

BIRP Progress Note

Behavior • Intervention • Response • Plan. Every note documents a service delivered and its effect, tied to a treatment plan goal.

Client: _____ Date: _____ Time: _____

Clinician: _____ Session/Contact #: _____ Duration: _____

Service type / setting: _____ Treatment plan goal addressed: _____

B Behavior

What the client reported and what you observed: concerns in their words, appearance, affect, speech, attendance, measure scores. Label the source. Keep interpretation out.

I Intervention

What you did this contact: the technique, skill, referral, or coordination delivered, with active verbs, tied to the goal above.

R Response

How the client responded: their words, changed ratings, observed behavior, agreement or refusal. The response belongs to the client.

P Plan

Next steps with owners and timeframes: homework, referrals, follow-up actions, and the date and focus of the next contact.

Signature / credentials

Date signed