



ALLERGY SAFETY POLICY

The Courtyard aims to offer a tailored educational and social provision with a holistic approach. We aim to equip our students with the skills and experiences needed to discover and thrive with increased independence in their next stage of life.

ALLERGY SAFETY - POLICY STATEMENT

Approval Committee:	Full Governing Body
Author:	Deputy Head: DSL
Last reviewed:	September 2026
Next review date:	September 2027
Required to publish on website?	Yes
Statutory?	Yes

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1. Aims

This policy aims to:

- Set out our school's approach to allergy safety, including reducing the risk of exposure and the procedures in place in case of allergic reaction
- Make clear how our school supports students with allergies to ensure their wellbeing and inclusion
- Promote and maintain allergy awareness among the school community

2. Legislation and guidance

This policy is based on the Department for Education (DfE)'s statutory guidance on [allergy safety in schools](#) and [supporting students with medical conditions at school](#), the Department of Health and Social Care's guidance on [using emergency adrenaline auto-injectors in schools](#), and the following legislation:

- [The Food Information Regulations 2014](#)
- [The Food Information \(Amendment\) \(England\) Regulations 2019](#)

3. Roles and responsibilities

3.1 The governing board

The governing board is responsible for ensuring:

- Risks relating to students with allergy are included in the risk register and actively managed
- The school has an allergy safety policy which sets out:
 - Arrangements to reduce the risk of individuals coming into contact with their known allergens
 - Emergency response plans for cases of anaphylaxis

The governing board delegates the day-to-day implementation of this policy to the allergy safety lead.

3.2 Allergy safety lead

The nominated allergy safety lead is Louise Norman, Deputy Head: Safeguarding / Designated Safeguarding Lead.

They're responsible for:

- Implementing this allergy safety policy
- Reviewing the allergy safety policy at least annually, updating it when needed, and making sure it is published
- Promoting and maintaining allergy awareness across our school community
- Developing and reviewing arrangements for the safe storage and disposal of adrenaline devices (AD)
- Ensuring:
 - All allergy information is up to date and readily available to relevant members of staff
 - All students who require support with allergies have an up-to-date individual healthcare plan (IHP)
 - All students with a known food or insect sting allergy have up-to-date allergy action plans issued by a medical professional
 - All staff receive regular allergy awareness training
 - All staff are aware of the school's policy and procedures regarding allergies
 - Relevant staff are aware of what activities need an allergy risk assessment
 - Serious incidents and 'near misses' relating to allergy safety are recorded and reported as appropriate, and to consider and share with staff:
 - What lessons there are to learn
 - Any potential changes to the medical conditions and/or allergy safety policies and/or to any student's IHP
 - Ensure that prescribed adrenaline devices and other emergency allergy medication are readily accessible to the student and staff who may need to administer
 - Liaising with parents/carers, students and healthcare professionals, where appropriate, regarding individual allergy needs and changes to allergy management arrangements.
 - Working with the school's catering provider to ensure that appropriate procedures are in place for identifying and managing food allergens

- Ensuring that allergy-related information is communicated appropriately to staff
- Ensuring that allergy safety is considered alongside the school's wider arrangements for supporting students with medical conditions, first aid, safeguarding, health and safety and educational visits

3.3 Headteacher

The headteacher is responsible for:

- Deciding (in discussion with the parents/carers and any relevant healthcare professionals) whether a student's allergy can be managed through the adjustments made under the school's medical conditions policy or whether an IHP is required to specify arrangements that reflect the student's circumstances
- Providing overall leadership and oversight of allergy safety across the school.
- Ensuring that the school has an up-to-date Allergy Safety Policy that meets relevant legislation and statutory guidance

3.4 [At least 2 named volunteers among school staff]

[Louise Graham and Wayne Eardley] are responsible for:

- Checking spare adrenaline auto-injectors (AAIs) are present and in date on a monthly basis
- Making sure that replacement AAIs are obtained when expiry dates approach
- Ensuring that spare AAIs are stored safely and in accordance with the school's agreed storage arrangements and the manufacturer's instructions.
- Ensuring that spare AAIs remain readily accessible to staff who may need to use them in an emergency
- Ensuring that arrangements are in place for spare AAIs to accompany relevant students on educational visits, residential trips and other off-site activities, where required.
- Attending relevant allergy-awareness and emergency-response training and keeping their knowledge up to date.
- Escalating any concerns about the availability, storage or accessibility of spare AAIs to the Allergy Safety Lead promptly.

