

EDITION  
23/4/26

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# closer



**A CONSCIOUS RETURN  
TO WHO YOU TRULY ARE**

*To return to human hands,  
human hearts & to being human*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allah, the Most Gracious, the Most Merciful

In the name of Allah, the most Gracious, the most Merciful

23 April 2026



# Closer

by aa

*your curated weekly spiritual booster delivered straight to your Inbox*

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Allow yourself  
to **return** to who  
you truly are:  
to human hands,  
connected hearts,  
and to your **fitrah**.

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Assalamualaikum my Champions,

Last week, I visited a small village outside Tangier, and the experience quietly shifted something inside me. The air was crisp, the pace was gentle, and the people were so incredibly warm and genuinely hospitable. I sat on a hilltop, watching the day pass peacefully - there was no rush; life simply unfolded as it was meant to. But the moment I returned to the city, the contrast hit hard. The constant movement, the honking cars, and the hurried energy left me exhausted without having done anything at all.



That sharp difference made one truth very clear: **when our surroundings lack the remembrance of Allah, fatigue draws near.** And as long as we remain distant from our true purpose of worshipping and remembering Allah, we will always feel drained.

Sitting with this realisation, I began asking myself: how can I return to my *fitrah* - **that pure state of simply wanting to worship Allah**. And the answer was so incredibly simple: **I have to keep choosing my Fitrah over the Dunia, again and again.**

In a world where cars drive themselves, machines cook our food, and technology increasingly replaces human connection, I want to move in the opposite direction. **I want to use my own hands, speak heart to heart with real people, and simply opt out of the rat race.**

During our last AA Plus event, our guest teacher, Ustazah Reehab, reinforced this intention for me even more deeply. She said, “Our Suhbahs are under attack, because they know that human loneliness is the playground of Shaytan.” **Our fitrah is not meant for isolation or extreme dependence; rather, we are created to be interdependent.**

**We need one another.**

This is why I am renewing my commitment to AA Plus. Staying connected to this community is one of the most powerful ways to protect and return to my fitrah. We are not meant to walk this path alone, but **together**, cheering and supporting each other to become better servants of Allah.

Champs, our souls already know what they need and where they belong. May we not stand in their way, and may we never let the noise of this dunya drown our souls out. I pray that we may return to human hands, human thought, and human connection - and above all, to the One Who created us as *humans* in the first place: Allah SWT.

# event notes

(and our new replay formats 🌈🌈🌈!)



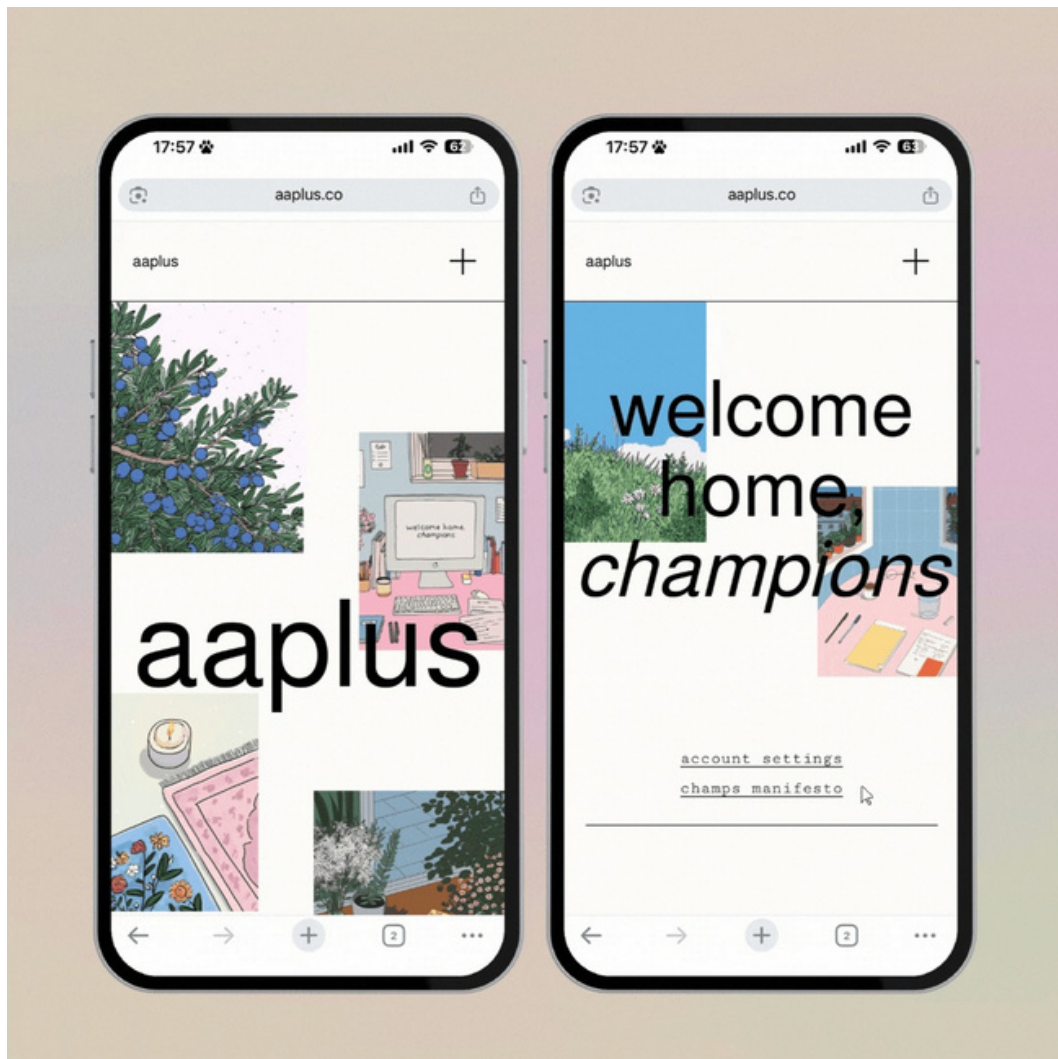
Alhamdulillah, my heart is still smiling when I think about the beautiful event we had last week. If you weren't able to join us, know that we didn't forget you. We've put together these Event Notes to capture some of our favourite moments and reflections from the gathering. We included some of our favourite gems and takeaways, and also compiled some of the lively chats by Champs who attended from the comments section! May they bring back the same warmth and barakah to your heart, In Sha Allah.

