
SELFMADE AND PARTNERS PRESENT
UNDERDOG
ANALYZE, PLAN, DO IT!
"AT SOME POINT, WE ARE ALL UNDERDOGS"
18-27 FEBRUARY 2022
CASTELO NOVO, FUNDÃO, PORTUGAL
Erasmus+
ASSOCIAÇÃO
SELFMADE
Mobilidade Internacional
e Empreendedorismo

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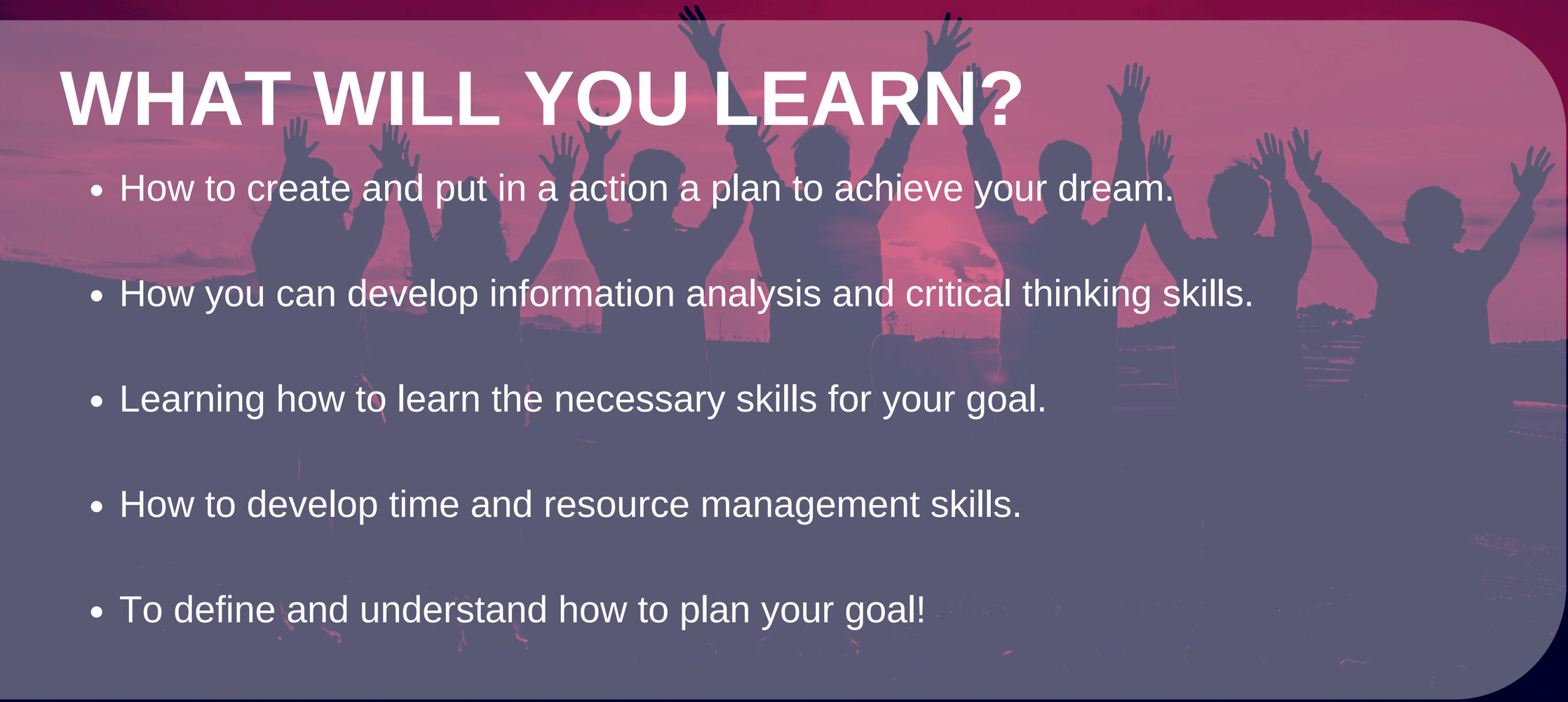
WHAT IS THE UNDERDOG?

