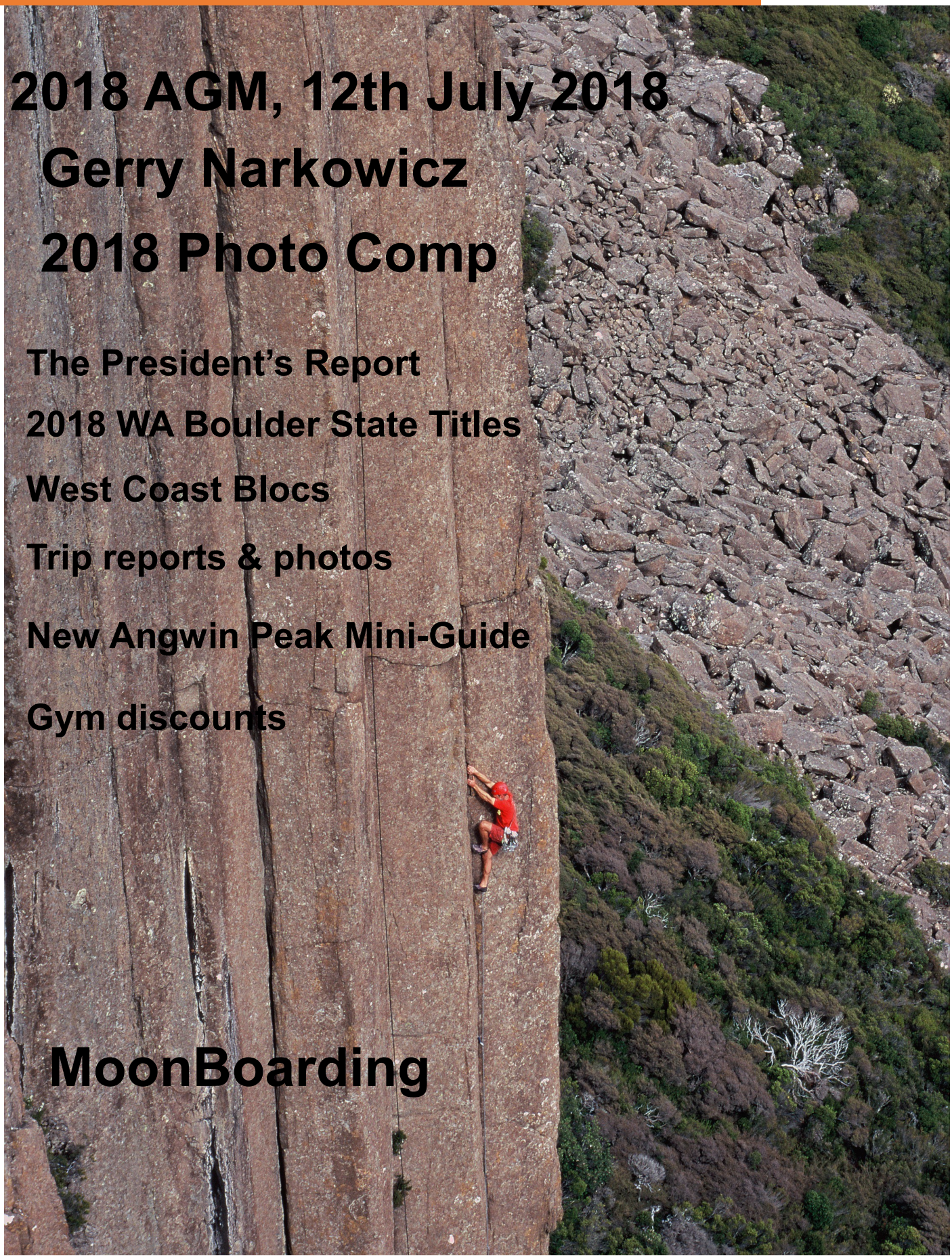
Climbers Association of Western Australia

Autumn, Issue 23

13 June 2018

WESTERN CLIMBER



2018 AGM, 12th July 2018

Gerry Narkowicz

2018 Photo Comp

The President's Report

2018 WA Boulder State Titles

West Coast Blocs

Trip reports & photos

New Angwin Peak Mini-Guide

Gym discounts

MoonBoarding

© Climbers Associate of Western Australia

Inside this issue:

	Page
West Coast Blocs	3
2018 WA Boulder State Titles	4
Western Climber needs you	5
The President's Report	6
2018 Events Calendar	7
The Archive	8
2018 CAWA AGM	9
Self-rescue court with Adventure Out	10
Single Pitch Guide Training	11-12
MoonBoard - Train hard, climb harder	13
New Angwin Peak Mini-Guide	14
Trip Reports and Photos	15-26
What's up?	27-30
Climbing gyms Perth	31
CAWA Bolting Fund	32
CAWA Bolting Fund Application Form	33



From the committee:

The views expressed in Western Climber are not necessarily those of CAWA.

We know you have been chomping at the bit for the next edition. So here it is. Enjoy. Remember we want news and reports from members to include in Western Climber. We know you have been sending, but we haven't heard from you in while. So please remember next time you do, see or hear something interesting (it must be climbing related) let us know.

