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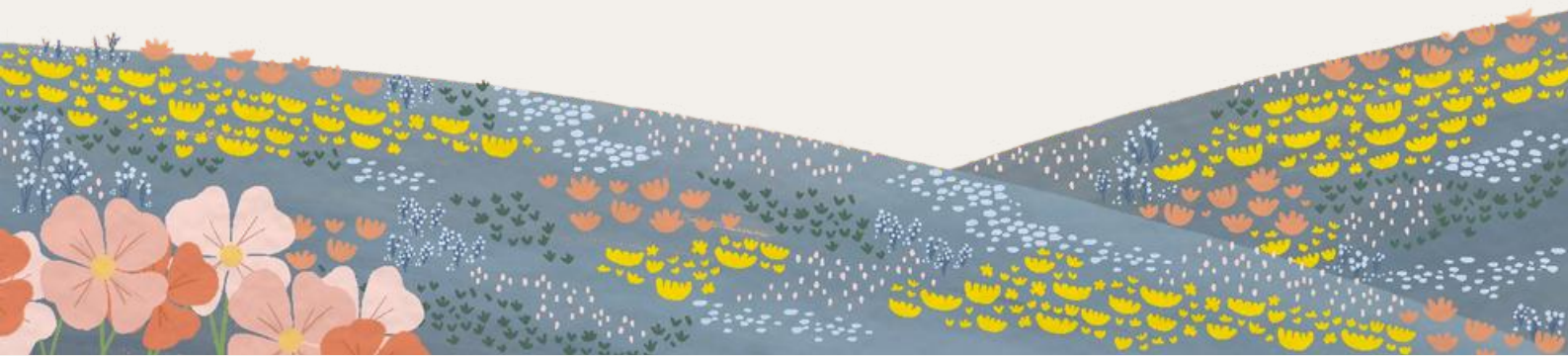
Reflecting on His Beautiful Names

a tracing journal



Chapter Markers

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| 1 <u>Ar-Rahman</u> | 2 <u>Ar-Rahim</u> | 3 <u>Al-Malik</u> |
| 4 <u>Al-Quddus</u> | 5 <u>As-Salam</u> | 6 <u>Al-Mu'min</u> |
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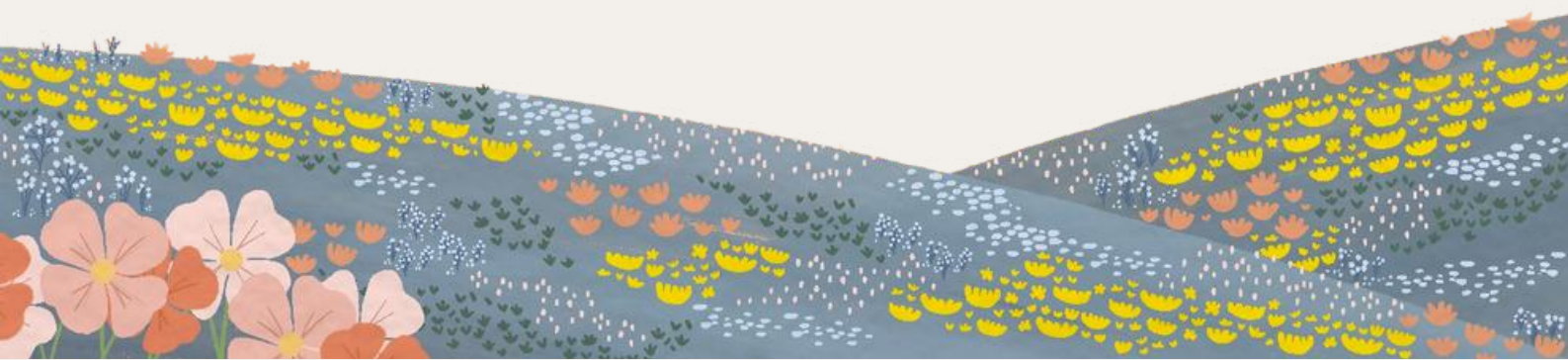
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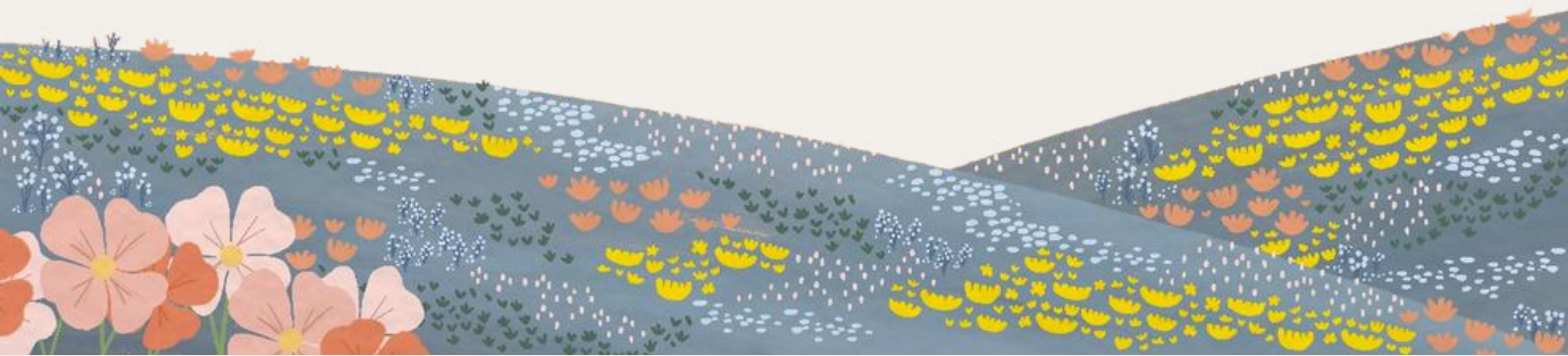
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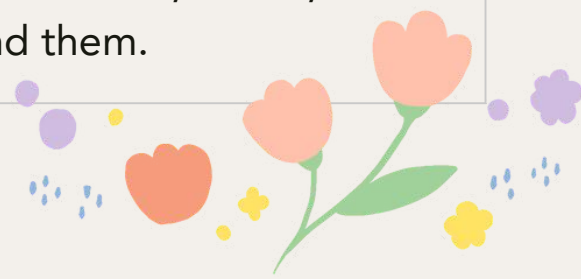
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1: Ar-Rahman

*The Most Lovingly Beneficent, The Most Kind and Giving,
The Most Gracious, The Infinitely Good*

MEANING:	- Rahman comes from the root ra-ha-mim (ر ح م), which is a combination of tenderness, gentleness, compassion, love and mercy. - The One Whose endless, loving mercy is perfect and inclusive, continually pouring it upon all His creations.
QURAN REFERENCE:	- This Name occurs 57 times in the Quran, including in <u>41:2</u>. تَنْزِيلٌ مِّنَ الرَّحْمَنِ الرَّحِيمِ - "This is a revelation from the Most Compassionate, Most Merciful." <u>An entire Surah was also named after this Name!</u>
WHEN TO USE THIS NAME:	- Before starting any task, recite <i>Bismillahir rahmannirrahim</i> (In the name of God, The Most Gracious, The Most Merciful) because nothing can be accomplished without Him and His Mercy. - We can call on this Name when we are in need of immense Hope. Allah SWT remind us in a Hadith Qudsi that "<i>My Mercy surpasses my Wrath.</i>" (<u>Bukhari</u>)
GOOD TO NOTE:	- Allah's Rahmah can be best learned through the <u>Rahmatan-lil-amin</u>, Rasulullah ﷺ. We shall be able to further understand it by studying his ﷺ's life and by following his ﷺ example (the Sunnah). - According to Al-Ghazali, Ar-Rahman gives to both the worthy and unworthy, this life and that which is to come, and encompasses the essentials, needs, and advantages which go beyond them.





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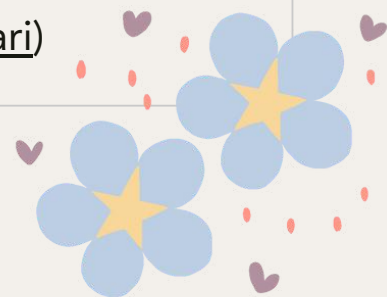
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2: Ar-Rahim

The Most Merciful, The Extremely Kind, The Most Compassionate

MEANING:	- Rahim comes from the same root word as <u>Ar-Rahman</u> which refers to Allah's attribute of being Merciful. - While Ar-Rahman can be understood to refer to Allah as the origination or source of all Mercy, Ar-Rahim refers to its sustaining or infiniteness. - The root ر ح م also indicates the womb, which provides protection and nourishment, and from which all of creation is brought into being.
QURAN REFERENCE:	- This Name occurs 123 times in the Quran, including in <u>12:98</u>. قَالَ سَوْفَ أَسْتَغْفِرُ لَكُمْ رَبِّي إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ - Often paired with the Name <u>Al-Ghafoor</u> as in <u>6:54</u>, and <u>Ar-Ra'oof</u>, as in <u>57:9</u>.
WHEN TO USE THIS NAME:	- When we are touched with adversity, we should call on Ar-Rahim to provide ease for us through His Compassionate Mercy. - When we are burdened with the heaviness of our sins, call on Ar-Rahim as His Forgiveness is part of His all-encompassing Mercy.
GOOD TO NOTE:	Rasulullah ﷺ told us, "Allah has divided mercy into hundred parts, and He retained with Him ninety nine parts, and sent down to earth one part. Through this one part creatures deal with one another with compassion, so much so that an animal lifts its hoof over its young lest it should hurt it." (<u>Bukhari</u>)





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3: Al-Malik

The King, The Ruler, and Owner of Dominion

MEANING:	Malik comes from the root mim-lam-kaf (م ل ك), which points to three main meanings. The first main meaning is to have possession and ownership. The second is to have power and ability and the third main meaning is to control and have authority.
QURAN REFERENCE:	- This Name occurs 5 times in the Quran in <u>3:26</u>, <u>20:114</u>, <u>23:116</u>, <u>59:23</u> and <u>62:1</u>. - The root م ل ك appears 206 times in the Quran in ten derived forms.
WHEN TO USE THIS NAME:	We should call on the Name Al-Malik as we set out to do our daily affairs as it reminds us that only Allah SWT, the King of all Kings, is in control. This will free us from depending on ourselves, other people, or other superficial entities like wealth, fame, and power.
GOOD TO NOTE:	- The first Ayah of <u>Surah Mulk</u> is of great significance. It is narrated in a hadith that the Rasulullah ﷺ said, <i>"Indeed there is a Surah in the Qur'an of thirty Ayat, which intercedes for a man until he is forgiven. It is (Surah) Tabarak Alladhi Biyadihil-Mulk."</i> (Tirmidhi) - When we realise that everything is owned by Allah and that everything that was given to us is an <i>Amanah</i> (Trust), we will learn to take better care of them. This includes our time in this world, our physical self, our wealth, and even this Earth we are currently living in.





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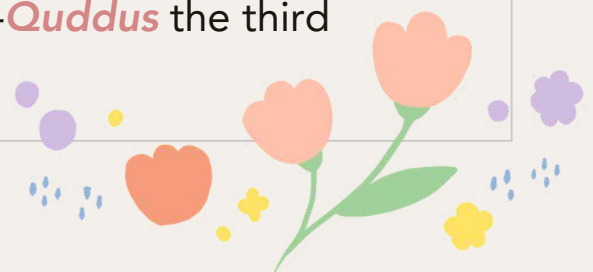
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4: Al-Quddus

The Most Holy, The Most Pure, The All-Perfect

MEANING:	• Quddus comes from the root qaf-dal-sin (ق د س), which means pure, clean, spotless, to be far removed from impurity or imperfection and be Holy and sacred. • Al-Quddus describes the unique, unimaginable purity and perfection that is Allah, the One Whose goodness and righteousness are beyond our understanding.
QURAN REFERENCE:	• This Name occurs twice in the Quran, in <u>62:1</u> and <u>59:23</u>, and both times after the Name <u>Al-Malik</u>. • This should remind us not to conflate the human with the Divine. He is the King and He is also Pure, so there is no oppression or unfairness under Him.
WHEN TO USE THIS NAME:	• Call on this Name to remind ourselves that our being here is not a mistake but from Allah's Perfection. • We can also call on this Name when we want to purify our Iman, to rid of any heedlessness, pride, idleness or wrong-doings in our hearts.
GOOD TO NOTE:	• Rasulullah ﷺ used to recite in Witr the Surahs "<u>Glorify the Name of your Lord, the Most High</u>;" and "<u>Say: O you disbelievers!;</u>" and '<u>Say: He is Allah, (the) One.</u>' And when he said the Taslim, he would say: <i>Subhanal-Malikil-Quddus</i> (Glory be to the Sovereign, the Most Holy) three times, raising his voice with <i>Subhanal-Malikil-Quddus</i> the third time." (<i>Sunan an-Nasa'i</i>)





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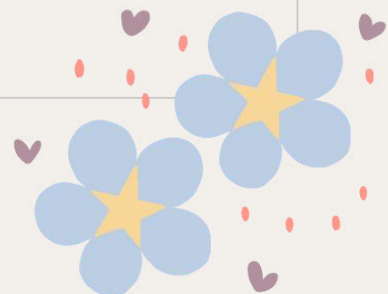
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5: As-Salam

The Source of Peace, The Flawless, The Source of Wholeness and Well-Being

MEANING:	Salam comes from the root sin-lam-mim (س ل م), which denotes safety, security, freedom and immunity. It also means to be peaceful, quiet, tranquil, content, friendly, reconciled, to be free from imperfections, free of faults, complete, whole, sound, to be safe, secure, well, healthy, and prosperous.
QURAN REFERENCE:	This Name occurs only once in the Quran, in <u>59:23</u>. هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهِيمُنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَنَ اللَّهِ عَمَّا يُشْرِكُونَ
WHEN TO USE THIS NAME:	Call on As-Salam whenever we are struggling with worry, anxiety or grief, or when we are in need of serenity and tranquillity. Understand that this world is a creation of As-Salam, and so He has created means of peace within it, but only Allah SWT Himself is the source of all Peace, everything else is merely a tool or a means.
GOOD TO NOTE:	When Rasulullah ﷺ finished his prayer, he ﷺ would recite Istighfar thrice and will say - اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ ذَا الْجَلَالِ وَالْإِكْرَامِ "O Allah, You are Peace and from You comes peace. Blessed are You, O Owner of majesty and honor." (<u>Muslim</u>)





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6: Al-Mu'min

*The Remover of Fear, The Giver of Tranquility,
The Source of Faith, The Granter of Security*

MEANING:	Mu'min comes from the root hamza-mim-nun (أ م ن), which means to be secure, safe, free from fear, to grant protection, safeguard, to be trusted, and trustworthy.
QURAN REFERENCE:	This Name occurs only once in the Quran, in <u>59:23</u>. هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ
WHEN TO USE THIS NAME:	We call on this Name when we are in fear, when our faith is shaken, or when we need courage to do or say the right thing. Al-Mu'min is He Who fulfils His Promises, so call on this Name when you need a sense of security. Allah SWT says in the Quran, "Truly, Allah does not break His Promise." (<u>3:9</u>)
GOOD TO NOTE:	The Name Al-Mu'min can also be called when we are in need of His Help in guiding others. The most deserving person to be called a mu'min is one who guides others to what will give them ultimate safety and security, i.e. a Mu'mun will guide others to Al-Mu'min Himself.





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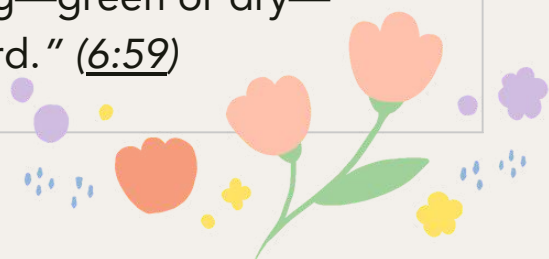
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7: Al-Muhaymin

*The Protector, The Bestower of Security, The Guardian,
The Safeguarder, The Overseer*

MEANING:	Muhaymin comes from the root ha-mim-nun (ه م ن), which means to watch over, oversee, protect, guard, to be witness, to offer security and peace and to determine what is true. When we speak about Allah SWT as Al-Muhaymin, nothing (not even the smallest detail) would ever pass His Knowledge. He knows each and every single thing, the past, present and future, in every single detail.
QURAN REFERENCE:	This Name occurs only once in the Quran, in <u>59:23</u>. هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ
WHEN TO USE THIS NAME:	Call on Al-Muhaymin when we are worried of both the big and the small things in our lives. Remember that He has perfect control over everything and that He bestows His Protection on every single creation in utmost perfection. Nothing escapes His Knowledge nor His Power.
GOOD TO NOTE:	A beautiful Ayah in the Quran that describes Al-Muhaymin in action would be "With Him are the keys of the unseen—no one knows them except Him. And He knows what is in the land and sea. Not even a leaf falls without His knowledge, nor a grain in the darkness of the earth or anything—green or dry—but is 'written' in a perfect Record." (<u>6:59</u>)





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8: Al-'Aziz

*The Almighty, The Invulnerable, The Honorable,
The Strong, Dignified and Powerful*

MEANING:	'Aziz comes from the root word ain-zai-zai (ع ز ز) which means mighty, potent, strong, powerful, to be high, elevated, noble, exalted, honourable, noble, glorious, illustrious, indomitable, invincible, respected, cherished and to be scarce, rare, precious, unattainable.
QURAN REFERENCE:	- This Name occurs approximately 90 times in the Quran such as in <u>2:260</u>. وَأَعْلَمُ أَنَّ اللَّهَ عَزِيزٌ حَكِيمٌ - It is often paired with His Other Names. For example, <u>Al-Hakeem</u> 42 times, and <u>Ar-Rahim</u> 13 times. This means that Allah SWT's Strength is always with Wisdom and Mercy, not an overpowering of oppression or haste.
WHEN TO USE THIS NAME:	Call on this Name when we are in need of strength, and justice and when we need to face those who exercise strength in unjust ways, for Al-'Aziz is Mightier than anyone and anything.
GOOD TO NOTE:	During the Battle of Badr, the Muslims were vastly outnumbered: 313 to 1000. Allah SWT then sent the angels as reinforcements and the believers were then victorious. However, Allah SWT reminds us in the Quran, "Help comes only from Allah, He is Al-'Aziz, <u>Al-Hakeem</u>." (8:10) It is Al-'Aziz Who defeated the disbelievers, not the angels.





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9: Al-Jabbar

The Compeller, The Restorer, The Repairer,

MEANING:	Jabbar comes from the root word jeem-baa-raa (ج ب ر) which means the One Who compels and restores and demonstrates Allah's Majesty and Strength over His servants. He is the One Who is able to restore and mend what is broken.
QURAN REFERENCE:	This Name occurs once in the Quran, in <u>59:23</u>. هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ
WHEN TO USE THIS NAME:	- We can cry to Al-Jabbar to seek His Help to restore what is lost from within us or in our lives. - We can also call on this Name when our spirits are broken and our confidence is shaken for Al-Jabbar, who can restore it all for us.
GOOD TO NOTE:	- The Arabic word for a splint that is used to help a broken bone heal is <i>jibeera</i>, which is from the same root word as Jabbar. The splint compels the bone to heal in the right way and restores it to its unbroken state. - This should be a lesson for us that when we are broken, we should turn to Al-Jabbar Who can mend our broken hearts. What is broken within us will be healed in His Own Perfect Time.





