



YALLAMBEE BUZZ

A MONTHLY NEWSLETTER BY YALLAMBEE TRARALGON VILLAGE FOR THE AGED INC.



OH, YOU CAN'T HELP THAT, WE'RE ALL MAD HERE. I'M MAD. YOU'RE MAD.

THE CHESHIRE CAT - ALICE IN WONDERLAND



INSIDE THE HIVE: LAST MONTH'S RECAP

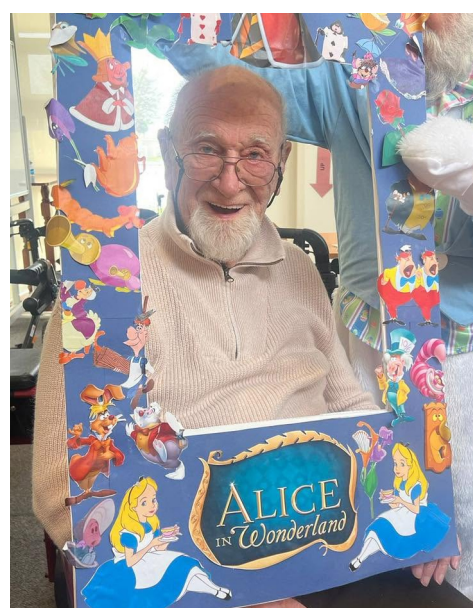
ALICE IN WONDERLAND DAY

On 3 July 2026, Yallambee Aged Care stepped into a world of wonder to celebrate Alice in Wonderland Day. Residents enjoyed a delightful afternoon filled with laughter, nostalgia, and plenty of whimsical fun. The Grevillia Lounge was transformed into a magical wonderland, setting the scene for a Mad Hatter's Tea Party and a screening of the classic Alice in Wonderland film. Residents tested their knowledge of Alice and her curious companions with a fun trivia quiz and took part in themed games, including croquet and "throwing the rabbit down the hole."

The celebration provided a wonderful opportunity for everyone to embrace their imagination, enjoy shared experiences, and revisit a story loved by generations.

A special thank you to our kitchen team for preparing an incredible selection of high tea treats, including pulled pork sliders, finger sandwiches, scones with jam and cream, party pies, sausage rolls, and fresh fruit.

We would also like to thank all Yallambee staff for their enthusiasm and creativity in supporting the themed day and joining in the fun. Whether residents knew the story from Lewis Carroll's classic 1865 novel or the beloved animated film, there was something for everyone to enjoy.



THE JOY OF BAKING

The scent of freshly baked dough filled the Atrium this Tuesday as residents gathered for our monthly Cooking Club. This week’s star recipe was classic lemonade scones, served with butter, cream and jam.

For many of our residents, baking has long been both a hobby and a passion. The simple act of mixing the flour brought back decades of family traditions and happy memories. Several residents shared stories of their mothers making scones for them when they were young.

Resident Dawn P shared a particularly special connection to Yallambee. Her mother used to visit Yallambee to teach cooking classes during the 1990s, and Dawn would often come along with her. Returning to a cooking session at Yallambee brought back many fond memories for her.

While the scones were baking, residents watched the Commonwealth Games together. Before long, the freshly baked scones were ready to be enjoyed, filling the Atrium with their wonderful aroma.

The session was about much more than a delicious afternoon tea. Baking provides a wonderful opportunity to reminisce, connect with others and share treasured stories.

Thank you to all our wonderful resident bakers who made the afternoon so special. We look forward to next month’s cooking session.

ARMCHAIR TRAVEL – CANADA

On the 30th of June, residents at Margery Cole enjoyed another wonderful Armchair Travel experience, this time taking a virtual journey to the beautiful country of Canada.

Residents explored Canada’s stunning landscapes, famous landmarks, diverse provinces, popular sports, and unique traditions. They also learnt about Canadian wildlife, outdoor activities, and some of the country’s delicious foods.

To make the afternoon even more enjoyable, everyone had the opportunity to sample a selection of Canadian inspired foods. The tasting was a highlight of the session and gave residents a chance to experience a little of Canada’s culture through its cuisine.

Several residents who had previously visited Canada shared their own travel stories and memories, sparking interesting conversations and allowing others to learn first-hand about the places they had explored. Their experiences added a personal touch to the afternoon and encouraged plenty of discussion and reminiscing.

The Armchair Travel session was a fun, informative, and engaging experience, with residents enjoying the opportunity to discover more about Canada while sharing stories, laughter, and good company. It was an afternoon enjoyed by all who attended.