● 3.5 Teaching and support staff

All teaching and support staff are responsible for:

- Promoting and maintaining allergy awareness among students
- Maintaining awareness of our allergy safety policy and procedures
- Being able to recognise the signs of severe allergic reactions and anaphylaxis
- Being aware of specific students with allergies in their care
- Reducing the risk to students with known allergies coming into contact with known allergens
- Ensuring the wellbeing and inclusion of students with allergies
- Reporting any allergic reaction or case of anaphylaxis to the allergy safety lead
- Consider allergy risks when planning and supervising activities involving food, materials or other potential allergens.
- Support students with allergies to participate fully and safely in lessons

- Report any allergic reaction, suspected anaphylaxis, accidental exposure to a known allergen or relevant near miss to the Allergy Safety Lead.
- Complete required allergy-awareness and emergency-response training

3.6 Parents/carers

Parents/carers are responsible for:

- Being aware of our school's allergy safety policy
- Providing the school with up-to-date details of their child's medical needs, dietary requirements, and any history of allergies, reactions and anaphylaxis
- If required, providing their child with 2 in-date adrenaline auto-injectors and any other medication, including inhalers, antihistamine etc., and making sure these are replaced in a timely manner
- Following the school's guidance on food brought in to be shared
- Updating the school on any changes to their child's condition
- Informing the school promptly of any changes to their child's allergy, medical condition, medication or emergency arrangements.
- Informing the school promptly following any allergic reaction or anaphylactic episode that occurs outside school where this may affect their child's care at school.
- Providing accurate information about ingredients and allergens in food brought into school where requested.
- Ensuring that the school is provided with appropriate medication and allergy information before educational visits, residential trips or other activities where additional arrangements may be required.

3.7 Students with allergies

If age-appropriate, these students are responsible for:

- Being aware of their allergens and the risks they pose
- Carrying their AD on their person and only using it for its intended purpose
- Understanding how and when to use their AD
- Avoiding known allergens where reasonably possible
- Informing a member of staff if they believe they have been exposed to an allergen or are experiencing symptoms of an allergic reaction.
- Informing a member of staff if their AD or other medication is missing, damaged or unavailable.
- Asking a member of staff for help if they are unsure whether food, drink, medication or another substance is safe for them.
- Participating in discussions and reviews about their allergy

3.8 Students without allergies

These students are responsible for:

- Being aware of allergens and the risk they pose to their peers
- Not deliberately bringing, sharing or offering a known allergen to a student with an allergy.
- Not sharing food, drinks, utensils or other items with students with known allergies where this could create a risk.

- Washing their hands after eating and following the school's hygiene arrangements where appropriate.
- Informing a member of staff if they believe a student is having an allergic reaction or has been exposed to an allergen.
- Treating students with allergies with respect and supporting an inclusive school environment.
- Never attempting to administer another student's medication

Older students might also be expected to support their peers and staff in the case of an emergency.

4. Identifying individuals at risk

Allergy is a spectrum of different allergic diseases. Reactions occur when a susceptible person is exposed to something (an "allergen") they are allergic to. Common allergic conditions include:

- Hay fever (allergic rhinitis), triggered by allergens carried in the air, such as pollen, house dust mite, animal fur/feathers, or mould
- Skin allergies (e.g. eczema, contact dermatitis, contact urticaria/hives) caused by contact with allergens including house dust mite, pollen and substances like nickel, latex and some chemicals
- Food allergy, which can cause symptoms ranging from mild itching in the mouth to "whole body" reactions including anaphylaxis
- Asthma which may be triggered by airborne allergens
- Allergy to insect stings and medicines