https://www.instagram.com/climbersassociationofwa/

https://www.facebook.com/climberswa/

© Climbers Associate of Western Australia

West Coast Blocs, 18 August 2018

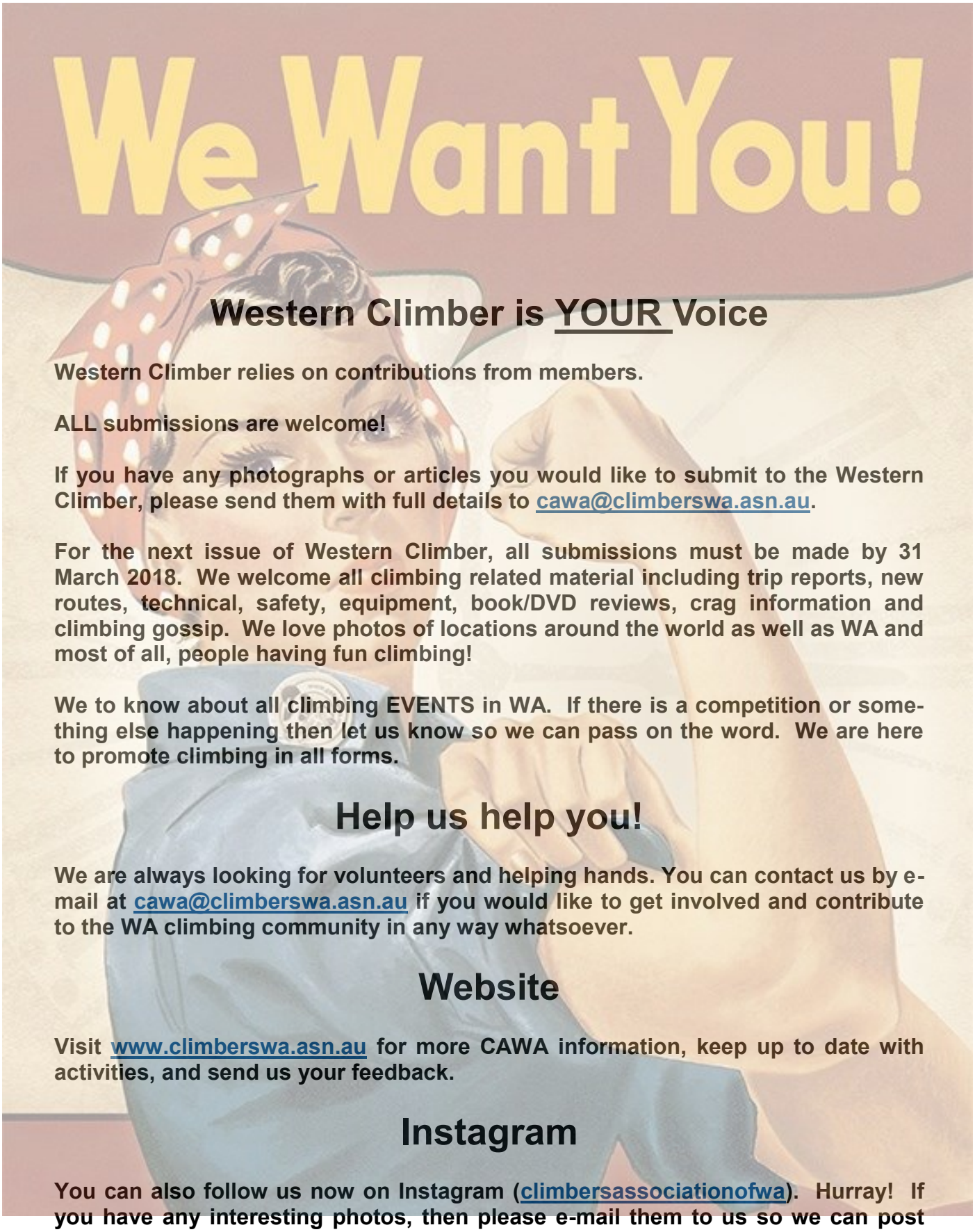


© Climbers Associate of Western Australia

2018 WA Boulder State Titles, 21-22 July 2018



© Climbers Associate of Western Australia



Western Climber is YOUR Voice

Western Climber relies on contributions from members.

ALL submissions are welcome!

If you have any photographs or articles you would like to submit to the Western Climber, please send them with full details to cawa@climberswa.asn.au.

For the next issue of Western Climber, all submissions must be made by 31 March 2018. We welcome all climbing related material including trip reports, new routes, technical, safety, equipment, book/DVD reviews, crag information and climbing gossip. We love photos of locations around the world as well as WA and most of all, people having fun climbing!

We to know about all climbing EVENTS in WA. If there is a competition or something else happening then let us know so we can pass on the word. We are here to promote climbing in all forms.

Help us help you!

We are always looking for volunteers and helping hands. You can contact us by e-mail at cawa@climberswa.asn.au if you would like to get involved and contribute to the WA climbing community in any way whatsoever.

Website

Visit www.climberswa.asn.au for more CAWA information, keep up to date with activities, and send us your feedback.

Instagram

You can also follow us now on Instagram (climbersassociationofwa). Hurray! If you have any interesting photos, then please e-mail them to us so we can post them on Instagram.

2018 AGM Photo Comp is On

© Climbers Associate of Western Australia

The President's Report

Hello Members.

We have another edition of the Western Climber out and that means some more words and things from me.

Since last I made writing for you guys we've had some great events. The Film Night 4.0 at Portside was awesome and big thanks must go to Portside's Will Atkinson for organising the event. Food, beer, climbing and films is an awesome way to spend an evening.

If you missed the night and haven't seen the films you can check out Will's West Coast Choss here https://vimeo.com/256161174

And my Cracks are Shit here https://www.youtube.com/watch?v=MSN7b6HeLA4.

And while you're at Will's vimeo check out his ascent of One Step Beyond down at the Blow Holes in Albany. Weighing in at V13 it is another contender for hardest problem in the State.

Thanks are also owed to Outdoors WA who, in return for some promotion, offered us some free and discounted tickets to this years Mountain Film Festival. I believe a great night was had by all who attended. Sorry to Squeak who was too fast and bought his tickets before the free ones were available.

The other great event we held was the Blackwell Reach clean-up day. Thanks heaps to Jorge for organising, you're a bloody legend, and thanks even more to you good folks that volunteered on the day. It's wonderful to see climbers out there contributing to the good of the wider community as well as sending sweet routes and developing new vertical play grounds.

On that note we have had some development out there this year.

Ross Weiter has developed and produced a mini guide for Angwin Peak. With 17 routes of low angled face climbing from grades 12 to 22 it is yet another welcome addition to our states climbing selection. Well done Ross.

You can find the miniguide in the Miniguide section on the CAWA website.

We have also had a couple of routes re-bolted out at Mt Quarry. Carrot-Terrorism and Inside out now have some nice new bolts in them and they are both great route. Get on em and have some fun. Thankyou very much to the folks that put in the effort to get this done.

I do however want to acknowledge, we (the committee) still have a lot of work to do in order to make our re-bolting fund user friendly.

On the plastic side of things, the competitions have been going BOOM!!!! lately and will continue to do so.

We've already had the State Lead titles at City Summit and Catalyst, the Hub's annual event. And coming up we'll be indulged with the The State Bouldering Titles to be held at Adrenaline Vault on the 21st and 22nd of July and then Portside's yearly comp, West Coast Blocs to be held on the 18th of August.

CAWA reimburses you member folk $15 for each entry into the above comps and there is a category to match all ages and skill levels. So get out there and have a go. They're great days. To claim your reimbursement, email a copy of your receipt and your bank details to Kate, our Treasurer, at kateb@climberswa.asn.au.

We had the Kalbarri Trip, 1st to the 4th of June which was a cracker.

Then to round out the financial year we have the AGM on the 12th of July. Guest Speaker to be confirmed.

Then after that we start all over again.

So, I hope you're all well, climbing heaps and working as little as possible. Hopefully I will see you all getting out and climbing someplace nice.

Cheers

Woody

© Climbers Associate of Western Australia

2018 Events Calendar

Below is a list of the events that are on for 2018 so far. Don't forget to check the events page on the website (at http://www.climberswa.asn.au/events/) from time to time, because it is likely that events will be added during the year.



© Climbers Associate of Western Australia

The Archive - April to June 2012

2011 Photo Comp Winners!

The CAWA Photographic Competition was held during the CAWA AGM. Two categories were open: first climbing photographs taken in Western Australia and secondly, for climbing photographs taken anywhere else. Winners are grinners, as they went home with amazing prizes sponsored by CAWA.