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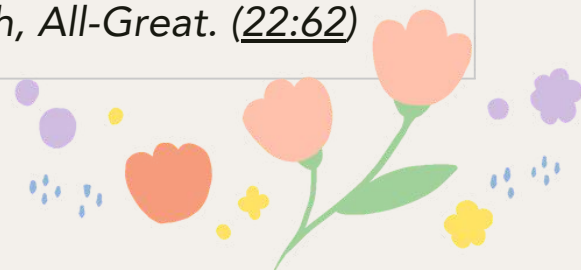
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10: Al-Mutakabbir

The Supreme, The Majestic, The Perfection of Greatness

MEANING:	Mutakabbir comes from the root word ka-baa-raa (ك ب ر) which is to be great in size, rank or dignity, to be vast, formidable, to be great in dignity, noble, majestic, to be most knowing and to have right above all others.
QURAN REFERENCE:	This Name occurs once in the Quran, in <u>59:23</u>: هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ الْمُهَيْمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَنَ اللَّهِ عَمَّا يُشْرِكُونَ
WHEN TO USE THIS NAME:	We should lean on Al-Mutakabbir when we are faced with an obstacle that seems insurmountable because Allah is always Greater and Mightier than anything in this world.
GOOD TO NOTE:	Sheikh Ratib al-Nabulsi states Allah's Greatness (Kabeer) is that He is not confined by size nor by our mental conceptions of Him. He is truly Great - <u>Al-Kabeer</u>. Allah says in the Quran, ذَلِكَ بِأَنَّ اللَّهَ هُوَ الْحَقُّ وَأَنَّ مَا يَدْعُونَ مِنْ دُونِهِ هُوَ الْبَاطِلُ وَأَنَّ اللَّهَ هُوَ الْعَلِيُّ الْكَبِيرُ <i>That is because Allah 'alone' is the Truth and what they invoke besides Him is falsehood, and Allah 'alone' is truly the Most High, All-Great. (22:62)</i>





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11: Al-Khaliq

The Creator, The Maker

MEANING:	Khaliq comes from the root word kha-laam-qaf (خ ل ق) which means to measure accurately, to determine the proper measure or proportion for something, to proportion one thing according to another, to create something based on a pattern or model which one has devised and to bring a thing into existence from non-existence.
QURAN REFERENCE:	This Name occurs 8 times in the Quran, such as in: (59:24) هُوَ اللَّهُ الْخَلِيقُ الْبَارِئُ الْمُصَوِّرُ (36:81) بَلَىٰ وَهُوَ الْخَلَّاقُ الْعَلِيمُ (39:62) اللَّهُ خَلَقَ كُلَّ شَيْءٍ (13:16) قُلِ اللَّهُ خَلَقَ كُلَّ شَيْءٍ وَهُوَ الْوَحْدُ الْقَهَّارُ
WHEN TO USE THIS NAME:	- We should see the beauty around us and within ourselves and thank Al-Khaliq for the blessing of health, life, food, and everything that benefits us. - We can also call on this Name when we are trying to determine whether to start a project / task / venture, as Al-Khaliq only creates something with purpose and wisdom.
GOOD TO NOTE:	In <u>Surah Al-Hashr</u>, Al-Khaliq, <u>Al-Bari'</u> and <u>Al-Musawwir</u> are mentioned together, one after the other. Al-Khaliq represents that Allah is the Creator Who planned and created everything; Al-Bari' is the Originator Who did everything from scratch, and Al-Musawwir is the Fashioner Who put everything into Perfection.





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12: Al-Bari'

The Evolver, The Maker, The Producer, The Maker from Nothing

MEANING:	Bari' comes from the root word ba-ra-hamza (ب ر أ) which means to create, to form out of nothing, to manifest, to create using pre-existing matter, evolve, to be individual, free and clear of another thing and to be free and clear of fault or blemish.
QURAN REFERENCE:	This Name occurs 3 times in the Quran. One such verse is in <u>2:54</u>. وَإِذْ قَالَ مُوسَىٰ لِقَوْمِهِ ۖ يُقَوْمِ إِنَّكُمْ ظَلَمْتُمْ أَنْفُسَكُمْ بِاتِّخَاذِكُمُ الْعِجَلَ فَتُوبُوا إِلَىٰ بَارِئِكُمْ فَاقْتُلُوا أَنْفُسَكُمْ ذَٰلِكُمْ خَيْرٌ لَّكُمْ عِنْدَ بَارِئِكُمْ فَتَابَ عَلَيْكُمْ ۚ إِنَّهُ هُوَ التَّوَّابُ الرَّحِيمُ
WHEN TO USE THIS NAME:	We can incorporate this Name when teaching our children about how Allah SWT is the Creator of this Universe. We can reflect together with them about His Creations and how we should respect and appreciate them all, and not abuse them, as everything has been Lovingly created by Al-Bari'.
GOOD TO NOTE:	In <u>Surah Yasin</u>, it is mentioned, كُنْ فَيَكُونُ, which translates as, "Be, and it is." When Allah wants something to happen, He just says 'Be' and it appears right away. These words are a command from Al-Bari', showcasing His Power to create anything from scratch, in a blink of an eye, and this Authority belongs to Him, and Him alone.





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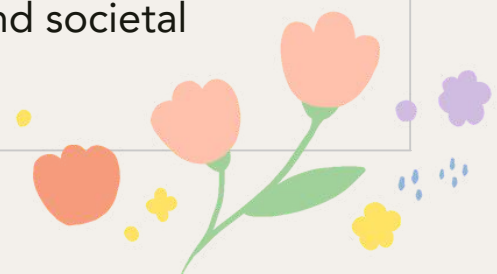
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13: Al-Musawwir

The Fashioner, The Shaper, The Designer

MEANING:	Musawwir comes from the root word saad-waw-ra (ص و ر) which means to make something incline, lean or bend towards, to form, fashion, sculpt, imagine or picture something and to have an inclination or desire towards something.
QURAN REFERENCE:	This Name occurs once in the Quran, in <u>59:24</u>. هُوَ اللَّهُ الْخَلِيقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَىٰ يُسَبِّحُ لَهُ مَا فِي السَّمَوَاتِ وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ
WHEN TO USE THIS NAME:	We can call on this Name when we are appreciating the beauty of this world! Whether it be when we are looking at our favourite flower, or at an adorable cat, or even at our human anatomy, it is Al-Musawwir Who shapes and forms every single thing in this world. For example, if we look at our five fingers, we can see the different heights of each finger. Even the placement of our thumbs has its purpose: to enable us to pick up things!
GOOD TO NOTE:	When we wish to be something else, we should remember Al-Musawwir, Who has created us better than what we wish to be. The first thing that we need to understand is Allah's definition of "perfect", is not the same as our skewed perception of what "perfect" is, which is influenced by Western and societal expectations.





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14: Al-Ghaffar

*The Repeatedly Forgiving, The All-Forgiving,
The Veiler of Sins and Faults*

MEANING:	Ghaffar comes from the root word ghayn-fa-ra (غ ف ر) which means to cover, veil, conceal, hide, to pardon, to forgive, to set alright and to cover a thing to protect it from dirt.
QURAN REFERENCE:	Al-Ghaffar is mentioned 5 times in the Quran such as in <u>39:5</u> خَلَقَ السَّمَوَاتِ وَالْأَرْضَ بِالْحَقِّ يُكَوِّرُ اللَّيْلَ عَلَى النَّهَارِ وَيُكَوِّرُ النَّهَارَ عَلَى اللَّيْلِ وَسَخَّرَ الشَّمْسَ وَالْقَمَرَ كُلٌّ يَجْرِي لِأَجَلٍ مُّسَمًّى ۚ أَلَا هُوَ الْعَزِيزُ الْغَفَّارُ
WHEN TO USE THIS NAME:	We cling to this Name when we are struggling with an addiction or a sin that we are striving to stop. One of the ways Syaitan drown us is through hopelessness. He wants us to focus on our flaws, our sins and our addictions instead of on Al-Ghaffar. But whenever we think about how heavy our sins are, we should re-focus and think about how forgiving Al-Ghaffar is. (However, we don't want to take that for granted and be from those who keep on sinning because of the Ghaffur-ness of Allah SWT.)
GOOD TO NOTE:	This Name appears in the Quran in 3 forms - Ghafir, Ghafoor, Ghaffar - Whenever Allah mentions Ghafir or Ghaffar, it means He forgives us over and over again. Ghafoor means He forgives us even if we keep repeating the same sins repeatedly. Allah is All-Forgiving in every one of our states.





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15: Al-Qahhar

The Ever-Dominating, The Conqueror, The Prevailer

MEANING:	Qahhar comes from the root word qaf-ha-ra (ق ه ر) which means to overcome, conquer, to overpower, master, to dominate over, prevail, to subdue, subjugate and to compel against one's wishes.
QURAN REFERENCE:	This Name occurs 6 times in the Quran, and it is paired with Al-Wahid in all of them. One such verse is <u>12:39</u> <i>يُصْحِبِي السَّجْنَءَ أَرْبَابٌ مُتَفَرِّقُونَ خَيْرٌ أَمِ اللَّهُ الْوَحِيدُ الْقَهَّارُ</i>
WHEN TO USE THIS NAME:	- We can call on this Name when we face someone or something we fear, as we should be assured that we have Al-Qahhar with us, just like how He was with Prophet Musa AS against Firaun and his army. - We can also call on this Name when we are fighting against our greatest enemies - the Devil and our Nafs - knowing full well that Al-Qahhar is more powerful than them.
GOOD TO NOTE:	The following supplication in Fortress of Muslim make use of the name Al-Qahhar: <i>لَا إِلَهَ إِلَّا اللَّهُ الْوَاحِدُ الْقَهَّارُ رَبُّ السَّمَوَاتِ وَالْأَرْضِ وَمَا بَيْنَهُمَا الْعَزِيزُ الْغَفَّارُ</i> <i>"There is none worthy of worship but Allah, the One, the Victorious, Lord of the heavens and the earth and all that is between them, the All-Mighty, the All-Forgiving." (Hisn Al Muslim 112)</i>





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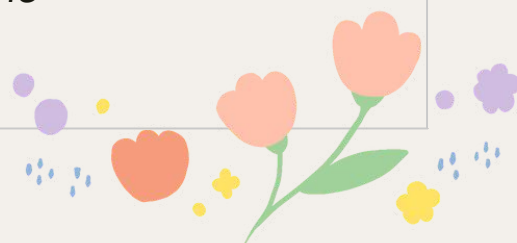
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16: Al-Wahhab

*The Giver of Gifts, The Great Giver,
The One Who Keeps on Giving*

MEANING:	Wahhab comes from the root word wau-ha-ba (و ه ب) which means to give for no compensation, to give as a gift, to donate, to offer as a present, to bestow, to give liberally and freely. The One Who continually bestows gifts, favours and blessings upon all of creation.
QURAN REFERENCE:	This Name occurs 3 times in the Quran, in <u>3:8</u>, <u>38:9</u> and <u>38:35</u>. In <u>3:8</u> for example, Allah SWT immortalised the Du'a of Prophet Sulaiman AS using His Name Al-Wahhab: رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ
WHEN TO USE THIS NAME:	We can call on this Name when asking for anything and everything that we need and want, for Al-Wahhab gives and continues to give without limitation or boundaries. We can also reflect on this Name when we struggle with envy in our hearts when we see others with their gifts, understanding that Al-Wahhab's gifts to everyone are different and purposefully personalised, as only He knows what is best for each individual.
GOOD TO NOTE:	We can manifest this Name by frequently giving gifts to others as well as Rasulullah ﷺ said, "Give gifts and you will love one another." (<u>Al-Adab Al-Mufrad 594</u>)





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17: Ar-Razzaq

The Sustainer, The Provider, The Bestower of Sustenance

MEANING:	Razzaq comes from the root word ra-zay-qaf (ر ز ق) which means to receive something beneficial, especially as a gift, to be provided with the necessities of life, to receive a portion, share or lot and to be supplied with a means of subsistence.
QURAN REFERENCE:	This Name occurs once in the Quran, in <u>51:58</u>. إِنَّ اللَّهَ هُوَ الرَّزَّاقُ ذُو الْقُوَّةِ الْمَتِينُ “Indeed, Allah alone is the Supreme Provider— Lord of all Power, Ever Mighty.”
WHEN TO USE THIS NAME:	We can use this Name whenever we feel constricted and limited, understanding that Ar-Razzaq can provide for us and expand our strength and resources in ways that we can never imagine. We should also hold on to this Name to humble ourselves whenever we receive blessings, as it is from Ar-Razzaq, and not from our own doings.
GOOD TO NOTE:	When we refer to Rizq or provision, from which the Name Ar-Razzaq is derived, do not just confine it to mean money and material wealth. The definition of Rizq is far wider than that and includes anything that benefits - so it can be something we can see, and it can also include the provision of the heart, emotional sustenance and spiritual Rizq. When we call on Ar-Razzaq, we are calling on the One Who is providing for us all of these, and more!





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18: Al-Fattah

*The Opener, The Victory Giver, The Revealer,
The Granter of Success*

MEANING:	Fattah comes from the root word fa-ta-ha (ف ت ح) which means to open, unlock, unfold, make victorious, reveal, inform, explain, make clear, grant and permit.
QURAN REFERENCE:	This Name occurs once in the Quran, in <u>34:26</u>. قُلْ يَجْمَعُ بَيْنَنَا رَبُّنَا ثُمَّ يَفْتَحُ بَيْنَنَا بِالْحَقِّ وَهُوَ الْفَتَّاحُ الْعَلِيمُ Say, "Our Lord will bring us together; then He will judge between us in truth. And He is the Knowing Judge."
WHEN TO USE THIS NAME:	- Anytime we face a roadblock in life, call on Al-Fattah to open doors of solutions, ease and sustenance for us. Whatever it is we need access to, Al-Fattah is the One Who can open it for us. We can also do our part in manifesting this Name through praying Istikharah when seeking an answer. - Al-Fattah can also open hearts. We can call on this Name and ask for Al-Fattah's Help before doing any form of Da'wah or before going into a difficult conversation.
GOOD TO NOTE:	When Allah SWT opens, He does so with full knowledge of everything - what is and what is not, what was and what was not, what will be and all possibilities, past, future, and present. When we ask from Al-Fattah, we do so with the certainty that He knows realities and truths that we do not. So when it appears to us that doors are not opening, we must trust that Al-Fattah has the full knowledge and wisdom that we lack.





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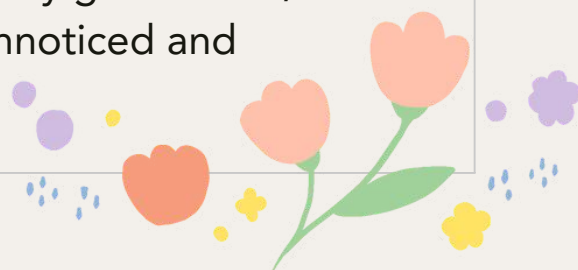
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19: Al- 'Alim

The All-Knowing, The Omniscient

MEANING:	'Alim comes from the root word ayn-lam-meem (ع ل م) which means to have knowledge, be cognisant, be certain, to be aware, thoroughly informed, to have firmly rooted knowledge of the minute particulars and to act according to knowledge.
QURAN REFERENCE:	This Name occurs 157 times in the Quran, such as in <u>6:96</u>. Allah SWT recorded a Du'a made by Prophet Ibrahim AS and his son, Prophet Ismail AS, after they were done building the foundation of the Ka'abah: رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ "Our Lord! Accept 'this' from us. You are indeed the All-Hearing, All-Knowing. (<u>2:127</u>)
WHEN TO USE THIS NAME:	We can call on this Name when we are having difficulty expressing what is in our hearts, as Allah Al-'Alim knows every single fear, worry, anxiety and concern that is within us. We can also call on Al-'Alim when we do not comprehend certain happenings in our lives, with full trust that although we do not comprehend, Allah SWT completely and perfectly does. And He knows why it has to happen the way it did.
GOOD TO NOTE:	We should also live with full conviction that every wrong is seen by Al-'Alim, and every good deed, no matter how minute, will not go unnoticed and unrewarded by Al-'Alim as well!





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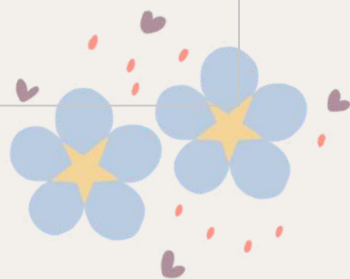
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20: Al-Qabid

The Withholder, The Restrainer, The Constrictor

MEANING:	Qabid comes from the root qaf-ba-dad (ق ب ض) which means to take in the hand, clutch, lay hold of to grasp, grip, seize, hold firmly to have the absolute ownership of something, barter to contract, shrink, draw together, make scanty, or make scarce.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but its attribute is mentioned in <u>2:245</u>. وَاللَّهُ يَاقِبُضُ وَيَبْضُطُ وَإِلَيْهِ تُرْجَعُونَ It is Allah 'alone' who decreases and increases 'wealth'. And to Him you will 'all' be returned.
WHEN TO USE THIS NAME:	We can call on this Name when we are trying to withhold ourselves from sins, or whenever we are trying to stop and constrict ourselves from committing deeds that Allah SWT does not like, for example, withholding our tongues from bad speech.
GOOD TO NOTE:	When we feel constricted, we must trust and understand that Al-Qabid withholds from us His Mercy and that there is good even in the delay. This Name is also paired with <u>Al-Basit</u> (The Expender) and scholars have said that referring to Allah SWT with only one of these Names would render an incomplete meaning, as when He Restricts, He also expands.





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21: Al-Basit

The Extender, The Unfolder, The Expander, The Releaser

MEANING:	Basit comes from the root ba-sin-ta (ب س ط) which means to expand, enlarge, extend to grant abundance, to provide amply to spread, widen, to make spacious to extend a hand.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the closest attribute is mentioned is in <u>2:245</u>, with it also being paired with the attribute of <u>Al-Qabid</u>. وَاللَّهُ يَاقِبِضُ وَيَبْصُطُ وَإِلَيْهِ تُرْجَعُونَ It is Allah 'alone' who decreases and increases 'wealth'. And to Him you will 'all' be returned.
WHEN TO USE THIS NAME:	- We can call on this Name whenever we are fighting with procrastination and laziness especially in our worship, for only Al-Basit can expand our hearts and guide us to be in remembrance and submission of Him. - We can also ask from this Name whenever we feel that our paths are blocked and constricted, and whenever we need a boost of hope and inspiration!
GOOD TO NOTE:	As believers, we manifest this Name by being a source of expansion and relief to others. Al-Ghazali states that one of the ways we can do this is to help others by reminding them of Allah's Blessings unto them.





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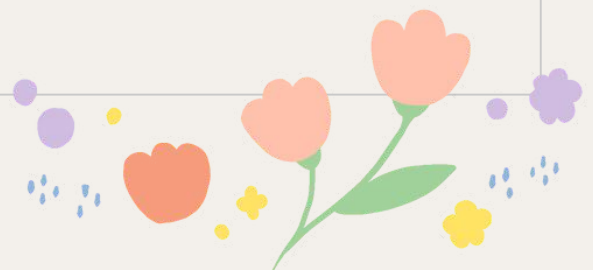
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22: Al-Khaafidh

The Abaser, The Humiliator, The Downgrader

MEANING:	Khaafidh comes from the root kha-fa-dad (خ ف ض) which means to lower, weaken, depress, make humble, abase, relax, diminish, subdue, to make gentle, tranquil, easy to deal with, to soften, make easy, and facilitate.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the closest the attribute is mentioned is in <u>56:3</u>. خَافِضَةٌ رَّافِعَةٌ
WHEN TO USE THIS NAME:	We call upon Al-Khaafidh when we struggle with our weaknesses such as anger, hastiness or overindulgence in sins and wrongdoings. We ask for His Help to weaken or subdue our lower desires (Nafs) so we can function better as His Servants and be protected from being those who He abase or humiliate.
GOOD TO NOTE:	It must also be known that abasement does not always take place due to committed sins and faults. Al-Khaafidh sometimes removes the bounties He has given to a person and abases him in order to test his patience; thus He makes His name Al-Khaafidh manifest in him.





