

deorhi

by THE TIMES OF INDIA

Where

the sky
begins

Ladakh (Leh | Nubra | Pangong)

15-20 August, 2026

Co-hosted with Tridha Choudhury

six days. one unfolding

Grounding

Leh to Nubra. The journey begins at Altitude.

Day 1

Creation

Mindfulness, art, and the monastery on the hill.

Day 2

Restoration

Yoga, a farmhouse lunch, and geothermal waters.

Day 3

Transition

Wari La, Leh, and an evening that lingers.

Day 4

Immersion

Pangong Tso. Stillness in colour..

Day 5

Adieu

Return to Leh. Carrying the stillness within.

Day 6

This is the soul of Ladakh

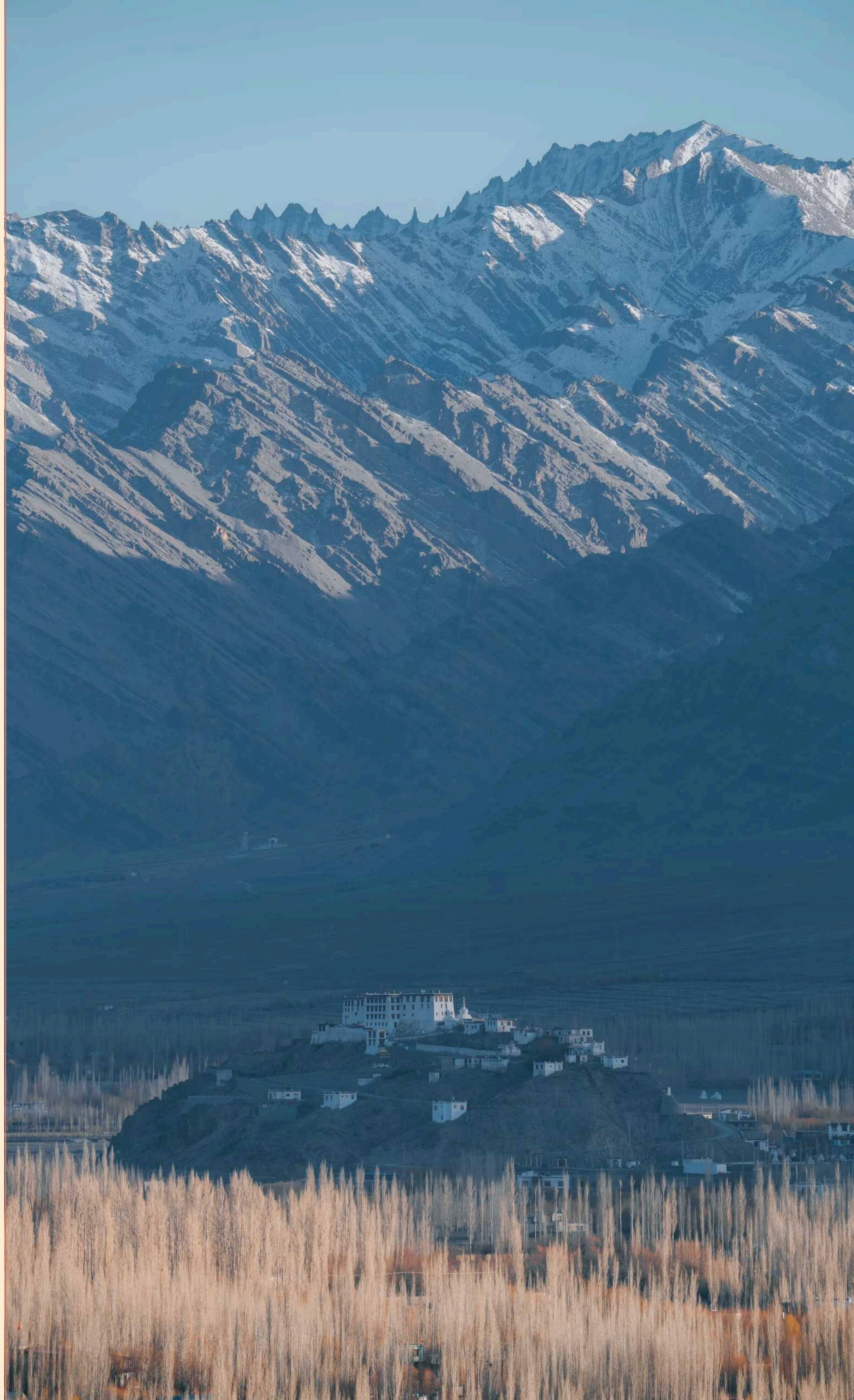
Day 1

Grounding

Leh to Nubra.
The journey begins
at altitude.