FIRST PRIZE: WA PHOTOGRAPH
Photograph By: Peter Thomas

Left: The winning WA photograph of Jon Gregg bravely leading Karma (25) at Castle Rock in the Porongorups. Peter won a $100 Mainpeak voucher.

SECOND PRIZE: WA PHOTOGRAPH
Photograph By: Brian Tan

Below: Winner of the lovely book "World Climbing: Images from the Edge" by Simon Carter. The photo is of Remi Vignals leading out on Just Call Me Thor (23) at Peak Charles.





THIRD PRIZE: WA PHOTOGRAPH
Photograph By: Karen Magistro
Splicing By: Anthony Brandis

Left: A unique splice of Leslie Rayment, belayed by Anthony Brandis on The Climb (18) at West Cape Howe. Karen and Anthony were rewarded for their creativity with a 3-year subscription to the ROCK Magazine. Well done!!!

© Climbers Associate of Western Australia

2018 CAWA AGM, 12 July 2018

The AGM will be held on Thursday, 12 July 2018 at 246 Vincent Street, Leederville. Arrive at 6:00pm for a 6:30pm start. Our guest speaker will be Gerry Narkowicz of Tasmania.



© Climbers Associate of Western Australia

Self-rescue course with Adventure Out, 14 July 2018

In collaboration with Adventure Out, CAWA is pleased to offer an instructional two-day course designed to develop the technical skills, experience and confidence needed to safely perform self-rescue.

The course will be held at Churchman's. The crag offers a range of climbing challenges and serves as the ideal environment for learning self-rescue skills.

The instructors will provide participants with constant feedback and ensure appropriate safety standards are maintained throughout the course.

Skill points will include:

- self-rescue (ascending and switching rope systems, anchoring methods, escaping compromised belay systems)
- partner rescue (conscious & unconscious)

Adventure Out will provide:

- experienced instructors
- all necessary rock climbing equipment (feel free to bring any personal gear you may have)
- $10 million public liability insurance
- comprehensive first aid kit

Pre-requisites:

The course is set at an intermediate level, so you should be a confident top rope climber with experience in establishing belay systems utilizing natural or artificial anchors and in belaying climbers.

Price:

$270 inclusive of GST per person. CAWA members will receive a rebate on the that price.

Places will be limited.

Please note that CAWA events are a benefit for members only.

Joining online is easy through the CAWA web page.

© Climbers Associate of Western Australia

Single Pitch Guide Training *by Anthony Brandis*

Start of December 2017 saw a couple of your fav CAWA committee venture into the Southwest for some roped-up training with Stuart Matheson, at Adventure Training Consultants (or ATC, I know, pretty good pun there!). Gareth & Anthony partook in the Single Pitch Guide (SPG) course - what's that you may ask? - SPG provides you with the skills to set safe top-rope systems, abseil systems, trad climbing, anchor building, and apply that knowledge to group situation. It provides you with a framework to guide people through these activities, keep them safe, and make a day out on the rock enjoyable, even if your clients don't know much about climbing.

SPG is a good step forward for anyone who wants to work in the outdoor industry, either freelance or with an outdoor company, or simply to develop your own skills to stay safe in your climbing pursuits. For most trad climbers this would be a formalisation of skills already known. For sport climbers, or anyone venturing deeper into the outdoor climbing world, this will build on your base knowledge to keep you and your friends safe.

Stuart Matheson works in conjunction with the ACIA (Aus Climbing Instructors Assoc.) to provide you with an accreditation that is nationally recognised, or can be used to progress forward in other accreditation, such as the NORLS Scheme.

So how did we do…?

Well, both Gareth & myself are still alive thanks to Stuart. We had a great time practising the climbing tradecraft of descending and ascending safely, keeping in mind you were always responsible for your clients that you might be taking care of.

We camped out close to the Torndirrup NP near Albany, at Panorama Caravan Park - a nice site right on the water Frenchman's Bay. **pictured**

We were fortunate to have the luxury of completing the course over 3 days instead of the normal 4 day course, at the Blowholes and the Gap climbing areas in the NP, and Albany turned on the weather for us, as accordingly to some other course participants and Stu, it can come down on you mid-course, or try to blow you off the rock, as some of you will know the conditions that prevail in the Albany's Adventure Climbing Zone.



© Climbers Associate of Western Australia

Single Pitch Guide Training cont'd

Stuart provided some very informative training on anchor building, abseiling, and prussiking up & down a line on day 1 out at the Blowholes. An invaluable skill to have, prussiking can be applied to a multitude of applications in climbing, including ascending or descending past a knot on a line, as we had to do - **pictured**
Day 2 we recapped on anchors, abseiling, and moved into group instruction and setup of top-rope systems out at the Gap.
Day 3 was all about rescue, and guiding small groups through a day of single pitch climbing using trad gear. This was perhaps the most rewarding day and the one I was looking forward to the most. In particular the rescue scenarios, aiding a climber up or down from a the cliff, and application of pulling systems, 2:1, 3:1, or upto 6:1 - I think Gareth had some trepidation about hauling my big frame up the wall, but the gun climber that he is, powered through the task of hauling 117kgs up the wall no problem. Cheers Gareth! (for not dropping me that is)
Later that day we progressed through a group scenario of guiding two climbers up a trad climb. Trying our best to trip each other up we tackled the problem relatively swiftly - however Stuart had his own brand of climbing trickery to give the group leader some grief. Gareth feigned a saw finger, and fatigue before going into full-blown complaints of bowel dysfunction on the climb, where he was required to be swiftly lowered to the ground to alleviate 'the problem'. Although hilarious at the time, it pointed out that you need to be prepared for anything.

At the end of the course we were both given the 'thumbs-up' and encouraged to complete our certification and/or to progress onto Multi-Pitch Guide.

If you are interested in completing the course or pursuing the climbing guide stream for single or multi-pitch, please see the ACIA website (www.acia.com.au) or feel free to contact Stuart Matheson direct at http://adventuretrainingconsultants.com.au/ or follow them of the facebook pages;

We highly recommend the training!

https://www.facebook.com/ACIA-Australian-Climbing-Instructors-Association-566886820109400/

https://www.facebook.com/adventuretrainingconsultants/



© Climbers Associate of Western Australia

MoonBoard - Train hard, climb harder! *by Dirk Klicker*

What is moon boarding?

If you didn't know, then you weren't the only one.

It's not paddle boarding naked in the moonlight. Although that sounds like fun.

It's where technology and climbing come together.

Portside have a MoonBoard and they have had it for some time.

It's located in their upstairs training area.

At first I didn't know anything about it and was quite puzzled by the LED lights.

Now, I am totally hooked on it.

It is quite a bit of fun and I need my moon board fix.

The MoonBoard was designed by Ben Moon.

The whole history behind it is pretty interesting and I have provided some links below if you are interested.

A MoonBoard comprises a bunch of standardized holds set at a specific angle.

The idea being the all moon boards all around the world are the same.

Why didn't I think of that, eh?

You need to download the MoonBoard app.

Using blue tooth you then sync the app with the MoonBoard.