4.1 Identifying students at risk

We will:

- For new starters, send a form to all parent/carers of students after their place at the school has been confirmed, but before their first school year starts, to confirm any allergy the student has and whether they carry medication. Where a student has a new diagnosis and/or has moved to the school mid-term, we will send a form and put arrangements in place within 2 weeks
- Send a reminder to parents/carers at the start of each year asking them to update their child's medical information as necessary.
- Record allergy information on the school's management information system (MIS) and ensure that relevant staff have access to up-to-date information.
- Ensure that relevant allergy information, including details of known allergens, prescribed medication and emergency arrangements, is communicated to staff
- Review and update a student's allergy information, IHP and allergy action plan
- Ensure that information about students with allergies is shared appropriately
- Ensure that students identified as being at risk of anaphylaxis have appropriate emergency arrangements and access to their prescribed adrenaline devices (ADs).
- Maintain appropriate confidentiality when collecting, recording and sharing information about students' allergies and medical conditions.
- Ensure that the Allergy Safety Lead, **Louise Norman**, is informed of newly identified allergies and any significant changes to a student's allergy or medical needs.

We ask that parents/carers proactively inform us by either phone call to the school [0207 859 6350] or an email to [first.contact@thecourtyardislington.org] if their child's medical needs change during the school year.

4.2 Identifying staff and visitors at risk

- Asking new staff to provide details of their allergies in advance of their start date
- Asking visitors to provide details of their allergies in advance of their visit
- Where relevant information is provided by a visitor, make reasonable arrangements to support their safety during their time on school premises.
- Ensure that staff supervising visitors are aware of any relevant allergy-related arrangements
- Ensure that emergency procedures are followed if a member of staff or visitor experiences an allergic reaction while on school premises.

4.3 Individual healthcare plans (IHP)

students should have an IHP if they:

- Have an allergy which has a functional impact on them in the school environment
- They are at risk of harm as a result of their allergy; and
- Require arrangements which are additional to or different from those made generally

It is not necessary for a student to have a formal diagnosis of allergy for them to have an IHP. Healthcare professionals may decide that it is more appropriate to accept that the child shows symptoms, rather than proceeding to a formal diagnosis.

The IHP will set out the additional and/or different arrangements that will be in place for supporting the student. The school will make every effort to make sure that arrangements are put in place within 2 weeks, or by the beginning of the relevant term for students who are new to our school.

Not all children with an allergy will require an IHP. Some allergies will have little or no impact on the student while they are at school, or pose no risk to the student. Some allergies will not require arrangements which are additional to or different from those made generally.

The headteacher is responsible for deciding (in discussion with the parents/carers and any relevant healthcare professionals) whether a student's allergy can be managed through the adjustments made under the school's medical conditions policy or whether an IHP is required to specify arrangements that reflect the student's circumstances.

The school will consider the following principles:

- If the arrangements or support which a student requires would be available to any student as part of normal policies, an IHP may not be required
- If the student only needs non-prescription medication and the school's medical conditions policy would permit them to carry and administer it, an IHP may not be required

IHPs will be reviewed at least annually and more frequently if the student's needs have changed. Where a student moves on to a new school or college, their IHP will be shared as part of the transition.

4.4 Allergy and asthma action plans

All students who have a known allergy to a food or insect stings should be issued with an appropriate allergy action plan by their healthcare professional.

All students who have asthma should be issued with an asthma action plan by their healthcare professional.

The plans include medical and parental consent for staff to administer emergency medicines, including adrenaline for anaphylaxis or reliever inhaler in the event of an asthma attack.

The allergy action plan and/or asthma action plan should be attached to the student's IHP. Whenever the allergy action plan is updated, the student's IHP should be reviewed to incorporate it.