NAIDOC WEEK

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COWBOY DAY

Residents and staff stepped into the Wild West as Yallambee came alive with a fun-filled Cowboy Day, transforming the home into a lively frontier of music, movement and laughter.

The celebration saw residents and staff embracing the theme in true western style, dressing in cowboy hats, boots and vests. A few staff members took things one step further by arriving in inflatable horse costumes, drawing plenty of laughs and creating smiles throughout the day.

The afternoon featured a range of activities designed to encourage movement, coordination and social connection. A visiting line dancing instructor led everyone through a series of easy-to-follow routines, adapting the steps so residents of all mobility levels could join in and enjoy the experience.

As the dancing wrapped up, the celebrations continued with classic country favourites filling the room. Residents and staff sang along to familiar tunes, creating a wonderful atmosphere of joy, nostalgia and togetherness.

The day concluded with a relaxed social hour where residents enjoyed fresh fruit and cold refreshments while sharing stories and reflecting on the afternoon's highlights.

Cowboy Day was a wonderful reminder of the positive impact that themed activities can have, bringing people together, encouraging physical activity and creating meaningful moments of fun and connection





YALLAMBEE TRARALGON VILLAGE FOR THE AGED INC.

A NEW CHAPTER FOR SYDNEY AND LEXI – NURSE GRADUATE PROGRAM

As part of our ongoing partnership with Latrobe Regional Health's Graduate Nurse Program, we are excited to share some staff movements between Yallambee and LRH.

After spending the past six months at Yallambee, Graduate Nurse Sydney will commence a placement in the Orthopaedics Department at Latrobe Regional Health. Sydney successfully applied for the collaborative graduate program and will begin her next rotation this week.

Reflecting on her time at Yallambee, Sydney shared some advice for future graduate nurses: "No question is too silly, and don't be afraid to ask for help. Most importantly, enjoy the time you have with the residents."

Sydney hopes to pursue a career in Paediatric Oncology in the future. While she will be leaving her graduate placement with us, we're pleased to share that she will remain part of the Yallambee team as a casual employee and plans to return in a part-time capacity once her graduate year is

complete.

Taking over at Grevillea is fellow Graduate Nurse Lexi, who has most recently been working in the General Medicine Department at LRH. In a sense, Sydney and Lexi are swapping places as part of the collaborative program.

Lexi admits she has "big boots to fill" but is looking forward to getting to know residents and becoming part of the Yallambee community. Her long-term career goals include working in Theatre or Intensive Care.

Outside of work, Lexi enjoys spending time with friends and studying to further her future career prospects. She describes herself as always being up for a chat and is excited to learn more about the residents she will be caring for.

We thank Sydney for her contribution over the past six months and wish her all the best in Orthopaedics, while also extending a warm Yallambee welcome to Lexi as she begins her journey with us.



YALLAMBEE GOES ELECTRIC

Yallambee has officially become one of Gippsland's growing network of electric vehicle charging locations, with the installation of a new 30kW EV destination charger at our Traralgon site.

The charger, installed by RACV, is powered by the solar panels on the roof of the Margery Cole building and forms part of the Gippsland Climate Change Network's (GCCN) regional charging network, funded by AGL.

Although only recently launched, the charger has already attracted visitors from across Victoria, including Melbourne, Bendigo, Canberra, Wollongong and Lakes Entrance—highlighting Traralgon's growing role as a convenient stop for EV drivers travelling through Gippsland.

During its trial period alone, the charger:

- Powered 33 charging sessions
- Delivered 21 hours of charging
- Helped prevent 286kg of CO₂ emissions

Yallambee is currently the only aged care provider in Gippsland to host a public EV charger of this kind, making our site a unique part of the region's sustainable transport network. The project is another example of our ongoing commitment to sustainability. By combining solar energy with EV charging infrastructure, we're helping support cleaner transport while making better use of renewable energy generated on site.



YALLAMBEE VILLAGE NEWS

A TOUCH OF GLAMOUR AWAITS!

The countdown is on for the Village Red Carpet Awards, with this much-anticipated event taking place on Thursday, 6 August at 1:30pm in the Atrium.

All Village residents are invited to attend and enjoy an afternoon of celebration as we recognise the contributions and achievements of our nominees. Special invitations have been mailed to all nominees.

Inspired by the elegance and sophistication of the Art Deco era of the 1920s and 1930s, this year's awards promise an occasion filled with style and recognition.

We look forward to welcoming you to this special event.

While costumes are not required, residents are encouraged to dress up for the occasion. If you have Art Deco-inspired attire or accessories, we would love to see them, but most importantly, come along feeling your best and ready to celebrate.