Just ask the friendly staff at Portside if you get stuck.

You can then select from an endless supply of boulder problems.

There is whole MoonBoard community out there.

It's a whole new world

You just have to plug in.

The only issue being that the problems start at a considerably stiff V4.

I have climbed a few V4s outdoors, but I in my opinion the MoonBoard is a tad harder.

I found that it took me a couple of weeks to get the hand of it.

It's quite stiff on the fingers.

It builds strength and power.

Not the sort of thing you can do every week because you might get injured if you do it too often.

The whole concept is pretty cool and if I could afford it, I would definitely put one in my garage.

I definitely have felt the benefits of it already after only a couple of weeks, with my grades improving indoors a couple of points. I can definitely lead a 14 pretty comfortably now.

I highly recommend that you try it if you haven't.

Below are selection of links about MoonBoarding that I think will provide further guidance and insight:

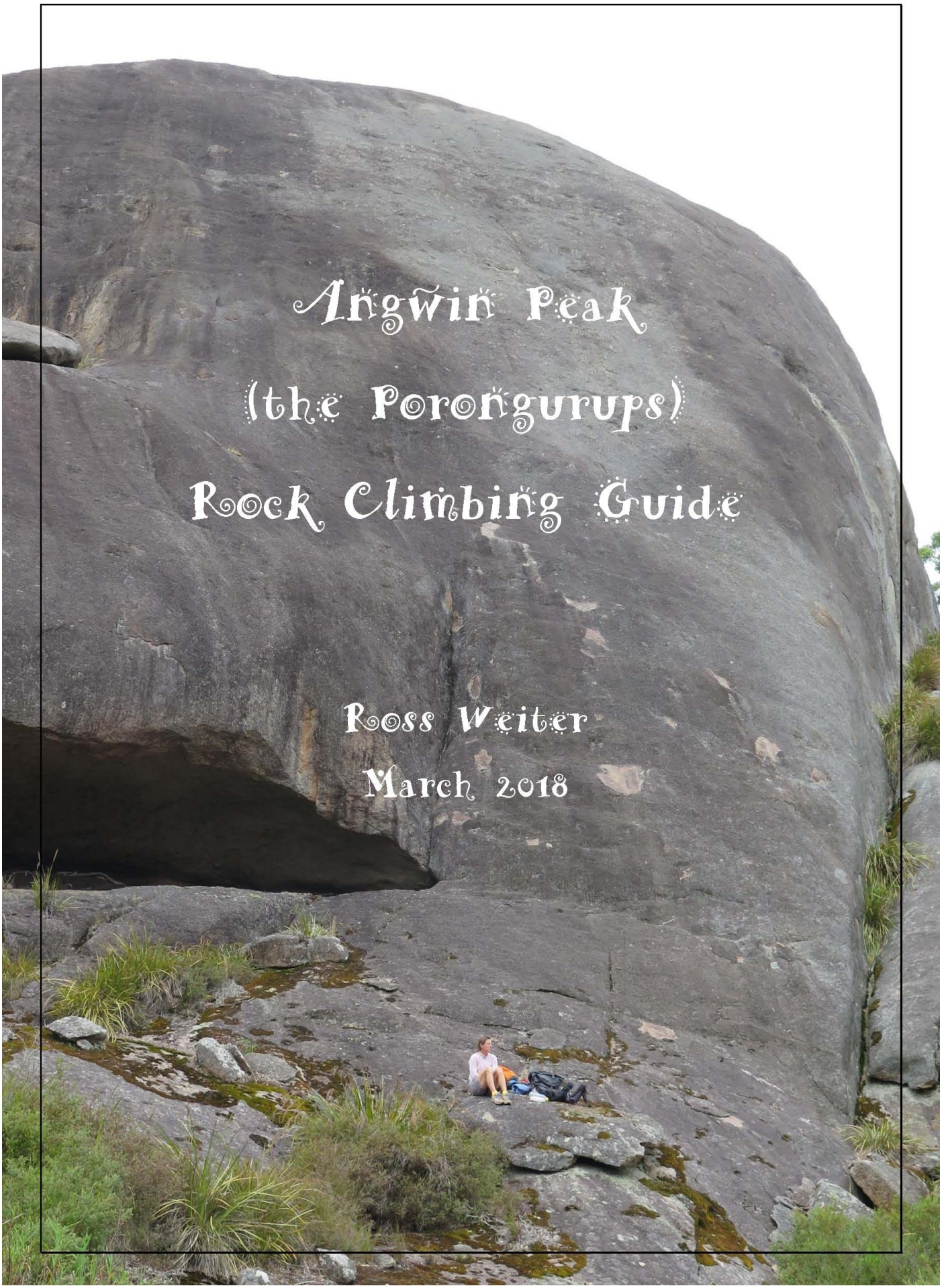
- MoonBoard website
- Ben Moon YouTube
- EpicTV re MoonBoard
- The story of the MoonBoard
- Chris Sharma MoonBoard Test





© Climbers Associate of Western Australia

New Angwin Peak Mini-Guide *by Ross Weiter*



© Climbers Associate of Western Australia

Trip Reports & Photos

CAWA Film Night 4.0 *by Dirk Klicker*

The CAWA Film Night 4.0 and PumpFest Comp took place on 16 February 2018 at Portside with a solid turn out.







© Climbers Associate of Western Australia





© Climbers Associate of Western Australia



© Climbers Associate of Western Australia

Willyabrup Trip *photographs courtesy of Martin Kleinman*





© Climbers Associate of Western Australia

Willyabrup Trip *photographs courtesy of Martin Kleinman*



© Climbers Associate of Western Australia

Willyabrup Trip *photographs courtesy of Martin Kleinman*



© Climbers Associate of Western Australia

Kalbarri Trip *by Kate Bailue*

The Kalbarri Trip was held from 1st to 4th June 2018.

With our own crusher president leading the pack and fine weather conditions predicted the annual June long weekend Kalbarri trip was set to be another awesome one.

After a long drive Friday night, we all excited to wake up to perfect conditions for climbing.

Saturday most of us headed to the Pit where most of us got up some classics such as Rattler 22**, Ecalade 20* and Brother Hood 15*.

The climbing was stepped up a notch with most of us giving the mega classic Crankshaft 23*** a shot.

While I was shut down on the crux moves, others did an awesome job sending the route.

By the end of the day most of us were pretty exhausted and it was nice to come back to a campfire to tell our tales of the day.

Sunday also continued to provide perfect conditions for climbing. I chose to do some easy trad on Adventure Wall, while others went straight to the Prom.

While most of us weren't so successful at the Prom on the classics such as She Magic 25*** and Super Funky 25**, we were more so on the Bison Wall. I

attempted Thrutchin' The Bison**, only to be spat off one move from the anchors (ouch!), but many of the other unnamed CAWA crew did make the send.

With the forecast looking grim for Monday, we decided to celebrate our victories (or lack of for me) at Kalbarri Pub that night.

