

Following the Prophet ﷺ with Joy!

Channeling his ﷺ's
Easy-Going Nature

with Ustazah Syariati S.



Worship is more than just rituals

Deeds encompass not only rituals but also the entirety of life. Our existence, our complete life, is meant to be an act of worship directed towards Allah SWT. Consequently, **every action we take, from our facial expressions and tone of voice to how we treat others, when performed with faith in Allah SWT, will be counted as a deed that we will “deposit” into our account in the Hereafter.**

In the Hereafter, when we seek the fruits of our labour in this world, we will reflect on our hard work, patience, and kindness, especially during challenging times. Upon reaching the Akhirah, we will discover the immense rewards that Allah SWT has meticulously recorded for us, acknowledging our efforts made solely for His sake. ❤️

وَعَنْ أَبِي هُرَيْرَةَ
عَنِ النَّبِيِّ ﷺ أَنَّهُ قَالَ
مَنْ كَانَ لَيْنًا هَيِّنًا سَهْلًا
حَرَّمَ اللَّهُ عَلَى النَّارِ

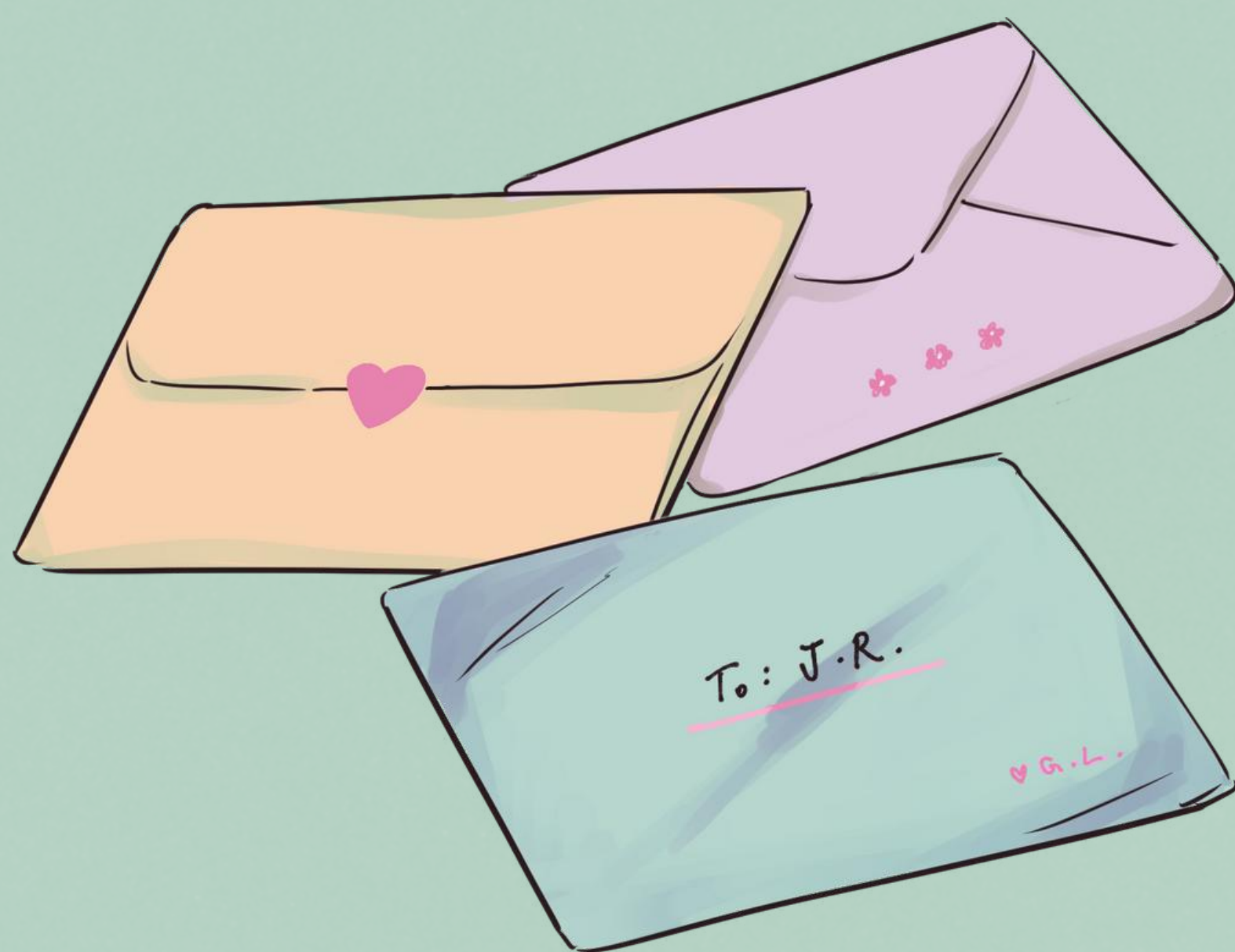
The Messenger of Allah ﷺ said:

*“Whoever is **kind**,
affable, and **easy-**
going, Allah will
forbid him from
entering Hellfire.”*

(al-Sunan al-Kubraa lil-Bayhaqi 20806)

Transform Daily Actions into Worships

This hadith serves as a reminder that every movement and step we take is, in fact, an act of worship directed towards Allah SWT. **We must not underestimate the significance of our smiles or acts of kindness, as these are all regarded as deeds that can be multiplied far beyond our imagination, provided they are accepted by Allah SWT.**



TRAIT #1:

Being Kind

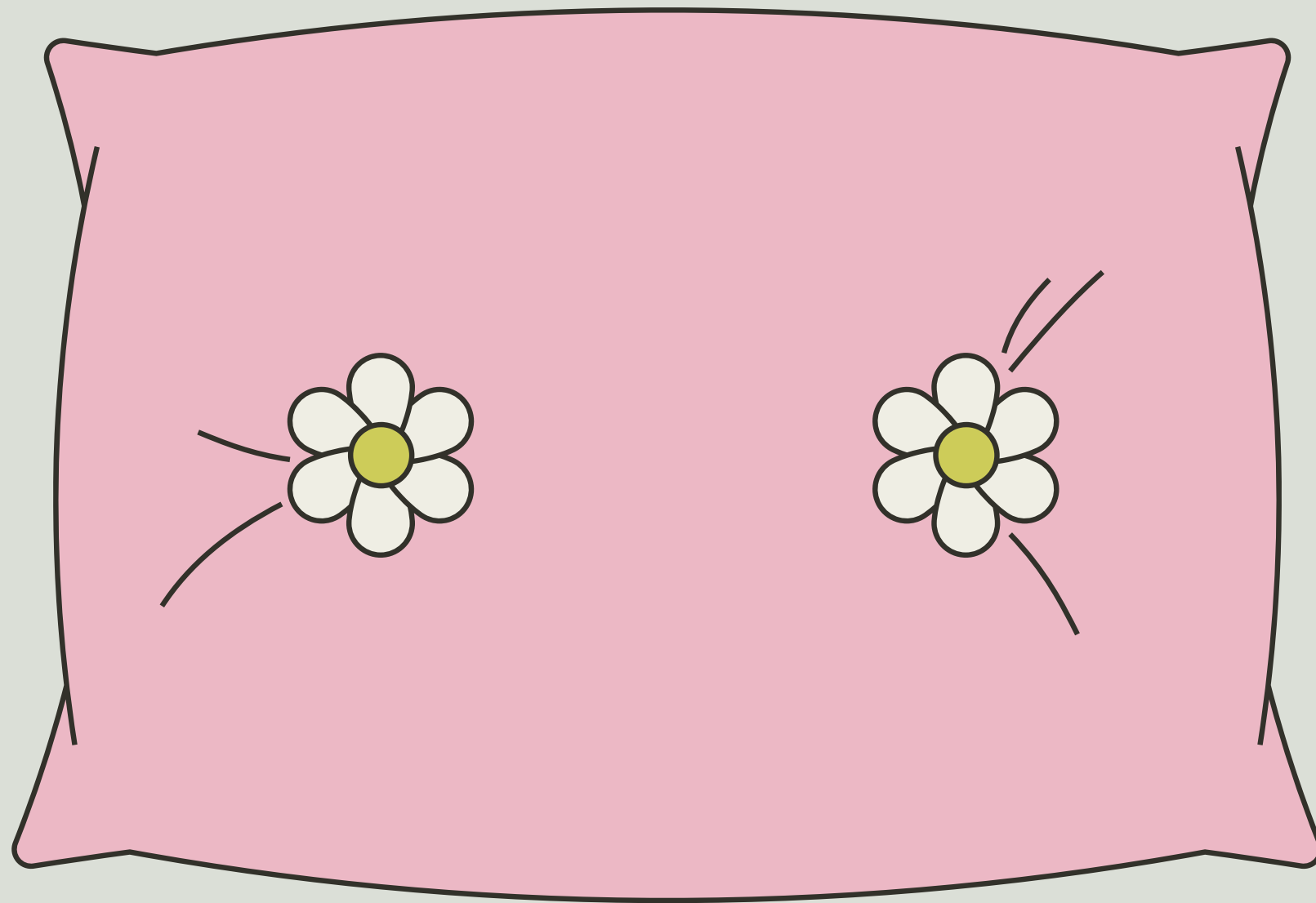
لَيِّن

Layyin

In Arabic, لَيِّن means **'softness'** and is translated as **kindness**. It is a quiet kind of strength that is not acknowledged enough. Our softness, our quiet glances, our firm smiles, and our tone of voice are impactful. They are powerful moves.

