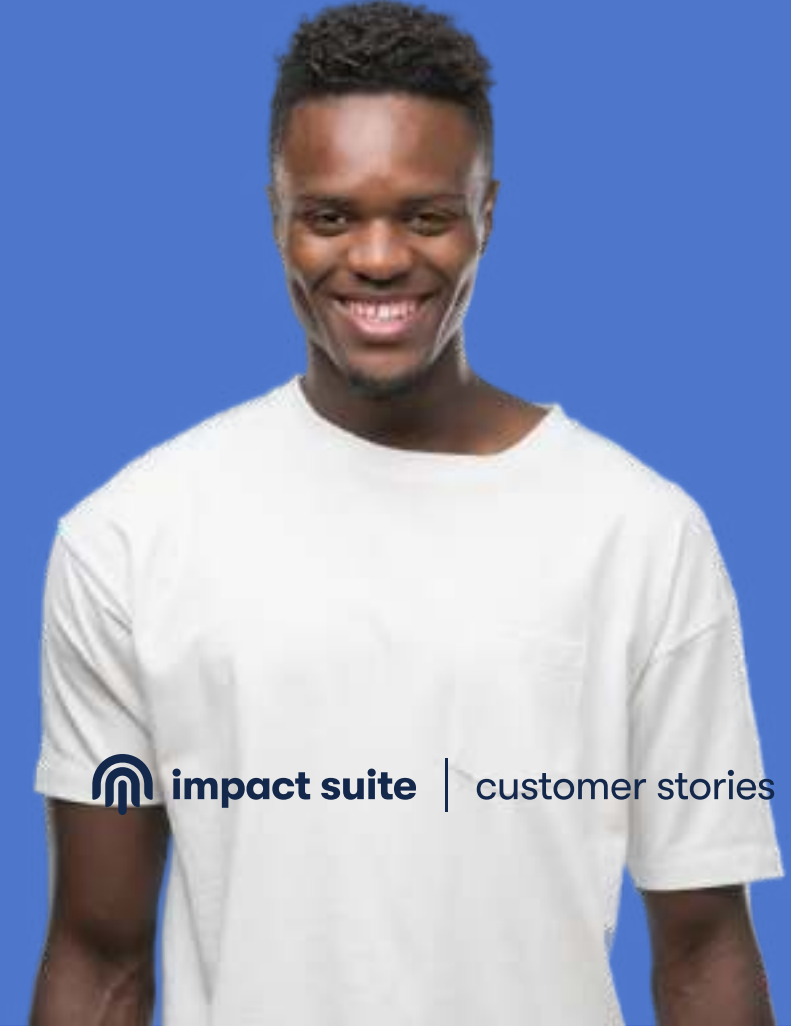
I wholeheartedly recommend Impact Suite to any organization looking to make a real difference in the lives of its employees and create a happier, healthier, and more engaged workforce.

Jessica T.
Employee

“This app gave me so much grace & space—I couldn’t help but feel loved.”

—

Anthony
Employee



“Thank you! This app needs to be in the hands of every individual.”

—

Ruth
Employee



“It has shown me the light while I was in the dark. It has changed my life forever—for good.”

—

Dean
Employee



“I talk kinder to myself and more gently when setbacks occur.”

—

Naomi
Employee



“Thank you for the tools and encouragement. This app has saved my marriage.”

—

Daniel
Employee



 **impact suite** | customer stories

Thank you.