4.5 Register of students with known allergies

The school maintains a register of students who have a known allergy. The register includes:

- Known allergens and risk factors for anaphylaxis
- Whether a student has been prescribed ADs (and if so, what type and dose)
- Where a student has been prescribed an AD, whether parental consent has been given to administer emergency medication
- A photograph of each student to allow a visual check to be made with parental consent
- All information is kept on medical tracker and can be checked quickly by any member of staff as part of initiating an emergency response

Allowing all students to keep their ADs with them will reduce delays and allows for confirmation of consent without the need to check the register.

5. Assessing risk

The school will conduct a risk assessment for any student at risk of anaphylaxis taking part in:

- Lessons such as food technology
- Science experiments involving foods
- Crafts using food packaging
- Off-site events and school trips
- Any other activities involving animals or food, such as animal handling experiences or baking

A risk assessment for any student at risk of an allergic reaction will also be carried out where a visitor requires a guide dog.

6. Minimising risk

6.1 Hygiene procedures

- Students are reminded to wash their hands before and after eating
- Sharing of food, food containers, and food utensils is not allowed
- Ensure that food preparation areas, tables and surfaces are cleaned appropriately before and after food is prepared or eaten.
- Ensure that equipment and utensils used for food preparation are cleaned thoroughly to reduce the risk of allergen cross-contact.
- Ensure that staff supervising food-related activities follow appropriate hygiene and allergen-control procedures.
- Ensure that students are encouraged not to touch or handle another student's food.
- Ensure that any food spills are cleaned up promptly and appropriately.

6.2 Catering

The school is committed to providing safe food options to meet the dietary needs of students with allergies.

- Catering staff receive appropriate training and are able to identify students with allergies
- The school will engage with caterers to understand the controls in place to ensure that food service complies with relevant requirements
- School menus are available for parents/carers and students to view with ingredients clearly labelled, and catering staff are available to discuss the provision of allergy safe meals with parents/carers
- Where changes are made to school menus, we will make sure these comply with legislation, and continue to meet any special dietary needs of students
- Food allergen information relating to the 'top 14' allergens is displayed on the packaging of all food products, allowing students and staff to make safer choices. Allergen information labelling will follow all [legal requirements](#) that apply to naming the food and listing ingredients, as outlined by the Food Standards Agency (FSA)
- Where food is provided by the school, staff will understand how to read labels for food allergens
- Catering staff follow hygiene and allergy procedures when preparing food to avoid cross-contamination

6.3 Insect bites/stings

When outdoors:

- Shoes should always be worn
- Food and drink should be covered
- Do not disturb or approach insects, nests or hives
- Check outdoor areas used by students for visible nests or significant insect activity
- If a student is stung or bitten, assess them promptly and follow their individual allergy action plan and IHP
- If anaphylaxis is suspected, administer the student's AD without delay in accordance with their emergency plan and call **999**

6.4 Animals

- All students will always wash hands after interacting with animals to avoid putting students with allergies at risk through later contact
- Students with animal allergies will not interact with animals
- Ensure students are supervised and shown how to handle animals safely and hygienically.
- Ensure any cuts, grazes or broken skin are covered with waterproof dressings before handling animals.
- Report any bites, scratches or other injuries sustained during animal handling and follow the school's first-aid procedures.

6.5 Visits and trips

- No students with allergies will be excluded from taking part
- The school will plan accordingly for all visits and trips, and arrange for the staff members involved to be aware of students' allergies and to have received appropriate training
- The school will conduct a risk assessment for any student at risk of anaphylaxis taking part in a school trip
- Students at risk of anaphylaxis should have their own ADs with them
- Staff trained to administer adrenaline in an emergency will be present on the school trip

- Appropriate measures will be taken in line with the school's AD protocols for off-site events and school trips (see section 8.5)

7. Procedures for handling an allergic reaction

- All staff are trained to recognise the signs of both mild and severe allergic reactions (known as anaphylaxis) and respond appropriately
- Staff are trained in the administration of adrenaline to minimise delays in an emergency
- If the student has an allergy action plan, this must be followed
- A spare school AD device will only be used if:
 - The student does not have a prescribed AD
 - The student's prescribed AD are not available or misfire
 - All allergic reactions involving emergency medication, suspected anaphylaxis and relevant near misses must be recorded and reported to the Allergy Safety Lead.
 - If an AAI has been administered, **999 must be called**
 - Parents/carers must be informed as soon as possible
 - Following a significant reaction, the student's allergy arrangements, IHP and allergy action plan should be reviewed and updated where necessary.