Kindness is often seen as a weakness, where if we are too soft, we will be taken advantage. **But in the hadith, kindness is one of the qualities that becomes a shield from Hellfire.**

Kindness is usually seen as small and insignificant when it is actually gentle and merciful.



Being gentle
and merciful
is like giving
off cushion-
like energy to
others. They
just want to
fall into you. ♡

Sayidina Anas RA reported that a woman had a partial derangement in her mind, so she said, “Allah's Messenger, I want something from you”.

He ﷺ said:

“Mother of so and so, see on which side of the road you would like (to stand and talk) so that I may do the needful for you.”

He ﷺ stood aside with her on the roadside until she got what she needed.

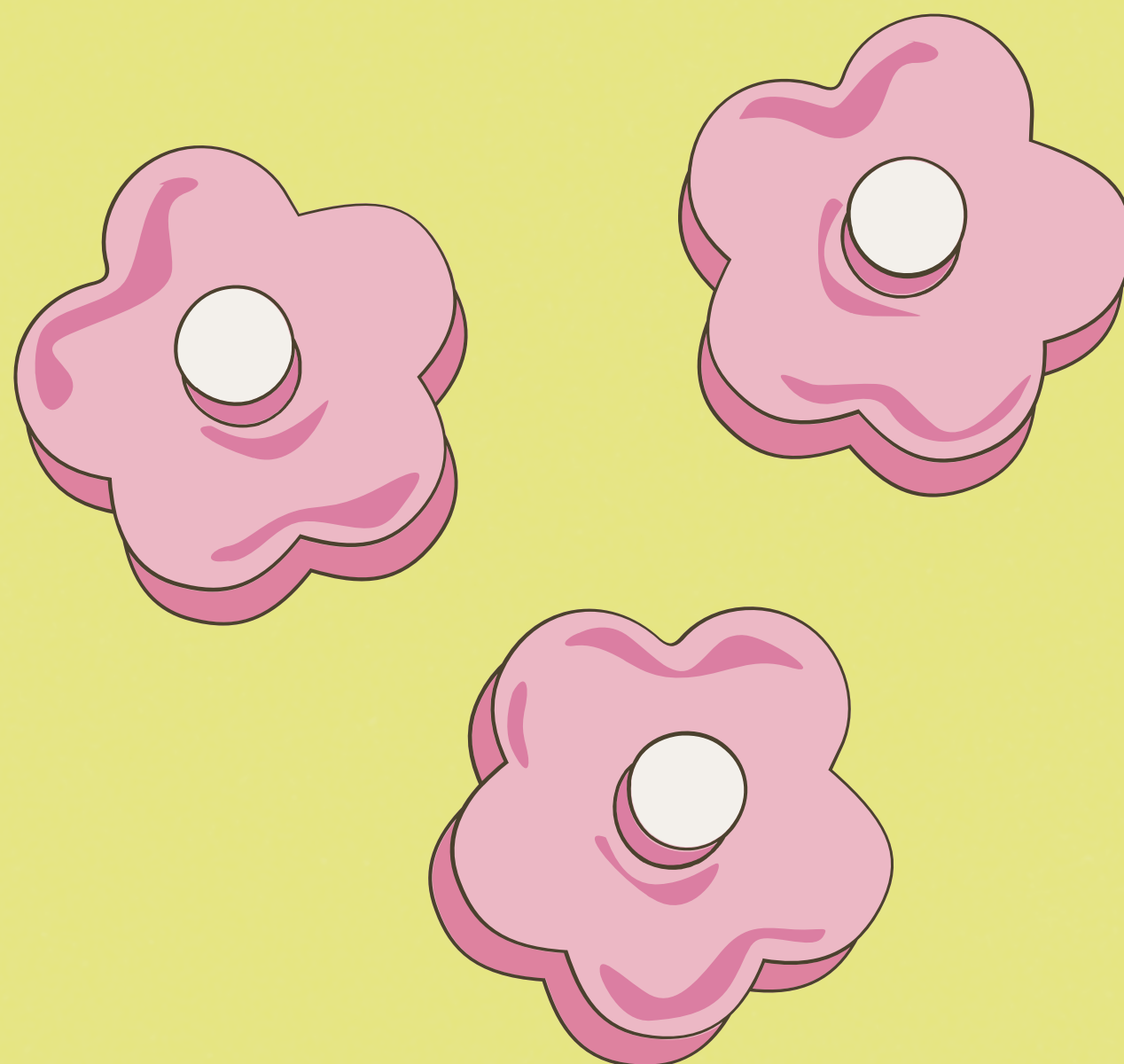
(Sahih Muslim)