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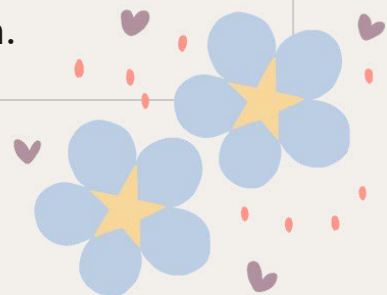
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23: Ar - Rafi'

The Exalter, The Elevator

MEANING:	Rafi' comes from the root ra-fa-ayn (ر ف ع) which means to raise or elevate something to uplift, to take it up to make high, lofty to exalt, make honourable, make eminent to bring a thing near.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the closest the attribute is mentioned is in <u>6:83</u> and <u>58:11</u> as below: يَا أَيُّهَا الَّذِينَ ءَامَنُوا إِذَا قِيلَ لَكُمْ تَفَسَّحُوا فِي الْمَجَالِسِ فَافْسَحُوا يَفْسَحِ اللَّهُ لَكُمْ ۚ وَإِذَا قِيلَ انشُرُوا فَانْشُرُوا يَرْفَعِ اللَّهُ الَّذِينَ ءَامَنُوا مِنْكُمْ وَالَّذِينَ أُوتُوا الْعِلْمَ دَرَجَاتٍ ۚ وَاللَّهُ بِمَا تَعْمَلُونَ خَبِيرٌ
WHEN TO USE THIS NAME:	We can call upon Ar-Rafi' when we wish for something in our lives to be increased. We can also ask for our ranks to be elevated or for our spirits and morale to be raised when we feel down. Nothing is too low or too heavy to be uplifted by Ar-Rafi'.
GOOD TO NOTE:	- Allah says to Rasulullah ﷺ in the Qur'an, وَرَفَعْنَا لَكَ ذِكْرَكَ <i>"And We raised high (rafa`na) for you your repute."</i> (<u>94:4</u>). - No matter how many insulting cartoons, films or slanders are made about Rasulullah ﷺ, Allah has raised him hence no one can humiliate him.





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24: Al-Mu'iz

The Honourer, The Bestower, The Strengtheners, The Glorifier

MEANING:	Mu'iz comes from the root ayn-zay-zay (ع ز ز) which means to be mighty, potent, strong, powerful, high, elevated, noble, exalted, honourable, noble, glorious, illustrious, indomitable, invincible, respected, precious, rare, cherished, and unattainable.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but many verses allude to this attribute as the One Who gives <i>izzah</i> meaning strength, power, or dignity. One such verse is <u>35:10</u> - مَنْ كَانَ يُرِيدُ الْعِزَّةَ فَلِلَّهِ الْعِزَّةُ جَمِيعًا
WHEN TO USE THIS NAME:	We should call on this Name when we are honoured, appreciated and respected amongst people - to remind us that honour comes only from Allah alone and we should not be prideful of it. And to use the status He has given us to specifically to uphold His Commandments.
GOOD TO NOTE:	- Al-Mu'iz places one who persists in praising His Name in the centre of honour, instilling love and respect for him in people's hearts. - Anyone who aspires to earn a good share of personifying this Glorified Name has to honour the Messenger of Allah ﷺ and those who are knowledgeable among his own contemporaries, showing respect and humility to them.





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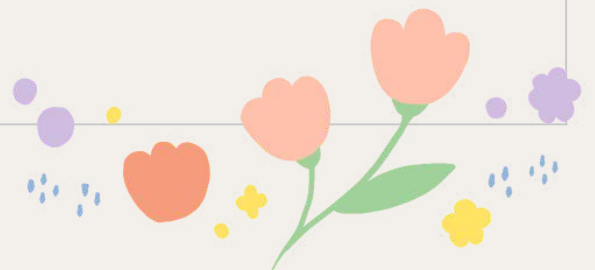
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25: Al-Muzill

The Dishonourer, The Humiliator. The Degradar, The Disgracer

MEANING:	Muzill comes from the root dhal-lam-lam (ذ ل ل), which means to be low, base, abject, paltry, to be vile, contemptible, despicable, to be inglorious, abased, humble, to be lowly, submissive, weak, to be tractable, easy, manageable.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but a verse that describes this attribute of Allah can be seen in 3:26 : قُلِ اللَّهُمَّ مَلِكُ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَاءُ وَتُعِزُّ مَنْ تَشَاءُ وَتُذِلُّ مَنْ تَشَاءُ ۚ إِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ
WHEN TO USE THIS NAME:	We can call on Al-Muzill when we want protection among people (often against an oppressor, a tyrant or an unjust figure of authority) as Allah SWT can easily weaken their state, degrade their influence, and take away their power.
GOOD TO NOTE:	The names <u>Al-Mu'iz</u> and Al-Muzill are closely related. The emphasis of these attributes is on giving dominion or sovereignty to the people and/or taking it away.





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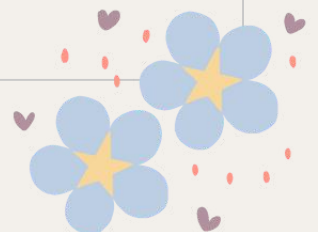
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26: As-Sami'

The All-Hearing, The Ever-Listening

MEANING:	Sami' comes from the root seen-meem-ayn (س م ع), which means to hear, to listen, to accept, to receive, to pay attention to, pay regard to, to understand the meaning of. Allah SWT hears everything we say, no matter how privately we speak.
QURAN REFERENCE:	This Name occurs 45 times in the Quran. Some verses include: وَهُوَ السَّمِيعُ الْبَصِيرُ (42:11) إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ (2:127) إِنَّهُ سَمِيعٌ قَرِيبٌ (34:50)
WHEN TO USE THIS NAME:	We can call on this Name before we start any of our Du'as, to remind ourselves that Allah SWT definitely is Ever-Listening, not just to the words on our lips but also to the whispers of our hearts.
GOOD TO NOTE:	- As-Sami' hears and is aware of everything. His Hearing is a reassurance for us so this should give us confidence when confiding in Him. - When calling to Allah, we should be soft and kind as Rasulullah ﷺ said, "O people! Be kind to yourselves, for you are not calling upon a deaf or an absent one, but You are calling an All-Hearer, and an All-Seer." (Bukhari)





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27: Al-Baseer

The All-Seeing, The All-Comprehending

MEANING:	Baseer comes from the root baa-saad-raa (ب ص ر), which means to see, behold, notice, to understand, to know, to perceive, to have insight and to be acutely aware.
QURAN REFERENCE:	This Name occurs 42 times in the Quran including in <u>40:20</u>: وَاللَّهُ يَقْضِي بِالْحَقِّ وَالَّذِينَ يَدْعُونَ مِنْ دُونِهِ لَا يَقْضُونَ بِشَيْءٍ قُلْ إِنَّ اللَّهَ هُوَ السَّمِيعُ الْبَصِيرُ
WHEN TO USE THIS NAME:	We ask from Al-Baseer if we need to be shown insight and clarity in things that may seem uncertain. We seek His Insight as He sees everything hidden and obvious, even if it's insignificant, like a black ant on a black stone when it's pitch black at night.
GOOD TO NOTE:	His sight encompasses all, not just the superficial. He sees what's truly within. Sometimes we may not get credited for our work, or our kindness and generosity may get taken advantage of or go unappreciated. But the believer who knows Allah is Al-Baseer can find solace in understanding that Allah sees and knows all. There is nothing hidden from His sight.





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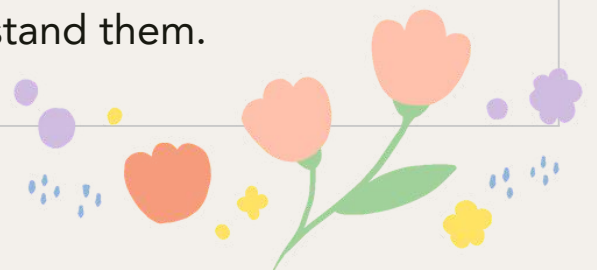
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28: Al-Hakam

The Judge, The Giver of Justice, The Arbitrator

MEANING:	Hakam comes from the root word ha-kaf-meem (ح ك م), which means to be wise, knowing the true nature of things, to pass judgment, to decide, pass a verdict, to judge and pass sentence, to prevent or restrain from wrongdoing or corruption and to turn someone back from wrongdoing or ignorance.
QURAN REFERENCE:	This Name occurs once in the Quran, in <u>6:114</u>. أَفَغَيْرَ اللَّهِ أَبْتَغِي حَكَمًا وَهُوَ الَّذِي أَنزَلَ إِلَيْكُمُ الْكِتَابَ مُفَصَّلًا
WHEN TO USE THIS NAME:	We can lean on Al-Hakam for strength when we are striving to forgive those who treated us unjustly, even though it is a difficult task. We hold on to Al-Hakam for comfort knowing that He will deal with everything with full and complete justice.
GOOD TO NOTE:	According to Ibn al-Qayyim, Allah's rulings and decrees are part of His <i>hukm</i>. We are commanded to commit to the pillars of submission, strive to perfect our character, work for justice and remove oppression. Part of believing in Allah as Al-Hakam is to know that these rulings came from the Most Wise and the Most Just, and committing to them to the best of our ability even when we do not understand them.





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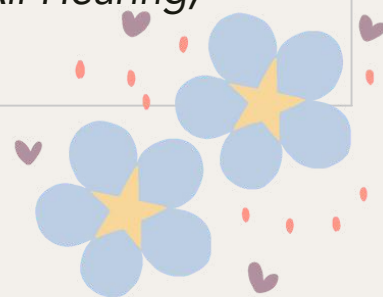
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29: Al- ' Adl

The Utterly Just, The Equitable

MEANING:	'Adl comes from the root 'a-d-l (ع د ل) which has the following connotations: to act justly, fairly, to be equitable, impartial, to adjust properly, to make even, to straighten, to rectify, to establish justice, to balance, to make equal, to rightly direct, to make comfortable with what is right.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but many verses describe this attribute of Allah such as in <u>16:90</u>. إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَانِ وَإِيتَايَ ذِي الْقُرْبَىٰ وَيَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَالْبَغْيِ
WHEN TO USE THIS NAME:	We can call on this Name whenever we need His Help in committing ourselves to the highest standard of justice that is required upon us as a believer, in all areas of our lives. Whether it be being just with ourselves (to rein in our anger, rage or passions), with our family, with our community and with the wider society at large, we need Al-Adl to guide us in making the most just decisions in our day to day responsibilities and tasks.
GOOD TO NOTE:	The word <i>Adl</i> (justice) is mentioned in the Qur'an as a description of the Words of Allah: <i>The Word of your Lord has been perfected in truth and justice. None can change His Words. And He is the All-Hearing, All- Knowing.</i> (6:115)





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30: Al-Lateef

The Subtle One, The Most Gentle, The Gracious, The Refined

MEANING:	Lateef comes from the root lam-ta-fa (ل ط ف), which means to be delicate, refined, elegant, graceful, to be gentle, gracious, courteous, to be subtle, to know the obscurities of all affairs, to treat with regard for circumstances, to be most soothing and refined in manner. And to treat with kindness, goodness, gentleness, benevolence and affection.
QURAN REFERENCE:	This Name occurs 7 times in the Quran, such as in <u>31:16</u>. يُبْنَىٰ إِنَّهَا إِن تَكُ مِثْقَالَ حَبَّةٍ مِّنْ خَرْدَلٍ فَتَكُنْ فِي صَخْرَةٍ أَوْ فِي السَّمَوَاتِ أَوْ فِي الْأَرْضِ يَأْتِ بِهَا اللَّهُ إِنَّ اللَّهَ لَطِيفٌ خَبِيرٌ
WHEN TO USE THIS NAME:	- We should call upon Al-Lateef when we need strength to be patient, gracious, and gentle with our loved ones, when we are restraining our anger for His sake, and when we want our hearts to be softened. - We can also call on this Name when we don't quite understand why things are happening the way it is happening, taking comfort in the fact that Al-Lateef plans our lives ever so subtly, as He is never too late nor never too early!
GOOD TO NOTE:	Allah's <i>Lutf</i> (subtleness and kindness) can also be seen in how He governs and rules the Universe. Allah is teaching us to ponder when He asks us this question in the Quran: "Do you not see that Allah sends down rain from the sky, then the earth becomes green? Surely Allah is Most Subtle, All-Aware." (22:63)





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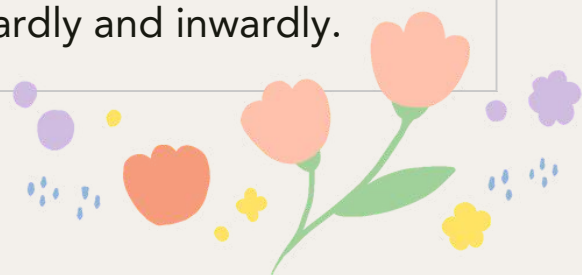
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31: Al-Khabeer

The Acquainted, The All-Aware, The Knower of Inner Truth

MEANING:	Khabeer comes from the root kha-ba-ra (خ ب ر), which means to know, or be aware of the real inner nature of something, to have an understanding of the inner, intrinsic nature of something, to know the reality of something, to know the secret inner state of something.
QURAN REFERENCE:	This Name occurs 45 times in the Quran, such as in <u>34:1</u>. الْحَمْدُ لِلَّهِ الَّذِي لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ وَلَهُ الْحَمْدُ فِي الْآخِرَةِ وَهُوَ الْحَكِيمُ الْخَبِيرُ
WHEN TO USE THIS NAME:	We can call on this Name when we need His Help to seek clarity in making a decision as sometimes, what is beneficial is hidden within what outwardly appears to be harmful, and vice-versa. Only Al-Khabeer knows the Unseen realm. We can also call on this Name when we want to purify and correct our intentions for our actions, making sure they are only for His sake..
GOOD TO NOTE:	This Name often appears in pairs with <u>Al-Lateef</u> (The Subtle One) and <u>Al-Alim</u> (The All-Knowing). To be fully acquainted requires having both knowledge and knowing subtleties. Al-Khabeer not only knows our actions, but He knows the deepest state of our hearts. He is acquainted with the outwardly and inwardly.





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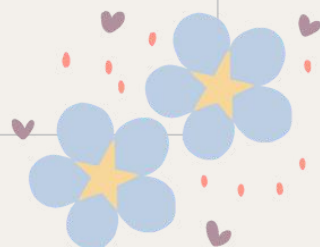
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32: Al-Halim

The Most Forbearing, The Most Serene, The Calm Abiding

MEANING:	Halim comes from the root ha-lam-mim (ح ل م), which means to be forbearing, mild, lenient, clement, forgiving, gentle, deliberate, leisurely in manner, not hasty, to be calm, serene, to manage one's temper and to exhibit moderation.
QURAN REFERENCE:	This Name occurs 11 times in the Quran. One such occurrence is in <u>64:17</u>. إِنْ تُقْرِضُوا اللَّهَ قَرْضًا حَسَنًا يُّضْعِفْهُ لَكُمْ وَيَغْفِرْ لَكُمْ ۚ وَاللَّهُ شَكُورٌ حَلِيمٌ
WHEN TO USE THIS NAME:	- We can call on this Name when we need the extra motivation and push to work on our spiritual goals, like memorising Quran or mastering Arabic. Sometimes, we may doubt our own abilities or be impatient while awaiting results, but with Al-Halim on our side, we remind ourselves to be gentle with ourselves and continue to push forward. - We can also call on this Name when we need His Help in instilling more calmness in our lives and exercising more compassion in our daily interactions with other people.
GOOD TO NOTE:	Al-Halim is the One who is unperturbed by the misdeeds of people, who delays punishment and forgives. He shows forbearance out of His Wisdom, and is not moved by haste or anger. So even when He has the ability to punish, He chooses not to do so. This Name is also often paired with <u>Al-Ghafoor</u>, the Most Forgiving.





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33: Al-'Azim

*The Magnificent, The Supreme Glory, The Mighty Splendor,
The Most Grand, The Greatest*

MEANING:	'Azim comes from the root ayn-za-mim (ع ظ م), which means to be great, large, big, to be vast, huge, enormous, great in rank, importance or dignity, to be powerful, superior, to be magnificent, honoured, revered, sublime, to be immense, stupendous, lofty and to be above imperfection.
QURAN REFERENCE:	This Name occurs 9 times in the Quran, including in <u>56:74</u>, <u>2:255</u> and <u>42:4</u> (below): <i>لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ وَهُوَ الْعَلِيُّ الْعَظِيمُ</i>
WHEN TO USE THIS NAME:	- We already call on this Name when we are in Ruku' but we can intend to be even more mindful and conscious when reciting <i>سُبْحَانَ رَبِّيَ الْعَظِيمِ</i> meaning, "Glorious is my Lord the Magnificent.". Internalise the meaning and understand that with Al-'Azim, anything is possible, there are no limits or restrictions. - We can also call on this Name when we are facing a momentous difficulty or task, as nothing is too big for Al-'Azim!
GOOD TO NOTE:	Rasulullah ﷺ said, "There are two expressions which are very easy for the tongue to say, but they are very heavy in the balance and are very dear to The Beneficent (Allah), and they are, 'Subhan Allah Al-'Azim and 'Subhan Allah wa bihamdihi.'" (<u>Bukhari</u>)





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34: Al-Ghafoor

The Forgiving, The Exceedingly Forgiving, The Pardoner

MEANING:	- Ghafoor comes from the root ghayn-fa-ra (غ ف ر), which points to three main meanings. The first meaning is to cover, veil, conceal, and hide. - The second meaning is to pardon, to forgive, and to set aright. - And the third meaning is to cover a thing to protect it - Al-Ghafoor refers to the vastness and perpetual nature of forgiving time after time.
QURAN REFERENCE:	This Name occurs 91 times in the Quran, including in <u>15:49</u>, <u>10:107</u> and <u>12:98</u> (below): قَالَ سَوْفَ أُسْتَغْفِرُ لَكُمْ رَبِّي إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ
WHEN TO USE THIS NAME:	- Call upon Al-Ghafoor when we do wrong to others or even to our selves. We can find comfort in this Name as Al-Ghaffur forgives sins no matter how big they are. And hold on to this Name when we are doing our Istighfar as it not only erases our sins; but also each Istighfar draws us closer to Allah SWT. - At the same time, never think of how big or little a sin is - but think about the Greatness of the One we are disobeying.
GOOD TO NOTE:	One of the most common pairs is Allah's name Al-Ghafoor combined with <u>Ar-Rahim</u>, which is repeated 72 times in the Quran, demonstrating that He covers our sins out of His Mercy to us.





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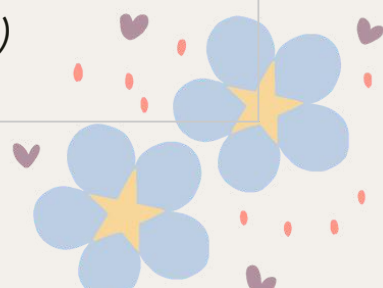
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35: Ash-Shakoor

The Most Appreciative, The Most Grateful, The Rewarder of Good Deeds

MEANING:	- Shakoor comes from the root shin-kaf-ra (ش ك ر), which points to three main meanings. - The first is to praise for a benefit or to acknowledge beneficence, and the second is to be thankful and offer acknowledgement. The third main meaning is to produce and supply abundantly. - Ash-Shakoor appreciates the smallest deeds with an unlimited appreciation. He notices the smallest of our acts of righteousness and rewards us for them in this life or the Next.
QURAN REFERENCE:	This Name occurs 4 times, in 35:34, 42:23, 64:17 and 35:34 (below): وَقَالُوا الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنَّا الْحَزْنَ إِنَّ رَبَّنَا لَغَفُورٌ شَكُورٌ
WHEN TO USE THIS NAME:	- Call upon Ash-Shakoor when we want to strengthen our Gratitude muscle, especially when we find ourselves complaining too much. - We can also call on this Name when we want to work on our Sincerity, and when we are struggling to stay consistent with a habit, understanding that Ash-Shakoor appreciates even the smallest of efforts!
GOOD TO NOTE:	Being grateful to Allah means being grateful to His servants too. Abu Hurairah RA narrated that Rasulullah ﷺ said: "Whoever is not grateful to the people, he is not grateful to Allah." (<i>Tirmidhi</i>)





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36: Al-'Aliyy

The Most High, The Exalted

MEANING:	'Alee comes from the root ayn-lam-waw (ع ل و), which means to be high, lofty, exalted, to ascend. To overcome and overwhelm. To advance and exceed. To be eminent. He is above any imperfections. He exceeds all others, and there is nothing higher. He is the One whose rank and station are the highest.
QURAN REFERENCE:	This Name occurs 8 times in the Quran, including in <u>2:255</u>. وَهُوَ الْعَلِيُّ الْعَظِيمُ
WHEN TO USE THIS NAME:	We call on this Name when we want to increase or make anything great in our lives. For example, Al-'Aliyy can make our seemingly mediocre jobs great by Him. Al-'Aliyy can also increase our provisions such that it is always more than enough for us. We can also call on Al-'Aliyy to pour barakah in our homes so that it will always be elevated in its virtue.
GOOD TO NOTE:	We are closest to Al-'Aliyy, the Most High when we are in our lowest position i.e. sujood - so we should increase in prostration, not just with our bodies, but also with hearts filled with humility. Al-'Aliyy descends to the lowest heaven in the last third of the night every night so make use of this time to ask, ask and ask!