My lack of sends was soothed by beer and a seafood dinner and along drive home on the Monday. All in all, a great weekend.

Thanks goes to Woody al President for organising.



© Climbers Associate of Western Australia



The Prom, Kalbarri.

© Climbers Associate of Western Australia



Woody starting crux on Jizz Lobster 28/29, Kalbarri.

© Climbers Associate of Western Australia



Matais lowering off after sending Love Muscle 25, Kalbarri.

© Climbers Associate of Western Australia

Blackwall Reach Clean Up Day, 17 March 2018





© Climbers Associate of Western Australia

Blackwall Reach Clean Up Day cont'd







© Climbers Associate of Western Australia

What's up?

Since the last Western Climber a lot has happened in climbing. Here are some brief highlights. You can get more information by clicking on the links.

REMEMBER TO SEND US YOUR NEWS

cawa@climberswa.asn.au

Fyi team: pro direct seem to have fixed the glitch. The £25 is now removed. Happy free tshirt ordering.

6 3 comments

Like Comment Share

Olly Morell commented on this.

Martin Danger ▸ **Perth Rock Climbing**
4 June at 11:26 ·

Has anyone come across a good database of climbing incidents? After having an issue this weekend, I wanted to look up incidents involving the harness. The incident was the left side waist belt coming undone, the belt came completely out of the buckle. Can't be sure whether the belt was threaded through the buckle properly or whether it was tight... More

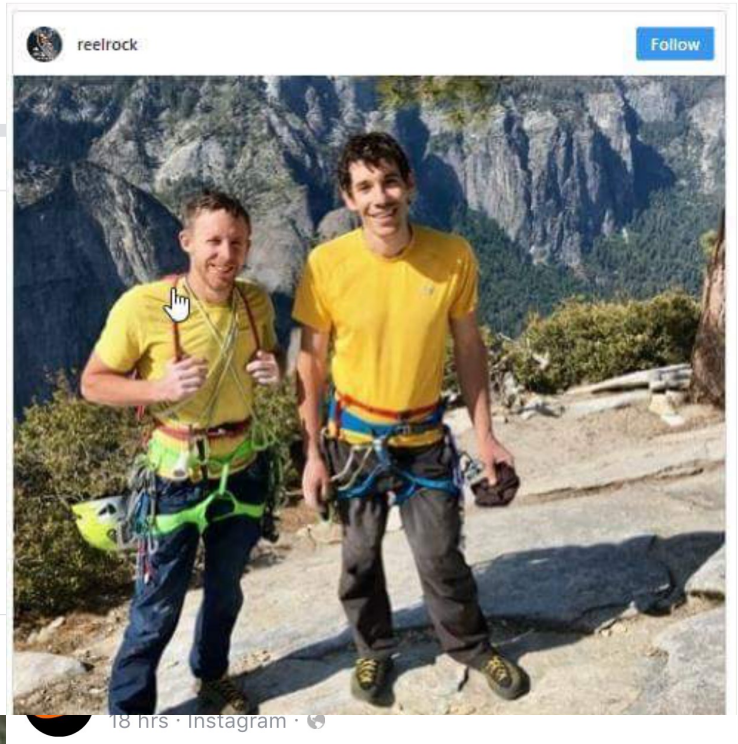
1 11 comments

Like Comment Share

Olly Morell
How much tail did you have on your waist loop strap as... More

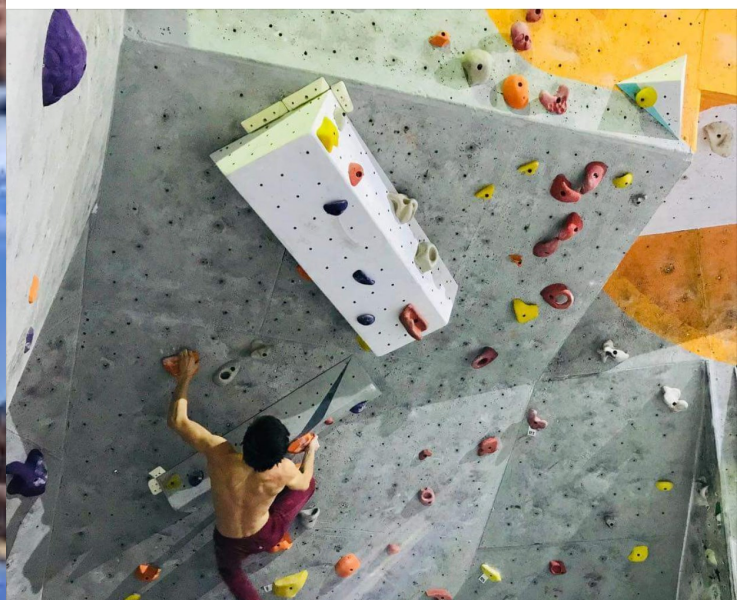


Caldwell climbed The Nose on El Cap in a new record time of two hours, 10 minutes and 15 seconds – nearly ten... More



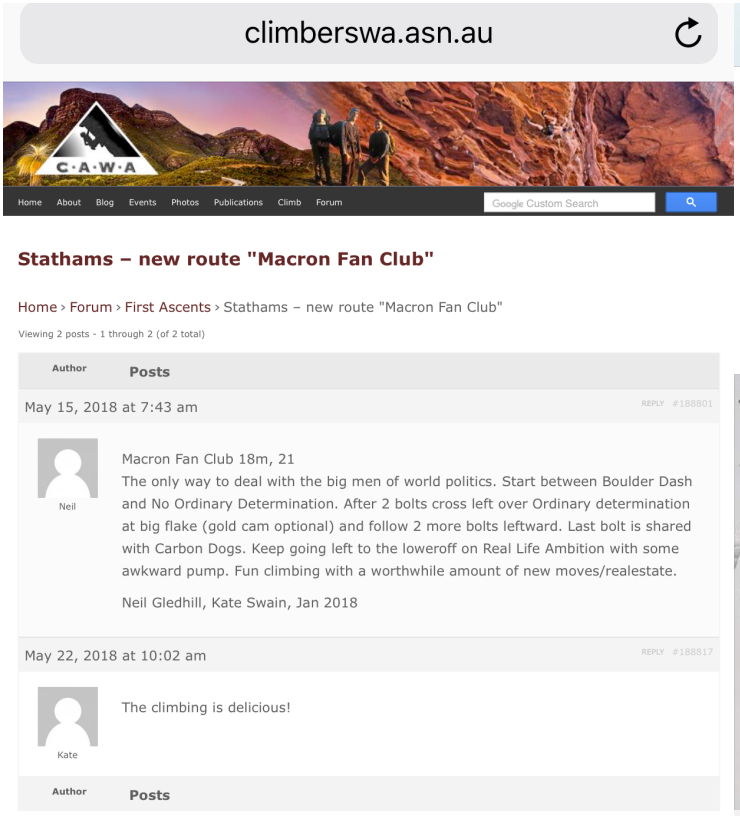
18 hrs · Instagram ·

Today, we set some serious boulder problems with new French route setter Tristan. He's an accredited national route setter in France and is bringing some novelty to our wall. Come check it out tonight 🙂 As usual, we'll be setting more problems tomorrow and will re-open sector #1 at 5pm.