Always Choose Kindness

Rasulullah ﷺ showed kindness to everyone, even those who tend to be ignored by society (such as the woman with mental illness in the hadith).

It is easy to be kind to those who are just like us and who can easily understand us. **But how do we respond to those who have illnesses, baggage and problems?** Society often isolates them without first listening, without offering help, or without being willing to spend time with them.

The woman's decision to approach Rasulallah ﷺ with her concerns indicates that he ﷺ was **approachable** and easy to talk to.



TRAIT #2:

Being Affable

هَيِّين

Hayyin

هَيِّين means 'being friendly, approachable and easy to talk to'. **Many people felt comfortable around Rasulallah ﷺ and loved spending time with him ﷺ.** The women too dedicated their time with him ﷺ to learn directly from his teachings. People would sometimes approach Rasulallah ﷺ to discuss their issues or seek clarity regarding their faith.

His wives ﷺ felt comfortable being themselves and expressing their emotions in his presence. He ﷺ was not defensive or loud; rather, he ﷺ was very easy to talk to. As a result, both male and female companions would ask Rasulallah ﷺ about various matters.

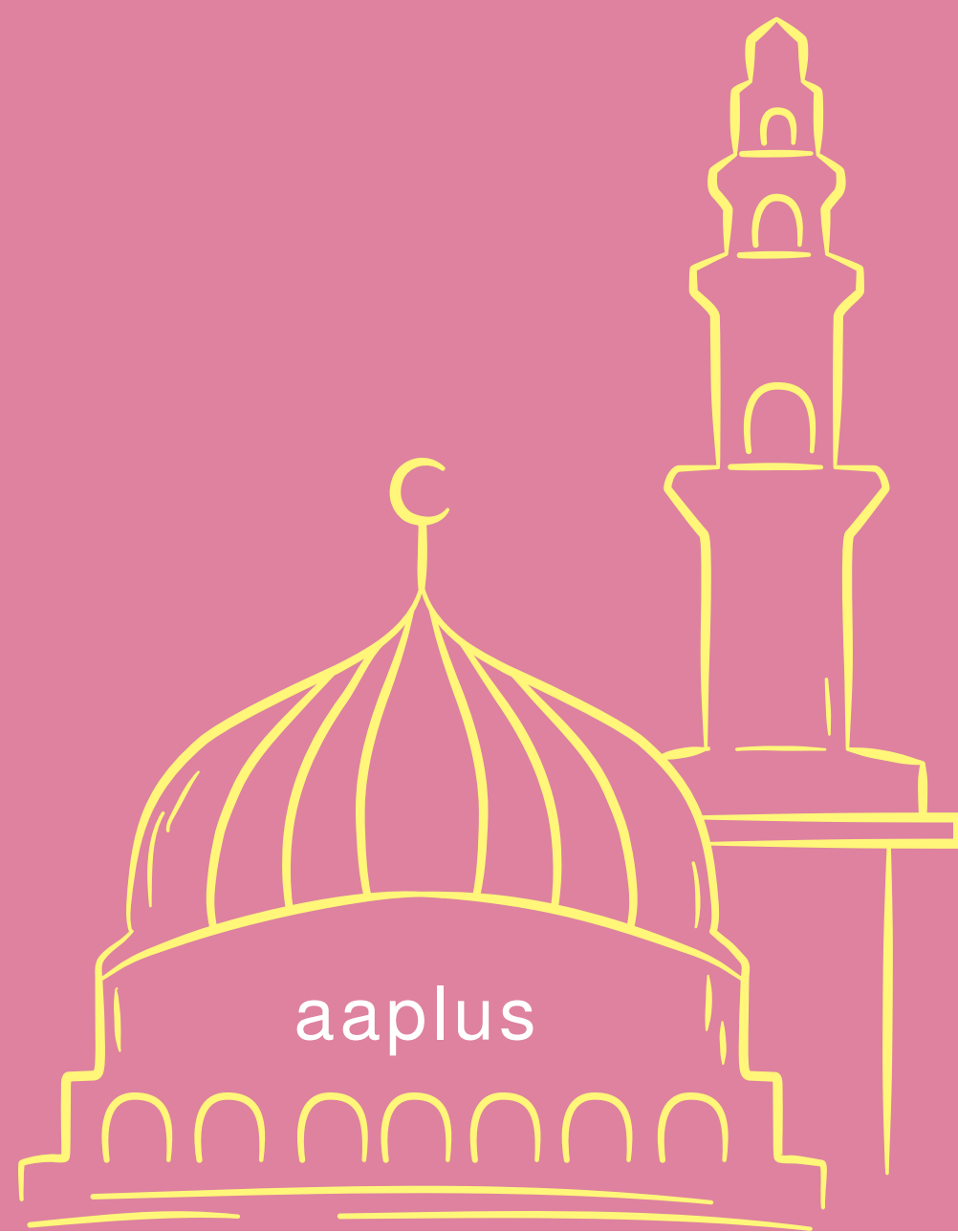
He ﷺ was with the people

It is known that Rasulullah ﷺ devoted one-third of his day to self-care, but **he ﷺ also allocated time for open sessions where he ﷺ would meet with people.** During these sessions, companions could come to learn, speak, and share worries. Those who could not come in person would send their concerns through a companion, and Rasulullah ﷺ would explain and instruct them to relay his messages. Thus, even if individuals couldn't approach him directly, they could still communicate their issues through messengers.

This is evident from Hadiths which show that the companions would hear directly what Rasulullah ﷺ said or, they were in close proximity with Rasulullah ﷺ.

*Key to meaningful
relationships:*

Rasulullah ﷺ
allocated time for
Allah SWT, for
family and also for
the companions,
and those who
deserved his time
would receive his
mindful presence.



The Curious Minds of the Women of Ansar

Sayidatina 'A'isha RA reported: Asma (daughter of Shakal) asked the Messenger of Allah (ﷺ) about washing after menstruation. He said: Everyone amongst you should use water (mixed with the leaves of) the lote-tree and cleanse herself well, and then pour water on her head and rub it vigorously till it reaches the roots of the hair. Then she should pour water on it. Afterwards she should take a piece of cotton smeared with musk and cleanse herself with it.