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37: Al-Kabeer

The Greatest, The Most Grand, The Perfection of Greatness

MEANING:	- Kabeer comes from the root kaf-ba-ra (ك ب ر) which means to be great in rank, dignity, nobility, majesty, be great in size, vast, to be great in age, to be great in learning, to have rights above all others. - Al-Kabeer encompasses every form of greatness including rank, size, nobility, knowledge and mercy, signifying that nothing in the past, present or future can ever compare to Him. His Greatness is beyond measure.
QURAN REFERENCE:	This Name occurs 6 times in the Quran including in <u>22:62</u>. ذَلِكَ بِأَنَّ اللَّهَ هُوَ الْحَقُّ وَأَنَّ مَا يَدْعُونَ مِنْ دُونِهِ هُوَ الْبَاطِلُ وَأَنَّ اللَّهَ هُوَ الْعَلِيُّ الْكَبِيرُ
WHEN TO USE THIS NAME:	- We can call on this Name whenever we want to remind ourselves how "solve-able" our worries are as we have Al-Kabeer as our Rabb. No matter how daunting and overwhelming it is, Al-Kabeer is still bigger and greater than our concerns. - We can also call on this Name when we are struggling with pride and arrogance, as Al-Kabeer is the One who can humble us and remind us that we are only His Servants.
GOOD TO NOTE:	In the Athan (call to prayer), we say <i>Allahu Akbar</i> meaning "Allah is Greater / Greatest." Because He is greater than whatever else that may be preoccupying our time, we should drop everything and submit to Al-Kabeer and rush to Solah!





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38: Al-Hafeedh

The Preserver, The All-Heedful and All-Protecting

MEANING:	- Hafeedh comes from the root ha-fa-za (ح ف ظ), which means to preserve, guard, protect, keep, retain, take care of, tend to, prevent from perishing or becoming lost, to be watchful, attentive, and vigilant. - Al-Hafeedh is ever watchful, guards us from unseen dangers and offers believers countless chances to earn His divine protection. Through His divine guardianship, we find peace and reassurance, knowing we are always under His Watch.
QURAN REFERENCE:	This Name occurs 3 times in the Quran, in <u>11:57</u>, <u>34:21</u> and <u>42:6</u> below: وَالَّذِينَ اتَّخَذُوا مِنْ دُونِهِ أَوْلِيَاءَ اللَّهُ حَفِيفٌ عَلَيْهِمْ وَمَا أَنْتَ عَلَيْهِمْ بِوَكِيلٍ
WHEN TO USE THIS NAME:	- Ask Al-Hafeedh to grant us victory, protection, and preservation of our Deen (faith) as it is the most important thing that we need in our lives. - We can also call on this Name when we are drowning in fear as Al-Hafeedh not only protects over "the heavens and the earth, and their preservation tires Him not" (<u>2:255</u>), but He can most definitely also save you from anything that is currently crippling you.
GOOD TO NOTE:	Linguistically, a Hafiz / Hafizah is used for someone who memorized the Quran. We should be inspired by this attribute and give our best effort to memorise the Quran. Start small and be a "preserver" of a few small Surahs and rely upon Al-Hafeedh to preserve the Quran in our minds and hearts.





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39: Al-Muqet

The All-Sustainer, The All-Nourisher, The All-Preserver

MEANING:	- Muqet comes from the root qaf-waw-ta (ق و ت), which has the following classical Arabic connotations: to feed, nourish, supply, sustain, keep, preserve, guard, witness, observe, and watch over. - Al-Muqet is the powerful maintainer who sustains, nourishes, protects, and oversees all that exists. Al-Muqet is taking care of all living beings by sending physical and spiritual nourishment to them.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>4:85</u>. مَنْ يَشْفَعْ شَفْعَةً حَسَنَةً يَكُنْ لَهُ نَصِيبٌ مِنْهَا وَمَنْ يَشْفَعْ شَفْعَةً سَيِّئَةً يَكُنْ لَهُ كِفْلٌ مِنْهَا وَكَانَ اللَّهُ عَلَى كُلِّ شَيْءٍ مُّقِيتًا
WHEN TO USE THIS NAME:	We can call upon Al-Muqet to sustain our bodies with only the best of provisions so that we can have the best of health to continue worshipping Him, and for Al-Muqet to nourish our hearts with the knowledge of the Deen.
GOOD TO NOTE:	Belief in Allah as Al-Muqet comes hand in hand with sabr (patience); It was narrated from Jabir bin 'Abdullah RA that Rasulallah ﷺ said: "O people, fear Allah and be moderate in seeking a living, for no soul will die until it has received all its provision, even if it is slow in coming. So fear Allah and be moderate in seeking provision; take that which is permissible and leave that which is forbidden." (<u>Sunan Ibn Majah</u>)





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40: Al-Haseeb

The Reckoner, The Sufficient

MEANING:	- Haseeb comes from the root ha-sin-ba (ح س ب), which means to reckon, count, calculate, compute, think. To give without sparing or scanting, to give without the receiver's expectation. To suffice, to be sufficient, or without measure. - Al-Haseeb is The One Who takes account of all actions and reckons them on the Day of Judgment. There is nothing that goes unnoticed, however small. He will give whatever is sufficient and necessary in every situation.
QURAN REFERENCE:	This Name occurs 3 times in the Quran, in <u>39:36</u>, <u>4:6</u> and <u>4:86</u> as below: إِنَّ اللَّهَ كَانَ عَلَى كُلِّ شَيْءٍ حَسِيبًا
WHEN TO USE THIS NAME:	We can call on this Name to remind us to never undermine any act of good. Any chance to do good should be taken with urgency because on the Day of Reckoning, we would wish to have a chance to replay those moments and do things differently. This Name reminds us not to waste a moment to do good and go the extra mile.
GOOD TO NOTE:	One of the daily Adhkar we are recommended to read reminds us that Allah is Al-Haseeb: '<i>Allah is sufficient for me. There is none worthy of worship but Him. I have placed my trust in Him, He is Lord of the Majestic Throne.</i>' حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (Hisn al-Muslim 83)





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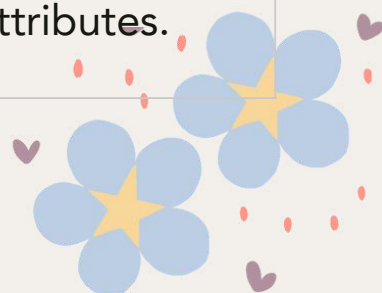
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41: Al-Jaleel

*The Glorious, The Majestic, The Independent,
The Sublime, The Resplendent*

MEANING:	- Jaleel comes from the root word jim-lam-lam (ج ل ل), which means to be supremely great, glorious, and majestic. To be sublime, high, lofty, far above, independent. - Al-Jaleel is the Great One and above all in dignity and rank. He is majestic and the source of all attributes of greatness. To Him, all honour and sincere devotion are due.
QURAN REFERENCE:	This Name is not mentioned in the Quran however there are many verses that describe this attribute such as in <u>55:27</u>. وَيَبْقَىٰ وَجْهُ رَبِّكَ ذُو الْجَلَلِ وَالْإِكْرَامِ
WHEN TO USE THIS NAME:	We can benefit from knowing and understanding Al-Jaleel by calling on this Name whenever we are trying to improve our inner selves and asking this Name to grant us the strength, consistency, and motivation to continue doing the spiritual heart work that is required by a believer.
GOOD TO NOTE:	It is said by scholars all of His Names are either attributes of Jalal (majesty) or Jamal (beauty). All the attributes which mention the greatness, majesty or transcendent nature of Allah SWT are called attributes of Jalal e.g. Al-Jaleel (The Majestic) due to the perfection of all His attributes.





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42: Al-Kareem

*The Most Generous, The Most Bountiful,
The Most Esteemed, The Beneficent*

MEANING:	- Kareem comes from the root kaf-ra-mim (ك ر م), which means to be noble, grand, high minded. To be generous, giving, beneficent. To be highly esteemed, honoured, prized, valued, excellent, precious, valuable, rare, productive, and fruitful. - Al-Kareem is The One Who is the most generous, bountiful and esteemed. He is The One Whose kindness knows no bounds and continually gives precious gifts to whomever He wills. He is gracious in giving and forgiving.
QURAN REFERENCE:	This Name is mentioned twice in the Quran, in <u>96:3</u> and <u>82:6</u> as below: يَا أَيُّهَا الْإِنْسَانُ مَا غَرَّكَ بِرَبِّكَ الْكَرِيمِ
WHEN TO USE THIS NAME:	We can use this beautiful Name to anchor us in our Du'as. When we remember that we are asking from a Rabb who is not only limitless in His Generosity but who is also Shy in returning His servants hands empty after supplicating to Him (<u>Ibn Majah</u>), our prayers will become more epic and grand!
GOOD TO NOTE:	One of the names of the Quran is Al-Quran Al-Kareem. The Quran is one of our greatest gifts from Him and it is full of benefit, nobility and virtue. It is also a blessed gift that keeps on giving. May our relationship with the Quran be intimate and close - so read from it daily, even if it's one Ayah!





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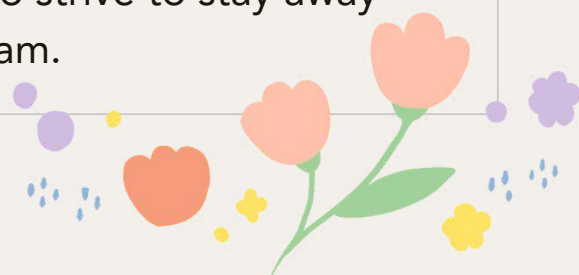
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43: Ar-Raqeeb

The All-Observing, The Witness, The Watchful

MEANING:	• Raqeeb comes from the root ra-qaf-ba (ر ق ب), which means to look, watch, and be vigilant. To expect, anticipate, await. To keep an eye on, detect, observe, and be mindful of. To be a spy, scout, observer. To regard, hold in consideration, and respect. • Ar-Raqeeb is The One Who sees what's hidden. He is the vigilant witness and acts as a guardian protecting His creation. He is The One Who sees the truth in everything. He knows the secrets of every soul, and on the day of recompense, Allah SWT will reward it for what it's earned.
QURAN REFERENCE:	• This Name is mentioned 3 times in the Quran, in <u>4:1</u>, <u>33:52</u> and <u>5:117</u> as below: فَلَمَّا تَوْفَّيْتَنِي كُنْتَ أَنْتَ الرَّقِيبَ عَلَيْهِمْ
WHEN TO USE THIS NAME:	• We can call on this Name whenever we are feeling alone. Knowing that Ar-Raqeeb is gently watching over us brings so much comfort as He can see, hear, and understand everything, including what is in our hearts.
GOOD TO NOTE:	• When we live each and every step of our lives with the understanding and mindfulness that Allah SWT sees every single thing - both outwardly and inwardly - this feeling is known as Muraqabah. And to practise <i>muraqabahtullah</i> is to strive to stay away from things that bring us to haram.





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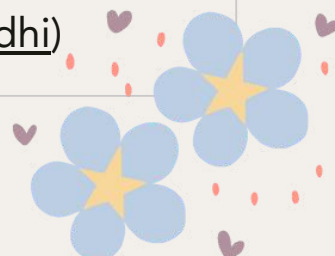
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44: Al-Mujeeb

*The Fullfiller of Prayers, The Answerer of Prayers,
The Responsive One*

MEANING:	- Mujeeb comes from the root jim-waw-ba (ج و ب), which means to answer, reply, respond, accept. - Al-Mujeeb is The One very close to His believers and readily available to hear and answer the supplications of those who ask. He is the Responder to all needs, invitations, and prayers.
QURAN REFERENCE:	This Name is mentioned once in the Quran, in <u>11:61</u>. وَإِلَى ثَمُودَ أَخَاهُمْ صَالِحًا قَالَ يَاقَوْمِ اعْبُدُوا اللَّهَ مَا لَكُمْ مِنْ إِلَهٍ غَيْرُهُ هُوَ أَنْشَأَكُمْ مِنَ الْأَرْضِ وَاسْتَعْمَرَكُمْ فِيهَا فَاسْتَغْفِرُوهُ ثُمَّ تَوْبُوا إِلَيْهِ إِنَّ رَبِّي قَرِيبٌ مُجِيبٌ
WHEN TO USE THIS NAME:	We should always call on this Name when we are making Du'a and when we do, we should always go BIG with our Du'as as we are asking from Al-Mujeeb, The Fullfiller of Prayers! We should not view Du'a within our human capability. Never stop asking Al-Mujeeb, and call upon Him for our every need with the certainty that He will respond in the best of ways!
GOOD TO NOTE:	We should not call on Al-Mujeeb only during our times of difficulty, but also times of ease. Rasulallah ﷺ said, "Whoever would be pleased for Allah to answer him during times of hardship and difficulty, let him supplicate often during times of ease." (Tirmidhi)





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45: Al-Waasi'

The All-Encompassing, The Boundless, The All-Embracing

MEANING:	• Waasi' comes from the root waw-sin-ayn (و س ع) which means to be sufficient, plentiful, bountiful, and rich. To comprehend, embrace, include, take in, to have limitless capacity and abundance. • Al-Waasi' is The One Who's Knowledge, Mercy, and Provision are vast. He is of limitless capacity and abundance and gives without expecting anything in return.
QURAN REFERENCE:	• This Name is mentioned 9 times in the Quran, including in <u>55:32</u>. الَّذِينَ يَجْتَنِبُونَ كَبِيرَ الْإِثْمِ وَالْفَوْحِشَ إِلَّا اللَّمَمَ ۚ إِنَّ رَبَّكَ وَسِعُ الْمَغْفِرَةِ ۚ
WHEN TO USE THIS NAME:	• We can call on this Name whenever we feel excluded, out of place, or struggling with unworthiness. Al-Wasi embraces us all, regardless of our flaws, our mistakes, and our faults - He is Vast and All-Encompassing! In the Quran, He says: وَرَحْمَتِي وَسِعَتْ كُلَّ شَيْءٍ ۚ "My mercy encompasses everything" (<u>7:156</u>)
GOOD TO NOTE:	• Part of Allah being Vast is that His Kindness is also vast. Therefore, as His servants, we must show and extend this kindness to others who may not yet know of His Mercy, Power and Knowledge. His Deen encompasses us all, so may we look at every pair of eyes understanding that they too is part of His vast Creation.





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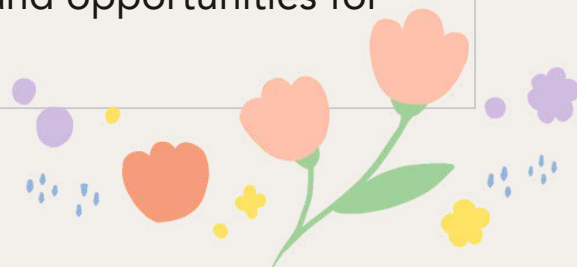
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46: Al-Hakeem

The All-Wise, The Most Judicious

MEANING:	- Hakeem comes from the root ha-kaf-mim (ح ك م), which means to prevent or restrain from wrongdoing or corruption, to turn someone back from wrongdoing or ignorance, to be wise, to know the true nature of things, and to pass judgment. - Al-Hakeem possesses the ability to determine right from wrong and is free from misunderstanding and error. His designs in nature and life are perfect and accurate. He is the Only One qualified to judge the worth of all things.
QURAN REFERENCE:	This Name is mentioned 93 times in the Quran, including in <u>27:9</u>. يٰمُوسٰى اِنَّهٗ اَنَا اللّٰهُ الْعَزِيْزُ الْحَكِيْمُ
WHEN TO USE THIS NAME:	We can call upon Al-Hakeem when things may not make sense to us at the moment. Believe that He knows the Truth in every situation and not only is He the Best of Planner, but also the Best of Judge.
GOOD TO NOTE:	- Al-Hakeem is often paired with <u>Al-'Alim</u> (The All-Knowing). Understanding how Allah SWT is both Knowing and Wise can bring peace into a believer's life - everything He has forbidden is not without reason. - Al-Hakeem is also paired with <u>Al-'Aziz</u> (The Most-Powerful). This shows us that Allah uses His knowledge and power to guide us through the life of this world, testing us with tailor-made trials and opportunities for us to prove our faith.





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47: Al-Wadood

*The Most Loving, The Most Affectionate, The Beloved,
The Loving-Kindness*

MEANING:	Wadood comes from the root waw-dal-dal (و د د), which means to love, to be affectionate. Al-Wadood is the Most Loving and He is faithful to His servants and shows them the purest love. He is the singular Source of all love and kindness. The One Who loves His believing servants, and His believing servants adore Him.
QURAN REFERENCE:	This Name is mentioned 2 times in the Quran, in <u>85:14</u> and <u>11:90</u> as below: وَأَسْتَغْفِرُوا رَبَّكُمْ ثُمَّ تُوبُوا إِلَيْهِ إِنَّ رَبِّي رَحِيمٌ وَدُودٌ
WHEN TO USE THIS NAME:	- Al-Wadood is one of the Names we can call on when we want to feel closer to Him. Whether it be wanting to recount our day with Him or sharing something funny, silly or even a worrying concern to Him, holding on to Al-Wadood gives you the comfort that the One you are confiding in loves you the most! - We can also call on this Name to help us purify and increase our love for the people around us, especially our families.
GOOD TO NOTE:	In <u>11:90</u>, Al-Wadood is paired with <u>Ar-Rahim</u> (The Most Merciful) and in <u>85:14</u>, Al-Wadood is paired with <u>Al-Ghafoor</u> (The Forgiving). He loves to forgive, and He loves those He forgave. We learn from these two Ayahs that we're always able to receive His limitless affection, especially when we run to Him in repentance.





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48: Al-Majeed

The Glorious, The Most Honorable

MEANING:	• Majeed comes from the root mim-jim-dal (م ج د), which means to be glorious, dignified, majestic, and noble. To be lauded, exalted, sublime, bountiful, and exceedingly generous. • Al-Majeed is The One whose essence is the perfection of majesty and glory. He is dignified, glorious and exceedingly generous. Al-Majeed is The One who deserves all praise and honour due to His excellence in both His Being and Actions.
QURAN REFERENCE:	• This Name is mentioned 2 times in the Quran in <u>11:73</u> and <u>85:15</u> as below: ذُو الْعَرْشِ الْمَجِيدُ
WHEN TO USE THIS NAME:	• We call upon Al-Majeed when we struggle with accepting the outcomes in our lives - we understand that Al-Majeed is Glorious in what He has decreed for us, even if sometimes, in that moment, it seems bad to us. We are shown in the story of Prophet Musa AS and Khidr in <u>Surah Al-Kahf</u> that when situations seemed outwardly to be bad or unfair, Al-Majeed had actually decreed good in them.
GOOD TO NOTE:	• Al-Majeed is beautifully paired with the name <u>Al-Hameed</u> (The Praiseworthy) in <u>11:73</u>. After all, the One worthy of praise should be the One whose essence is excellence and nobility.





