

Benefits Of Outdoor Time with Your Cat

There are many benefits to taking your cat outdoors. Time spent outside with your cat allows them to get more exercise and relieves boredom. Their safety and health is always a top priority and must be weighed against whatever may be encountered in the great outdoors. Walking your cat on a leash can be a wonderful way to spend time together. Walking on a leash not only boosts their physical health, but provides mental stimulation as well.

Can all Maine Coons walk on a leash? With training to the harness and leash, any Maine Coon cat can be trained to walk on a leash. Making sure the harness and leash fit properly is very important before going out. Be sure they are acclimated to the harness and leash by practicing walking inside your home. The chart below can help with finding the proper size of harness for your cat.

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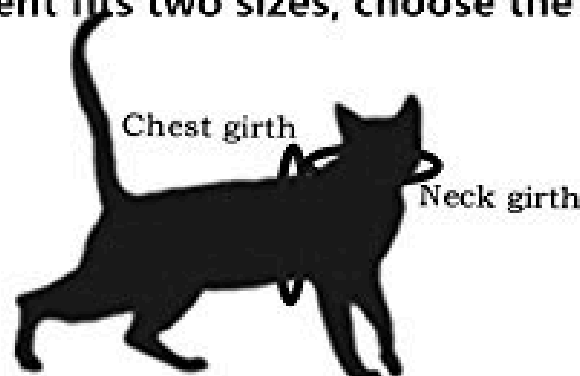
	Neck girth	Chest girth	Leash length
XS	6-7inch	7-9inch	47inch
S	6.5-9inch	9-11inch	47inch
M	7-9.5inch	11-12inch	47inch
L	8-11inch	12-14inch	47inch

Choose according to neck & chest in priority

(Should not exceed the max size of the harness)

e.g. if the chest fits size L, and the neck fits size M, choose size L.

If a measurement fits two sizes, choose the bigger one.



Cat Strollers or Cat Backpacks are a great way to transport your feline companion when going on longer walks or hiking. If you are taking the bus to the park or biking, a backpack designed for cats may be a good option. Cat strollers are a nice option if taking a more leisurely route to your destination. Being able to have them in a restricted area for parts of your walk may be advantageous depending on where you are going and what you have planned. Your Maine Coon should get acclimated to the backpack or stroller at home before venturing outside. This will also allow you to test out any areas of the stroller or backpack that may be unsafe and allow for an escape.

best-cat-stroller
[Click here](#) to visit the page.

These guides may be helpful when choosing a stroller or backpack.



The more time you spend outdoors with your cat, the more acclimated they will become to accompanying you. It can be fun to take them to their favorite pet store to pick out treats or to lunch with friends.