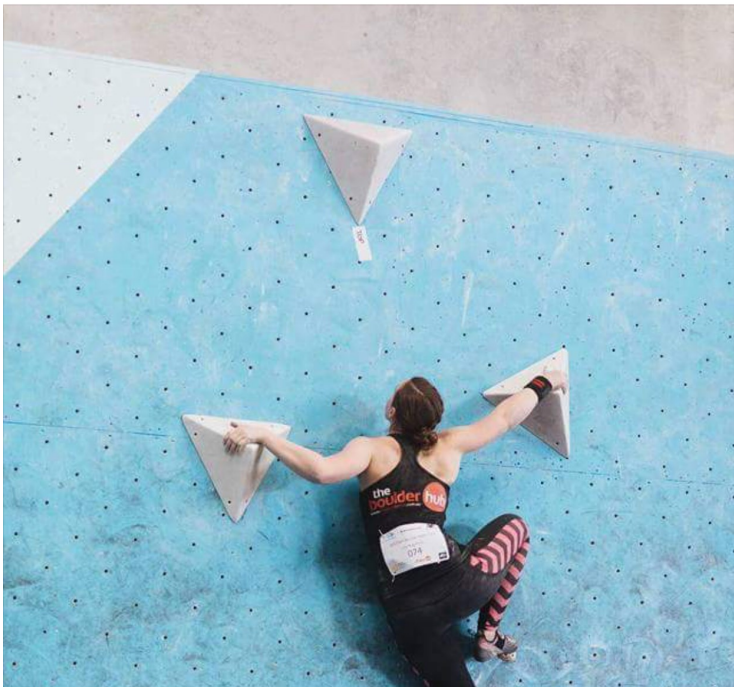
© Climbers Associate of Western Australia

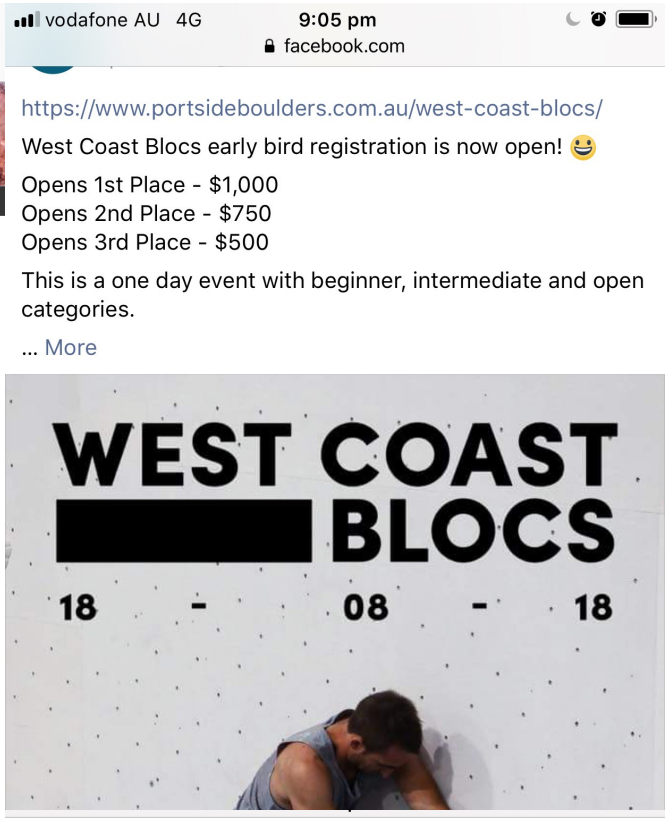
What's up? cont'd



Sport Climbing WA
14 hrs ·

Registration for WA Boulder State Titles 2018 is open; https://www.sportclimbingaustralia.org.au/event-2907225/Registration

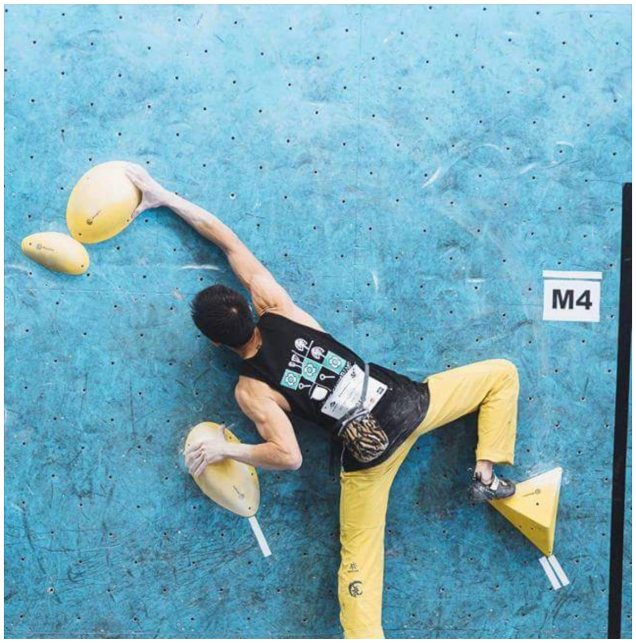




Sport Climbing WA
9 hrs ·

WA Boulder State titles 2018 is the qualifier for National Boulder 2018, Who will represent WA at Nationals? Have you registered yet?

https://sportclimbingaustralia.org.au/event-2907225/Registration



REMEMBER TO SEND US YOUR NEWS

cawa@climberswa.asn.au

© Climbers Associate of Western Australia

What's up? cont'd

Sport Climbing WA
Yesterday at 08:01 ·

WA Boulder State Titles 2018 Have you registered!
https://www.sportclimbingaustralia.org.au/event-2907225



Squeak Pearson and 4 others
2 comments 2 shares

Like Comment Share

Suggested app

Rock and Ice magazine
Yesterday at 02:33 ·

10 hours 52 minutes 50 seconds, bottom to top. David Allfrey did the route clean, without a hammer.

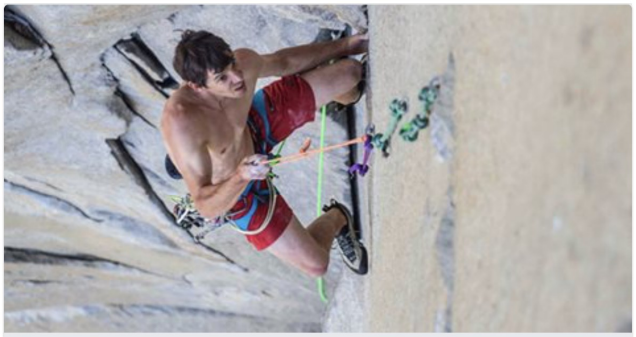
He told Rock and Ice, "Soloing is just a lot more work, and for me it is not my favorite to go out alone. It took a lot of mental energy just to force myself into the idea. It was something I wanted to have done but was powerfully nervous to try and do. I'm really glad it went so well and was such a good time."



rockandice.com

Olly Morell shared a **post** to the group: **Perth Rock Climbing**.
12 hrs ·

They pulled it off! So Awesome!!!!



rockandice.com
The Nose Goes Sub 2: Honnold and Caldwell Set New Record of 1:58:07

Rock and Ice magazine
13 hrs ·

1:58:07

Kate Bailue and 18 others 1 comment 1 share

Accidents in North American Climbing
2 mins ·

[Weekend Reminder] Be SURE your rope is long enough for the climb you're doing. And, furthermore, close the system at the ground to prevent lowering your climber off the end of the rope.