[View the Event Notes Here \(A 5 mins Read\)](#)



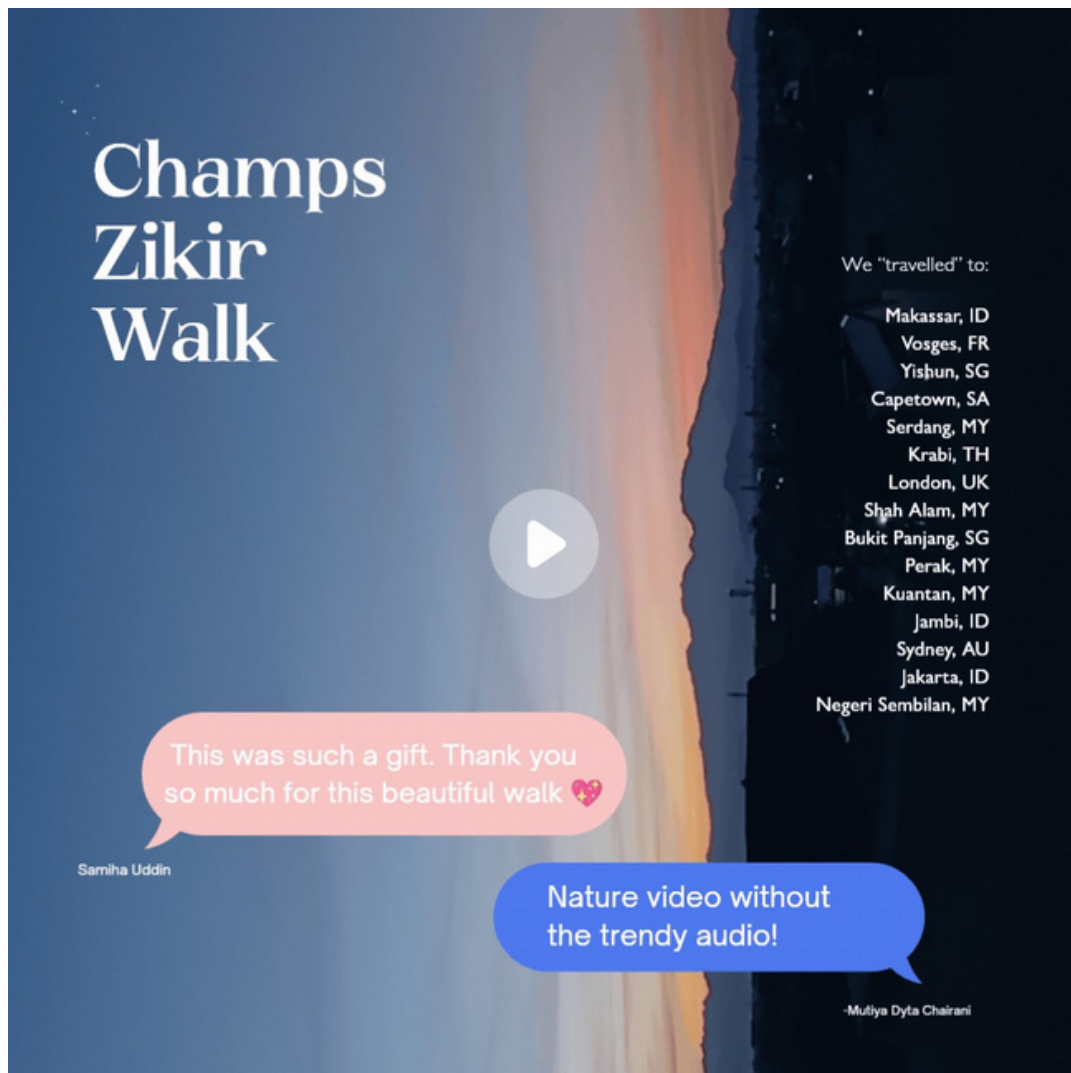
While we'd love for everyone to join our Live Sessions, we understand that life doesn't always allow it. To help Champs who miss the live session still experience the Suhbah of our community, we're now offering additional **Live Replay Sessions** alongside the Event Notes for our Teacher-led events. The dates and timings for these additional group sessions will be both Asia and ROTW-friendly, and details will always be shared in advance via Closer emails. Moving forward, we will no longer upload replays on our website. We hope that these Live Replay Sessions will reduce the overwhelming playback clutter and allow Champs to benefit more from the lessons together in a more connected and meaningful way.