8. Adrenaline devices (ADs)

The Department of Health and Social Care's Guidance on using [emergency adrenaline auto-injectors in schools](#)

8.1 Prescribed ADs

Students who are prescribed ADs are encouraged to keep them near or on their person at all times including when travelling to or from the school and on school trips. It is recommended that two devices are carried at all times. Students with prescribed ADs should take them home with them at the end of each school day, and parents are responsible for ensuring that they are in date.

If a student cannot keep their ADs with them in the classroom (due to age or other considerations), then the devices will be stored:

Provide details of where prescribed ADs will be stored. They should be:

- In an appropriate central location that is unlocked and accessible at all times
- **No more than 5 minutes** away from where they may be needed (larger schools may require ADs to be stored in multiple locations, such as near the dining area and playground)

- Kept at room temperature (in line with manufacturer's guidelines), protected from direct sunlight and extremes of temperature
- AAI storage locations will be clearly identified and communicated to staff, students and other adults responsible for supervision.
- Prescribed AAI's will accompany students during educational visits, trips, residentials, sporting activities and other off-site activities and will remain readily accessible throughout.
- A copy of the student's allergy action plan will be kept with their prescribed medication where appropriate and will provide instructions for its use in an emergency.
- Parents/carers will be reminded to check the expiry date and condition of prescribed AAI's regularly and to provide replacement devices before they expire.

A copy of the student's allergy action plan is kept alongside their medication, as it includes instructions on how it should be used in an emergency.

- students and parents/carers to take individually prescribed ADs home (for example, at the end of the day for the journey home) and for checking that they remain in date
- The school will maintain an up-to-date record of students prescribed ADs, including the device(s) provided, expiry date, storage arrangements and whether a current allergy action plan has been provided, with relevant information recorded securely on the school's medical/allergy information system.

8.2 Spare ADs and inhalers

Please note: current regulations only allow schools to purchase adrenaline auto-injectors (AAIs) as spare devices. Non-injectable adrenaline devices (nasal spray) may be prescribed to individuals but cannot currently be stocked as a spare device. If an individual who is prescribed nasal adrenaline suffers anaphylaxis, a school's spare AAI's may be used in an emergency. Schools can purchase an emergency asthma reliever inhaler which can only be used if the student's prescribed inhaler is not available and where written consent has been obtained.

The allergy safety lead is responsible for sourcing spare ADs [and an emergency asthma reliever inhaler] and ensuring they are stored according to the guidance.

Insert procedures for buying spare ADs. For example:

- Where the ADs will be sourced (i.e. a local pharmacy)
- The number of ADs required
- Which brand(s) of ADs are purchased (schools are recommended to buy a single brand to avoid confusion)
- The dosage required (based on Resuscitation Council UK's age-based criteria, see page 11 of [the AAI guidance](#))

Spare AAI's will be stored:

Spare AAI's will be stored in the Courtyard and St David's Offices in clearly labelled cabinets.

- The cabinets are unlocked and accessible to **staff only** at all times
- The spare AAI's are **no more than 5 minutes** away from where they may be needed
- The spare AAI's are kept at room temperature (in line with manufacturer's guidelines), protected from direct sunlight and extremes of temperature

Spare AAI's will be kept:

- In pairs, in case a second one is necessary
- Separate from any students' prescribed AAI's and clearly labelled to avoid confusion

Louise Graham and Wayne Eardley are responsible for:

- Checking monthly that spare ADs [and the emergency asthma reliever inhaler] are present and in date
- Obtaining replacement AAI when the expiry date is near

8.3 Disposal

AAIs can only be used once. Once an AAI has been used, it will be disposed of in line with the manufacturer's instructions.