After 29 episodes of the Sharp End podcast, Episode 2, featuring a lowering accident with Blake Bowling in the Red River Gorge, is still our No. 1 for all-time listens. Blake accidentally chose a rope that was much too short to lower off his project, and the belayer had not tied in or tied a stopper knot in the end of the rope. We continue to see far too many accidents of this type....easily preventable with a few simple steps.



soundcloud.com

REMEMBER TO SEND US YOUR NEWS

cawa@climberswa.asn.au

© Climbers Associate of Western Australia

What's up? cont'd

Marmabup Rock, West face.

Home › Forum › First Ascents › Marmabup Rock, West face.

Viewing 3 posts - 1 through 3 (of 3 total)

Author	Posts

May 15, 2018 at 4:01 pm

Neil

Marmabup Rock, West face.

Access: From the summit head west toward Manvat Peak for 10-15m. Abseil 40m from good cracks to a very wide sloping ledge midway down the west face. You can also easily scramble down to the start of the routes from the summit along the northern end of the west face. These routes take the steepest, cleanest part of the upper west face and finish at the start of the abseil. Routes bolted with expansion bolts and hangers so you should be able to spot them easily.

Custardly 40m, 18

Left hand line of weakness through the slab. 10 bolts. Pleasant climbing up grooves and scoops to a delicate, slabby crux up high. Well protected. Really worthwhile.

Conrad Slee, Neil Gledhill, Kate Swain, April 2018

Excess Grip 40m, 19**

Right hand line of weakness through the slab and then up the arete. Easy climbing on grooves takes you to a delightful, delicate and sustained rising traverse to a sloping arete. Up this and then easily to the top. Great climbing and a memorable position. Very grippy smearing !

Kate Swain, Neil Gledhill, Conrad Slee, April 2018

Climbers' Association of Western Australia
Published by Dirk Klicker [?] · 7 June at 12:56 ·