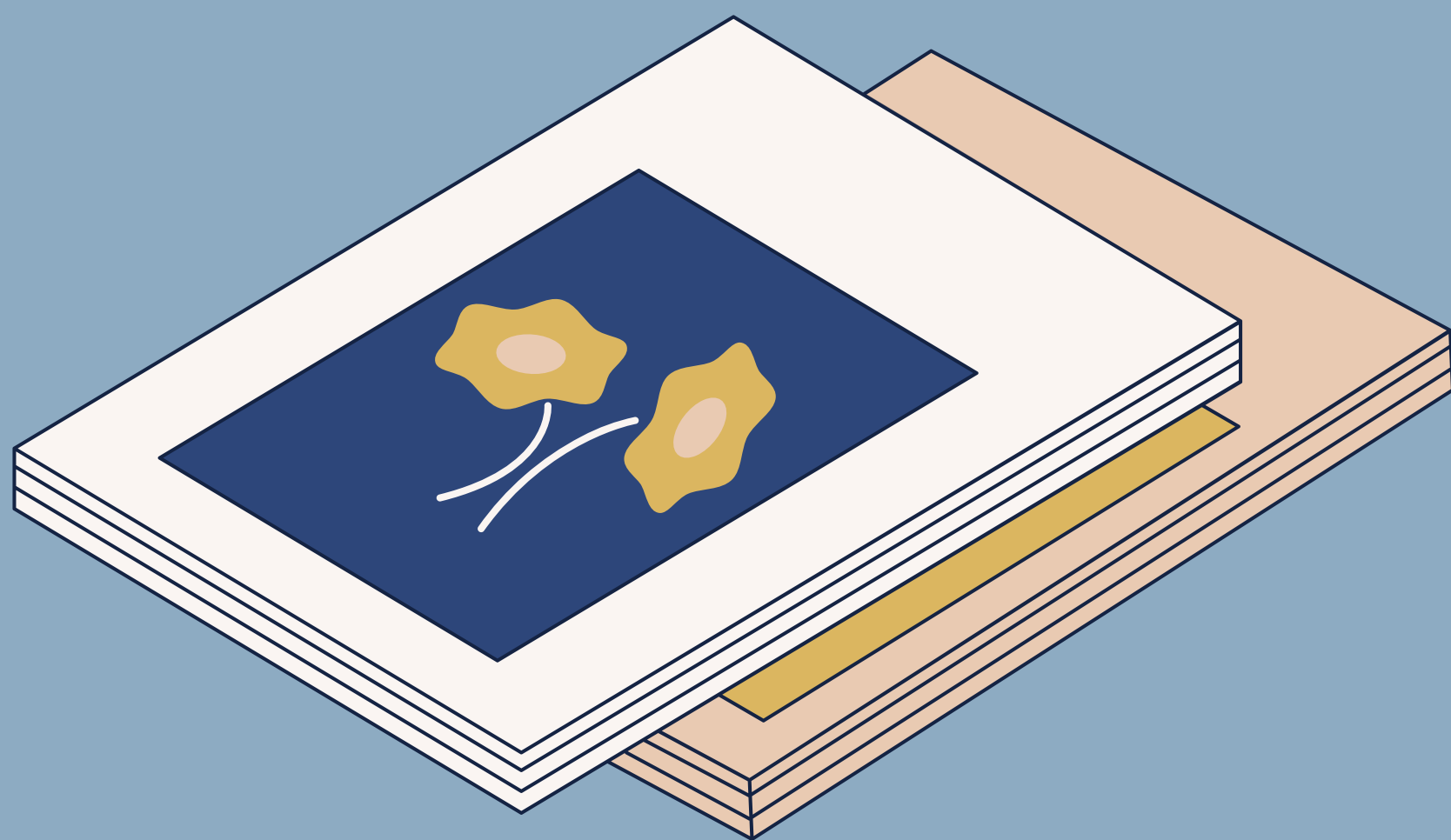
Asma' said: How should she cleanse herself with the help of that? Upon this, he (the Messenger of Allah) observed: Praise