*a few (tiny) changes*



Champs, just a quick heads-up that we've made a few small but helpful updates to the website! Now, once you log in to your AA Plus account, you'll land directly on the VIP Page. No more navigation issues, In Sha Allah! We've also moved Account Settings to the very top, making it easier for you to view and update your membership. Another meaningful addition is our **AA Plus Manifesto** - after 7 years of running AA Plus, we finally wrote one together with the input of over 200 Champs who joined last week's session. [You can read it here!](#) (I cried proud tears!!)

## *champs zikir walk*



During our last Event, we also went on a Virtual Zikir Walk together to 15 beautiful, scenic places, Ma Sha Allah! I could literally feel my heartbeat slowing down as we recited zikir while taking in the peaceful landscapes with all our senses. It was such a calming and uplifting experience. I cannot wait to do more Zikir Walks with all of your Champs moving forward! PS: If you would like to contribute to our Zikir Videos, just reply to this email and my team will send you the details.

[Watch our First Virtual Zikir Walk Here](#)

*a beautiful du'a*

Ya Allah,  
allow me to  
remember that  
even if the pain is  
deep, Your Love  
is Mightier.

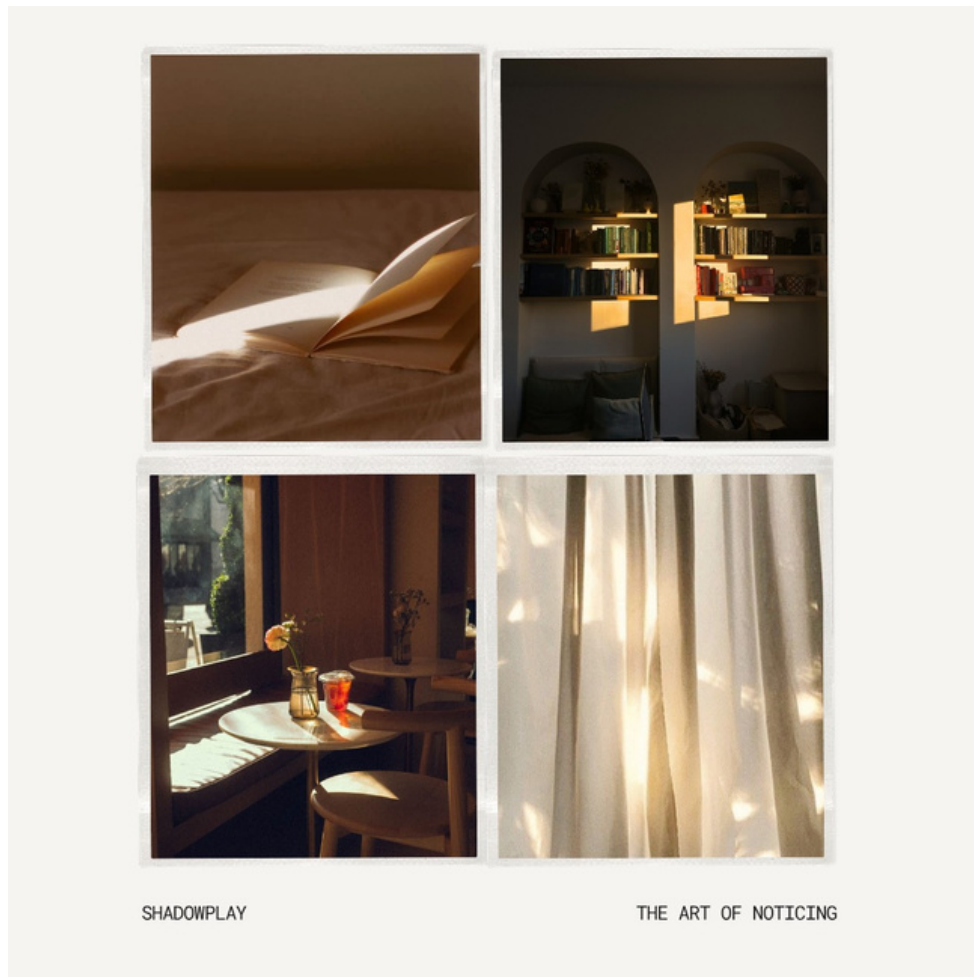
[aaplus.co](http://aaplus.co)