- In essence, Underdog is a project about self-development and sense of initiative.
- In the current world we live in, especially in the labour market, most of the time, youth are the underdogs.
- But, we don’t want to show participants how to get a job.
- We want to take participants through the 3 phases of achieving ANY goal!

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WHAT WILL YOU LEARN?

- How to create and put in a action a plan to achieve your dream.
- How you can develop information analysis and critical thinking skills.
- Learning how to learn the necessary skills for your goal.
- How to develop time and resource management skills.
- To define and understand how to plan your goal!

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HOW WILL YOU LEARN?

- Here at Selfmade, we believe in the power of non-formal education and gamified learning. So get ready to learn while having a blast!

WHAT DO YOU GET?

- Not only do you get to learn all this cool stuff, you will get out of here with a YOUTHPASS. A.K.A. a European Certificate that you can actually put in your CV!

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WHO'S MAKING IT HAPPEN WITH US?

KIYIDOSK
(Turkish Partner)

SEA GREECE
(Greek Partner)

AROUSA MOZA
(Spanish Partner)

LEVEL UP
(Polish Partner)



ASOCIATIA DOMINOU
(Romanian Partner)

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WHO'S MAKING IT HAPPEN WITH US?

CAMARA MUNICIPAL DO FUNDÃO

BIOECO

Youth Europe Store

Associação Socio-Cultural de Castelo Novo

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THE PROGRAM:

- DAY 1 - INTRODUCTION
- DAY 2 - TEAM BUILDING
- DAY 3 - UNDERDOG/ANALYZE
- DAY 4 - INTROSPECTION
- DAY 5 - MANAGEMENT
- DAY 6 - PLANNING
- DAY 7 - DAY OUT
- DAY 8 - UNDERDOG FAIR

UNDERDOG SCHEDULE

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Time\Day	Travel day 18/02	Day 1 19/02	Day 2 20/02	Day 3 21/02	Day 4 22/02	Day 5 23/02	Day 6 24/02	Day 7 25/02	Day 8 26/02	Travel day 27/02
9:30 AM	Arrivals in Lisbon	Introduction	Lets Energize	The Underdog	Work Smart Not Hard	Walking and Reflecting	EU Opportunities and Key Competencies	Day Out in Fundão	The Master Plan	Leaving the Venue (7AM)
11:00 AM		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break		Coffee Break	Arriving in Lisbon
11:30 AM		Rules And More	Castelo Novo's Adventure	International Debate	What problems do you see?	Leadership	Introduction to the Underdog Fair		Underdog Fair	Departures
1:00 PM		Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch in Fundão	Lunch Break	
3:00 PM		Call To Adventure	What's Your View?	Keep looking!	Skills on the Market	Truth or False?	Roles and Logistics	Trash or Treasure	Underdog Fair	
4:30 PM		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break		Coffee Break	
5:00 PM	Rendezvous in Oriente Station	Get to know each other	What's Going On in Your Country?	Productivity Session	Innermost Cave	Time And Resource Management	Planning Underdog Fair	Underdog Fair Prep.	Evaluation and YouthPass	
8:00 PM	Arrival in the Venue	Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time	
9:30 PM		Intercultural Night	Intercultural Night	Night Walk	Intercultural Night	Intercultural Night	Intercultural Night	Intercultural Night		

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DON'T FORGET TO BRING!

- *Bed Sheets and Pillow Cases*
- *Winter Clothes*
- *Comfortable Shoes*
- *Medication (If needed)*
- *Chargers for your devices*
- *ID Card/Passport*
- *Something Typical From Your Country*
- *Raincoat*
- *Personal Hygiene Stuff (Towel too!)*

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DON'T FORGET TO BRING!

- ***European Health Insurance Card***

The European Health Insurance Card is a free card that gives you access to medically necessary, state-provided healthcare during a temporary stay in any of the 27 EU countries.