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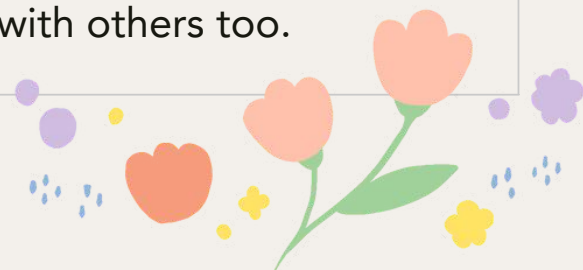
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49: Al-Ba'ith

The Resurrector, The Raiser of the Dead

MEANING:	- Ba'ith comes from the root ba-ayn-tha (ب ع ث), which means to call forth, awaken, raise up from sleep or death, resurrect, delegate, consign, send out, and make manifest. - Al-Ba'ith is The One who chooses who will be awakened and be sent forth. He is the giver of life and who sends light into the world. The One who resurrects His servants after death for reward and/or punishment.
QURAN REFERENCE:	This Name is not mentioned in the Quran in the noun form, but many verses contain the verb form, such as in <u>22:7</u>. وَأَنَّ السَّاعَةَ آتِيَةٌ لَا رَيْبَ فِيهَا وَأَنَّ اللَّهَ يَبْعَثُ مَنْ فِي الْقُبُورِ
WHEN TO USE THIS NAME:	We remember Al-Ba'ith as a reminder that death is inevitable; we will be resurrected and held accountable for all that transpired. This should bring about a sense of responsibility and urgency, inspire us to do good and rush to acts loved by Allah.
GOOD TO NOTE:	In many places of the Quran, Allah SWT has referred to knowledge (ilm) as life (hayat). The heart without knowledge (i.e. jahl or ignorance) is death. Therefore, we can revive ourselves by pursuing knowledge and "resurrect" others by being generous and sharing the 'ilm with others too.





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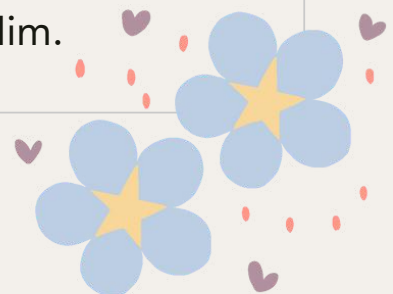
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50: Ash-Shaheed

The All- and Ever Witnessing

MEANING:	• Shaheed comes from the root shin-ha-dal (ش ه د), which means to bear witness, to offer testimony, to have knowledge of, to experience, and to be present with. • Ash-Shaheed is The One Who is ever observing everything and everyone He created. The One Who witnesses the seen and unseen, He is the Ultimate Witness on the Day of Judgment.
QURAN REFERENCE:	• This Name is mentioned 18 times in the Quran, including in <u>58:6</u>. يَوْمَ يَبْعَثُهُمُ اللَّهُ جَمِيعًا فَيُنَبِّئُهُم بِمَا عَمِلُوا أَخَصَّهُ اللَّهُ وَنَسُوهُ وَاللَّهُ عَلَى كُلِّ شَيْءٍ شَهِيدٌ
WHEN TO USE THIS NAME:	• We can call on Ash-Shaheed to bring an awareness in us that He is Witnessing everything about us. When we are about to do something wrong, look up at the sky and imagine Ash-Shaheed watching us! • We can also lean on Ash-Shaheed when we need the strength to walk away from a sin.
GOOD TO NOTE:	• Remember Allah SWT is enough for you as a witness. Whatever good you do, if no one sees or recognises it, it doesn't matter as Allah SWT sees all. Nothing ever goes unaccounted for with Him.





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51: Al-Haqq

The Absolute Truth

MEANING:	- Haqq comes from the root ha-qaf-qaf (ح ق ق), which means to be true, genuine, substantial and real. To be suitable to the requirements of wisdom, justice, truth or fact. To be established as fact, to be unavoidable and to happen without doubt. To be in accord with the needs of the situation. - Al-Haqq is The One Who is the truth and truly exists. His essence is the only reality and He is The One through whom the truth, all righteousness and justice are revealed. His Words, Actions, Reward, Punishment and Promise are truth.
QURAN REFERENCE:	This Name is mentioned 9 times in the Quran, including in <u>10:32</u>. فَذَلِّكُمْ اللَّهُ رَبُّكُمْ الْحَقُّ فَمَاذَا بَعْدَ الْحَقِّ إِلَّا الضَّلَالُ فَأَنَّى تُصْرَفُونَ
WHEN TO USE THIS NAME:	We call on Al-Haqq when we are trying to advocate for truth or when we need to apologise for the things that we did in the past that we later learned is incorrect. We should be active in spreading truth, particularly when falsehood is rampant.
GOOD TO NOTE:	<u>Surah Al-'Asr</u>, reminds us to advise people to be on the path of Haqq (truth), and this is to perform acts of obedience. Imam Shafiee once said, "If the people were to ponder on this Surah, it would be sufficient for them."





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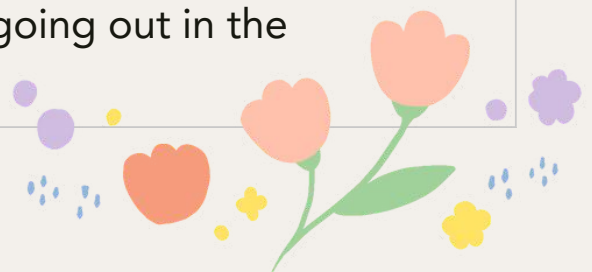
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52: Al-Wakeel

The Trustee, The Disposer of Affairs

MEANING:	- Wakeel comes from the root waw-kaf-lam (و ك ل), which means to appoint or entrust for the care or management of something, to have a commissioned agent, a guardian of one's interests, to rely upon, confide in, lean upon and submit to. - Al-Wakeel is The One and Only who can be trusted with all our affairs. He is the supreme trustee, guardian and administrator.
QURAN REFERENCE:	This Name is mentioned 14 times in the Quran, including in <u>3:173</u>. الَّذِينَ قَالَ لَهُمُ النَّاسُ إِنَّ النَّاسَ قَدْ جَمَعُوا لَكُمْ فَاخْشَوْهُمْ فَزَادَهُمْ إِيمَانًا وَقَالُوا حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ
WHEN TO USE THIS NAME:	We remember Al-Wakeel in times of difficulty or when our means decrease. Having Tawakkul and Al-Wakeel at the centre of our lives means the conviction in our hearts does not falter, even when our means does.
GOOD TO NOTE:	As a believer, we need to understand that although Al-Wakeel is in charge of our affairs, the onus is still on us to take action and do the work. Just like Rasulullah ﷺ said, "If you were to rely upon Allah with the required reliance, then He would provide for you just as a bird is provided for, it goes out in the morning empty, and returns full." (<u>Tirmidhi</u>) Just like how the bird does it's part by going out in the morning, so must we too.





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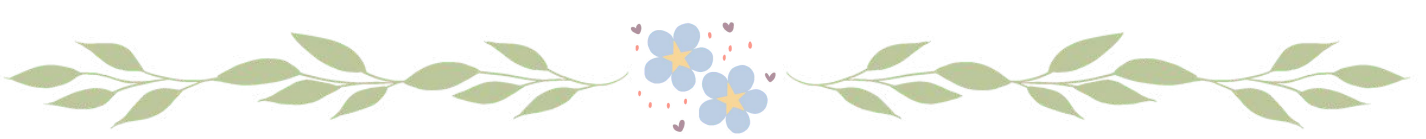


53: Al-Qawiyy

The All-Strong

MEANING:	- Qawiyy comes from the root qaf-waw-ya (ق و ي), which means to be strong, vigorous, potent, robust, hardy, sturdy, to have sufficient strength or power, to prevail over. - Al-Qawiyy is The One who commands all power and whose strength is unparalleled to anything else. His strength is truly unlimited and inexhaustible.
QURAN REFERENCE:	This Name is mentioned 9 times in the Quran, including in 8:52. كَذَّابٌ ءَالِ فِرْعَوْنَ ۖ وَالَّذِينَ مِنْ قَبْلِهِمْ كَفَرُوا بِآيَاتِ اللَّهِ فَأَخَذَهُمُ اللَّهُ بِذُنُوبِهِمْ ۚ إِنَّ اللَّهَ قَوِيٌّ شَدِيدُ الْعِقَابِ
WHEN TO USE THIS NAME:	We can call upon Al-Qawiyy when we are feeling weak or helpless, or when there is injustice and tyranny. We can also rely upon Al-Qawiyy when we are standing for the path of truth and striving for righteousness.
GOOD TO NOTE:	- Strength in Islam does not simply encompass physical ability, it encompasses emotional, mental and especially spiritual ability as well. - Rasulullah ﷺ said, "The strong is not the one who overcomes the people by his strength, but the strong is the one who controls himself while in anger." (Bukhari)





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54: Al-Mateen

The Firm, The Steadfast

MEANING:	• Mateen comes from the root mim-ta-nun (م ت ن), which means to be strong, firm, hard, solid, steadfast, certain, sure, to possess any quality in a strong degree, the hard outer or apparent part of something, elevated and hard ground. • Al-Mateen is The One with great firmness. He is The Owner of all strength and His nature is ever-constant and utmost steadfastness.
QURAN REFERENCE:	• This Name is mentioned once in the Quran, in <u>51:58</u>. إِنَّ اللَّهَ هُوَ الرَّزَّاقُ ذُو الْقُوَّةِ الْمَتِينُ
WHEN TO USE THIS NAME:	• We can call on Al-Mateen through the different phases of our lives and ask for His Help to remain firm in our patience and our Deen, particularly when we feel our Iman fluctuating.
GOOD TO NOTE:	• This Name is often grouped with <u>Al-Qawiyy</u> (The All-Strong) for being closely related in their meaning. The distinction is Al-Qawiyy refers to Allah's strength, while Al-Mateen is an extension of His strength but focuses on its intensity. When paired together, it means His strength is firm. Nothing can challenge or cause Him difficulty. • When paired with <u>Ar-Razzaq</u> (The Provider), it means His provision is firm, nothing disrupts its flow - no force can disrupt or weaken it.





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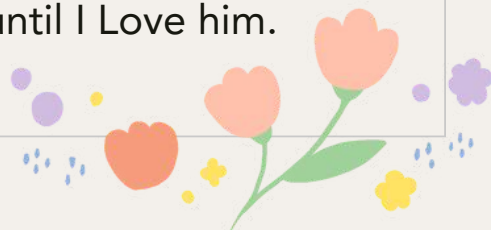
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55: Al-Waliyy

The Protecting Associate

MEANING:	- Waliyy comes from the root waw-lam-ya (و ل ي), which means to be near, close, to be a friend, helper, supporter, ally, to defend, guard, to be in charge, to turn one toward something, to be the master, owner, lord. - Al-Waliyy is The True Protector. He is supportive and loves His servants, protecting them from evil. Allah wants victory for us and will guide mankind towards the path of righteousness.
QURAN REFERENCE:	This Name is mentioned 15 times in the Quran, including in <u>3:68</u>. إِنَّ أَوْلَى النَّاسِ بِإِبْرَاهِيمَ لَلَّذِينَ اتَّبَعُوهُ وَهَذَا النَّبِيُّ وَالَّذِينَ آمَنُوا وَاللَّهُ وَلِيُّ الْمُؤْمِنِينَ
WHEN TO USE THIS NAME:	- We call upon Al-Waliyy when we seek to be of His special people - those who sincerely love and strive for Him. - We can also call on this Name when we want to draw closer to Him and feel a sense of intimacy with our Rabb.
GOOD TO NOTE:	In a beautiful Hadith Qudsi, Allah SWT said: 'Whosoever shows enmity to a wali (friend) of Mine, then I have declared war against him. And My servant does not draw near to Me with anything more loved to Me than the religious duties I have obligated upon him. And My servant continues to draw near to me with nafil (supererogatory) deeds until I Love him. (<u>Bukhari</u>)





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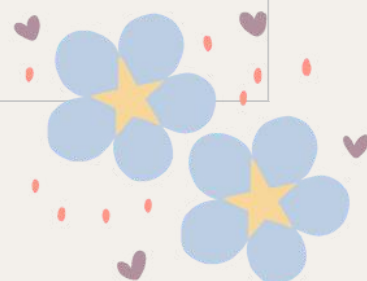
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56: Al-Hameed

The Praiseworthy

MEANING:	- Hameed comes from the root ha-mim-dal (ح م د) which means to praise, to laud with deep feelings of adoration and submission, to speak well of, and to honour. - Al-Hameed is The One worthy of praise. He qualifies as the praiseworthy one because of all His attributes and because He has given us what we have. He is The Only One deserving in every manner of praise, and He should be exalted.
QURAN REFERENCE:	This Name is mentioned 17 times in the Quran, including in <u>35:15</u>. يَا أَيُّهَا النَّاسُ أَنْتُمُ الْفُقَرَاءُ إِلَى اللَّهِ وَاللَّهُ هُوَ الْغَنِيُّ الْحَمِيدُ
WHEN TO USE THIS NAME:	We can call upon this Name when we are struggling with having gratitude in life. We remember that Al-Hameed alone is worthy of all praises and that '<i>if we are grateful, He will increase us in our favours</i>'. (<u>14:7</u>)
GOOD TO NOTE:	In the Quran, Al-Hameed is paired with <u>Al-Ghaniyy</u> (The Self-Sufficient) 10 times, <u>Al-'Aziz</u> (The Mighty One) 3 times, <u>Al-Hakeem</u> (The Wise) once, <u>Al-Majeed</u> (The Glorious) once, and <u>Al-Waliyy</u> (The Protecting Associate) once. The pairing of Names helps us to see that Allah SWT is worthy of praise in all circumstances. That's why as believers, in all moments, we say Alhamdulillah.





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57: Al-Muhsee

The All-Enumerating, The Counter

MEANING:	- Muhsee comes from the root ha-sad-ya (ح ص ي), which means to number, count, reckon, and compute. To collect in an aggregate by numbering to register/record something, to take an account of something. To possess full comprehension. - Al-Muhsee is The One who considers all things in the universe and knows the details of every moment or change. Allah SWT knows every deed, and written details are recorded by His angels.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the root word is mentioned in verses such as <u>78:29</u>. وَكُلَّ شَيْءٍ أَحْصَيْنَاهُ كِتَابًا
WHEN TO USE THIS NAME:	We call upon Al-Muhsee if we feel under-appreciated, and we feel like our efforts have gone to waste with people. But not with Allah, because nothing is hidden from Him - He knows and remembers everything!
GOOD TO NOTE:	Al-Muhsee is an attribute of His knowledge, much like <u>Al-'Alim</u> (The All-Knowing), <u>Ash-Shaheed</u> (The Witness), or <u>Al-Khabeer</u> (The All-Acquainted). The difference is Al-Muhsee is often described more analytically. He has knowledge of all things. He takes into account each separate item and stores it in His ledger.





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58: Al-Mubdi'

The Originator, The Initiator

MEANING:	- Mubdi' comes from the root ba-dal-hamza (ب د أ), which means to begin, create, make something new, to make something be first, have precedence, to contrive a new thing, to invent, to do first, to commence, start, be at the beginning. - Al-Mubdi' is The Originator of all creation. He is the beginner of all things, and nothing could have existed without His willing it to be. He is The One who initiates all things.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the verb form is mentioned in verses such as <u>29:19</u>. أَوَلَمْ يَرَوْا كَيْفَ يُبْدِئُ اللَّهُ الْخَلْقَ ثُمَّ يُعِيدُهُ إِنَّ ذَلِكَ عَلَى اللَّهِ يَسِيرٌ
WHEN TO USE THIS NAME:	We can call upon Al-Mubdi' in the midst of this fast-paced world, to pause and reflect on it. We can fill our silent and "bored" moments with this Name and respect the gift of the moment given by Allah.
GOOD TO NOTE:	Al-Mubdi' is often paired with <u>Al-Mu'id</u> (The Restorer). The first creation represents the beginning, Al-Mubdi'. Allah SWT's creation is made from nothingness and is original. Al-Mu'id takes something prior and revitalises it. It is an illusion that these Names only serve us at birth and on Yawm Al-Qiyamah. In truth, we are being originated and returning to Allah at every moment. This is the nature of Al-Mubdi' and <u>Al-Mu'id</u>, Who are continuously working.





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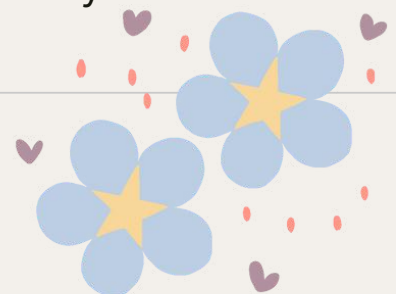
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59: Al-Mu'id

The Restorer, The Reinstater

MEANING:	• Mu'id comes from the root word ayn-waw-dal (ع و د), which means to return to something, to repeat, reproduce, to come back to, restore, to renew. • Al-Mu'id is The Restorer, The One who refashions a thing. He is The One who will restore us back to life on the Day of Resurrection.
QURAN REFERENCE:	• This Name is not mentioned in the Quran, but the verb form is mentioned in verses such as <u>85:13</u>. إِنَّهُ هُوَ يُبْدِي وَيُعِيدُ
WHEN TO USE THIS NAME:	• We can call on Al-Mu'id when we feel far off from His Path, for Him to return us to our pure Fitrah. We can also call on this Name when we are pondering about Death, but instead of worrying about it, we should focus on Al-Mu'id, and working on constantly restoring our faith to rewrite our wrongs.
GOOD TO NOTE:	• Al-Mu'id is often paired with the name <u>Al-Mubdi</u> (The Originator). In this case, Al-Mu'id refers to the quality of Allah SWT as being able to restore. He is the starting point from which all creation begins, and we will be restored to and by Him.





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60: Al-Muhyee

The Giver of Life

MEANING:	- Muhyee comes from the root ha-ya-ya (ح ي ي), which means to live, to become apparent, to be whole, to call, summon, invite, hasten. - Al-Muhyee creates life and grants it to whomsoever He pleases. He creates people out of nothing, then He brings them back to life when the Day of Judgment approaches. He brings life into the hearts through the light of His knowledge.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the verb form is mentioned in verses such as <u>30:50</u>. فَانْظُرْ إِلَىٰ ءَاثَرِ رَحْمَتِ اللَّهِ كَيْفَ يُحْيِي الْأَرْضَ بَعْدَ مَوْتِهَا ۚ إِنَّ ذَٰلِكَ لَمُحْيِ الْمَوْتَىٰ ۖ وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ
WHEN TO USE THIS NAME:	When you feel indifferent, unmotivated or lazy, call upon Al-Muhyee to restore your energy, passion, and patience in doing good. He can revive that which is dead, so it is easy for Him to restore you to a good state from a low state in life.
GOOD TO NOTE:	Scholars have described hearts to be of 3 types; the healthy heart, the dead heart and the sick heart. The alive heart is a heart of faith, its services are exclusively reserved for Allah, willingly and lovingly, with total reliance, relating all matters to Him, in fear, hope, and sincere dedication. We should turn to Al-Muhyee and ask for a heart alive with faith.





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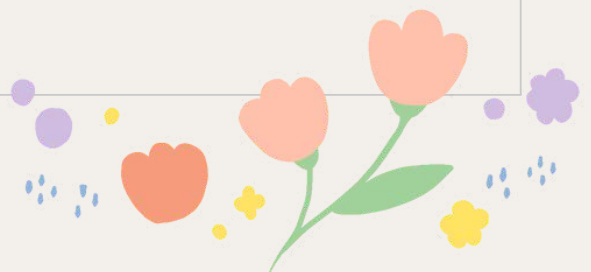
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61: Al-Mumeet

The Bringer of Death, The Destroyer

MEANING:	- Mumeet comes from the root mim-waw-ta (م و ت), which means to die, pass away, burn out, be lifeless, to be quiet, still, calm, to be inanimate, to be deprived of sensation, to be spiritually dead, lacking spiritual life. - Al-Mumeet is The One who gives life and The One who takes it away. He ordains who will become lifeless. Eventually, we all return to Him.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the root word is mentioned in verses such as 10:56. هُوَ يُحْيِي ۚ وَيُمِيتُ ۚ وَإِلَيْهِ تُرْجَعُونَ
WHEN TO USE THIS NAME:	When we lose a loved one and we feel pain with grief, we call upon Al-Mumeet to remind ourselves that death is inevitable for every single one of us and that our time will come one day. We remember that with every beginning, there is an end and that life in this World is temporary.
GOOD TO NOTE:	The names <u>Al-Muhyee</u> and Al-Mumeet are often mentioned together for their contrasting nature. Al-Muhyee is the bestower of life, and Al-Mumeet is the bringer of death. These two attributes are not shared with anyone and are reserved for Allah SWT alone.