**VILLAGE OFFICE
OPEN MONDAY – WEDNESDAY 8:30 AM – 4:30 PM**

YALLAMBEE STAFF NEWS

AUGUST STAR OF THE MONTH

Star of The Month!

ERICA OTENG
REGISTERED NURSE

Erica was nominated for her proactive, thorough approach to care and her commitment to getting things done. A family member praised her competence, attention to detail, and the consistent support she provides, recognising the positive difference she makes to residents and their families.



STAR OF THE MONTH SPECIAL MENTIONS

Special mentions also go out to the following staff who were nominated this month.

- Kaci Pickering
- Dennis Hicks
- Jenine Love
- Erica Oteng
- Tanya Briggs
- Briana Munson
- Teresia Oduke
- Mel Osmand

All nominations received for each month are displayed on the digital frames in the staff rooms.

NEW YALLAMBEE STAFF

- Sanket Karki - Personal Care Worker
Lexi Redpath - RN Graduate Nurse
Kirandeep Kaur - Enrolled Nurse
Stenu Mukkada - Registered Nurse
Fiona Matekenya - Catering/Enviro
Kate Charalambous - Registered Nurse
Claire Fox - Registered Nurse

A very big welcome to all our new staff!

THE BUZZLINE: UPCOMING EVENTS & NOTICES

OUTINGS

COLES

Monday, 17 August at 1:15 pm in the Foyer

MIDVALLEY SHOPPING TRIP

Monoday, 31 August at 1:15 pm in the Foyer

BOWLS CLUB LUNCHEON

Monday, 3 August at 11:30 am in the Laurel Lounge

GOODLANDS BREWERY

Friday, 7 August at 1:30 pm in the Foyer

ENTERTAINMENT – ALL AT 1:30OM

MEMORY LANE

Thursday, 6 August 1:30 pm Grevillia Lounge

I SING ENTERTAINMENT

Thursday, 12 August 1:30 pm Grevillia Lounge

FRIENDS IN SONG

Friday, 14 August 1:30 pm Atrium Lounge

SONGS OF PRAISE

Saturday, 15 August 1:30 pm Grevillia Lounge

UKULELE BAND

Thursday, 20 August 1:30 pm Grevillia Lounge

BILL, DAVE & FRIENDS

Friday, 21 August 1:30 pm Atrium Lounge

SINGING WITH TESS

Friday, 27 August 1:30 pm Atrium Lounge

ANNA & PHIL

Friday, 28 August 1:30 pm Atrium Lounge

MORNING MELODIES

Thursday, 27 August at 9:45 in the Foyer
(\$10.00 fee, booking required)

MYSTERY BUS DRIVES

Thursday, 11 & 20 August at 1:30 in the Foyer
(Please see lifestyle staff to book (limited spots, subject to availability and weather dependent)

HOUSE MEETINGS HAVE
MOVED TO MONDAYS!

EVERY MONDAY IN EACH
HOUSE AT 10:15AM

MEETING CALENDAR

RESIDENT & RELATIVE

Wednesday, 26 August 3 pm-4 pm
Training Room

FOOD APPRECIATION

Thursday, 13 August
3 pm-4 pm
Training Room

HOUSE MEETINGS

Every Monday in each house at
10:15 AM

VILLAGE ADVISORY

Tuesday, 11 August
3 pm-4 pm
Training Room

MONTHLY CHURCH SERVICES

AUGUST CHURCHES

Anglican:

Friday, 7 August 10:45 am Grevillia Lounge

Community Church

Wednesday, 12 August 10:45 am
Grevillia Lounge

Communion

Friday, 14 August 10:30 am Atrium Lounge

Catholic

Tuesday, 18 August 10:45 am
Grevillia Lounge

Bible Study

Every Thursday, 4:00 pm in the Grevillia Lounge

Songs of Praise

Thursday, 30 July 1:30 pm Grevillia Lounge

CULTURAL/SPECIAL DAYS

CHAIRO SCHOOL VISITS

Wednesday, 12 & 26 August 9:15 in Grevillia lounge

WINTER CONCERT THROUGH THE DECADES

Monday, 24 Aug 1:30pm

OUTING TO GOOD LANDS BREWERY

Friday, 7 August for World Beer Day. Notify Lifestyle staff if you wish to attend. Limited spaces available

CENSUS NIGHT

Tuesday, 11 August

OUTING TO MORWELL CLUB

Morning melodies to see Col Perkins Thurs 27 Aug leaving at 9:45am, returning 12:30. Cost \$10 for show only. Limited spaces. Please notify Lifestyle staff if wish to attend. Bookings essential

DAFFODIL DAY

Friday, 28 at Happy hour with announcement of winners from resident daffodil growing competition. Prizes to be won for best daffodil

CULTURAL/SPECIAL DAYS

We've refreshed our Lifestyle Calendar to create more opportunities for connection, involvement, and fun!