[#abeautifuldua](https://twitter.com/abeautifuldua)

Allah's Love always triumphs over everything else.

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# *the art of noticing*



When one of my elders advised me to “listen to the birds, not the news,” something shifted in my heart. I realised how the simple act of observing, listening, and noticing is slowly becoming a lost art. That’s why I’m starting a new segment on Closer called “**The Art of Noticing**”. For this first instalment, I wanted to share one of my quiet joys: the love for light and shadowplay. There’s something so peaceful about watching how light gently dances across our everyday spaces. This week, I invite you to try something simple yet beautiful: Notice the shadows. Pause for a moment and observe how light and shadow dance around you. You might be surprised at how much peace and beauty you discover in what we usually overlook. Share with me photos if you caught your dancing shadows!

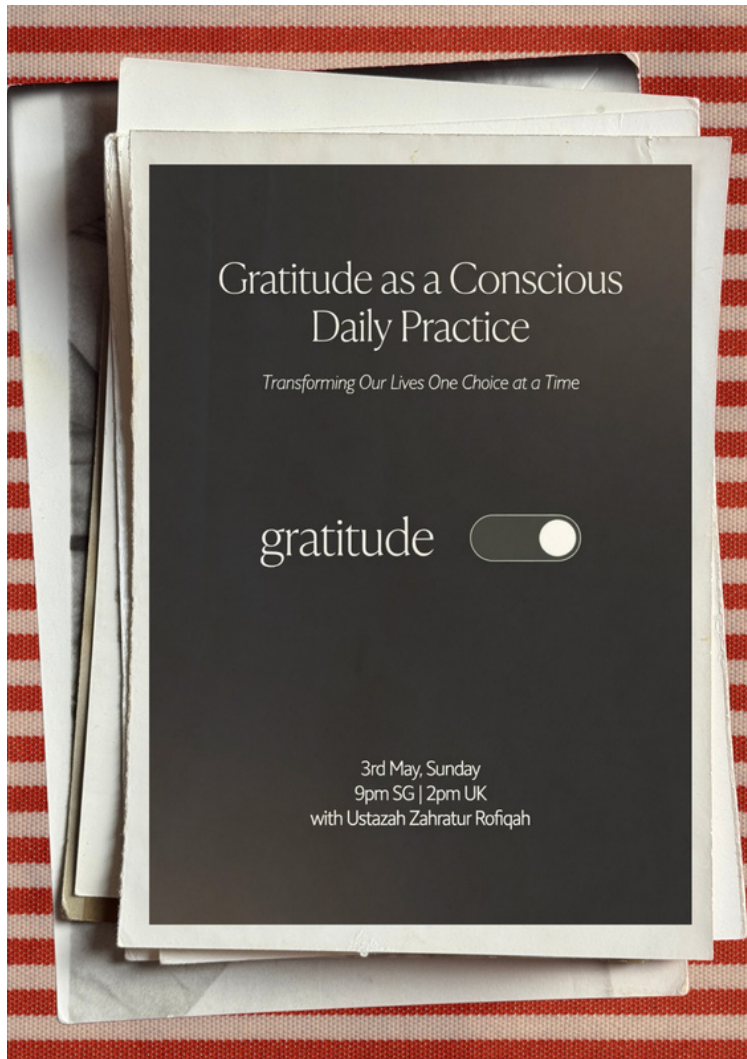
*to ponder*



Most of us are quietly carrying something heavy right now. If you feel like you're falling behind or that life is moving too slowly, gently remind yourself: You are not behind. You are simply walking on **Allah's timeline**. He already knows how your story will unfold. So take care of your heart while you wait... and ask yourself: **Can you trust Allah's timeline for you over your own?**

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ps:



Champs, I'm counting down the days until our next Live Session! This one feels extra special - we'll be exploring the beautiful theme of gratitude, a topic we can never get enough of, guided by our new guest teacher, the incredibly gentle Ustazah Zahratur. More details will come in my Closer email next week, In Sha Allah!

[Sync This Event to Your GCal](#)

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FIN.  
x  
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