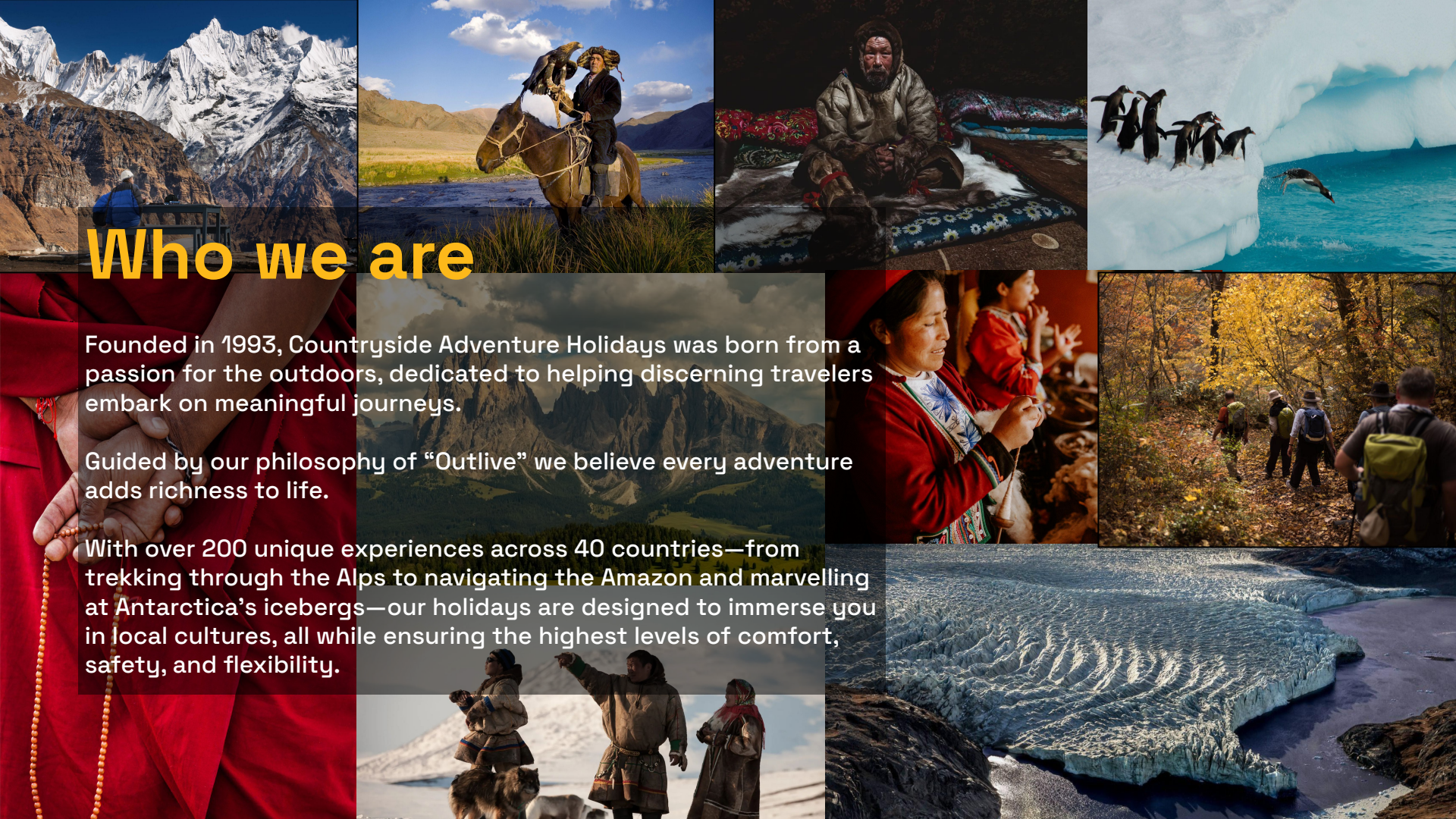




COUNTRYSIDE™
ADVENTURE HOLIDAYS
OUTLIVE

Namdapha Rainforest Trek

Arunachal Pradesh/India
03 to 10 Jan 2026



Who we are

Founded in 1993, Countryside Adventure Holidays was born from a passion for the outdoors, dedicated to helping discerning travelers embark on meaningful journeys.

Guided by our philosophy of “Outlive” we believe every adventure adds richness to life.

With over 200 unique experiences across 40 countries—from trekking through the Alps to navigating the Amazon and marvelling at Antarctica’s icebergs—our holidays are designed to immerse you in local cultures, all while ensuring the highest levels of comfort, safety, and flexibility.

About

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OUTLIVE

Namdapha National Park located on the eastern tip of Arunachal Pradesh is a paradise- a Mecca for nature lovers. This rainforest extending well over 2000 sq. km is a biodiversity hotspot containing more than 1000 species of plants, 500 species of birds, 350 butterflies and many smaller forms of life. This is the only park which boasts of having big large cats namely tiger, leopard, clouded leopard and leopard, despite which it is difficult to see any of them or their prey due to the dense forestation. But this is more than made up by enjoying the humongous trees and appreciating the smaller forms of life giving us a better understanding of the web of life.