House Meetings are now held on Mondays to keep residents informed about upcoming activities and gather feedback.

More Community Outings including Morning Melodies, local trips, and additional shopping days.

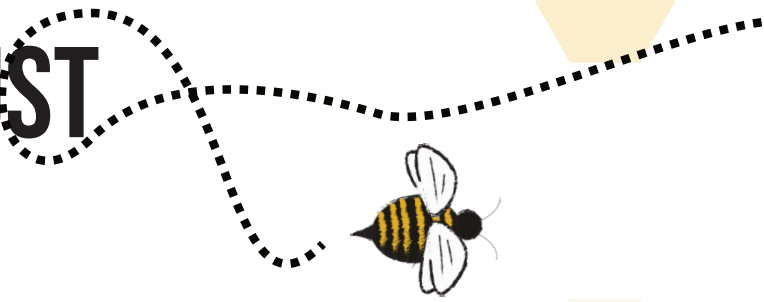
Movie Club is now on every Wednesday at 3.00pm in the Atrium.

Tuesday and Thursday morning activities have been combined to encourage greater social interaction and allow more time for outings and resident-led groups such as crafts, knitting, gardening, cooking, and puzzles.

Have an idea for an outing, community connection, or activity group? We'd love to hear it! Please speak with Kirsty, Lifestyle & Wellbeing Officer.

VILLAGE RESIDENTS WELCOME TO MARGERY COLE ACTIVITIES

BIRTHDAYS AROUND THE HIVE: AUGUST



MARGERY COLE BIRTHDAYS

Nola Huffer August 4	Max Sutton August 20	Colleen O'Sullivan August 29
Frank O'Neill August 5	Brenda Pollard August 2	Linda Darmody August 25
Brent Smith August 7	Patricia Turpin August 5	
Ruby Allan August 16	Lynette Canty August 10	

VILLAGE BIRTHDAYS

Sue Gloster August 2	Cynthia Smith August 22
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STAFF BIRTHDAYS

Navdeep Kaur August 11	Tessie Sykes August 7	Kelly Wilson August 31
Teresia Oduke August 4		

RESIDENT & STAFF SPOTLIGHT

BERTHA EASTER
MARGERY COLE RESIDENT



LENGTH OF TIME AT YALLAMBEE:

5 years

THE BEST THING ABOUT LIVING AT YALLAMBEE

Everything is done for you

THE WORST THING ABOUT LIVING AT YALLAMBEE:

I don't think there is anything

ONE THING YOU DON'T KNOW ABOUT ME:

I am the eldest of eight children

MY FAVOURITE FOOD:

Scrambled eggs

MY FAVOURITE LIFESTYLE & WELLBEING ACTIVITY:

Reading

MY FAVOURITE ANIMAL:

Dogs

WHAT JOB OR CAREER DID YOU HAVE BEFORE RETIREMENT?

Waitressing

MORNING PERSON OR NIGHT OWL?

Morning person

WHAT IS SOMETHING YOU LEARNED LATER IN LIFE?

Behave yourself

TONY WOOD
YALLAMBEE STAFF MEMBER



ROLE AT YALLAMBEE:

Lifestyle & Wellbeing Assistant

LENGTH OF TIME AT YALLAMBEE:

3 years

JOBS PREVIOUS TO YALLAMBEE:

Storeman at Hazelwood Power Station

ONE THING YOU DON'T KNOW ABOUT ME:

I was nearly a priest

FAVOURITE PASTIMES:

Playing Legendary

FAVOURITE FOOD:

Potato

ADVICE TO NEW STAFF:

Listen, watch and observe

FAVOURITE MOVIE OR TV SHOW:

The Day the Earth Stood Still

MORNING PERSON OR NIGHT OWL:

Morning person

WHAT'S SOMETHING THAT ALWAYS MAKES YOU SMILE:

Chocolate

NAOMI ROBIN
YALLAMBEE VILLAGE RESIDENT



LENGTH OF TIME AT YALLMABEE VIL-LAGE:

17 years

THE BEST THING ABOUT BEING AT YALLMABEE:

The friendships I have made and I always feel safe

THE WORST THING ABOUT BEING AT YALLAMBEE:

Never found anythign bad

ONE THING YOU DON'T KNOW ABOUT ME:

I lived in Melbourne till I was married then I moved to the bush for years as my husband worked in saw mills