be to Allah, she should cleanse herself. '

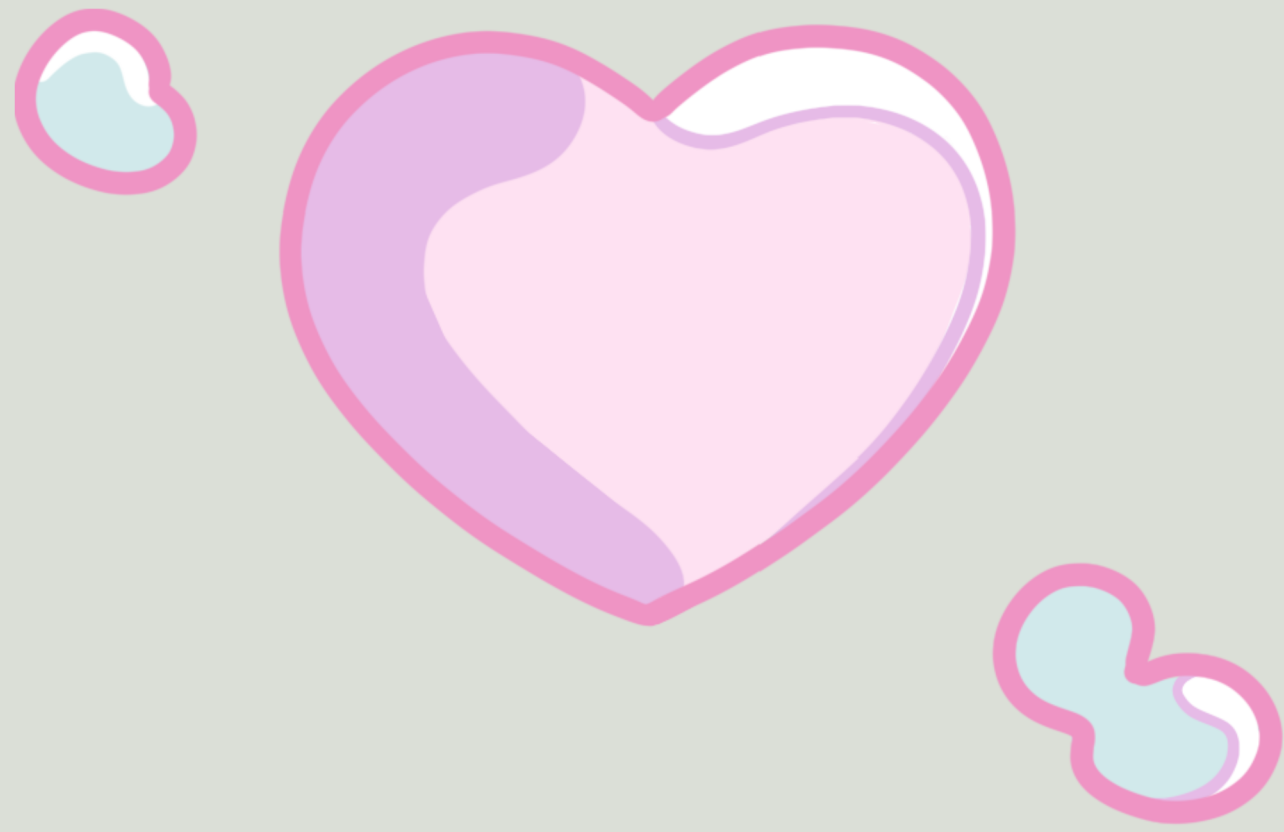
'A'isha said in a subdued tone that she should apply it to the trace of blood.