8.4 Using spare ADs in an emergency situation without prior consent

The [Human Medicines \(Amendment\) Regulations 2017](#) do not require consent to have been obtained for spare adrenaline devices to be used in an emergency.

The school will obtain advance consent from parents/carers or students for spare adrenaline devices to be used, so that in an emergency, consent can be assumed to be in place.

However, in an emergency situation, anyone may take reasonable action to save a life without checking whether prior consent has been given. This avoids potentially fatal delays in treatment.

8.5 Use of ADs off school premises

Students at risk of anaphylaxis who are able to administer their own adrenaline should carry their own ADs with them on school trips and off-site events

Staff responsible for the visit will check before departure that the required spare ADs are present, in date, undamaged and readily accessible.

Staff responsible for the visit will have access to the relevant allergy action plans and will know which students are at risk of anaphylaxis.

Following any use of a spare AD, the visit leader will ensure that emergency medical assistance is obtained, parents/carers are informed as appropriate and the incident is reported to the Allergy Safety Lead.

Any spare AD used during a visit will be replaced promptly on return to school.

9. Serious incidents and 'near misses'

A **serious incident** is any event relating directly to a medical condition (including allergy) in which a student, member of staff or visitor with a medical condition or allergy is harmed or is placed at an immediate and significant risk of harm, including situations requiring emergency medication, urgent clinical intervention or attendance by emergency services.

A **'near miss'** is an event relating directly to a medical condition (including allergy) that did not result in harm but had the clear potential to do so – for example, where an error, omission, or system failure could reasonably have led to a serious incident had circumstances been only slightly different.

9.1 Incident recording

The school will record serious incidents and 'near misses' relating to allergy safety as soon as is feasible. The incident will be recorded on medical tracker including the following information:

- Who was affected
- What happened, when and where
- Why the incident occurred (as far as is known)
- How staff and students responded and what was done to support the individual
- Whether emergency services were called

- How the incident concluded

The school will approach serious incidents and 'near misses' in a 'no blame' spirit of seeking to learn lessons.

Serious incidents and near misses will be recorded on the school's accident/incident reporting system and reported to the Allergy Safety Lead, including the circumstances, allergen involved where known, symptoms, treatment provided, use of an adrenaline device, emergency response and any immediate actions taken.

The Allergy Safety Lead will review serious incidents and near misses with relevant staff and, where appropriate, parents/carers and healthcare professionals, to identify lessons learned and determine whether changes are required to the Allergy Safety Policy, risk assessments, IHPs, allergy action plans or staff training.

9.2 Incident reporting

The parents/carers of a student will be notified of the incident or 'near miss' as soon as possible.

In the case of a student aged 16 and over, the school will confirm that the student agrees that their parents/carers should be informed.

The school will share the report with the student's parents, the student or the individual involved.

They will be given the opportunity to discuss what happened and to contribute their views to the consequent lessons learned review. The school will then confirm what we have learnt from the incident and outline any actions we are taking as a result.

In some cases, the impact of exposure to an allergen at school may be delayed and not recognised until the student is at home. This means that incident reporting is not limited to staff – the student, parents/carers or others (such as healthcare professionals) will need to report to the school if there has been an incident with a delayed reaction.

Staff will always share the incident report with Louise Norman or Louise Graham. The allergy safety lead will consider whether the allergy safety arrangements in place were appropriate or if changes are needed to this policy and/or the student's IHP. Any learning will be shared appropriately with staff so they can act on them and reduce the chance of an incident reoccurring.

The school will also share the report with other agencies in the following circumstances:

- The school will report incidents to the **Health and Safety Executive (HSE)** where the incident meets the criteria for reporting under RIDDOR, including where a work-related incident results in a student's death or specified serious injury requiring immediate hospital treatment.
- This may include an allergy-related incident arising directly from the way the school carried out a work activity, for example where a student suffers harm following incorrect preparation or handling of food by a member of staff. [how to make a RIDDOR report](#)

In the event that the incident or 'near miss' was related to the delivery of a care plan or action plan issued by a healthcare professional, the relevant healthcare professional will be notified.