Grade:
Easy to Moderate

Min & max Temp:
15 deg & 25 deg celsius

Daily Walking:
9 to 13 kms

Brief Itinerary

Day 01 (03-Jan) Arrival in Dibrugarh; Drive to Tinsukia (39km, 1 hr)

Day 02 (04-Jan) Tinsukia- Miao (127 km; 2-3 hrs); Off road to Deban (25 km; 1 ½ hrs).

Day 03 (05-Jan) Deban– Excursion for birding

Day 04 (06-Jan) Trek starts to Hornbill camp (12km; 5-6 hrs)

Day 05 (07-Jan) Hornbill camp - Firmbase; (13 km km; 6 hrs)

Day 06 (08-Jan) Firmbase- Riverside Camp (4.5 km, 2 hrs).

Day 07 (09-Jan) Imbiong– Excursion to Lisu village; (08 km; 6-7 hrs). Drive back to Miao.

Day 08 (10-Jan) Drive to Dibrugarh airport. Final departure

Trip Overview

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- **Biodiversity Hotspot:** The park hosts over 1,000 plant species, 425 species of birds, 400+ butterfly species, and more than 90 mammals, including rare primates, hornbills, and flying squirrels
- **Suitable for trekkers with basic experience.** Daily distances range from 6 to 15 km over undulating, sometimes challenging terrain.
- **Wildlife spotting:** Hollock gibbons, hornbills, butterflies, and rare birds
- **Views of the snow-capped Dafa Boom range on clear days.**
- **The Namdapha rainforest trek is considered one of the last great wilderness experiences in India, offering immersion in pristine nature and a chance to witness one of the world's northernmost evergreen rainforests**

Stays in a tents and hotels

**7 Breakfasts, 7 lunches & 7
Dinners Incl**

**Starting: INR 68,750/-
Single Supp: On request**

Day 01 Arrival in Dibrugarh; Drive to Tinsukia (39 km; 2 hrs)

Reach Dibrugarh by afternoon and drive to Tinsukia. Check in the hotel. Evening at leisure. Dinner and overnight at the hotel.

Day 02 Tinsukia- Miao (127 km; 2-3 hrs). Off Road drive to Deban (25 km; 1 ½ hrs)

Post breakfast we drive to Miao. The drive is an interesting one through varied landscapes. The initial part of our drive is through a sea of tea gardens, crossing Dirak gate. Once we cross into Arunachal our drive continues on rough roads passing through forests till we reach Miao. Miao is a small town on the bank of the Noa Dihing river. We will have lunch in Miao and further drive to Deban, where we going to meet our camping team. Dinner and overnight at the camp.



Day 03 Deban- Out for excursion

Today we venture out nearby trails to enjoy the birding activities and to get acquainted with the forest and its trails. From this day onwards our birding guide will accompany us. .

Day 04 Trek to Hornbill Camp (11km, 5-6 hrs)

From Deban we start our trek, by crossing the Noa Dihing river on a crude bamboo bridge. After a second smaller river crossing we enter into the wild rainforest world. The initial part of the trek is through bamboo and cane forest, graduating into a landscape of ultra tall trees. By afternoon we reach our campsite in the middle of the forest. The campsite- aptly named Hornbill- is a great place to see these magnificent birds which come here to roost in the evening. The camp is also an excellent location for viewing the nocturnal flying squirrels. Dinner and overnight stay at camp in Hornbill.



Day 05 Hornbill – Firm Base (13 km; 6-7hrs)

Post breakfast we start our trek to Firmbase. We continue our walk through the dense rainforest, with smaller life-forms like butterflies, frogs, insects and fungi for company. On our way we are likely to see some rare avian beauties like Red-headed Trogon, Collared Scops Owl, Rufous vented Prinia, Grey-cheeked Warbler, etc. From here downhill walk to Firmbase camp. Dinner and overnight stay at camp in Firm base.

Day 06 Firmbase– River side camp (04 km; 3-4 hrs)

Post breakfast we walk towards the Namdapha river. On a clear day one can get grand views of the snow capped Dafa Boom mountain range. The route from here mainly skirts the bank of the Noa Dihing, involving the crossing of some bamboo bridges built by the Lisu tribe. We trek through a spectrum of terrains ranging from grasslands, to river banks to thick evergreen forests. Post lunch, we hike to the lisu village (1hr/one way). On the way back, enjoy the thrill of crossing Noa Dihing on a local suspension bridge. In the evening we spend some relaxing time by the scenic riverside campsite.

Day 07 Imbiong– Excursion to Lisu Village & back (08 km, 6-7 hrs). Drive to Miao.