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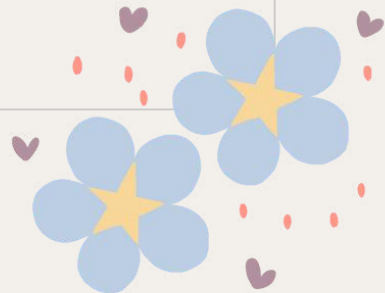
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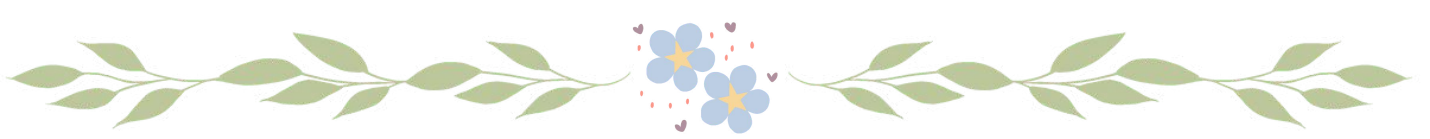


62: Al-Hayy

The Ever-Living

MEANING:	- Hayy comes from the root ha-ya-ya (ح ي ي), which means to live, to become apparent, to be whole, to call, summon, invite, hasten. - Al-Hayy is The One who is undying and will be forever. He is perfect and not subject to death or sickness. He is eternally whole and absolute, whom all life arises from.
QURAN REFERENCE:	This Name is mentioned 5 times in the Quran, including in <u>25:58</u>. وَتَوَكَّلْ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ وَسَبِّحْ بِحَمْدِهِ وَكَفَىٰ بِهِ ذُنُوبٍ عَبَادَةٍ خَيْرًا
WHEN TO USE THIS NAME:	- When we lose things or people around us, we can turn to Al-Hayy for comfort knowing we will always have Him. - We can also call on Al-Hayy when we are watering a dying plant, or giving shelter to a sick animal, as Allah SWT is the absolute source of life!
GOOD TO NOTE:	Many go through life at the whims of their impulses and desires, but the one who is truly alive is the one who tames himself. His life belongs to Allah, and he is not a slave to whatever the controlling force of the time may be. Hence, the truly living are the ones who are in constant remembrance of Al-Hayy, the Ever-Living!





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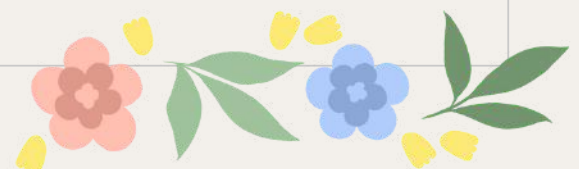
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63: Al-Qayyum

The Sustainer, The Self-Subsisting

MEANING:	- Qayyum comes from the root qaf-waw-mim (ق و م) which means to stand up, to ascend, to begin, to exist, to be founded, to be built on, to undertake, to carry out, to manage, to make aright, accurate, exact, to make righteous, upright. - Al-Qayyum is The One through Whom all things arise. He is Ever-Living and Self-Sustaining. Everything in existence depends on Al-Qayyum.
QURAN REFERENCE:	This Name is mentioned 3 times in the Quran, including in 20:111. وَعَنَتِ الْوُجُوهُ لِلْحَيِّ الْقَيُّومِ وَقَدْ خَابَ مَنْ حَمَلَ ظُلْمًا
WHEN TO USE THIS NAME:	We call upon Al-Qayyum when we are struggling with our prayers - whether it is standing in qiyam at night, performing prayer early or if we have been missing prayers.
GOOD TO NOTE:	Al-Qayyum always occurs in pairs with the name <u>Al-Hayy</u> (The Ever-Living). Together these Names show the attribute of Allah SWT being independent and sovereign. He is Ever-Living not because some source enables Him but because of His essence of self-sustaining. In contrast, all life remains dependent on one thing or another. There is no one but Allah SWT that can exist without truly needing anything from anyone.





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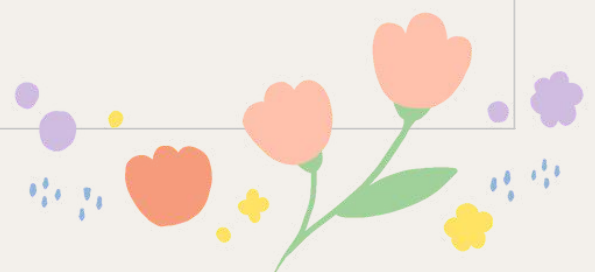
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64: Al-Waajid

The Perceiver

MEANING:	• Waajid comes from the root waw-jim-dal (و ج د), which means to find, discover, attain what was sought, to become aware of something, to perceive, to experience, to gain or possess wealth, to be rich, to have abundance, to be without wants. • Al-Waajid is The One who does not need or lacks anything. He is the most resourceful and finds whatever He wills.
QURAN REFERENCE:	• This Name is not mentioned in the Quran, but the root word is mentioned in verses such as <u>93:7</u>. وَوَجَدَكَ ضَالًّا فَهَدَىٰ
WHEN TO USE THIS NAME:	• We can call upon Al-Waajid when helping others, for we have limited and finite resources. We can never be resourceful so we should always turn to Allah to fulfil our needs and others.
GOOD TO NOTE:	• Al-Waajid is free from all wants and all needs. Not in a reclusive way, but completely selfless with an open hand to those who seek Him and ask for His help. We should not fear turning to Him and asking for all that is good for us. Find sufficiency in Allah SWT for what we seek in all matters is Him.





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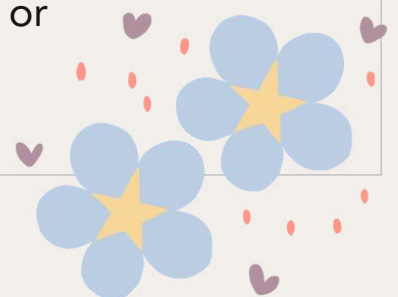
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65: Al-Maajid

The Illustrious, The Magnificent

MEANING:	- Maajid comes from the root mim-jim-dal (م ج د), which means to be glorious, dignified, majestic, noble, and honourable. To be lauded, exalted, sublime, to be liberal, bountiful, and/or exceedingly generous. - Al-Maajid is The Most Noble, Magnificent, and Generous. He is The One who consistently gives, for His wealth is endless.
QURAN REFERENCE:	Out of the 99 Names, 81 are explicitly mentioned in the Qur'an. This Name however is not mentioned, but it is one of those names that scholars like Imam al-Ghazali and Ibn Arabi have recognised and some have excluded.
WHEN TO USE THIS NAME:	- We call on this Name daily in our Solah during our <u>Tahiyat Akhir</u> when we send Selawat upon our Prophets Muhammad ﷺ and Ibrahim AS - "اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ." - As we call on Al-Majeed, we should realise that it is out of His Magnificence that He sends us our blessed Prophets (peace be upon them all) to be our guides, our teachers and our role models.
GOOD TO NOTE:	Al-Maajid (الْمَاجِدُ), is similar to <u>Al-Majeed</u> (الْمَجِيدُ) but vary in their degree of intensity. Al-Maajid is more emphatic and indicates perpetualness or permanence.





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66: Al-Waahid

The One

MEANING:	• Waahid comes from the root word waw-ha-dal (و ح د), which means to be one, to be made one, to be called one, to be unique, singular, to be one apart from others. • Al-Waahid is The One and Only God. There is no alternative. He is the sole originator from which all has arisen. He has no partners or relationships. None is equal to Him.
QURAN REFERENCE:	• This Name is mentioned 5 times in the Quran, including in <u>39:4</u>. لَوْ أَرَادَ اللَّهُ أَنْ يَتَّخِذَ وَلَدًا لَأَصْطَفَىٰ مِمَّا يَخْلُقُ مَا يَشَاءُ سُبْحَنَهُ ۖ هُوَ اللَّهُ الْوَحِيدُ الْقَهَّارُ
WHEN TO USE THIS NAME:	• We call upon Al-Waahid when we need protection from Shirk or if we are overwhelmed with the desire for the worldly pursuit, which brings us away from Him and His Remembrance. We remember this Name when we need to anchor ourselves to Him after being far from Him.
GOOD TO NOTE:	• Al-Waahid is paired with <u>Al-Qahhar</u> (The Prevailing One, The One who dominates absolutely). The pairing is meant to instil humility in mankind. Allah SWT reminds us He is the one who dominates all others and does so alone. No matter how great we may think we are, we will all be held for our transgressions.





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67: Al-Ahad

The Unique, The Only One

MEANING:	- Ahad, derived from the root word hamza-ha-dal (أ ح د), meaning to unite or to be the one and only, carries a broader meaning than Wahid (واحد) when negating similarity. - It signifies Allah's absolute Oneness in His essence, attributes, and actions. There is no God other than Him, and no partner shares His divinity.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>112:1</u>. قُلْ هُوَ اللَّهُ أَحَدٌ
WHEN TO USE THIS NAME:	We turn to Al-Ahad, when we struggle to fit in or if we cannot find worth in our uniqueness and want to fit in with the masses. We must recognise how Al-Ahad made us unique and find contentedness through acceptance and gratitude for what Allah Al-Ahad has given us.
GOOD TO NOTE:	<u>Al-Waahid</u> and Al-Ahad are two names that describe the tawhid (the oneness) of Allah. Al-Ahad describes absolute oneness and uniqueness; none compares to Him. In contrast, <u>Al-Waahid</u> refers to His being as the numerical one. Some commentators noted that <u>Al-Waahid</u> indicates affirmation, whereas Al-Ahad refers to negation.





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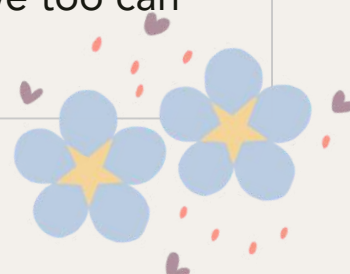
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68: As-Samad

The Eternal, Satisfier of Needs

MEANING:	- Samad is derived from the root word sad mim dāl (ص م د), meaning to aim, to turn to, to need, or to remain unchanged. - Allah As-Samad is the Eternal Refuge, The One who is eternally perfect and has no needs. All creations turn to Him and seek Him in their times of need.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>112:2</u>. اللَّهُ الصَّمَدُ
WHEN TO USE THIS NAME:	- As humans, we are full of needs and desires. So instead of turning to other people who may also be in dire need, we turn to As-Samad. We can call on this Name for all of our needs - be it spiritual, physical, or material. - When we call on As-Samad, we should never feel as though we are asking for too much and limit our asking because As-Samad is The Sole Satisfier of all of our needs: He fulfills the big and the small with ease, without problems, and with no limitation.
GOOD TO NOTE:	Whenever we receive help from the people around us, understand that it is all from As-Samad, as it is Him Who has sent all of the help and resources we need via His Creations. It is also important to be of help to anyone whom Allah sends our way, so that we too can be in service to As-Samad.





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69: Al-Qadir

The Capable, The Powerful

MEANING:	- Qadir, derived from the root word qaf-dal-ra (ق د ر) signifies power, control, influence, and capability. - Allah, Al-Qadir, has absolute power and nothing is impossible for Him. He decrees as He wishes. He is the able one - this refers to His strength and ability to do as He pleases.
QURAN REFERENCE:	This Name occurs 13 times in the Quran, including in <u>17:99</u>. أَوَلَمْ يَرَوْا أَنَّ اللَّهَ الَّذِي خَلَقَ السَّمَوَاتِ وَالْأَرْضَ قَادِرٌ عَلَى أَنْ يَخْلُقَ مِثْلَهُمْ وَجَعَلَ لَهُمْ أَجَلًا لَا رَيْبَ فِيهِ فَأَبَى الظَّالِمُونَ إِلَّا كُفُّورًا
WHEN TO USE THIS NAME:	We can call on this Name when we are intending to do something or when we have a decision to make. We should make a habit of consulting Al-Qadir, by praying Istikharah and then submitting to Al-Qadir's absolute power to handle our affairs. Know that He can make anything happen by His Power!
GOOD TO NOTE:	Knowing and Trusting His absolute Power allows us to trust His Plans, even when we are faced with setbacks. Praise Al-Qadir even when we go through hardships, and say Alhamdulillah, and mean it, for truly, only the affairs of the believers are always good! (<u>Muslim</u>)





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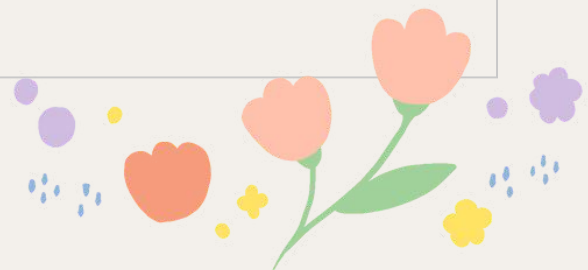
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70: Al-Muqtadir

The Omnipotent

MEANING:	• Muqtadir shares the same root word qaf-dal-ra (ق د ر), as Qadir and Qadeer. However, it carries a stronger meaning, emphasising the perfection and active use of Allah's power. The additional م at the beginning intensifies the concept of "enforcer". • Allah, Al-Muqtadir, actively enforces His will with perfect wisdom.
QURAN REFERENCE:	• This Name occurs 4 times in the Quran in <u>18:45</u>, <u>43:42</u>, <u>54:42</u> and <u>54:55</u> as below. فِي مَقْعَدِ صِدْقٍ عِنْدَ مَلِكٍ مُّقْتَدِرٍ
WHEN TO USE THIS NAME:	• We ask from Al-Muqtadir when we feel like the world's weight is on our shoulders and the anxiety from worldly affairs paralyses us. Never think we can depend solely on our abilities. Our Tawfeeq (ability) is from Al-Muqtadir only, and our success is only because He has enabled us to accomplish matters. We should always humble ourselves and remember that what we have is from Al-Muqtadir!
GOOD TO NOTE:	• The Names <u>Al-Qadir</u> (The All-Powerful) and Al-Muqtadir (The All-Determiner) both refer to Allah's attribute of possessing power but as Imam al-Ghazali mentions, "Al-Muqtadir is more emphatic." If He wished, he could bring about the Day of Judgment today - but He chooses not to.





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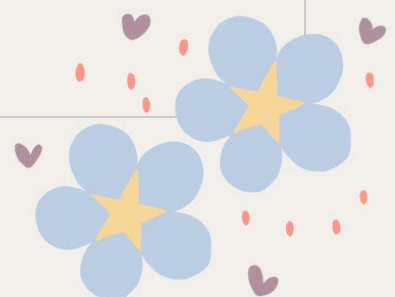
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71: Al-Muqaddim

The Expediter, The Promoter

MEANING:	• Muqaddim is derived from qaf-dal-mim (ق د م) meaning to advance, promote, present or prefer. • Allah, Al-Muqaddim, is The Promoter and The One who brings forward. This includes promoting His servants to higher ranks. It also, emphasises Allah's power to bring things forward in order, according to His divine plan.
QURAN REFERENCE:	• This Name is not mentioned in the Quran, but the quality of this attribute is mentioned in verses such as 7:34. <i>وَلِكُلِّ أُمَّةٍ أَجَلٌ فَإِذَا جَاءَ أَجْلُهُمْ لَا يَسْتَأْخِرُونَ سَاعَةً وَلَا يَسْتَقْدِمُونَ</i>
WHEN TO USE THIS NAME:	• Perhaps a new project or challenge just fell into your lap and you struggle to comprehend if you can keep up. Call upon Al-Muqaddim during these times as He is the One who brings event forward or expedites them for a reason: He knows you can handle it.
GOOD TO NOTE:	• Rasulullah ﷺ would invoke this Name and the Name <u>Al-Mu'akhkhir</u> (The Delayer) in his ﷺ prayers, right before concluding the regular prayers, "O Allah, <i>forgive me my former and latter sins, what I have kept secret and what I have done openly, and what I have done extravagance; and what You know better than I do. You are the Advancer, the Delayer, there is no god but You.</i>" (<u>Sunan Abi Dawud</u>)





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72: Al-Mu'akhkhir

The Delayer

MEANING:	- Mu'akhkhir derived from the root word, hamza-kha-ra (أ خ ر), means to go back, to put behind, to delay, or to retard. - Allah, Al-Mu'akhkhir, is The One Who Wisely Delays or Holds Back. By His will, He can delay judgment or consequences.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the verb form is found in <u>16:61</u>. وَلَوْ يُؤَاخِذُ اللَّهُ النَّاسَ بِظُلْمِهِمْ مَا تَرَكَ عَلَيْهَا مِنْ دَابَّةٍ وَلَكِنْ يُؤَخِّرُهُمْ إِلَىٰ أَجَلٍ مُّسَمًّى ط
WHEN TO USE THIS NAME:	We may be in a place in our lives where we feel like we've been waiting for too long - for marriage, a job, a child, new opportunities - and we feel 'left behind'. This will be the perfect time to seek and call on Al-Mu'akhkhir as we trust in His wisdom and perfect timing. It reminds us that even if things seem delayed, they are happening according to His plan.
GOOD TO NOTE:	Whether Allah decrees for us promotion or delay, we must not waver in our faith. We should study the lives of the Prophets to understand how even in His "delays", He gives, and He "delays" even those closest to Him. We must accept His decree graciously and endure patiently, for there is always Divine Wisdom in His timings.