10. Allergy awareness

10.1 Staff training

The school ensures that all staff expected to be present during times when students are scheduled to be on site receive allergy awareness training at least annually. New starters will complete this training as part of their induction.

This includes permanent staff, temporary staff, supply teachers, peripatetic staff, agency workers and regular volunteers. It also includes catering staff and others who may oversee students at breakfast or after-school clubs. It does not include contractors carrying out work with no student-facing role such as builders, electricians or other ad hoc maintenance personnel.

The school has purchased 'training pens' from EpiPen and Jext so staff can practise safely and be familiar with the differences.

The school will conduct allergy safety drills annually. This is a simulated case of anaphylaxis to test out how staff respond, without risk to any individual. The results of the drill will be recorded and used to inform the ongoing review of this policy.

Allergy awareness training will ensure that all staff:

- Have an awareness of allergy, the risks it poses, how allergic reactions can occur and how to manage it
- Understand that allergy includes multiple conditions (food allergy, asthma, eczema, hay fever, others), which can co-exist
- Understand the difference between food allergy, coeliac disease and food intolerance
- Know where to find information on allergy triggers
- Can identify the range of symptoms of allergic reactions
- Understand and can recognise anaphylaxis
- Know how to respond in an emergency, including:
 - Calling emergency services and informing parents/carers
 - How to locate and administer emergency medication
 - How to use the medication/device in an emergency
- Understand the impact allergy can have on a student's wellbeing
- Understand the school's allergy safety policy
- Know how to check whether an individual is on the record of those with known allergy, and how to use an allergy or asthma action plan
- Understand their responsibilities in reducing the risk of individuals with known allergy coming into contact with their known allergens
- Understand how to report an allergic reaction or case of anaphylaxis (whether an incident or a 'near miss')
- Staff will complete allergy safety training annually
- Visitors, cover staff and agency Teaching assistants will be given an allergy safety document to read before carrying out their duties

10.2 Awareness of allergy safety policy

This allergy safety policy will be published on the school's website and shared with parents/carers at the start of the school year.

All staff should be aware of and understand the policy as part of annual allergy awareness training.

Teaching will promote an inclusive and supportive environment and will avoid stigmatising or unnecessarily identifying students with allergies.

Allergy education will be reinforced through relevant lessons, assemblies, pastoral activities and practical activities where appropriate.

The school will provide additional reminders or education following significant incidents or where a particular allergy risk has been identified.

Useful resources from [Allergy School](#)

11. Wellbeing

Students with allergies will have additional support through:

- Pastoral care
- Regular check-ins with their class teacher/form tutor
- Reassurance that steps are being taken to minimise the risks of exposure to allergen and that robust measures are in place in the event of anaphylaxis
- students will be encouraged to tell a trusted member of staff if they are experiencing anxiety, distress, social difficulties or other concerns related to their allergy.
- Any concerns about bullying, harassment or deliberate exposure to allergens will be dealt with promptly in accordance with the school's **Behaviour and Anti-Bullying Policies**.
- School will make reasonable adjustments where necessary to support students with allergies to participate fully in school life without unnecessary anxiety or exclusion.

11.1 Wellbeing support following an incident or 'near miss'

The school recognises that an incident or a 'near miss' is a serious event with a potential impact not only on the student but their family, those involved in responding, and any witnesses. The school will provide support to those involved.

The school will support staff involved in any incident or 'near miss'.

See section 9 of the policy for more detail on incidents and 'near misses'.

12. Information sharing

Information about an individual's health is considered special category data under UK GDPR. It will therefore be handled in line with our data protection policy.

13. Monitoring arrangements

This policy will be monitored by the allergy safety lead.

It will be reviewed and approved annually by the allergy safety lead, or more frequently if a serious incident or 'near miss' identifies an area for improvement.

14. Links to other policies

This policy links to the following policies and procedures:

- Health and safety policy
- Supporting students with medical conditions policy
- Data protection policy
- Behaviour for Learning policy
- Anti-bullying policy