



João Marques

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Portugal | 14 April 76'

COACH UEFA A

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Languages



Education

- ★ Accounting course
- ★ Environmental management technician course
- ★ Access Course to the Category of Agent, Insurance Broker or Reinsurance Mediator in the life and non-life sectors

Sports Qualifications



UEFA A (level III)

08/2024



A FORMER PLAYER & **+18** YEARS OF EXPERIENCE AS A COACH WITH THE CREATION OF **INNOVATIVE** TRAINING MODELS AND STRATEGIES

★ Former Player Career

FC Famalicão

July 1987 - August 1993

GD Louro

July 1993 - July 1994

GR Gavião

August 1994 - July 2000

Desportivo S. Cosme

July 2000 - July 2001

Averomar FC

July 2001 - July 2006

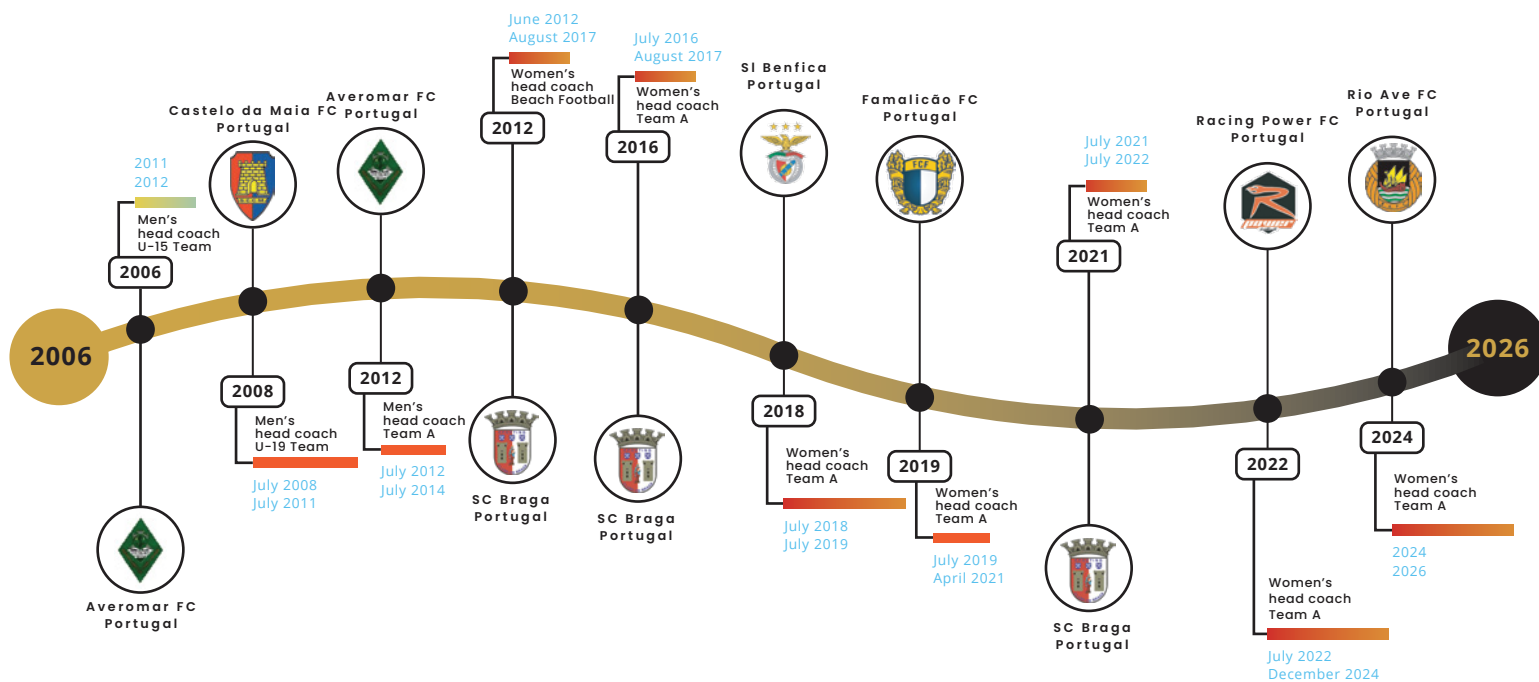
Technical Skills

★ Sports sciences:

- Technique, tactics, physical and mental aspects of sport;
- Medicine, nutrition, first aid and injury prevention;
- Methodology and pedagogy (didactics);
- Training theory, periodization and planning.

Player's Career

Professional Career



✦ Experience in leading teams

✦ Excellent Motivator

✦ Prepare, plan & establish training

✦ Open to challenges.

✦ Goals-oriented. Focus on quality & fulfilling requirements

✦ Rapid tactical decision making



Skills

Searching

Plan, Educate & Win

Lead teams

Professional growth

Honors & Awards



As a Coach:

- 1 Euro Winners Cup Beach, in 2017
- 4 Elite Beach Championships, in 2012/13, 2013/14, 2014/15, 2016/17
- 1 Portuguese Women's Football Cup, in 2018/19
- 1 Women's League Cup, in 2021/22
- 2, II National Women's Division, in 2018/19, 2022/23
- 1 AF Setúbal Women's Cup, in 2022/23
- Vote of praise from Famalicão town hall
- U15 winner of the Póvoa Cup & Póvoa Super Cup
- U19 champion II division AF Porto
- Averomar seniors champion 2012/2013 & 2013/2014
- Póvoa cup champion 2012/2013 & 2013/2014
- Winner of the 2012/2013 Póvoa super cup
- Gavião Sports Group - Honor for sports merit, 2025
- Division climb to 2º league with Ro Ave FC, 2025



Individual Awards

- Award "FernandoVaz", 2020/2021
- Award "JoséMariaPedroto", 2018/2019 & 2019/2020
- Famalicense D'Ouro, 2020
- Nominated by the FPF for "Quinas de Ouro" in the category of the Best Women's Soccer Coach in 2018 & 2019. And in the category of the Best Beach Soccer Coach in 2016, 2017 & 2018
- Coach of the year 2016 - "GalaSCBraga"
- Recognition on "Gala Desportiva da Póvoa de Varzim" in 2014, 2015, 2016, 2017, 2018, 2019.
- Diplom of merit from the Maia's City Council in 2009.
- Award "Cândido de Oliveira" - coach 2º league women's football in 2025