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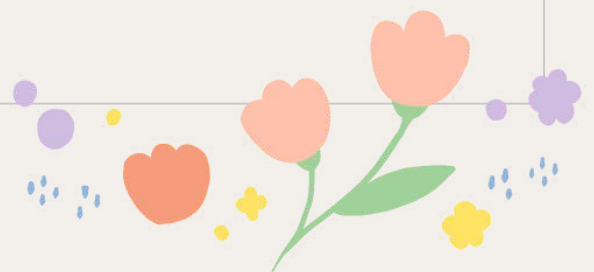
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73: Al-Awwal

The First

MEANING:	- Linguistically, Awwal from the root word hamza-waw-lam (أ و ل), means the foremost, the first or the earliest. - Allah Al-Awwal means He is the first with no beginning, the One who preceded all things.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>57:3</u>. هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ ۚ وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ
WHEN TO USE THIS NAME:	We should remember this Name when we first land on or conceive an idea that we thought no one has ever thought about. We remember that Al-Awwal preceded us in everything and so He is the One who put that thought first in our minds.
GOOD TO NOTE:	The First in our lives should always be Allah SWT! Rasulullah ﷺ said in a beautiful Hadith: "Whoever makes the Hereafter his goal, Allah makes his heart rich, and organises his affairs, and the world comes to him whether it wants to or not. And whoever makes the world his goal, Allah puts his poverty right before his eyes, and disorganises his affairs, and the world does not come to him, except what has been decreed for him." (<u>Tirmidhi</u>)



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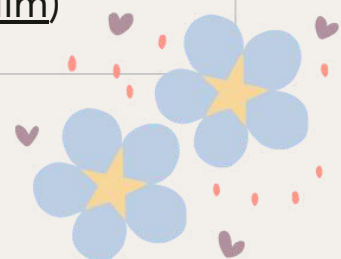
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74: Al-Aakhir

The Last

MEANING:	- Aakhir, derived from the root word hamza-kha-ra (أ خ ر), is the antonym of Awwal. Linguistically it is the last and final. - Allah is The Last and none comes after Him. He is the perpetual and eternal with no end. Allah, Al-Muqtadir actively enforces His will with perfect wisdom.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>57:3</u>. هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ ۖ وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ
WHEN TO USE THIS NAME:	We make Du'a with this Name when we are done with a project or test, and awaiting its results. If we put our full dependence on Al-Aakhir in all that we seek, we will never be disappointed because our hearts are not tied to the results; it is attached to Allah Al-Aakhir, who remains always, no matter the results.
GOOD TO NOTE:	Call upon Al-Aakhir with the supplication most often recited by Rasulallah ﷺ: اللَّهُمَّ رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ <i>"O our Rabb! Give us in this world that which is good and in the Hereafter that which is good, and save us from the punishment of the Fire." (Bukhari and Muslim)</i>





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75: Az-Zhaahir

The Manifest

MEANING:	• Zhaahir, derived from the root za-ha-ra (ز ه ر), means to become clear, evident, manifest and apparent. • Allah is apparent to those who seek Him through reason and wisdom that He has bestowed upon us. Allah, Al-Muqtadir, actively enforces His will with perfect wisdom.
QURAN REFERENCE:	• This Name occurs once in the Quran in <u>57:3</u>. هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ ۚ وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ
WHEN TO USE THIS NAME:	• When we are present amongst Allah's beautiful creations, we thank Az-Zhaahir for making the beauty obvious to us so that we may be grateful and realise how present He has been in our lives. <i>"Have you not seen that Allah has subjected for you whatever is in the heavens and whatever is on the earth, and has lavished His favours upon you, both seen and unseen?" (31:20)</i>
GOOD TO NOTE:	• When Rasulullah ﷺ went to his bed, he ﷺ used to say: <i>"...O Allah, Thou art the First, there is naught before Thee, and Thou art the Last and there is naught after Thee, and Thou art Evident and there is nothing above Thee, and Thou art Innermost and there is nothing beyond Thee. Remove the burden of debt from us and relieve us from want."</i> (<u>Muslim</u>)





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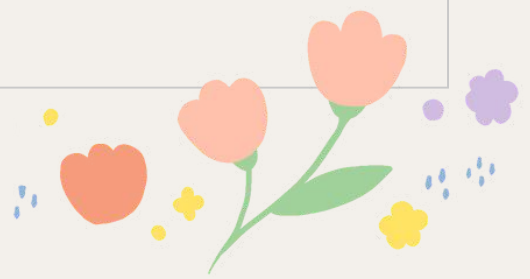
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76: Al-Baatin

The Hidden One, Knower of the Hidden

MEANING:	- Baatin is derived from the root word ba-ta-nun (ب ط ن), which means to be hidden and concealed. It is the antonym of Zhaahir. - Allah is hidden and inapparent to those who seek Him through their senses yet, nothing is hidden from His knowledge. He knows the truth of all that is hidden from the past, future and present.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>57:3</u>. هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ ۖ وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ
WHEN TO USE THIS NAME:	When things get difficult and we can't find anyone to share our pain with, just pray deeply to Al-Baatin from our hearts. For <i>"Whether you conceal what is in your hearts or reveal it, it is known to Allah."</i> (3:29) Allah knows what we conceal in our hearts and will send the right Assistance to us.
GOOD TO NOTE:	Rasulullah ﷺ said, <i>"Every one of my followers will be forgiven except those who expose their wrongdoings. An example of this is that of a man who commits a sin at night which Allah has covered for him, and in the morning, he would say (to people): "I committed such and such sin last night," while Allah had kept it a secret. During the night Allah has covered it up but in the morning he tears up the cover provided by Allah Himself."</i> (Bukhari)





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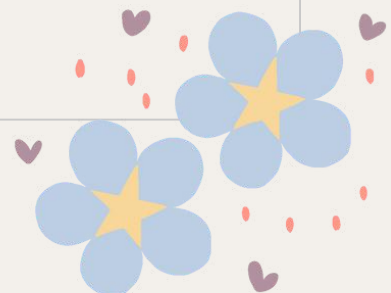
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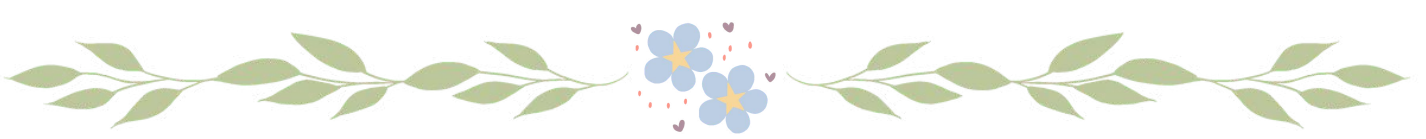


77: Al-Waali

The Governor, The Patron

MEANING:	• Waali is derived from the root word waw-lam-ya (و ل ي), which means to be near, to be a supporter, to be in charge or to be the master. • Allah Al-Waali is The One who manages the affairs of all creation, and the governor of all things. He is fully supportive, helpful, and a master of all. He disposes of things at His will based on His judgment.
QURAN REFERENCE:	• This Name is not mentioned in the Quran, but the quality of this attribute is mentioned in verses such as <u>2:257</u>. اللَّهُ وَلِيُّ الَّذِينَ ءَامَنُوا يُخْرِجُهُم مِّنَ الظُّلُمَاتِ إِلَى النُّورِ
WHEN TO USE THIS NAME:	• When things don't go as planned, we immediately remind ourselves of Al-Waali Who always has the best of plans for us. <i>"They planned, but Allah also planned. And Allah is the best of planners."</i> (8:30) All affairs are in His Care and occur according to His Divine Order.
GOOD TO NOTE:	• Among the characteristics of Al-Waali is that He manages, is capable and is the doer of whatever He pleases. Unless all these attributes are found in someone, he will not be called <i>wali</i>, and there is no <i>wali</i> for our affairs except Allah.





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78: Al-Muta'ali

The Self Exalted

MEANING:	- Al-Muta'ali is derived from the same root word as Al-'Alee, ayn-lam-waw (ع ل و), which means exaltedness. - Allah Al-Muta'ali is the Most Exalted in three ways. Firstly, His essence is above all His creations. Secondly, the sublimity of His Attributes is incomparable. Thirdly, in His authority and control.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>13:9</u>. <i>عَلِمُ الْغَيْبِ وَالشَّهَادَةِ الْكَبِيرُ الْمُتَعَالِ</i>
WHEN TO USE THIS NAME:	When you are consumed with stress and grief from your problems, turn to Al-Muta'ali and remember that there is nothing that is not under His control. He is the supreme above the Throne, but also the only One who knows exactly what you are going through.
GOOD TO NOTE:	Paradise has seven levels; the highest one is Firdaws, right under the throne of Al-Muta'aali. The Prophet ﷺ said, "<i>.. So, when you ask Allah, ask for Al-firdaus which is the best and highest part of Paradise.</i>" (Bukhari)





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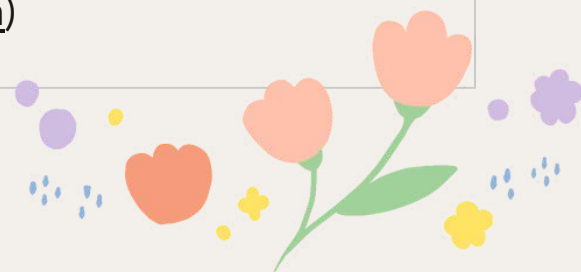
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79: Al-Barr

The Source of Goodness, The Kind Benefactor

MEANING:	- Barr is derived from the root word ba-ra-ra (ب ر ر), which linguistically means kindness and goodness. - Allah Al-Barr is the doer of benevolent deeds. He is compassionate to His servants with His righteousness and kindness. All Goodness and blessings come from Him.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>52:28</u>. إِنَّا كُنَّا مِنْ قَبْلُ نَدْعُوهُ إِنَّهُ هُوَ الْبَرُّ الرَّحِيمُ
WHEN TO USE THIS NAME:	It is easy to be distant and aloof in our rush to get things done in our every day lives. Call upon Al-Barr to guide us to be amongst the righteous, who are used as His medium of goodness, and to be someone who manifest kindness and good traits that are pleasing to Him.
GOOD TO NOTE:	Intend a good deed, even if you are not sure you will be carrying it out. In a beautiful Hadith Qudsi, Allah SWT says, <i>"Whosoever intended to perform a good deed, but did not do it, then Allah writes it down with Himself as a complete good deed. And if he intended to perform it and then did perform it, then Allah writes it down with Himself as from ten good deeds up to seven hundred times, up to many times multiplied."</i> (Bukhari and Muslim)





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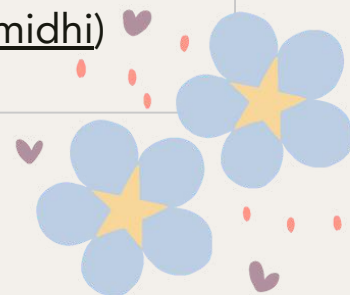
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80: At - Tawwab

The Ever-Pardoning, The Relenting

MEANING:	- Tawwab is derived from the root word ta-waw-ba (ت و ب). Linguistically, it is to turn, to repent or regret one's mistake. Taib is the doer form which means both the seeker of repentance and the acceptor of repentance. - At-Tawwab is in the stronger emphasis form, which means Allah is Oft-Returning. Despite the number of times we falter and sin, He accepts our repentance again and again and pardons us.
QURAN REFERENCE:	This Name occurs 11 times in the Quran including in <u>9:104</u>. أَلَمْ يَعْلَمُوا أَنَّ اللَّهَ هُوَ يَقْبَلُ التَّوْبَةَ عَنْ عِبَادِهِ وَيَأْخُذُ الصَّدَقَاتِ وَأَنَّ اللَّهَ هُوَ التَّوَّابُ الرَّحِيمُ
WHEN TO USE THIS NAME:	If it has been a while since you did sincere repentance, call upon At-Tawwab to grant you strength to turn back to Him. <i>"Surely Allah loves those who always turn to Him in repentance and those who purify themselves."</i> (<u>2:222</u>)
GOOD TO NOTE:	Rasulullah ﷺ used to repeat in a single sitting: رَبِّ اغْفِرْ لِي وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الْغَفُورُ "My Lord, forgive me, and accept my repentance, You are the Ever-Relenting, the All-Forgiving." (<u>Tirmidhi</u>)





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81: Al-Muntaqim

The Avenger

MEANING:	- Muntaqim is derived from the root word nun-qaf-mim (ن ق م) which is to avenge, be hostile, take vengeance or retribution. - Allah Al-Muntaqim avenges and punishes those who persistently tyrannise His creations. The ones who revolt against Him despite continuous warnings and delayed punishments.
QURAN REFERENCE:	This Name occurs 3 times in the Quran, but in its plural form in verses 43:41, 44:16 and 32:22 as below: وَمَنْ أَظْلَمُ مِمَّنْ ذُكِّرَ بِآيَاتِ رَبِّهِ ثُمَّ أَعْرَضَ عَنْهَا إِنَّا مِنَ الْمُجْرِمِينَ مُنتَقِمُونَ
WHEN TO USE THIS NAME:	Pray to Al-Muntaqim when we feel despair and helpless for our oppressed brothers and sisters in Palestine, and in all parts of the world. Have no doubt that Allah will avenge, even if we do not witness it in our lifetime.
GOOD TO NOTE:	- This attribute is mostly addressed to those who disbelieve in the Quran. - Every person will be held accountable for their own actions. It does not matter what lineage or bloodline a person comes from, but in receiving Allah Al-Muntaqim's mercy or punishment, it holds no precedence.





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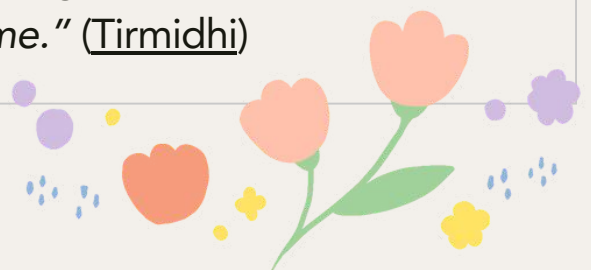
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82: Al-'Afuww

The Pardoner

MEANING:	'Afuww, derived from the root word ayn-fa-waw (ع ف و) which means to erase, to pardon, or to overlook. - Al-'Afuww is in the exaggeration form, which means that His pardon is boundless, regardless of the severity of the sin. Allah Al-'Afuww forgives by erasing them completely. It's as if the sin never existed.
QURAN REFERENCE:	This Name occurs 5 times in the Quran in <u>4:43</u>, <u>4:99</u>, <u>4:149</u>, <u>22:60</u> and <u>58:2</u> as below: الَّذِينَ يُظَاهِرُونَ مِنْكُمْ مَنْ نَسَأْتِهِمْ مَا هُنَّ أُمَّهَاتُهُمْ إِنَّ أُمَّهَاتُهُمْ إِلَّا آلِي وَلَدْنَهُمْ وَإِنَّهُمْ لَيَقُولُونَ مُنْكَرًا مِنَ الْقَوْلِ وَزُورًا وَإِنَّ اللَّهَ لَعَفُوفٌ غَفُورٌ
WHEN TO USE THIS NAME:	We should call on Al-'Afuww daily, as we are humanly prone to committing sins. We implore Al-'Afuww to erase our sins and convert them into good deeds in our record even on 'good days'. Have firm conviction that the Most-Forgiving will pardon us with His Mercy.
GOOD TO NOTE:	We are encouraged to always ask for Al-'Afuww's pardon, especially during timings when Du'a are accepted, "A'isha RA said: 'O Rasulullah ﷺ, what is your view if I know when the Night of Al-Qadr is, then what should I say in it?' He said: قُولِي اللَّهُمَّ إِنَّكَ عَفُوفٌ كَرِيمٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي "O Allah, indeed You are Pardoning, Generous, You love pardon, so pardon me." (Tirmidhi)





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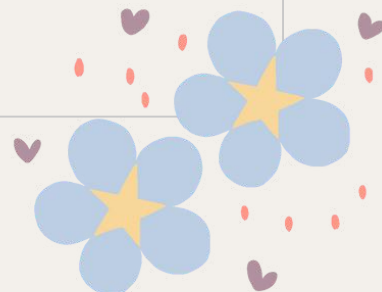
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83: Ar-Ra'oof

The Most Kind

MEANING:	- Ra'oof is derived from the root word ra-hamza-fa (ر أ ف), which indicates compassion, tenderness and mercy. - Ar-Ra'oof signifies the One with immense capacity for kindness, compassion, and mercy. Allah bestows upon us endless provisions with ultimate gentleness and accepts us in all states with utmost love.
QURAN REFERENCE:	This Name occurs 11 times in the Quran, including in <u>57:9</u>. هُوَ الَّذِي يُنَزِّلُ عَلَىٰ عَبْدِهِ آيَاتٍ بَيِّنَاتٍ لِّيُخْرِجَكُم مِّنَ الظُّلُمَاتِ إِلَى النُّورِ وَإِنَّ اللَّهَ بِكُمْ لَرَءُوفٌ رَّحِيمٌ
WHEN TO USE THIS NAME:	If you feel your struggles are not worthy of being mentioned to those around you, seek assistance with Ar-Ra'oof who is most Kind and Knowing of the complexities of what you are feeling, even those that you have no words for. Ar-Ra'oof will always kindly guide us.
GOOD TO NOTE:	- This name is commonly paired with <u>Ar-Rahim</u> in duas. - We can also see Allah's kindness in the acts of worship that He established for us. For example, when we are sick, we are not required to fast, as He intends ease for us, not hardship. " ... <i>Allah intends ease for you, not hardship..</i> " (<u>2:185</u>).





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84: Maalik - Ul - Mulk

Master of the Kingdom, Owner of the Dominion

MEANING:	- Maalik, Malik and Maleek all come from the root word mim-lam-kaf (م ل ك) which means to have possession and ownership, to have power and ability, to control and have authority. - Maalik is an intensified form and the name Maalik ul-Mulk is used for Allah SWT only. He is The King of all kings, The Owner of all owners and The Ruler of all rulers, and His Kingdom consists of all that was, is, and will be created!
QURAN REFERENCE:	This Name occurs once in the Quran in <u>3:26</u>. قُلِ اللَّهُمَّ مَلِكُ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَاءُ وَتُعِزُّ مَنْ تَشَاءُ وَتُذِلُّ مَنْ تَشَاءُ ۚ بِيَدِكَ الْخَيْرُ ۖ إِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ
WHEN TO USE THIS NAME:	We remind ourselves of this Name when we find ourselves drowning in our desire to expand endlessly, and to acquire more things. By holding firmly to Al-Maalik-Ul-Mulk, it will pull us back to be more Akhirah-focused and to prioritise what truly needs prioritising.
GOOD TO NOTE:	Every time we recite 'Maaliki Yawmid-Deen' in Al-Fatihah, in our Solah, imagine standing in front of Him and thinking of the deeds we have put forward for that day. Have we increased in doing good deeds or in acquiring more Dunia?





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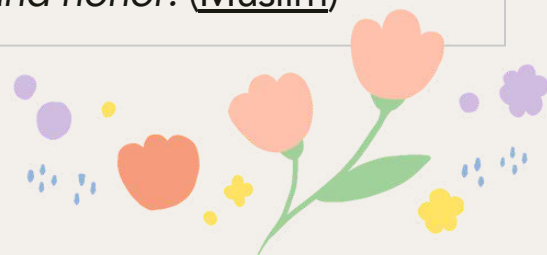
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85: Dhul-Jalaali Wal-Ikraam

Possessor of Glory and Honour, Lord of Majesty and Generosity

MEANING:	- Jalaal comes from the same root word as Jaleel, jim-lam-lam (ج ل ل) which means to be glorious and majestic, to be lofty and independent or to be supremely great. - Ikram, from the root word kaf-ra-mim (ك ر م) means to be generous and beneficent, to be highly esteemed and honoured or to be precious and valuable. - Dhul-Jalaali wal-Ikraam is the One who is most precious and honoured, He is the Majestic and Glorious Lord, Owner and Source of all generosity, blessings and bounties!
QURAN REFERENCE:	This Name occurs twice in the Quran in <u>55:27</u> and <u>55:78</u> (below). تَبَرَّكَ اسْمُ رَبِّكَ ذِي الْجَلَالِ وَالْإِكْرَامِ
WHEN TO USE THIS NAME:	Remember this Name when we struggle to balance between having hope and fear in Allah. Sometimes, when we only remember His loving attributes, we may easily be tempted to fall into sin. But if we recognise His power and strength, we will avoid things out of fear of displeasing Him.
GOOD TO NOTE:	Recite this Dhikr with this Name after every prayer: اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ <i>O Allah, You are Peace and from You comes peace. Blessed are You, O Owner of majesty and honor. (Muslim)</i>





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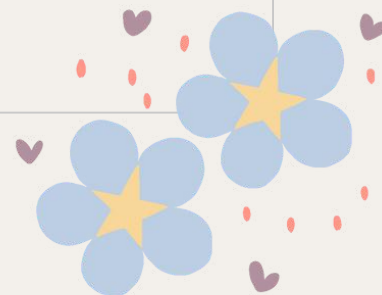
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86: Al-Muqsit

The Equitable, The Requirer

MEANING:	- Muqsit is derived from the root word qaf-sin-ta (ق س ط), which means to be just and establish justice. - Allah Al-Muqsit has absolute justice and fairness that does not wrong even by the weight of an atom.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the quality of this attribute is mentioned in verses such as <u>10:47</u>. وَلِكُلِّ أُمَّةٍ رَّسُولٌ فَإِذَا جَاءَ رَسُولُهُمْ قُضِيَ بَيْنَهُمْ بِالْقِسْطِ وَهُمْ لَا يُظْلَمُونَ
WHEN TO USE THIS NAME:	If we are facing an injustice or seeking a fair outcome, call upon Al-Muqsit, The Equitable. But let this also be a reminder for us to always deal with people in a way that they do not have to find any cause to seek justice from Allah with us.
GOOD TO NOTE:	- No matter how small a good deed is to our eyes, strive to do it. And no matter how small a sin is, abstain from it. <i>"Indeed, Allah never wrongs 'anyone' even by an atom's weight. And if it is a good deed, He will multiply it many times over and will give a great reward out of His grace."</i> (4:40) <i>"So whoever does an atom's weight of good will see it. And whoever does an atom's weight of evil will see it."</i> (99:7-8)