Link to get it: https://ec.europa.eu/social/main.jsp?catId=563&langId=en

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THINGS TO PREPARE

- Your countries Intercultural Night (Be Creative! No PowerPoints!)
- 2 or 3 Energizers

Note: Don't worry your sending organization will help you out!

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THINGS TO PREPARE

- 1 (ONE) Activity that you and your national team will facilitate in the project

  - Productivity – Turkey
  - Leadership – Poland
  - Job Market/How to sell your skills – Spain
  - Resource Management – Portugal
  - Eu Opportunities – Greece
  - Key Competences - Romenia

ACCOMMODATION

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CASTELO NOVO

- The project will take place in Castelo novo, one of the 10 historical Portuguese Vilages. It stands out as a typical medieval village and has much to offer.

- The village is known for its medieval castle, D. João and Bica water spring and The Misericórdia Church

- In the surroundings of the venue there are groceries shops in walking distance and also supermarkets 10 minutes away by car

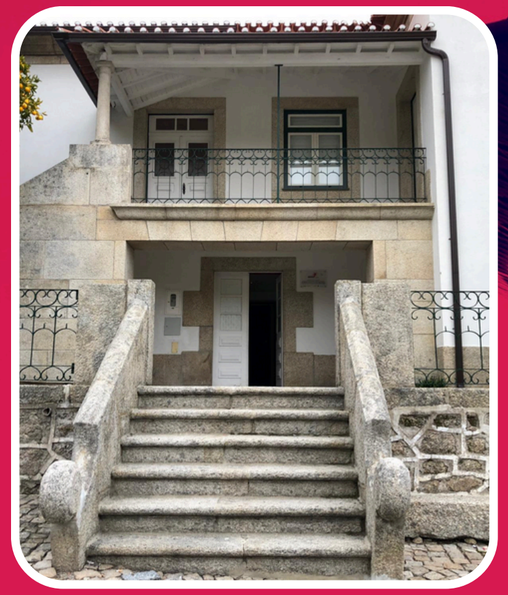


Castelo Novo Medieval Castle

ACCOMMODATION

THE VENUE

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The venue will take place in the accommodation of the program “Escolhas” of Castelo Novo



We have indoor and outdoor space

Free Wifi all across our venue

Its quiet and you can enjoy nature and the village with your new friends



Look at the rooms! Don't they seem comfortable and cozy?

The venue has capacity for people with walking disabilities

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THINKS TO KNOW ABOUT PORTUGAL

- *The Capital of Portugal is Lisbon*
- *Lisbon Is Older Than Rome*
- *There are 250 million Portuguese speakers around the world.*
- *Portugal is One of The Most Peaceful Countries in Europe*
- *We are Famous For Our Typical Seafood Dishes and Pastry*
- *The biggest wave in the world was surfed in Nazaré*

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Travel Budget (Per Participant)

Portugal Travel Funds: 0€	**Turkey** Travel Funds: 720€	**Romania** Travel Funds: 360€
Greece Travel Funds: 360€	**Poland** Travel Funds: 360€	**SPAIN** Travel Funds: 180€

Total Budget: 9720€

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FLIGHTS AND FLIGHT PURCHASING

After going through the application process, the time will come for you to purchase your flight, in order to participate. The costs of your travel expenses will be reimbursed.

Note: If you cannot afford your travel expenses, discuss your situation with your national sending organization.

DONT FORGET TO NOTIFY YOUR HOSTING ORGANIZATION BEFORE BUYING ANY TICKET!