FAVOURITE FOOD:

Roast lamb

ADVICE TO NEW RESIDENTS:

Mix, mix, mix and strike up a conversation

MORNING OR NIGHT OWL:

Morning

FAVOURITE MOVIE OR TV SHOW:

Shawshank Redemption and Love Actually

WHAT'S ONE THING THAT MAKES YOU SMILE:

My family and a good clean joke

MONTHLY PUZZLES

JULY SOLUTIONS

E	T	C	H		S	E	E	D	L	I	N	G
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Keyword: REVOLUTION

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P	O	I	G	I	R	S	M	J	E	N	O	T	O	W
P	R	S	T	R	E	C	N	O	C	B	S	R	F	O
R	I	U	S	E	D	G	I	E	B	S	S	A	K	R
E	A	M	L	W	D	H	X	I	W	A	G	D	E	C
C	L	S	E	O	E	O	R	D	L	L	R	I	L	J
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A	S	P	X	K	R	E	V	O	L	U	T	I	O	N
T	Y	W	A	S	F	I	E	S	O	M	R	O	L	R
I	Q	R	S	R	J	J	M	W	F	Y	O	N	I	H
O	P	W	L	U	A	U	S	E	J	Y	U	T	P	U
N	G	T	L	Q	T	D	Y	S	N	S	T	T	U	T
F	V	Y	A	S	T	Y	E	I	D	T	G	R	P	K

YALLAMBEE LIFESTYLE & WELLBEING ACTIVITY CALENDAR

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31 09:45 Morning Chats H 10:15 House Meeting H 10:30 Exercises H 11:00 Brain Teasers H 1:15 Midvalley F 1:30 Paint & Sip G 3:40 Individual Time H		AC - ACACIA AT - ATRIUM BS - BILLS SHED F - FOYER G - GREVILLIA LOUNGE H - HOUSES L - LAUREL LOUNGE			01 09:45 Morning Chats H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Hoy G 3:40 Individual Time H	02 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H
03 09:45 Morning Chats H 10:15 House Meeting H 10:30 Exercises H 11:00 Brain Teasers H 1:15 Coles F 1:30 Knitter Natter G	04 09:45 Morning Chats H 10:15 Resident led Activity H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Carpet Bowls G 2:30 Coffee Club Cafe 3:40 Individual Time H	05 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 1:30 Bingo G 3:00 Movie Club AT 3:40 Individual Time H	06 09:45 Morning Chats H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Men's Business BS 1:30 Memory Lane G 3:40 Individual Time H 4:00 Bible Study G	07 BEER DAY 10:15 Walking H 10:45 Anglican Church G 1:30 Goodlands Brewery F 1:30 Happy Hour A 	08 09:45 Morning Chats H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Active Games G 3:40 Individual Time H	09 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H
10 09:45 Morning Chats H 10:15 House Meeting H 10:30 Exercises H 11:00 Brain Teasers H 1:30 Wheel of Fortune G 3:40 Individual Time H	11 CENSUS NIGHT 09:45 Morning Chats H 10:15 Resident led Activity H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Golf G 2:30 Coffee Club Cafe 3:40 Individual Time H	12 09:15 Chairo School Visit G 10:45 Community Church AT 1:30 Bingo G 3:00 Movie Club AT 	13 10:15 Community Connections H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Mystery Drive F 1:30 I Sing Entertainment G 3:00 Food Appreciation T 4:00 Bible Study G	14 09:45 Morning Chats H 10:15 Walking H 10:30 Communion AT 1:30 Happy Hour with Friends in Song G 3:40 Individual Time H	15 09:15 Morning Chats H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Songs of Praise G 3:40 Individual Time H	16 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H
17 VANILLA SLICE DAY 10:15 House Meeting H 10:30 Exercises H 11:00 Brain Teasers H 11:30 Luncheon L 1:30 Cooking AT 	18 10:15 Resident led Activity H 10:15 Exercises G 10:45 Brain Teasers G 10:45 Catholic Mass AT 1:30 Carpet Bowls G 2:30 Coffee Club Cafe 3:40 Individual Time H	19 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 1:30 Bingo G 3:00 Movie Club AT 3:40 Individual Time H	20 10:15 Community Connections H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Mystery Drive F 1:30 Ukulele Band G 4:00 Bible Study G	21 09:45 Morning Chats H 10:15 Walking Group H 1:30 Happy Hour with Bill, Dave & Friends G 3:40 Individual Time H	22 09:45 Morning Chats H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Card Games G 3:40 Individual Time H	23 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H
24 WINTER CONCERT THROUGH THE DECADES 10:15 House meeting H 10:30 Exercises H 1:30 Through the Decades Winter Concert G 	25 09:45 Morning Chats H 10:15 Resident led Activity H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Active Games G 2:30 Coffee Club Cafe 3:40 Individual Time H	26 09:15 Chairo School Visit G 1:30 Bingo G 3:00 R & R Meeting T 3:00 Movie Club AT 	27 09:45 Morning Chats H 10:15 Community Connections H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Singing with Tess G 3:40 Individual Time H 4:00 Bible Study G	28 DAFFODIL DAY 09:45 Morning Chats H 10:15 Walking Group H 1:30 Daffodil Day & Happy Hour with Anna & Phil AT 	29 09:45 Morning Chats H 10:15 Exercises G 10:45 Brain Teasers G 1:30 Golf G 3:40 Individual Time H	30 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H