Touch down at Leh and feel it immediately. The air is thinner. The light is different. The body knows before the mind does.

The drive to Nubra via Khardung La announces itself — snow-edged ridges, a sky that sits too close, a valley that opens below like a held breath released.



Lunch at Lchang Nang Retreat, your home for three nights.

Evening at the Sumur sand dunes for sundowners. Dunes against Himalayan peaks is not a combination the mind easily prepares for.

Darkness brings the Circle of Love — bonfire, storytelling, and the warmth of a first shared evening. Dinner at the retreat. The night sky above Nubra asks only one thing of you: look up.

Day 2

Creation

Mindfulness, art,
and the monastery
on the hill.

Breakfast at your own
pace. Then a trek to
Samstanling Monastery —
the walk itself quiets the
mind before the
destination does.

A mindfulness session
with a resident monk
follows. Unhurried,
genuine, and still.



The afternoon opens into choice: an art
workshop with a local artisan, or a spa
session at the retreat.

Lunch at the restaurant. Time at leisure.



Dinner under the elms — Nubra's tree
canopy at dusk is one of its quieter gifts.

Day 3

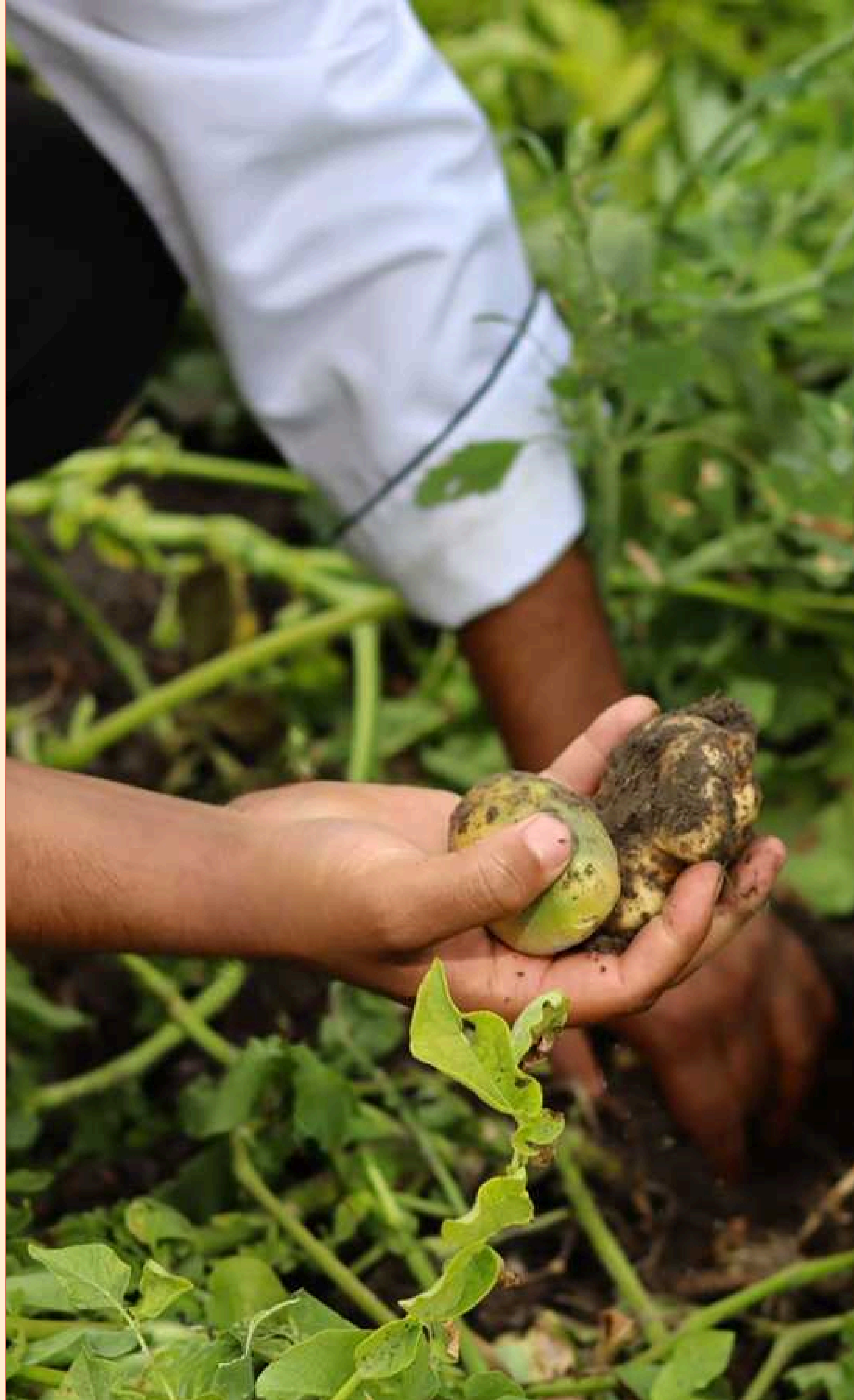
Restoration

Yoga, a farmhouse lunch, and geothermal waters.

Morning yoga as the valley wakes around you. Gentle movement, breathwork, grounded stillness.

Breakfast, then time entirely at leisure.

Lunch at a local farmhouse — an actual family, actual land, food that carries the altitude and the season in every bite.



The afternoon takes you to Panamik Hot Springs. Natural geothermal waters, mountains on every side, almost no one else around.

A soak here is genuinely restorative.

Evening back in the meadows. Barbecue dinner under an open sky, followed by stargazing. Nubra at night asks for nothing except your attention.



Day 4

Transition

Wari La, Leh,
and an evening
that lingers.

Breakfast, then farewell to Nubra. The drive back via Wari La is quieter than Khardung La — high meadows, less traffic, a landscape that shifts character every few kilometres.