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87: Al-Jaami'

The Gatherer, The Uniter

MEANING:	- Jaami' is derived from the root word ج م ع which means to gather and to bring together, to connect and unite, to reconcile and resolve, or to arrange and assemble. - Allah Al-Jaami' is The One who has the power to assemble and arrange all that which has been dispersed. He is the One who composes and connects things together.
QURAN REFERENCE:	This Name occurs twice in the Quran in verses <u>4:140</u> and <u>3:9</u> as below. رَبَّنَا إِنَّكَ جَامِعُ النَّاسِ لِيَوْمٍ لَا رَيْبَ فِيهِ إِنَّ اللَّهَ لَا يُخْلِفُ الْمِيعَادَ
WHEN TO USE THIS NAME:	When we face a conflict among family or friends, we should call upon Allah Al Jaami' to reconnect our hearts, so that you will be reunited in agreement, and for all of you to be softened towards each other.
GOOD TO NOTE:	Pray in congregation seeking Allah Al-Jaami' to bring our hearts together and for the better reward from Him, as Rasulullah ﷺ said: <i>"Praying in congregation is twenty-seven times better than praying alone."</i> (Bukhari)





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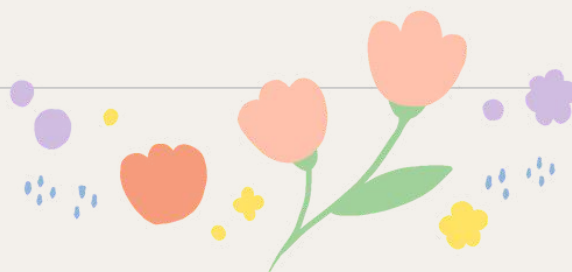
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88: Al-Ghaniyy

The Self-Sufficient, The Wealthy

MEANING:	- Ghaniyy is derived from the root ghayn-nun-ya (غ ن ي) which means to be self-sufficient and independent, to be free from needs or wants, to be satisfied or to be wealthy and rich. - Allah Al-Ghaniyy is The One who is self-sufficient and independent. He does not need anything as He is completely satisfied and free from dependence. His wealth and riches all others depend on.
QURAN REFERENCE:	This Name occurs 15 times in the Quran, including in <u>6:133</u>. وَرَبُّكَ الْغَنِيُّ ذُو الرَّحْمَةِ إِن يَشَأْ يُذْهِبْكُمْ وَيَسْتَخْلِفْ مَنْ بَعْدَكُمْ مَا يَشَاءُ كَمَا أَنْشَأَكُمْ مِنْ ذُرِّيَّةِ قَوْمٍ آخَرِينَ
WHEN TO USE THIS NAME:	We can turn to Al-Ghaniyy when we receive an unexpected promotion through work, a financial gain, or anything of benefit, and ask Him to aid us to use it wisely and make it a source of barakah (blessings) for us. For Al-Ghaniyy is the real owner of everything.
GOOD TO NOTE:	By internalising that Allah is Al-Ghaniyy, we foster a sense of gratitude and dependence on Him. It reminds us that true security and fulfilment come from Him alone.





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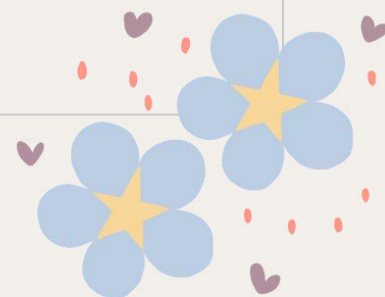
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89: Al-Mughni

The Enricher

MEANING:	- Al-Mughni has the same root word as Al-Ghaniyy, غ ن ي. While <u>Al-Ghaniyy</u> emphasises Allah's self-sufficiency, Al-Mughni emphasises His role as the provider for His creation. - Al-Mughni, The Enricher in all regards. He is The One needed and whose riches all others depend on. He is the ultimate fulfiller of needs.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but its verb forms are mentioned in verses such as <u>9:28</u>. وَإِنْ خِفْتُمْ عَيْلَهُ فَسَوْفَ يُغْنِيكُمُ اللَّهُ مِنْ فَضْلِهِ ۚ إِنَّ اللَّهَ عَلِيمٌ حَكِيمٌ
WHEN TO USE THIS NAME:	Call upon Al-Mughni when you are intending to fulfil or enrich the needs of others as only Allah can help you fulfil that. He grants independence and self-sufficiency to whomsoever He pleases from among His servants according to His wisdom and will.
GOOD TO NOTE:	We manifest this Name by constantly being in service to others as Rasulullah ﷺ said, <i>"The upper hand is better than the lower one; and begin (charity) with those who are under your care; and the best charity is (the one which is given) out of surplus; and he who wishes to abstain from begging will be protected by Allah; and he who seeks self-sufficiency will be made self-sufficient by Allah."</i> (<u>Bukhari</u>)





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90: Al-Mani'

The Withholder

MEANING:	- Mani' derived from the root meem-nun-ayn (م ن ع); means to withhold, hinder, and prevent, to inhibit, prohibit and to stop or to guard, defend and protect. - Allah Al-Mani' is the One who gives and the one who withholds. When He gives, nothing can come in its way to prevent it. If he decides to withhold, no one can substitute and give it instead.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but its root word can be found in verses such as <u>21:43</u>. أَمْ لَهُمْ ءَالِهَةٌ تَمْنَعُهُمْ مِّنْ دُونِنَا لَا يَسْتَطِيعُونَ نَصْرَ أَنفُسِهِمْ وَلَا هُمْ مِّنَّا يُصْحَبُونَ
WHEN TO USE THIS NAME:	We implore Al-Mani' when we fear a calamity is about to reach us. We ask for His Power to protect us from it and guard us from any ill-intentioned people or events.
GOOD TO NOTE:	This Name can be understood alongside its opposite, <u>Al-Wahhab</u> (The Giver). When calling upon Allah with these Names in mind, we acknowledge His infinite wisdom (<u>Al-Hakeem</u>). Al-Mani's withholding can also be seen as a form of positive prevention, a shield from what we may not know is harmful, guided by His judgment and mercy.





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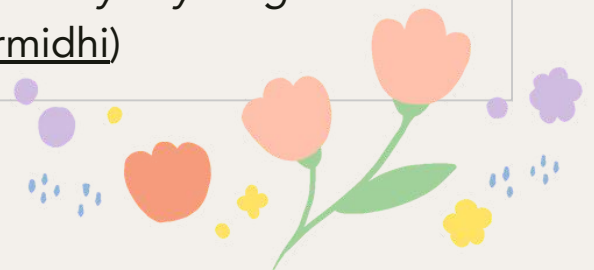
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91: Ad-Dharr

The Distresser

MEANING:	- Dharr is derived from the root dad-ra-ra (ض ر ر); which means to distress, to cause adversity, afflict, and to harm or to have an opinion that is opposing, to apply forceful correction. - Allah Ad-Dharr is the One with absolute power to harm or benefit whoever He wills. He is the One whose wisdom may choose to use forceful corrections to discourage wrongful behaviour.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the quality of this attribute can be found in verses such as <u>10:49</u>. قُلْ لَا أَمْلِكُ لِنَفْسِي ضَرًّا وَلَا نَفْعًا إِلَّا مَا شَاءَ اللَّهُ قُلْ لِكُلِّ أُمَّةٍ أَجَلٌ
WHEN TO USE THIS NAME:	We can call upon Ad-Dharr when we are in the middle of an adversity knowing that He has willed it for us. Know that there is benefit in the test, perhaps in the form of expiation of sins or to protection from worse harm.
GOOD TO NOTE:	<i>"There is no person who says, in the morning and evening of every day:</i> بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ <i>In the name of Allah with Whose Name nothing on earth or in heaven harms, and He is the All-Seeing, All-Knowing, three times, and is then harmed by anything."</i> (<u>Ibn Majah</u> and <u>Tirmidhi</u>)





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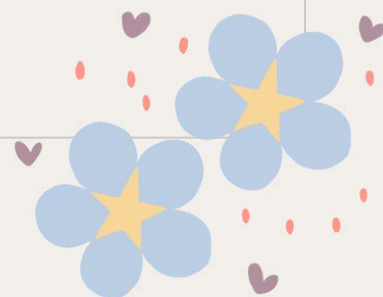
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92: An-Nafi'

The Benefactor

MEANING:	- Nafi' is derived from the root nun-fa-ayn (ن ف ع); means to profit, to be of use, to be beneficial. - Allah An-Nafi' is The Propitious, the One who grants success. He creates favourable outcomes and everything that benefits creation is created by Him.
QURAN REFERENCE:	This Name is not mentioned in the Quran, but the quality of this attribute can be found in verses such as <u>7:188</u>. قُلْ لَا أَمْلِكُ لِنَفْسِي نَفْعًا وَلَا ضَرًّا إِلَّا مَا شَاءَ اللَّهُ ج
WHEN TO USE THIS NAME:	We call upon An-Nafi' when we are starting something and we sought His Benefit in it. For example, we can ask for benefit when sitting in an <i>Ilm</i> gathering. Rasulullah ﷺ said: "Ask Allah for beneficial knowledge and seek refuge with Allah from knowledge that is of no benefit." (<u>Ibn Majah</u>)
GOOD TO NOTE:	This Name is often paired with <u>Ad-Dharr</u>. The greatest gifts given to mankind are intellect, consciousness, and faith. We can call upon Allah, the Benefactor (An-Nafi'), to guide us in using these gifts and find benefit from them.





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93: An-Nur

The Light, The Illuminator

MEANING:	- Nur is derived from the root nun-waw-raa (ن و ر); linguistically can mean: to give light and illuminate, to clarify, to reveal, to be flaming and blazing or to enlighten, give counsel, and give advice. - Allah An-Nur is The One who illuminates and reveals the divine light of all the worlds. His light illuminates the heart and provides clarity and guidance.
QURAN REFERENCE:	This Name occurs once in the Quran in <u>24:35</u>. اللَّهُ نُورُ السَّمَوَاتِ وَالْأَرْضِ
WHEN TO USE THIS NAME:	We supplicate to An-Nur for the light of goodness if we feel a void from the effect of our sins. Rasulullah ﷺ taught the following du'a: "<i>Place light in my heart, light in my tongue, light in my hearing, light in my sight, light above me, light below me, light on my right, light on my left, light in front of me, light behind me, place light in my soul, and make light abundant for me.</i>" (<u>Bukhari and Muslim</u>)
GOOD TO NOTE:	Every person has a light that emanates from them, determined by their upright character and the righteousness of their deeds. Recite the following Du'a, and strive to be the light that attracts others to goodness. "<i>Our Lord! Perfect our light for us, and forgive us. 'For' You are truly Most Capable of everything.</i>" (<u>66:8</u>)





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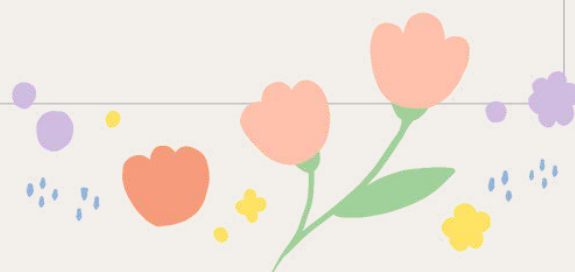
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94: Al-Haadi

The Guide

MEANING:	• Haadi derived from the root ha-dal-yaa (ه د ي), signifies to guide rightly and to lead the right way. • Allah Al-Haadi is The One who gives guidance to His believers. His Guidance is beneficial and protects them from whatever may be harmful. He is The One who sent Prophets (peace be upon them) as the deliverers of His message to ensure mankind is guided on the right path.
QURAN REFERENCE:	• This Name occurs twice in the Quran in <u>22:54</u> and <u>25:31</u> as below. وَكَفَىٰ بَرِّكَ هَادِيًا وَنَصِيرًا
WHEN TO USE THIS NAME:	• We call upon Al-Haadi when we are struggling in fulfilling his obligatory commandments, such as the five daily prayers, wearing the Hijab, or performing Zakah. We should reflect what is preventing His Guidance from reaching us - what have we been doing to make us falter in performing His commandments.
GOOD TO NOTE:	• Seek Allah's guidance by reading the Quran, for as the Quran itself declares, <i>"This is the Book! There is no doubt about it—a guide for those mindful of Allah"</i> (<u>2:2</u>).





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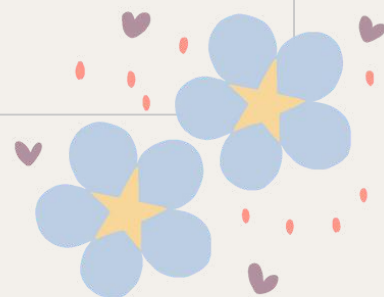
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95: Al-Badee'

The Incomparable Originator

MEANING:	- Badee' is derived ba-dal-ayn (ب د ع), the root word that means: to introduce, originate, start, innovate to do for the first time. - Allah Al-Badee' is The One who created the universe without any preceding example. With His will, He invents all that exists without any prior material. His creation is made without any similarity to anything else that has ever existed.
QURAN REFERENCE:	This Name occurs twice in the Quran in <u>6:101</u> and <u>2:117</u> as below. بَدِيعُ السَّمَوَاتِ وَالْأَرْضِ وَإِذَا قَضَىٰ أَمْرًا فَإِنَّمَا يَقُولُ لَهُ كُنْ فَيَكُونُ
WHEN TO USE THIS NAME:	We call upon Al-Badee' when we are starting on a trailblazing initiative, that no one has ever done before us. We seek His Guidance to show us the path and guide us to actions that bring pleasure to Him, not just to people.
GOOD TO NOTE:	The related names of Allah include <u>Al-Khaliq</u> (The Creator) and <u>Al-Bari'</u> (The Maker). While these Names also highlight Allah's role in creation, Al-Badee' emphasizes the originality and unmatched nature of His creations.





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96: Al-Baaqi

The Ever-Surviving, The Everlasting

MEANING:	- Baaqi is derived from baa-qaf-yaa (ب ق ي), which linguistically can mean: to continue, to remain, and to endure. Also, to be permanent, everlasting, and constant or to survive forever and to be eternal. - Allah, Al-Baaqi, is The Everlasting. He is the One whose existence doesn't have a beginning or an end. He will remain forever and unaffected by time.
QURAN REFERENCE:	This Name is not mentioned in the Quran but its verb form can be found in <u>55:27</u>. وَيَبْقَىٰ وَجْهُ رَبِّكَ ذُو الْجَلَالِ وَالْإِكْرَامِ
WHEN TO USE THIS NAME:	Find comfort in Al-Baaqi if you feel upset to leave a good company or if a good trip had to come to an end, for <i>'Whatever 'pleasure' you have been given is 'no more than a fleeting' enjoyment of this worldly life. But what is with Allah is far better and more lasting for those who believe and put their trust in their Lord;'</i> (42:36)
GOOD TO NOTE:	When we understand the Name Al-Baaqi, it helps fosters a sense of awe and reverence for Allah's power and majesty. It reminds us that He is the ultimate source of security and comfort in a world that is constantly changing.





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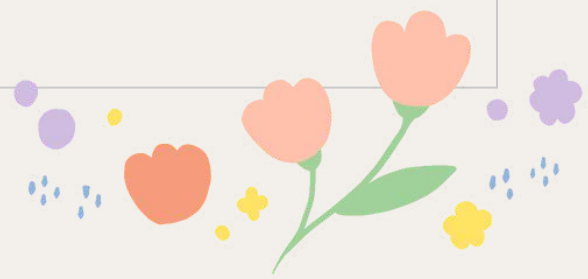
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97: Al-Waarith

The Inheritor, The Heir

MEANING:	• Waarith is derived from the root waw-raa-thaa (و ر ث), which indicates the meanings: to inherit, to be an heir or survivor, or to be the owner or maintainer after one has passed. • Allah, Al-Waarith, is The One who remains after all has passed. He is everlasting, and to Whom all possessions will be returned.
QURAN REFERENCE:	• This Name occurs thrice in the Quran in <u>21:89</u>, <u>28:58</u> and <u>15:23</u> as below. وَإِنَّا لَنَحْنُ نُحْيِي ۚ وَنُمِيتُ وَنَحْنُ الْوَارِثُونَ
WHEN TO USE THIS NAME:	• We can pray to Al-Waarith if we yearn or long for an offspring, as Prophet Zakariah AS did. <i>"And 'remember' when Zachariah cried out to his Lord, "My Lord! Do not leave me childless, though You are the Best of Successors" (21:89).</i>
GOOD TO NOTE:	• This Name encourages us not to focus on the material that we leave behind but on the impact of our legacy. What good will your soul reap long after you're gone? What legacy are we leaving behind for our loved ones?





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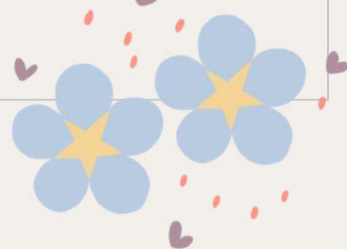
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98: Ar-Rasheed

The Guide, Infallible Teacher

MEANING:	- Rasheed is derived from raa-shin-dal (ر ش د), and linguistically carries meanings related to right guidance; to be directed right, to be shown the right way or to adopt the right belief. - Allah, Ar-Rasheed, is the Supreme Guide to the right path and belief. He does not compel people into religion; instead, He guides them through the Quran and His messengers.
QURAN REFERENCE:	This Name is not mentioned in the Quran but the quality of this attribute can be found in the verse <u>2:186</u>. فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ.
WHEN TO USE THIS NAME:	- If you're feeling lost and confused, call upon His Name Ar-Rasheed. Allah is the knowledgeable guide Who could make any path easy for anybody. "Our Lord! Grant us mercy from Yourself and guide us rightly through our ordeal." (<u>18:10</u>).
GOOD TO NOTE:	When we make an intention and follow it with "In Shaa Allah" (God willing), with full Yaqeen that Ar-Rasheed will guide us, we have submitted completely to His will and we have full trust that He will guide us towards what is best for us, even if it differs from our initial intention.





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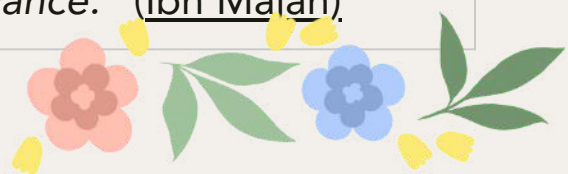
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99: As-Saboor

The Forbearing, The Patient

MEANING:	- Saboor is derived from sad-ba-raa (ص ب ر); is to be patient, to be enduring or to endure trial or affliction with good manners. - Allah, As-Saboor, is infinitely patient and enduring. He is not hasty in His actions but waits for the proper time. He has all the power to punish those who do wrong, but instead, He allows time for us to repent and come back to the right path. He will judge with perfect justice and wisdom in His own time.
QURAN REFERENCE:	This Name is not mentioned in the Quran but the quality of this attribute can be found in verses such as <u>16:127</u>. وَأَصْبِرْ وَمَا صَبْرُكَ إِلَّا بِاللَّهِ جَ .
WHEN TO USE THIS NAME:	We call upon As-Saboor for patience and perseverance in both our tests and blessings, such as in this Du'a that has been taught to us by Him in the Quran - <i>"Our Lord! Shower us with perseverance, make our steps firm, and give us victory over the disbelieving people"</i> (<u>2:250</u>).
GOOD TO NOTE:	- When we contemplate on As-Saboor, it can help us: 1. Develop patience in our daily lives. 2. Trust in Allah's plan, even when faced with challenges: <i>"The believer who mixes with people and bears their annoyance with patience will have a greater reward than the believer who does not mix with people and does not put up with their annoyance."</i> (<u>Ibn Maiah</u>).





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