



Love At First Sight

Song of Solomon 1:1-2:3 • August 30th, 2026

BIG IDEA

Love isn't an accident — God designed a right order to attraction, and that order protects a marriage for a lifetime.

OUTLINE

Song of Solomon shows real love moving through three concentric circles...

1. Spiritual attraction — reputation and character come first (1:1–7)
2. Emotional attraction — tenderness, delight, and knowing each other (1:9–14)
3. Physical attraction — safety, protection, and identity (1:15–2:3)

CALL TO RESPOND

1. Take a hard look at your own order — did you build on spiritual and emotional before physical?
2. Rehearse tenderness — go back to the instinctual things you did when you were dating.
3. Pursue your spouse's identity — be the one who makes them feel secure, not the kids, not Instagram, not someone else.
4. Engage your spouse this week — phones down, eyes up, tell them what they mean to you.

GROUP DISCUSSION

1. Solomon's reputation "went before him" — his name mattered before he ever spoke to her. What role should someone's character and reputation play before a relationship even starts?
2. The woman in the song leans on her friends to help her see clearly, since infatuation can make us "love blind." Who plays that role for you — someone who will tell you the truth when your emotions are running the show?
3. The woman in the song leans on her friends to help her see clearly, since infatuation can make us "love blind." Who plays that role for you — someone who will tell you the truth when your emotions are running the show?
4. The woman in the song leans on her friends to help her see clearly, since infatuation can make us "love blind." Who plays that role for you — someone who will tell you the truth when your emotions are running the show?

DIRECT APPLICATION

1. Think back to when you first started dating your spouse (or a past relationship). What tender, thoughtful things came naturally back then? Which of those have faded, and what would it take to bring one back this week?
 - a. Share one specific way you can be intentional with your spouse (or a future spouse) this week.
2. Where does your spouse — or you — tend to look for identity and security outside of the relationship (kids, work, friends, social media)? What would it look like for you to be that safe place instead?



- a. If you're married, share one way you can be the "shade" for your spouse this week — a place of safety rather than something else filling that role.
3. If you're single, share one way you can guard against building your identity in the wrong things while you wait.