Today we will going to explore Lisu village. We will cross dense forest with quite uphill section (gain 250 meter). Will have lunch in the village. Post lunch will walk back to Imbiong and get in our local jeeps and drive back Miao. Dinner and overnight stay at Guesthouse in Miao.

Day 08 Drive to Dibrugarh airport

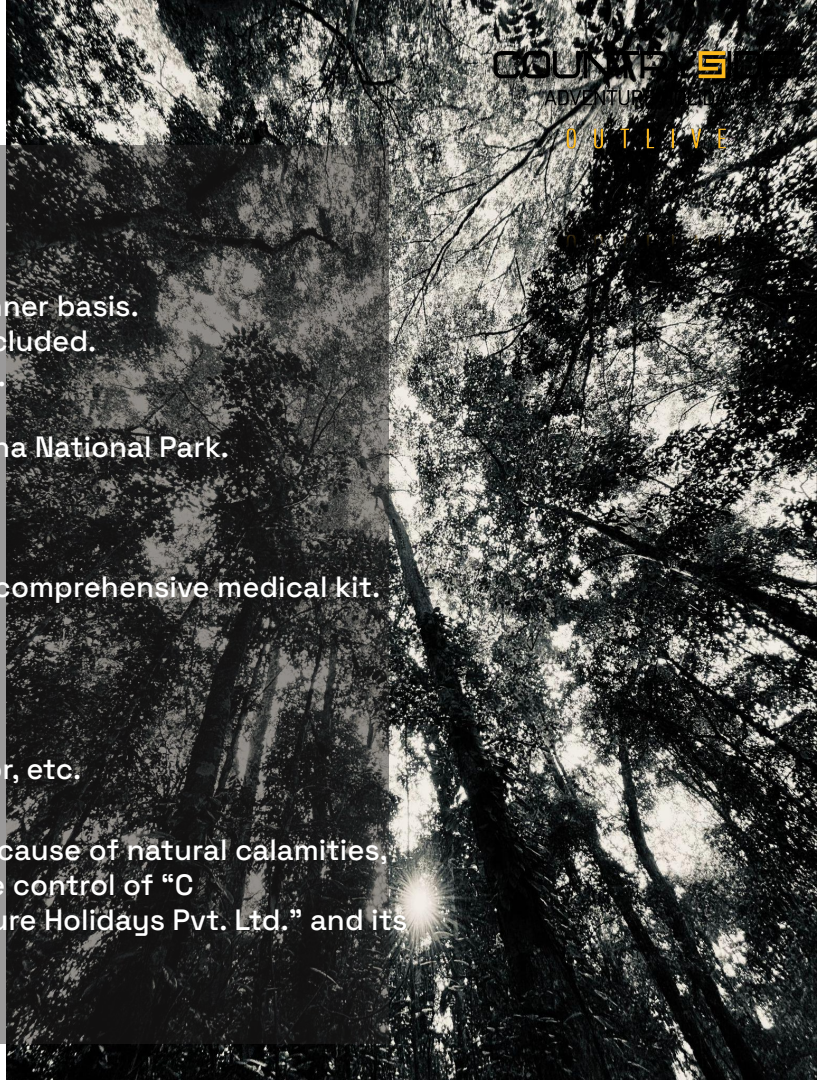
Post breakfast, we will drive straight to Dibrugarh airport.

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Inclusions & Exclusions

- ✓ Tinsukia: In a hotel on twin sharing basis; Breakfast & dinner basis.
- ✓ Deban & Miao : In a guest house on twin sharing basis; Breakfast & dinner basis.
- ✓ On the Trek: In small camping tents on twin sharing basis; All meals included.
- ✓ All surface transportation from Dibrugarh to Miao & back by SUV/MUV.
- ✓ Miao to Deban & back by local jeeps.
- ✓ Inner Line Permits for Arunachal Pradesh & Entrance fees for Namdapha National Park.
- ✓ Necessary portorage and camping equipment for the trek.
- ✓ Birding guide on the trek.
- ✓ Leech guard socks.
- ✓ One experienced Countryside Outdoor professional throughout with comprehensive medical kit.
- ✗ Goods & Service Tax as applicable.
- ✗ Travel to & from Dibrugarh.
- ✗ Camera fees for Namdapha National Park.
- ✗ Any expenses of personal nature such as mineral water, laundry, liquor, etc.
- ✗ Tips to porters, camping team, driver, guide, etc.
- ✗ Any extra costs incurred due to extension/change of the itinerary because of natural calamities, flight delays, road blocks, vehicle breakdown, etc. factors beyond the control of “Countryside Adventure Holidays Pvt. Ltd.” and its associates.
- ✗ Items not specified in the above in “Cost Includes. countryside Adventure Holidays Pvt. Ltd.” and its associates.



Extend your Journey



Kolkata
2 Nights



Sundarbans
2 Nights



Eastern Arunachal- Anini
9 Nights

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