

7777 Davie Road Ext, Suite 100B, Hollywood, FL 33024 ■ 1150 NW 35th Ave, Suite 240, Hollywood, FL 33021 ■ 603 N Flamingo Road, Suite 365, Pembroke Pines, FL 33028
Phone: 954-362-3426 Fax: 954-362-3432 info@myheartdoctorfl.com

Stress Echocardiogram (Stress Echo)

PATIENT & APPOINTMENT INFORMATION

Patient Full Name

Appointment Date & Time

WHAT IS A STRESS ECHOCARDIOGRAM?

A Stress Echocardiogram combines an ultrasound (echo) of the heart with a stress test to evaluate how your heart muscle and valves function both at rest and under physical stress. This test helps detect coronary artery disease, assess heart valve conditions, and determine your heart's overall pumping function. It is a safe, non-invasive procedure performed by trained cardiovascular technicians and supervised by your physician.

PREPARATION — PLEASE READ BEFORE YOUR APPOINTMENT

1. Please wear **comfortable, loose-fitting clothing** and **supportive, flat shoes** appropriate for walking on a treadmill. Sandals, high heels, and flip-flops are not permitted.
2. Avoid shirts or dresses with **metal buttons** and bras with **underwire**, as these interfere with the test equipment.
3. Do **not eat a heavy meal** for at least 2 hours before your appointment. Light snacks and water are acceptable unless otherwise directed by your physician.
4. Avoid **caffeine** (coffee, tea, energy drinks, soda) for at least 4 hours before your test.
5. If there is a possibility you could be **pregnant**, please notify our office before your appointment.
6. Bring a list of **all medications** you are currently taking.

DO NOT TAKE THE FOLLOWING MEDICATIONS ON THE DAY OF YOUR TEST

Bring these medications with you to your appointment — do not skip them permanently.

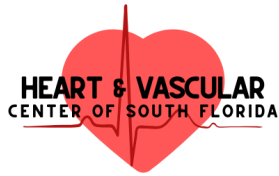
Lopressor, Toprol, Metoprolol, Tenormin, Tenoretic, Atenolol, Coreg, Carvedilol, Inderal, Propranolol, Normodyne, Trandate, Labetalol, Corgard, Nadolol, Zebeta, Ziac, Theodur, Uniphyll, Theo24, or Theophylline.

WHAT TO EXPECT DURING YOUR VISIT

1. Electrodes (stickers) will be placed on your chest to monitor your heart's electrical activity via EKG throughout the test.
2. Baseline ultrasound images of your heart will be taken while you are at rest.
3. You will walk on a treadmill that gradually increases in speed and incline. The technician will monitor your heart rate, blood pressure, and EKG continuously.
4. At peak heart rate, you will quickly lie down for a second set of ultrasound images while your heart is still stressed.
5. The test typically takes 45 minutes to 1 hour from start to finish.
6. A follow-up appointment will be scheduled to discuss your results with your physician.

CANCELLATION POLICY

If you do not show up or fail to cancel at least 24 hours before your scheduled appointment, you will be charged a no-show fee per the schedule below. The Stress Echocardiogram falls under the Ultrasounds category.



7777 Davie Road Ext, Suite 100B, Hollywood, FL 33024 ■ 1150 NW 35th Ave, Suite 240, Hollywood, FL 33021 ■ 603 N Flamingo Road, Suite 365, Pembroke Pines, FL 33028
Phone: 954-362-3426 Fax: 954-362-3432 info@myheartdoctorfl.com

Heart & Vascular Centers of South Florida — Stress Echocardiogram (Stress Echo) Page 2

Office Provider Visits	\$50
Ultrasounds Echo, Stress Echo, Carotid, Venous, etc.	\$75
Nuclear Medicine	\$100

PATIENT ACKNOWLEDGMENT & SIGNATURE

By signing below, I confirm that I have read and understood the preparation instructions above, and I consent to the Stress Echocardiogram procedure.

Patient Full Name

Date (MM/DD/YYYY)

Patient Signature

FOR OFFICE USE ONLY

Staff Initials

Date Received

Chart #