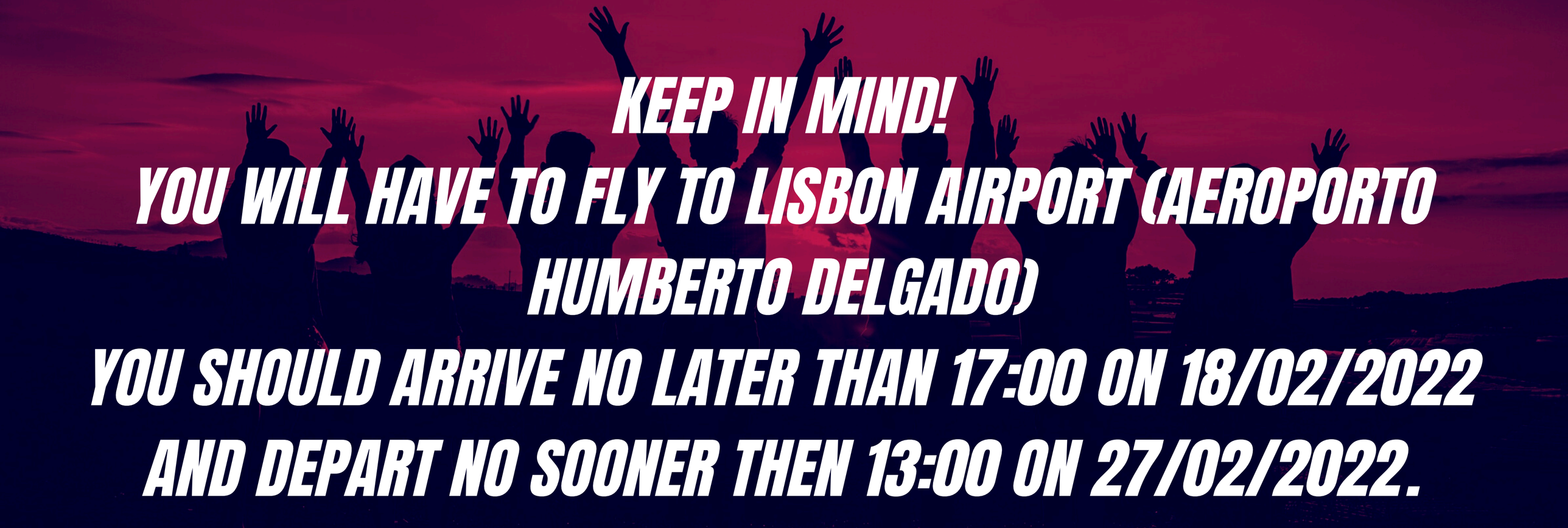
CAR TRAVEL AND TAXI ARE NOT ELIGIBLE FOR REIMBURSEMENTS
ONLY PUBLIC TRANSPORT.

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KEEP IN MIND!

YOU WILL HAVE TO FLY TO LISBON AIRPORT (AEROPORTO HUMBERTO DELGADO)

YOU SHOULD ARRIVE NO LATER THAN 17:00 ON 18/02/2022 AND DEPART NO SOONER THEN 13:00 ON 27/02/2022.

HOW TO GET HERE

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Step 1 - Fly to Lisbon Airport



Step 2 - Go down the metro access from the airport



Step 3 - Buy a ticket in the machines (Cost: 1,50€)

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Step 1 - Fly to Lisbon Airport



Step 2 - Go down the metro access from the airport



Step 3 - Buy a ticket in the machines (Cost: 1,50€)

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Step 4 - Proceed to the side of the metro that goes to S. Sebastião



Step 5 - Leave the metro after 3 Stops in Oriente



Step 6 - Go up and out of the subway in Oriente Station and try to find the Selfmade Staff Member in the Bus Terminal.

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REIMBURSEMENTS

Reimbursement of travel expenses will be done after the project. As soon as we gather all travel documents (invoices, receipts and boarding passes) from a national team, the Selfmade team will proceed to reimburse the whole national team. **So make sure to save and not lose any documents related to your travel to Portugal and back.**

Note: Every participant will need to send their return boarding passes, and/or other documents related to their travel by post to Selfmade. (Check contact page for address)

DO NOT FORGET TO KEEP ORIGINALS OF ALL TICKETS, BOARDING PASSES, ETC. IT WILL BE NEEDED FOR REIMBURSEMENT

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