She (Asma) then further asked about bathing after sexual intercourse. Rasulullah ﷺ said: She should take water and cleanse herself well or complete the ablution and then (pour water) on her head and rub it till it reaches the roots of the hair (of her) head and then pour water on her.

'A'isha said: **How good are the women of Ansar (helpers) that their shyness does not prevent them from learning religion.**

(Muslim)





Rasulullah ﷺ
had no problem
answering
questions, even
if they are
many, and
repeated
frequently.
Such patience!



TRAIT #3:

Being Easy-going

سَهْل Sahl

سَهْل means **‘being relaxed, tolerant, simplifying and easing situations’.**

Rasulullah ﷺ was known to make things easy, and was relaxed in situations where people typically aren't. For example, if there were no food at home, Rasulallah ﷺ would just fast. He ﷺ did not make a big deal of matters that were trivial.

He ﷺ was also very tolerant of others around him, even when they made mistakes or didn't understand him.

He ﷺ wouldn't even express that he was not happy with their questions. He ﷺ never put expectations on people beyond their level of comprehension.

The Bedouin Man

Anas b. Malik reported: While we were in the mosque with Allah's Messenger (ﷺ), a desert Arab came and stood up and began to urinate in the mosque.

The Companions of Allah's Messenger (ﷺ) said: Stop, stop, but the Messenger of Allah (ﷺ) said: **Don't interrupt him; leave him alone.** They left him alone, and when he finished urinating, Allah's Messenger (ﷺ) called him and said to him: These mosques are not the places meant for urine and filth, but are only for the remembrance of Allah, prayer and the recitation of the Qur'an, or Allah's Messenger said something like that.

He (the narrator) said that he (the Holy Prophet) then gave orders to one of the people who brought a bucket of water and poured it over.

(Muslim)

Sayidatina A'isha RA,
the wife of the Rasulullah ﷺ said:

Babies were brought to the Messenger of Allah
(ﷺ) and he blessed them, and after having chewed
(something, e. g. dates or any other sweet thing)
he rubbed there with their soft palates.

*A baby was brought
to him and he passed
water over him (over his
garment), so he asked
water to be brought and
sprinkled it, but he did
not wash it.*

