



The Fluency Trust Committee

2025

Established in 1995, The Fluency Trust raises money to support the provision of the annual residential courses by paying for the residential element (including transport and activity costs at the outward bound centre where the courses are held). We support the public understanding and awareness of stammering.

We welcome your support. For information on how to fund-raise or donate, please download our **fundraising pack**. If you would like to join our committee or feel you can support us in another way, please **contact us**.

Trustees



Highly Specialist Speech and Language Therapist, certified Solution Focused Practitioner (BRIEF) and ACT trained therapist. I am passionate about stammering, group work and an advocate of the benefits of being outdoors. Our courses are always the highlight of my year. I love to see young people find their tribe, to know they are not alone and that they can do anything and stammer.



Karen King
Treasurer & Trustee

Specialist Speech and Language Therapist involved with charity since its inception in 1995. It is a great privilege to run these courses and to see the changes in young people's communication skills and confidence. I love the way therapy and outdoor activities come together to create a unique course.



Janet Hunt
Treasurer & Trustee

Specialist Speech and Language Therapist passionate about raising awareness of stammering and the benefits of being outdoors. The young people who attend these courses are inspiring and it's great to have a space they can be their authentic selves and share their voices with the world.

Growing up with a cousin who stammers showed me the impact it can have. Now I'm retired I wanted to help what can be a life changing charity for the young people we support.

I qualified as a Speech and Language Therapist in 1993. I'm now retired but wanted to keep helping people in any way I can. Our charity brings together therapy and outdoor activities in a unique way that boosts young people's confidence, I am very pleased to be a small part of that.

Committee Members



Liam Wakeling
Committee Member



Sarah Powell
Committee Member



Zane Moore
Committee Member

As a person who stammers, Liam learned to embrace his stammer as a unique part of his identity. After attending the residential course, he sings live and pursues his passions without letting stammering hold him back. His journey is about confidence, self-expression, and celebrating his voice.

Mum of Zane who has had a stammer since he was 3 years old. Zane went on the residential course in 2022, he loved it and found it invaluable.

I am Zane and I stammer. I don't know life without one. I've been on one of the courses and now want to raise as much money and awareness as I can for this great charity.



I am a Specialist Speech and Language Therapist working in the Bristol area, and have been on the committee for the charity since 2020. I love the way that the residential courses bring young people together to have fun and develop their confidence, resilience and communication skills.

I'm a Speech and Language Therapist working in Swindon and wider Wiltshire. The Fluency Trust's mission and values is what SALT is all about for me – I'm excited to be a part of it and help young people who stammer!

Retired Founding Members



I am a Farmer & wildlife enthusiast. I have always had a stammer which was very difficult for me as a child & growing up. I still have a stammer but it very rarely troubles me now...

Claire McNeil & I, together with a couple of others, formed The Fluency Trust in 1995 . The importance of children & young people getting speech therapy within a friendly environment is as important today as it was then. I am immensely proud to have been a founding member of the charity.

Retired Speech Therapist and founder trustee. Since starting to run the residential courses in 1995 I have been privileged to have worked with so many inspiring and talented children.

I am passionate about group work, bringing children who stammer together to have fun and learn in a challenging and motivating environment.

This work inspired the development of The Swindon Packs which are now used widely across the UK and beyond.



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