

WHAT SHOULD I EXPECT AFTER TREATMENT?:

- Immediately post-treatment, the localized pin-point bleeding should subside within 5-10 minutes of treatment.
- Pain or discomfort may occur with gradual cessation following the treatment.
- Transient mild to moderate redness and swelling can last for 1-3 days.
- Other inflammatory responses such as itching, increased warmth of the skin, flaking, or peeling can occur and will typically resolve within 7 days of treatment.

WHAT SHOULD I DO FOR HOMECARE AFTER MY TREATMENT?:

- For the first week and until completely healed, cleanse the treatment area with a gentle cleanser and pat dry, do not rub.
- Avoid using retinols, vitamin C, AHA/BHA, or exfoliating products for the first 3-5 days.
- The treated area should be kept as hydrated as possible for one-week post-treatment.
- Once skin irritation resolves, you may resume your routine skin care regimen (for most patients this is about 3-5 days).
- **Apply a mineral-based sunscreen daily post-treatment.**

***If you purchased the exosomes tier 1 add-on, please apply the Plated Intense Serum first thing after washing your face morning and night starting post-microneedling day 1.**