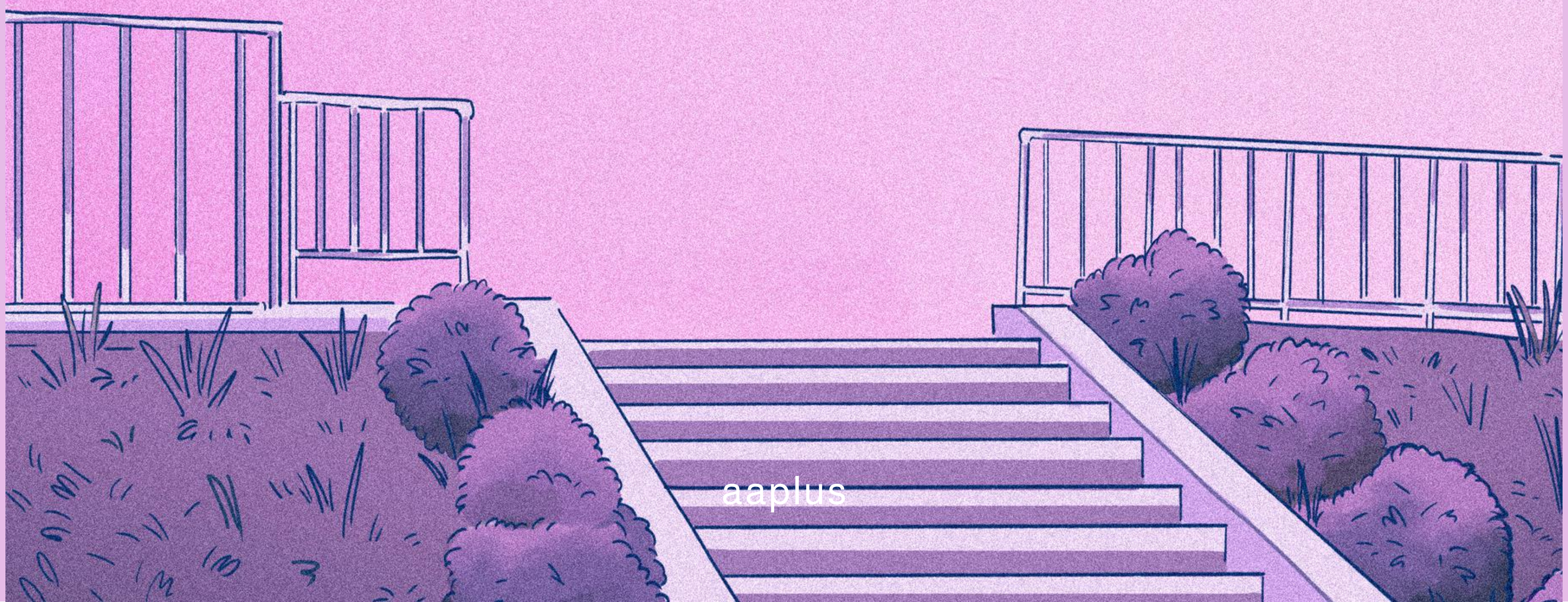
(Sahih Muslim)

Hadith Reflection:

What would our story look like if we faced the same situations? Would it be as brief and simple as the response given by Rasulullah ﷺ? Or would we make a scene?



Breakout Room Reflection



aaplus

Scenario #1:

What do you observe about Rasulullah ﷺ's act of kindness in the incident where he ﷺ accompanied the lady who had a mental illness?

- *Is this something that YOU would do?*
- *What is the perception of society in general about people struggling with mental illness?*
- *How is kindness a strength and beneficial for the one showing kindness?*

Scenario #2 :

Rasulullah ﷺ was extremely easy-going, not just to his family but to those around him, in the masjid, play areas, on mountains or all around the community.

- *What is one story of Rasulullah's easy goingness that you love?*
- *When being easy going, must there be a limit / boundary?*
- *How does being easy-going help you when the situation you face is not easy?*

Scenario #3 :

Rasulullah ﷺ was very emotionally strong and intelligent.

- *How do you think this quality of emotional strength contributes to Rasulullah ﷺ's role model character?*
- *In emotional situations, give an example of Rasulullah ﷺ's commitment to good character.*
- *How would an easy-going and kind person react to those who angers them?*



Hadith to Hold on to

The Path to Paradise

The Messenger of Allah ﷺ said:

"Whoever alleviates a burden among the burdens of the world for his brother, Allah alleviates a burden among the burdens of the Day of Judgement for him.

And whoever covers (the faults) of a Muslim, Allah covers him in the world and in the Hereafter.

And whoever makes things easy for one in dire straits, Allah makes things easy for him in the world and the Hereafter.
Allah is helping as long as the (His) Slave is helping his brother.

And whoever takes a path to gain knowledge, Allah makes a path to Paradise easy for him. And no people sit in a Masjid reciting Allah's Book, studying it among themselves, except that tranquility descends upon them and they are enveloped in the mercy, and surrounded by the angels.

And whoever is slow in his deeds, his lineage shall not speed him up."

(Tirmidhi)

Reminder for the believer:

*The reward of
being kind, affable
and easy-going is
closeness to Allah,
protection from
the hell fire and
Jannah made
easy for him.*