INFORMED *Consent*



Informed consent means an older person voluntarily agrees to care, treatment, a procedure or another intervention after receiving accurate and relevant information. They must understand the available options, expected benefits and material risks before deciding.

At Yallambee, information must be clear, accessible and provided in a way each older person understands. Consent must be documented where required, regularly reviewed and updated when the person's care, services or preferences change.

What Is Informed Consent?

Informed consent is an older person's voluntary decision to agree to care, treatment, a procedure or another intervention.

Before deciding, the person must receive accurate and relevant information about the proposed intervention, alternative options, expected benefits and material risks

Providing Clear Information

Older persons and their supporters must receive clear and concise information about:

proposed care and services

- costs
- risks and benefits
- available alternatives

Information should be provided in a format suited to the older person's communication preferences.

Checking Understanding

Staff must make sure the older person understands the information provided and the implications of their decision.

Where additional assistance is needed, support may include an interpreter, advocate, simplified explanation, translated information or another communication method.

How Consent Is Recorded

Consent may be documented through:

- a signed consent form
- recorded verbal consent
- electronic acknowledgement

Consent must always be voluntary and given without coercion.

Consent Can Change

Consent is not necessarily permanent.

Documentation should be reviewed when an older person's care needs, services or preferences change. An older person may withdraw or modify their consent at any time.

Supporters and Decision-Makers

A registered supporter can help an older person access information, communicate their wishes and make their own decisions.

Being a supporter does not automatically give someone authority to make decisions for the older person. A legally appointed substitute decision-maker may act only within the authority given to them under relevant law.

When Consent Cannot Be Obtained

Staff must first identify why consent has not been obtained and consider whether additional support is required.

The matter may need to be escalated to senior management, an advocate, interpreter, legal representative or the appropriate guardianship authority. All attempts and discussions must be carefully documented.

Why It Matters

Informed consent protects each older person's right to understand and control decisions about their care.

Clear information, accessible communication and properly documented consent help ensure care remains person-centred, respectful and consistent with the older person's rights and preferences.

EVERY ANSWER MATTERS

Your guide to the Census



Census

SAVE THE DATE | TUESDAY 11 AUGUST 2026

What is the Census?

Every five years, the Census counts every person and household in Australia.

It helps us understand how Australia is changing, and what we need now and in the future. It asks questions about your age, ancestry, what languages you speak and what you do for work.

If you know where you'll be on Census night, you can fill out the Census as soon as you get your instructions.

Your answers are private and protected by law.

We need to hear from everyone, because every answer matters.

You can complete the Census:



Online

Most households will get instructions when it's time to complete the Census.

1. Visit **census.abs.gov.au**
2. Enter your Census number and password
3. Complete the Census and submit

If you don't get instructions, you can request a Census number at **census.abs.gov.au**



Paper form

If you would prefer a paper form, you can request one from us.

1. Visit **census.abs.gov.au/help** or call our 24-hour automated paper form request service on 1800 130 250
2. Complete your paper form
3. Return to the ABS in the Reply Paid envelope provided



Visit from Census staff

Some people in remote areas, and people experiencing homelessness, will be visited by Census staff.

You need to complete the Census wherever you are staying on Census night.

Information and support will be available to help you complete the Census in your preferred way.



In-person help

We'll be offering Pop-up Hubs in public places, fill in the form sessions and information sessions. Find out more at **census.abs.gov.au/find-us**

**WE'RE HERE
TO HELP**



For more information

Visit **www.census.abs.gov.au/help**



For help in your language

Call the Translating and Interpreting Service (TIS National) on **131 450**

MARGERY COLE BIRTHDAYS

The Australian Census is an important national survey that helps build a picture of our communities and the services people may need in the future. Information collected through the census assists governments, organisations and service providers in planning for housing, healthcare, transport, community programs and other essential services.