Arrival in Leh. A visit to a Pashmina centre to understand where this textile actually comes from.



Then a walk through Leh market — unhurried, exploratory, local.

Dinner at Namza. Contemporary Ladakhi cuisine in a setting that matches the care of the food. A fitting close to a day of transitions.



Day 5

Immersion

**Pangong Tso.
Stillness in colour.**

The drive to Pangong earns itself. Hours of shifting terrain, and then — without warning — the lake.

One hundred and thirty-four kilometres long, sitting above 4,350 metres, changing colour by the hour.



Live lunch at Tangste village on the way. Time at leisure by the lake through the afternoon. No agenda. The lake provides everything the afternoon needs.

Dinner & overnight at the property.



Day 6

Adieu

Departure.
Carrying the quiet
within.

Breakfast at leisure.

A final morning in Leh —
absorb the silence one
last time before the
farewell begins.

Departure from Kushok
Bakula Rimpochee Airport.



You leave Ladakh with a different
relationship to pace.
Quieter thoughts. Slower breath.

A body that has remembered what rest
actually feels like.

The mountains stay where they are.
But your baseline, the thing you return to,
has shifted.





Inclusions

- Accommodation (5 nights) on single/twin-sharing basis
- All meals as per itinerary
- All transfers in private vehicles
- All activities and experiences listed above
- Breathwork and yoga sessions
- Circle of Intention session
- Stargazing nights
- Barbecue dinners, pvt lunch
- Entry fees to all mentioned sites
- Dedicated Deorhi hosts throughout the journey
- Inner Line Permits
- Oxygen Cylinders, Medical Aid

Exclusions

- Flights to and from Leh
- Personal expenses, tips, and gratuities
- Any activity not mentioned in the itinerary



what you find here,

is always

waiting within

Pricing:

INR 3 lac + 5% GST - solo

INR 4 lac + 5% GST - couple

 deorhi@timesofindia.com

 +91 86579 66758

 deorhi.com

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