

ESULIX

Pharmacy Guide

A concise, safety-first reference for pharmacists and trained pharmacy staff.

WHAT THIS GUIDE IS FOR

A practical counter and consultation reference for appropriate product communication, safe use, and referral decisions.

ESULIX is a Malaysian registered traditional product for adults. It is not a substitute for medical diagnosis, monitoring, treatment, or prescribed medicines.

PRODUCT STATUS
Malaysian registered traditional product
MAL12085047TC

CORE PRINCIPLE
Use as an adjunct only. Medication changes remain under the treating clinician.

AIFA HEALTH

Evidence overview and professional-use guidance. Version 1 | 2026

1. Product essentials

A pharmacist should be able to explain the product clearly, without turning historical research into a treatment claim.

Registered formula

Ingredient	Amount per capsule
Mycelium Cordyceps sinensis	100 mg
Semen Prunus persica	90 mg
Radix Rheum palmatum	60 mg
Cortex Cinnamomum cassia	60 mg
Fructus Momordica charantia	60 mg
Radix Glycyrrhiza uralensis	30 mg

HOW TO POSITION ESULIX

A traditional product with a documented product and research history. Its laboratory/animal research, historical product screening and historical human observations have different evidentiary strengths.

Do not describe it as clinically proven to treat or control diabetes, nor as a way to reduce prescribed medicines.

2. Evidence at a glance

Use evidence language precisely. This protects patients, the pharmacy and the product.

Evidence type	What may be said	What must not be inferred
Preclinical research	A 2016 local university research programme evaluated laboratory and diabetic-rat models.	Animal/laboratory findings do not establish human clinical efficacy.
Historical human record	A small historical 12-week, self-controlled report (n=20) recorded changes in glucose-related and metabolic measures.	It was uncontrolled and cannot establish causation, efficacy or medication-sparing benefit.
Laboratory screen	A 2015 GC-MS record reported eight named corticosteroids not detected in one historical aqueous-extract sample.	It is not a blanket “steroid-free” claim and does not cover every possible adulterant or every batch.

SAFE ONE-SENTENCE SUMMARY

“ESULIX is a registered traditional product with a documented research history; current evidence is not equivalent to clinical proof, so it should be used responsibly alongside—not instead of—prescribed care.”

3. Before recommending: pharmacy screening

A short conversation is more valuable than a long product explanation.

Ask	Why it matters
“Are you taking insulin or medicines that lower blood glucose?”	Combination use may require closer glucose monitoring. Do not advise dose reduction.
“Has your doctor or pharmacist been told about all supplements you use?”	Encourages coordinated care and avoids undisclosed combination use.
“Are you pregnant, breastfeeding, planning surgery, or managing a serious medical condition?”	Refer before use.
“Have you experienced dizziness, shaking, sweating, confusion, or stomach upset?”	Check for possible low-glucose symptoms and tolerability concerns; refer when appropriate.

REFER - DO NOT SELF-MANAGE

Refer the customer to a doctor or pharmacist-led consultation if they want to stop/reduce prescribed medication, report possible hypoglycaemia, have complex chronic disease, are pregnant/breastfeeding, or are preparing for surgery.

4. Use guidance and counter language

Keep the recommendation within the label and within the evidence.

Historical usual guidance

2 capsules, twice daily. A historical alternative of 2 capsules three times daily has been described, but some users may experience more frequent stools or urgency. Do not make disease-specific dosing recommendations.

Say this	Avoid this
“Please continue your prescribed medicine unless your doctor changes it.”	“You can reduce your diabetes medicine once your reading improves.”
“Tell your doctor/pharmacist, especially if you use insulin or glucose-lowering medicines.”	“It is natural, so it cannot interact with medicine.”
“The research includes laboratory/animal work and historical observations.”	“Clinically proven” or “USM proven”.
“One historical sample was screened for eight named corticosteroids.”	“Steroid-free” without qualification.

DO NOT PROMISE

No cure, no control of diabetes, no medication reduction, no guaranteed glucose outcome, and no broad adulterant-free claim.

5. Fast FAQ and referral close

A safe answer is always better than a persuasive answer.

Can ESULIX replace diabetes medication?

No. It is not a substitute for prescribed medicine, medical monitoring or clinical treatment.

Can I recommend it to a customer using insulin?

Do not make medication changes. Advise disclosure to the treating clinician and appropriate glucose monitoring.

What does the USM reference mean?

Use specific attribution only when referring to the relevant 2016 thesis/research programme. It is not an endorsement by the university.

Can we say it is steroid-free?

No. The historical GC-MS result applies only to eight named corticosteroids in one tested historical sample.

What should staff do if a customer reports low-sugar symptoms?

Treat this as a clinical safety matter: assess urgency and refer promptly. Do not troubleshoot by adjusting medicines or product dose.

MORE DETAIL

For full evidence context, limitations and professional guidance, refer to the ESULIX Scientific & Clinical Evidence Brief 2026 at www.aifahealth.com.

Reference basis: registered product information; historical acute toxicity record (2009); relevant local university preclinical programme (2016); historical GC-MS corticosteroid screening record (2015); historical uncontrolled human observation record. This guide is educational and does not replace clinical judgement.