

FALL 2026 · EPHESIANS · 6 PARTS

BRIDGES

Pittsburgh has 446 bridges. This fall we read Ephesians, a letter about the one bridge that matters most: how Jesus brings people together who had every reason to stay apart. Use one part per week. Read the passage out loud first, then talk.

PART 1 · EPHESIANS 1:1-14

446 BRIDGES

Marcus Reid

1. Paul packs one long sentence with what God has already given us. Which phrase in verses 3 to 14 surprised you?
2. Where do you feel like you are still trying to earn a place at the table?
3. What would change this week if you believed you were chosen on purpose?

TRY THIS WEEK Write verse 7 on a card and keep it in your coat pocket.

PART 2 · EPHESIANS 1:15-23

NEAR AND FAR

Sam Keller

1. Paul prays that we would know God better, not that life would get easier. Why do you think he starts there?
2. Do you feel far from God right now, or a little too comfortable? Say which, and why.
3. Who in your life could use this prayer prayed over them by name?

TRY THIS WEEK Pray verses 17 to 19 for one person each morning.

STRANGERS NO MORE

Marcus Reid

1. Verses 1 to 3 are honest about where we started. How does it feel to read them slowly?
2. Grace first, then good works. Which order do you tend to live in?
3. What good work might God have already prepared for you this month?

TRY THIS WEEK Do one quiet act of kindness that nobody will thank you for.

THE WALL CAME DOWN

Hannah Lowell

1. What was the dividing wall in Paul's day, and what are the walls in ours?
2. Which group of people do you find it hardest to sit next to on a Sunday?
3. If the wall is already gone, what are you still guarding?

TRY THIS WEEK Have coffee with someone from a different neighborhood or generation.

ONE NEW PEOPLE

Marcus Reid

1. Paul says Jesus made one new people out of two. What does that look like in a church with four locations?
2. When did someone unlike you make you feel at home?
3. What would it take for your group to welcome someone new this month?

TRY THIS WEEK Invite someone to your group or to Sunday lunch.

STAND YOUR GROUND

Elena Reid

1. Which piece of the armor do you most need right now, and why?
2. Paul writes this from prison. How does that change the way you read it?
3. How can your group stand with someone who is tired this week?

TRY THIS WEEK Text one person in your group a verse from this passage.