We have updated our page about discounts for CAWA



CLIMBERSWA.ASN.AU
Gyms I CAWA
CAWA member – $14, $10 for "CAWA gym crash nigh

Jesse-jane Vanzyl shared a **post**.
25 May at 21:51 ·

https://www.facebook.com/BibbulmunTrackFoundation/posts/1870354526319317

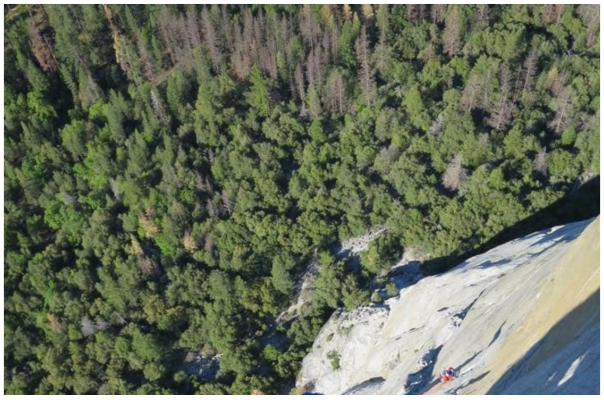






Two Expert Climbers Killed in Fall From El Cap's Freeblast

CHRIS VAN LEUVEN · 2 HOURS AGO

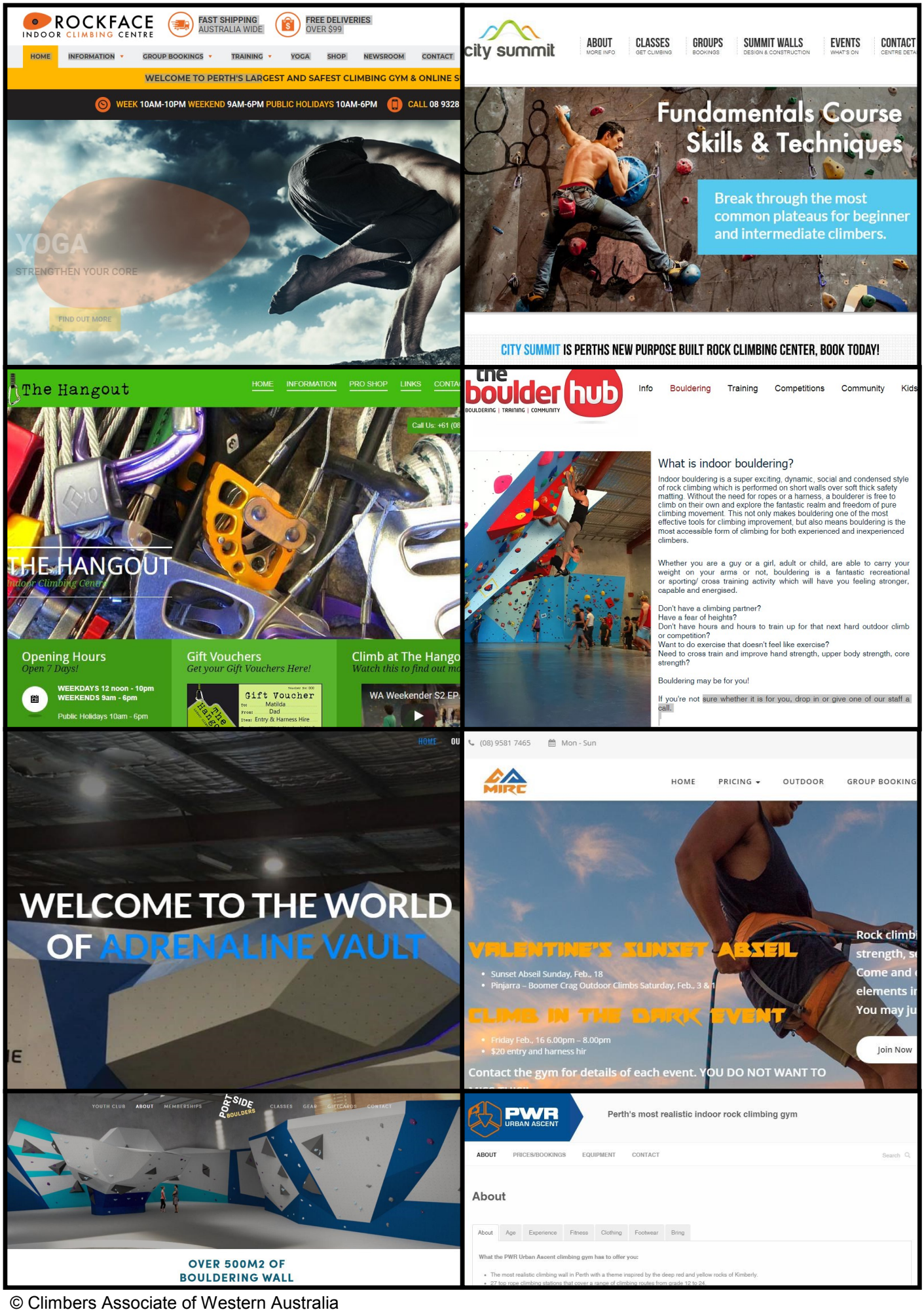


REMEMBER TO SEND US YOUR NEWS

cawa@climberswa.asn.au

© Climbers Associate of Western Australia

Climbing gyms Perth



© Climbers Associate of Western Australia

CAWA Bolting Fund

The CAWA Bolting Fund was established in 2016, with CAWA making an initial contribution to the Bolting Fund of $2,000.00.

Members have embraced the Bolting Fund, with members joining for the 2017/2018 making significant further donations to the Bolting Fund.

For more details regarding the Bolting Fund visit the website @ http://www.climberswa.asn.au/cawa/bolting-fund/

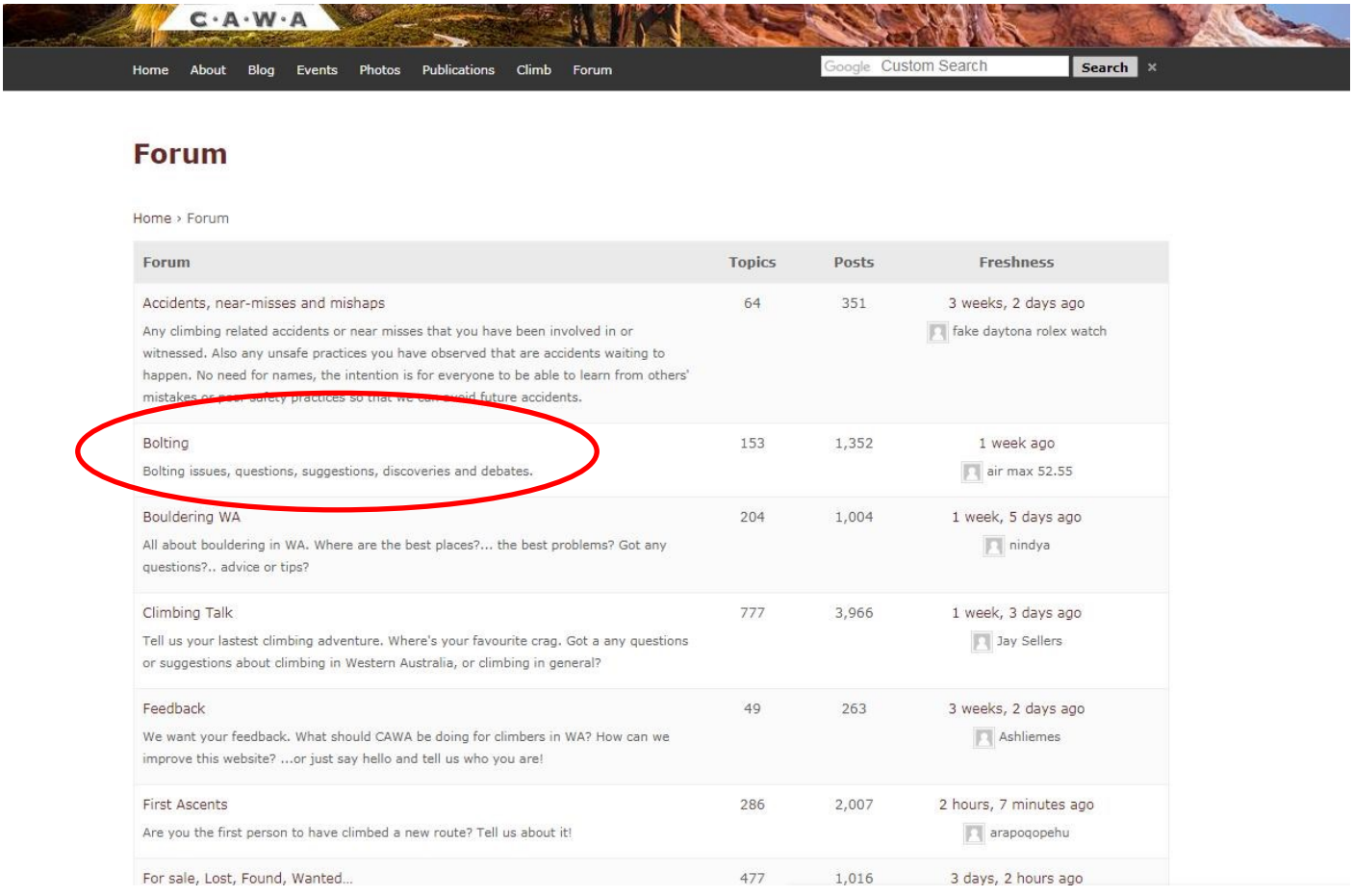
If you know a route that needs re-bolting can leave a comment on the CAWA website in the forum called “Bolting” or e-mail bolting@climberswa.asn.au.

The climbing community can make contributions to the CAWA Bolting Fund as follows:

Bolting Fund
Bankwest
BSB: 306 188
Account No: 0203707

Re-bolters seeking to claim a contribution from the Bolting Fund should complete the application form **Attachment A** and bolting@climberswa.asn.au.

Disclaimers: Climbing is a dangerous activity. Re-bolting does not make climbing a safe activity. CAWA does not engage in re-bolting. CAWA does not vouch the safety of any re-bolted routes. All climbers should know how to assess the safety of bolts. All climbers climb re-bolted routes at their own risk. CAWA does not vouch the safety of any re-bolted routes.



© Climbers Associate of Western Australia

Attachment A

C · A · W · A

CAWA Bolting Fund Application Form

CONTACT NAME	
TELEPHONE	
EMAIL	

Thank you for offering to re-bolt an area. Your effort and assistance is invaluable to the safe continuation of the sport.

We do not accept applications for the development of new areas, bolting of new routes, or retro-bolting of existing traditionally protected lines. This fund is solely for the purpose of improving the condition of existing fixed gear (bolts and lower-offs) which have suffered from years of neglect and weather.

We cannot guarantee the release of funds to all suitable applicants, but we will try our hardest to spread what resources we have fairly to all areas.

Please fill in the details below:

Please describe the area, crag and lines you intent to re-bolt:
Please describe the current quality of fixed gear at the location:
Please describe the team involved in the work, and their experience in re-bolting sport routes safely:
Please describe how you will ensure minimal environmental impact from your work:

© Climbers Associate of Western Australia