Residents are encouraged to complete and return their census forms at their earliest convenience. Family members are welcome to assist residents with filling out their forms if required.

For those who would like additional support, Census Officer Kirsty Zwierlein is available to provide assistance and answer any questions throughout the process.

Completed forms can be returned to the Lifestyle Office or Reception.

If you need help completing your form, please don't hesitate to reach out. We are here to make the process as easy and stress-free as possible.

POLICY



WHISTLEBLOWER POLICY

A brief overview

01

WHAT IS IT?

A protected way to report actual or suspected wrongdoing in relation to Yallambee.

02

WHAT CAN BE REPORTED?

Misconduct, a reportable incident, or an improper state of affairs.

03

WHO CAN REPORT?

Staff, contractors, volunteers, consumers, and family members or carers may be eligible to make a disclosure.

04

CAN I REPORT ANONYMOUSLY?

Yes. Reports can be made anonymously.

05

PROTECTION

Yallambee is committed to protecting your identity and protecting whistleblowers from retaliation, harassment and victimisation.

REPORT A CONCERN

info@yallambee.com.au

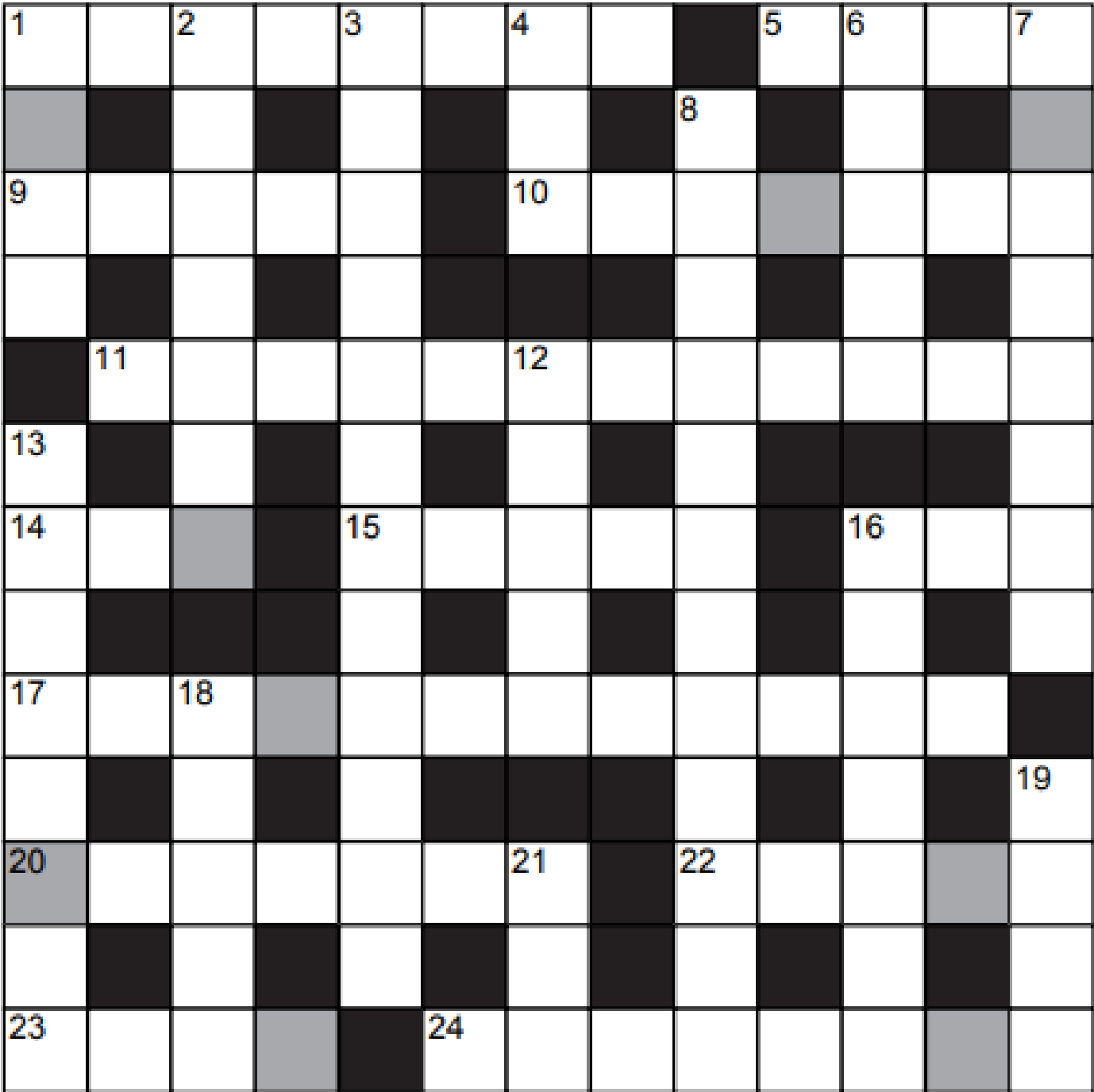


View the full policy:

<https://yallambee.complicare.com.au/module/253/page/a7afb65e-48ff-414a-921a-a16c31b265c7.md>

THE FUN SECTION - MONTHLY PUZZLES

CROSSWORD – WORLD FOOD DAY



- Across**
 - 1 Natural illumination (8)
 - 5 Ward (anag.) (4)
 - 9 Expressing emotions (of poetry) (5)
 - 10 Speak very quietly (7)
 - 11 Brusque and surly (12)
 - 14 Regret with sadness (3)
 - 15 Borders (5)
 - 16 Our star (3)
 - 17 In accordance with general custom (12)
 - 20 Vocabulary list (7)
 - 22 Severe (5)
 - 23 Elephant tooth (4)
 - 24 Reproduce recorded sound (4,4)
- Down**
 - 1 River sediment (4)
 - 2 Bring up; rear (7)
 - 3 Ineptness (12)
 - 4 In what way (3)
 - 6 Become ready to eat (of fruit) (5)
 - 7 Fretting (8)
 - 8 Designed to distract (12)
 - 12 A finger or toe (5)
 - 13 Wristband (8)
 - 16 Kitchen implement (7)
 - 18 Bond or connection (5)
 - 19 A hole that lets liquid escape (4)
 - 21 Zero (3)

Unscramble the letters in the shaded squares to reveal a themed word:

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WORDSEARCH – WORLD FOOD DAY

Y	T	I	S	R	E	V	I	D	O	I	B	I	J	O
Z	G	D	S	L	R	E	T	A	W	X	R	W	L	R
H	A	R	V	E	S	T	E	T	J	V	N	P	T	G
G	R	L	O	S	S	C	R	S	E	U	S	E	P	A
A	J	W	Z	T	U	S	B	Z	T	I	R	F	R	N
A	J	K	T	D	N	L	W	R	N	U	P	R	R	I
T	V	Y	O	E	F	O	I	G	T	Y	R	O	T	C
G	O	R	Q	H	R	T	N	L	B	J	S	T	P	O
N	P	K	T	G	I	I	U	U	C	P	I	C	R	H
I	U	N	H	O	H	C	B	G	D	L	P	A	V	S
M	E	A	N	S	I	P	T	R	T	A	Z	R	R	T
R	S	R	I	R	J	L	T	A	P	N	U	T	T	O
A	L	F	G	W	C	B	T	I	N	T	A	W	O	T
F	U	A	P	W	N	R	T	N	V	S	C	M	K	Q
T	A	R	S	O	I	L	S	L	A	R	U	R	A	Y

AGRICULTURE
BIODIVERSITY
FARMING
FISHING
GRAIN

GROW
HARVEST
NUTRITION
ORGANIC
PLANTS

PRODUCE
RURAL
SOIL
TRACTOR
WATER



Aged Care Code of Conduct

The Aged Care Code of Conduct describes how **you must behave and treat older people in your care**. It includes the 8 requirements below.



A.



Act with respect for individuals' rights to freedom of expression, self-determination and decision-making in accordance with applicable laws and conventions.

E.



Act with integrity, honesty and transparency.

B.



Act in a way that treats individuals with dignity and respect and values their diversity.

F.



Promptly take steps to raise and act on concerns about matters that may impact the quality and safety of funded aged care services.

C.



Act with respect for the privacy of individuals.

G.



Deliver funded aged care services free from:

- i. all forms of violence, discrimination, exploitation, neglect and abuse and
- ii. sexual misconduct.

D.



Deliver funded aged care services in a safe and competent manner, with care and skill.

H.



Take all reasonable steps to prevent and respond to:

- i. all forms of violence, discrimination, exploitation, neglect and abuse and
- ii. sexual misconduct.



Find out more:

Aged Care Quality and Safety Commission

agedcarequality.gov.au/workers/code-conduct-aged-care

Disclaimer

The information in this resource provides general guidance only. It's your responsibility to know your obligations and legal responsibilities under the *Aged Care Act 2024* and *Aged Care Rules 2025*.



THANK YOU FOR BUZZING THROUGH THIS MONTH'S ISSUE!

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