

Step-by-step plan compression bandaging



You have oedema and receive an indication for compression bandaging.

The General Practitioner explains what will happen after the bandaging treatment: you may return for a follow-up appointment, wait and see how your leg develops, or you may receive compression stockings.

 Referral from a General Practitioner



In consultation, the type of bandage and the frequency and duration of the bandaging are determined.

 By a Community Nurse



You receive a Velcro compression wrap that you can adjust yourself.

The community nurse will visit you to
provide explanation and instructions.

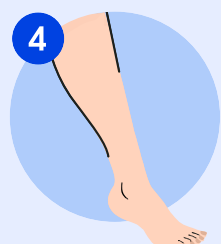
 By a Community Nurse

of

You receive a compression bandage.

The community nurse will visit
periodically to replace the bandage.

 By a Community Nurse



The oedema has resolved and your leg has reduced in size.



Einde zwachtelen

U bent weer uit zorg.

of

You receive compression stockings

Through a referral from your
GP or community nurse.

 By a Compression Therapist



Want to know more? Scan the QR code and
read more information at ikzorgzelf.nl.